

Volume 39 Number 8

Capital Area Service of Narcotics Anonymous (CASNA)

Gerald, Vice Chair, opened the 406TH meeting of CASNA on 08/06/2023 @ 2:00 pm with the Serenity Prayer, 12 Traditions read by Jessica and 12 Concepts read by Hank.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count- 12 @ 2:05PM

New GSR's- None

New Meetings- None

Corrections to the Minutes

Groups with Problems

Group Reports:

Acceptance- 64 E. North St., Carlisle 7-8pm Tues: NO REPORT

All Are Welcome- 51 Banks St., Penbrook 7pm - 8:15pm Wed: NO REPORT

Any Lengths- 210 W. Main St., Hummelstown 7:30pm - 8:30pm Thurs: NO REPORT

Bottom Line- 7 N. 14th St., HBG 12pm-2pm Daily: NO REPORT

Clean and Free- 750 S. 29th St., HBG 12pm-2pm Sat: NO REPORT

Commitment to Change- 1422 Market St., HBG 7pm-8pm Wed: NO REPORT

Cut & Dry- 914 S. 21st St., HBG 7-8:30pm Fri: NO REPORT

Desire to Grow- 300 Market St., Lemoyne 7:30pm - 8:30pm Tues: Desire to Grow continues to spread the message to the addict who still suffers by giving literature away to anyone with 6 months or less clean. All is well.

Exodus to Genesis- 2219 N. 5th St., HBG 6pm-7:30pm Sun: All is well with our group. We could use more support. Our rent is paid and supplies are sufficient.

H.A.N.A- 901 N. 6th St., HBG 6:30pm - 8pm Fri: Our group is doing well. No problems or concerns.

Honesty- 5th & Bridge St, New Cumb 7:30pm-8:30pm Thurs: Group continues to maintain good attendance and participation. No problems.

H.O.W- 201 W. Louthier St., Carlisle 7pm-8pm Mon: NO REPORT

Just for Today- 14th & Market St., HBG 12pm-2pm Sun: Our meeting is doing okay. We open and close on time and are doing our best to carry a clear message of Narcotics Anonymous.

Just for Tonight- 300 Market St., Lemoyne 8pm-9pm: NO REPORT
Keeping the Hope Alive- 300 Market St., Lemoyne 7:30pm-8:30pm Sun: NO REPORT
Life or Death- 221 S. 2nd St., Steelton 7pm - 8pm Sun: NO REPORT
Linglestown Meeting- 5834 Linglestown Rd., HBG 7pm-8pm Wed: NO REPORT
Lunch Bunch- 309 Herman Ave., Lemoyne M, W, F, S, 12pm-1pm: Lunch Bunch noon meeting in Lemoyne is open on Monday, Wednesday, Friday, and Saturday. We will begin next month in September to open also on Thursday at 12:00. We need your support. We also like to volunteer hour homegroup for special events if needed. We are making a \$20 donation to area.
Message of Hope- 4685 Mt Zion Rd., Enola, 8pm-9pm Fri: NO REPORT
Non-Conformist- 1099 2nd St., Enola 7pm-8pm Tues: NO REPORT
Nothing to Fear- 216 S Market St, Mech 7:30pm-8:30pm Mon: Group is doing well. \$15 literature order. \$20 to area. Our homegroup submitted a motion to donate to region again. As always, carrying the message to the addict who still suffers.
ODOP- 600 Evergreen Rd., New Cumb, 7pm - 8pm Wed: NO REPORT
On Life's Terms 901 N. 6th St., HBG 6:30pm-8:15pm Mon: NO REPORT
Only Hams are Cured- 901 N. 6th St., HBG 17102 7pm-8:30pm Sat: NO REPORT
Saturday at Swatara- 4860 Lindle Rd., HBG; 7pm - 8pm Sat: NO REPORT
Share & Care- 228 Bridge St., New Cumb 7pm-8pm Mon: NO REPORT
Step and Tradition- 750 S. 29th St., HBG 6:30pm - 8:15pm Thurs - NO REPORT
Steps to Freedom- 901 N. 6th St., HBG 7pm-8:30pm Tues. - NO REPORT
The Gathering Place- 323 Reno St., New Cumb. 6pm-7pm Sun: NO REPORT
Together We Can - 777 W. Harrisburg Pike, Middletown 6:30pm - 7:30pm Thurs - NO REPORT
Twisted Sister-32 S. Front St., Wormleysburg 7pm-8pm Tues: NO REPORT
Value of Life- 2701 S. Market St., Mech 6pm - 7pm Sun: NO REPORT
We do Recover- 1422 Market St., HGB 7pm-8:15pm Wed: NO REPORT
We do Recover Millersburg- 444 Market St., Millersburg 7pm-8pm Wed: NO REPORT

