

**Volume 39 Number 7**

**Capital Area Service of Narcotics Anonymous (CASNA)**

Heather, Chair, opened the 405TH meeting of CASNA on 07/09/2023 @ 2:00 pm with the Serenity Prayer, 12 Traditions read by Jessica and 12 Concepts read by Hank.

**Agenda:**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9<sup>th</sup> Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

**GSR Count- 20 @ 2:05PM**

**New GSR's-** Bottom Line; Richard B. Just For Today; Nathaniel J.

**New Meetings-** None

**Corrections to the Minutes**

**Groups with Problems**

**Group Reports:**

**Acceptance- 64 E. North St., Carlisle 7-8pm Tues:** NO REPORT

**All Are Welcome- 51 Banks St., Penbrook 7pm - 8:15pm Wed:** NO REPORT

**Any Lengths- 210 W. Main St., Hummelstown 7:30pm - 8:30pm Thurs:** Nothing to report. Attendance is good.

**Bottom Line- 7 N. 14th St., HBG 12pm-2pm Daily:** Group is doing well. Attendance is at an average of 20+ on a daily basis. June 2,2023 had a successful speaker jam/cookout. Purchasing literature. No donation this month. Thanks for allowing me to serve.

**Clean and Free- 750 S. 29th St., HBG 12pm-2pm Sat:** Homegroup is doing good. Didn't need literature.

Continue to carry the message to the addict who still suffers.

**Commitment to Change- 1422 Market St., HBG 7pm-8pm Wed:** Meeting going well, still in need of support and 2 homegroup members joined.

**Cut & Dry- 914 S. 21st St., HBG 7-8:30pm Fri:** NO REPORT

**Desire to Grow- 300 Market St., Lemoyne 7:30pm - 8:30pm Tues:** NO REPORT

**Exodus to Genesis- 2219 N. 5th St., HBG 6pm-7:30pm Sun:** Our group is doing well. Some service positions need filled. We could use support but we carry a clean NA message every week. Currently our topic is from the daily Just For Today reading. Rent is paid, supplies are sufficient, no donation and no literature needed this month.

**H.A.N.A- 901 N. 6th St., HBG 6:30pm - 8pm Fri:** Our homegroup has problems or issues.

**Honesty- 5th & Bridge St, New Cumb 7:30pm-8:30pm Thurs:** NO REPORT

**H.O.W- 201 W. Louthier St., Carlisle 7pm-8pm Mon:** NO REPORT

**Just for Today- 14th & Market St., HBG 12pm-2pm Sun:** We meet regularly. Attendance is low. We could use support from the other meetings. We are making a donation to area.

**Just for Tonight- 300 Market St., Lemoyne 8pm-9pm:** Meeting is going well. We have made changes to the format to fit our needs as a homegroup. Our numbers are good as of people attending.

**Keeping the Hope Alive- 300 Market St., Lemoyne 7:30pm-8:30pm Sun:** The meeting is going very well. A lot of people come and we support and help each other.

**Life or Death- 221 S. 2nd St., Steelton 7pm - 8pm Sun:** NO REPORT

**Linglestown Meeting- 5834 Linglestown Rd., HBG 7pm-8pm Wed:** Strong meeting. Average 25 people. All is Well.

**Lunch Bunch- 309 Herman Ave., Lemoyne M, W, F, S, 12pm-1pm:** NO REPORT

**Message of Hope- 4685 Mt Zion Rd., Enola, 8pm-9pm Fri:** Meeting attendance is good as well as 7th tradition. Planning group anniversary party possibly for 09/22/2023.

**Non-Conformist- 1099 2nd St., Enola 7pm-8pm Tues:** NO REPORT

**Nothing to Fear- 216 S Market St, Mech 7:30pm-8:30pm Mon:** NO REPORT

**ODOP- 600 Evergreen Rd., New Cumb, 7pm - 8pm Wed:** Our group is getting great support via homegroup members who are active and participating, and other members of the fellowship showing, as well as some facilities in the area bringing clients.

**On Life's Terms 901 N. 6th St., HBG 6:30pm-8:15pm Mon:** NO REPORT

**Only Hams are Cured- 901 N. 6th St., HBG 17102 7pm-8:30pm Sat:** The group is doing good, we are working together, we are able to pay our rent, and the attendance has increased, etc.

**Saturday at Swatara- 4860 Lindle Rd., HBG; 7pm - 8pm Sat:** We continue to have 20-30 in attendance.

**Share & Care- 228 Bridge St., New Cumb 7pm-8pm Mon:** NO REPORT

**Step and Tradition- 750 S. 29th St., HBG 6:30pm - 8:15pm Thurs -** Attendance is holding steady. We need more "active" members to commit to the upkeep of our homegroup and to give the other homegroup members who have been keeping the meeting open a break.

**Steps to Freedom- 901 N. 6th St., HBG 7pm-8:30pm Tues. -** NO REPORT

**The Gathering Place- 323 Reno St., New Cumb. 6pm-7pm Sun:** NO REPORT

**Together We Can - 777 W. Harrisburg Pike, Middletown 6:30pm - 7:30pm Thurs -** NO REPORT

**Twisted Sister-32 S. Front St., Wormleysburg 7pm-8pm Tues:** NO REPORT

**Value of Life- 2701 S. Market St., Mech 6pm - 7pm Sun:** Meeting is going well. Average attendance of 10-15 people weekly. We will continue to meet at Simpson Park until the last week of October.

**We do Recover- 1422 Market St., HGB 7pm-8:15pm Wed:** Our homegroup is in need of members and positions are open.

**We do Recover Millersburg- 444 Market St., Millersburg 7pm-8pm Wed:** NO REPORT

### **SUB-COMMITTEE REPORTS**

**Audit-** NO REPORT

**Hospitals & Institutions** - Continue to fill institutions with openings. Currently going into 5 institutions. We got applications to start the process to go into Dauphin County Prison. There is now communication between H&I and Cumberland County Prison. Motion-Sean; 2nd-Don

**Literature-** NO REPORT; Please see treasurer report for financial details.

**Policy-** I got 20 copies of the policy printed for GSR's. Will need to sign for their copy for accountability. I turned in a receipt for \$63.18 to cover printing cost. Thanks for allowing me to serve. Motion-Don; 2nd-Drew

**Public Relations-** Accomplishments: Attended July Regional Service Subcommittee Meeting. Attended Homegroup business meetings to answer questions about website hosting decision. Reached out to Organizational Committee for Recovery Advocacy Day (09/19/2023). Acquired a quote for putting PSA's in bus shelters. (\$350 per shelter for 4 weeks.) Began generating list of facilities for literature drops. Short Term Goals: Build literature bundles for delivering to facilities that come in contact with addicts. Finalize "call to service" flyers to distribute to homegroups. Investigate whether local libraries carry the Basic Text. Long Term Goals: Facilitate decision making for website host. (September Area) Establish and maintain relationships with facilities for the purposes of getting NA schedules and literature into the hands of addicts. Motion Shaun 2nd Brie

**RCM-** NO REPORT

**Unity-** The fourth of July cookout was a success. We'd like to thank the area for participating. We are having a Game Day on 07/15/23 from 8:30pm - midnight. We are having a fundraiser - speaker jam/dance. Motion - Hank; 2nd - Candice

**Unity Treasurer's Report-** Please see attachment. Motion-Candice; 2nd-Drew

**Marathon-** NO REPORT

**Marathon Treasurer- NO REPORT**

**NEW BUSINESS- NONE**

**OLD BUSINESS-**

- Motion: Update policy to reflect the current rent being paid for area meetings. Currently states rent is \$25 and needs to state \$75 in Expenses B. Intent: To correct policy. Written by Candice M., 2nd by Rob W.
  - Votes: Yes-10; Abstain-4
- Motion: “To change to hosting service for casna.info website. Intent: for more prudent use of Area funds. (Potential to save up to \$70/year) Written by Emily C., 2nd by Malvern O.
  - Tabled until September Area
- Motion: Correction to the policy. Change financial policy Section F that states “area donates 50% of our prudent reserve to the region every quarter” Our area is not donating any money to our region anymore. Intent: For policy to reflect our current operations at Area. Written by Candice M. 2nd by Rob W
  - ABSTAINED
- Motion: To find Pre-Covid area minutes and to use this as a template for all Area minutes moving forward. Intent: To align with the pre-Covid practices for reporting on area processes to home groups.” Written by Samihah J, 2nd by Angela S. (Discussed and in process of correcting after thorough research and guidance)
  - Motion already completed. No voting necessary.
- Motion: Any Lengths group of Narcotics Anonymous moves that Area Service designate \$500 to the H&I subcommittee for the purchase of basic texts to be given to the facilities and institutions at which they host NA meetings. This \$500 is a one time funding for new materials and not a recurring allocation. This funding should be used at the discretion of the H&I subcommittee. Intent: To carry the message of NA to those still sick and suffering in institutions where we serve. Written by Sean 2nd by Hank.
  - Votes: Yes-12; Abstain-2