SUB-COMMITTEE REPORTS

Audit- NO REPORT

Hospitals & Institutions - 12 in attendance today. 1 new member showed up and 1 new member voted in for panel leader. Literature ordered and basic texts to be fulfilled in September. Motion-Shannon; 2nd-Nancy
Literature- Take in \$1264.31, No order for August. Meeting lists will be placed this month so please give meeting changes ASAP. Vice Chair resigned; position open. Motion-Shannon; 2nd-Nancy

Policy- No report to give this month and still have policies available for whoever wants and if not a GSR they are \$3 to be given to the area treasurer. Motion-Reesie; 2nd-Sam

Public Relations- Accomplishments: Secured a table for NA at Recovery Advocacy Day (9/19) Created "Call to Serve" flyers for distribution at home groups. Library Inventory search for NA Basic Text: Dauphin 0, Cumberland 1; Perry 1; York 0. Short Term Goals: Plan presentation for Recovery Advocacy Day. Facilitate decision making for website host, voting on September Area. Long Term Goals: Establish and maintain relationships with recovery-oriented organizations for the purpose of getting NA schedules and literature into the hands of addicts. Questions for GSR's: Should PR put up PSA's in Capital Area? Should PR work to get the Basic Text in public library systems that don't have them? Motion Caitlyn 2nd Samihah

RCM- Effective today, I am resigning my position as RCM, as I am also the RDA. The RD messaged me the other day to inform me that she is stepping down. I can not effectively hold both positions. I will be glad to work with the next RCM and help them get familiar with that position. Motion-Reesie; 2nd-Candice

Unity- Game Night 7/16 was a success. We are3 having a fundraiser/speaker jam on 8/14 at 901 N. 6th Street. We are meeting at Diner for discussion of Labor Day Picnic. Motion - Reesie; 2nd - Candice

Unity Treasurer's Report- Please see attachment. Motion-Candice; 2nd-Reesie

Marathon- NO REPORT

Marathon Treasurer- NO REPORT

NEW BUSINESS- Motion: To start donating 50% of Prudent Reserve to Region quarterly again. As written in Financial Policy Section F. As written in Financial Policy Section F that Area is to donate 50% of Prudent Reserve to the region quarterly. Intent: To be in line with our Policy as well as contributing to our Regional Events, such as MARLCNA. Our Homegroup feels that as an Area we need to be following fund flow and contribute to carry a message at all service levels.

Housekeeping: To go ahead with the Unity Event with our surrounding areas. Intent: To join Unity with fellow areas and NA members in other Areas.

OLD BUSINESS-

FINAL TREASURER REPORT- SEE ATTACHMENT

OPEN POSITIONS- Vice Secretary, Vice Treasurer, RCM, Vice Literature, Marathon Chair, Marathon Vice Chair

NOTES-

Positions	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P	P	A				
Area Vice Chair	O	O	O	O	P	P	P	P				
Secretary	P	P	P	P	P	P	P	P				
Vice Secretary	O	O	O	O	O	O	O	O				
Treasurer	P	P	P	P	P	P	P	P				
Vice Treasurer	O	O	O	O	O	O	O	O				
Unity Chair	P	P	P	P	O	P	P	P				
Unity Vice Chair	A	P	O	O	P	P	P	A				
Unity Treasurer	P	P	P	P	P	P	P	P				
Unity Vice Treasurer	O	O	P	O	O	O	P	P				
RCM	A	P	A	P	A	P	P	P				
Alt. RCM	P	P	P	O	O	O	A	A				
H&I Chair	P	P	A	P	A	P	A	P				
H&I Vice Chair	P	P	A	O	P	P	P	P				
PR Chair	O	O	P	P	P	P	P	P				
PR Vice Chair	O	O	P	P	P	P	A	A				
Literature Chair	P	P	P	P	P	P	A	P				
Literature Vice Chair	O	O	P	P	P	P	A	A				
Policy Chair	P	O	P	A	P	P	P	P				
Policy Vice Chair	P	P	P	P	P	P	P	P				
Marathon Chair	O	O	O	O	O	O	O	O				
Marathon Vice Chair	O	O	O	O	O	O	O	O				

Groups	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Acceptance	A	A	A	A	A	A	A	A				
All Are Welcome	P	P	P	P	A	P	A	A				
Any Lengths	A	A	A	P	P	P	P	P				
Bottom Line	A	A	P	P	P	P	P	A				
Clean and Free	P	A	A	P	P	P	P	A				
Commitment to Change	A	A	P	A	P	A	P	A				
Cut & Dry	P	P	P	P	P	P	P	A				
Desire to Grow	A	P	A	P	P	P	A	P				
Exodus to Genesis	A	P	P	P	P	P	P	P				
Keeping the Hope Alive	P	P	P	A	A	A	A	P				
H.A.N.A.	A	A	P	P	P	P	P	P				
Honesty	P	P	P	P	A	P	A	P				
H.O.W.	A	A	A	A	A	A	A	A				
Just For Today	P	P	P	P	P	P	P	A				
Just For Tonight	P	P	P	A	A	P	P	P				
Life or Death	P	P	P	A	P	P	P	P				
Linglestown Meeting	P	P	P	P	P	P	P	A				
Living the Dream	A	A	A	A	A	A	A	A				
Lunch Bunch	P	P	A	P	P	A	P	A				
Message of Hope	P	P	P	P	P	P	P	A				
New Life Group	A	A	A	A	A	A	A	A				
Non-Conformists	A	A	A	A	A	A	A	A				
Nothing to Fear	P	P	P	P	P	P	P	P				
ODOP	P	P	P	P	P	P	P	A				
Only Hams are Cured	P	P	P	P	P	P	P	A				
On Life's Terms	A	A	A	A	A	A	A	A				
Only the Desire	A	A	P	A	P	A	A	A				
Saturday at Swatara	A	A	A	P	P	P	P	A				
Share & Care	A	P	A	P	P	P	A	A				

Step & Tradition	P	P	P	P	P	P	P	P				
Steps to Freedom	A	P	A	A	P	P	P	P				
Together We Can	*	*	*	P	A	A	A	A				
Twisted Sister	P	P	P	P	P	P	A	P				
Value Of Life	P	P	A	A	A	P	P	P				
We Do Recover	A	A	A	A	A	P	P	A				
We Do Recover - Millersburg	A	A	A	A	A	A	A	A				

LEGEND: P- Present A – Absent O - Open

**NEXT AREA SERVICE WILL BE HELD ON 09/10/2023 at
Bethany AME Church 914 S 21st Street Harrisburg PA, 17104**

SUBCOMMITTEES MEET AT 1:00 PM, AREA STARTS AT 2:00 PM.

PLEASE COME OUT AND SUPPORT OUR AREA!

In Loving Service, Megan Rene'e.

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

August 16, 2023

STARTING BALANCE:

\$ 420.93

INCOME

ADMISSION:

0

FOOD:

0

MISCELLANEOUS ITEMS:

0

SUB-TOTAL:

0

NEW BALANCE:

\$ 420.93

EXPENSES

FACILITY RENT:

\$ 35.00

D.J.:

0

FOOD:

0

MISCELLANEOUS ITEMS:

T-shirt Match \$ 25.00

SUB-TOTAL:

\$ 60.00

ENDING BALANCE:

\$ 360.93

COMMENTS:

Thanks for allowing us to serve.
Family Night / Game Night

UNITY COMMITTEE CANA FUNDRAISER SPEAKER JAM



THEME: LIVING SPIRITUAL PRINCIPLES

MESSIAH LUTHERAN CHURCH

AUGUST 19TH, 2023

901 N. 6TH ST. HARRISBURG, PA

6TH AND FORSTER

2PM—8PM

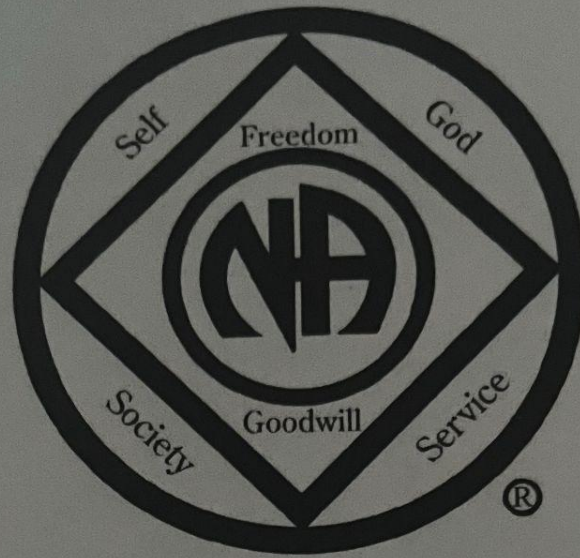
DANCE FOLLOWING LAST SPEAKER!

FOOD, FUN, FELLOWSHIP

CONTACTS:

FRED: 717-472-5609

DONALD: 717-510-3409



Service is a pillar of recovery!

Learn how you can

"give it away to keep it"

NO experience needed

First Sunday of every month

1pm

914 S. 21st Street

Harrisburg, PA 17104

Capital Area Narcotics Anonymous Calendar of Events 2023

JUNE 17TH
SPAD
SPEAKER JAM



JULY 15TH
GAME DAY



JULY 4TH
COOK OUT



AUGUST 19TH
SKATING PARTY



SEPTEMBER 4TH
COOK OUT



OCTOBER 21ST
BOWLING FUNDRAISER



DECEMBER 16TH
GAME DAY



SEPTEMBER 16TH
GAME DAY



NOVEMBER 18TH
SPEAKER JAM & DANCE



UNITY

FRED—717-472-5609
DONALD—717-510-3409