**FINAL TREASURER REPORT- SEE ATTACHMENT**

**OPEN POSITIONS-** Vice Secretary, Vice Treasurer, Marathon Chair, Marathon Vice Chair

**NOTES-** None

Positions	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P	P					
Area Vice Chair	O	O	O	O	P	P	P					
Secretary	P	P	P	P	P	P	P					
Vice Secretary	O	O	O	O	O	O	O					
Treasurer	P	P	P	P	P	P	P					
Vice Treasurer	O	O	O	O	O	O	O					
Unity Chair	P	P	P	P	O	P	P					
Unity Vice Chair	A	P	O	O	P	P	P					
Unity Treasurer	P	P	P	P	P	P	P					
Unity Vice Treasurer	O	O	P	O	O	O	P					
RCM	A	P	A	P	A	P	P					
Alt. RCM	P	P	P	O	O	O	A					
H&I Chair	P	P	A	P	A	P	A					

H&I Vice Chair	P	P	A	O	P	P	P					
PR Chair	O	O	P	P	P	P	P					
PR Vice Chair	O	O	P	P	P	P	A					
Literature Chair	P	P	P	P	P	P	A					
Literature Vice Chair	O	O	P	P	P	P	A					
Policy Chair	P	O	P	A	P	P	P					
Policy Vice Chair	P	P	P	P	P	P	P					
Marathon Chair	O	O	O	O	O	O	O					
Marathon Vice Chair	O	O	O	O	O	O	O					

Groups	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Acceptance	A	A	A	A	A	A	A					
All Are Welcome	P	P	P	P	A	P	A					
Any Lengths	A	A	A	P	P	P	P					
Bottom Line	A	A	P	P	P	P	P					
Clean and Free	P	A	A	P	P	P	P					
Commitment to Change	A	A	P	A	P	A	P					
Cut & Dry	P	P	P	P	P	P	P					
Desire to Grow	A	P	A	P	P	P	A					
Exodus to Genesis	A	P	P	P	P	P	P					
Keeping the Hope Alive	P	P	P	A	A	A	A					
H.A.N.A.	A	A	P	P	P	P	P					
Honesty	P	P	P	P	A	P	A					
H.O.W.	A	A	A	A	A	A	A					
Just For Today	P	P	P	P	P	P	P					
Just For Tonight	P	P	P	A	A	P	P					
Life or Death	P	P	P	A	P	P	P					
Lingelstown Meeting	P	P	P	P	P	P	P					
Living the Dream	A	A	A	A	A	A	A					
Lunch Bunch	P	P	A	P	P	A	P					

Message of Hope	P	P	P	P	P	P	P					
New Life Group	A	A	A	A	A	A	A					
Non-Conformists	A	A	A	A	A	A	A					
Nothing to Fear	P	P	P	P	P	P	P					
ODOP	P	P	P	P	P	P	P					
Only Hams are Cured	P	P	P	P	P	P	P					
On Life's Terms	A	A	A	A	A	A	A					
Only the Desire	A	A	P	A	P	A	A					
Saturday at Swatara	A	A	A	P	P	P	P					
Share & Care	A	P	A	P	P	P	A					
Step & Tradition	P	P	P	P	P	P	P					
Steps to Freedom	A	P	A	A	*	*	P					
Together We Can	*	*	*	P	A	A	A					
Twisted Sister	P	P	P	P	P	P	A					
Value Of Life	P	P	A	A	A	P	P					
We Do Recover	A	A	A	A	A	P	P					
We Do Recover - Millersburg	A	A	A	A	A	A	A					

**LEGEND: P- Present A – Absent O - Open**

**NEXT AREA SERVICE WILL BE HELD ON 08/06/2023 at  
Bethany AME Church 914 S 21st Street Harrisburg PA, 17104**

**SUBCOMMITTEES MEET AT 1:00 PM, AREA STARTS AT 2:00 PM.**

**PLEASE COME OUT AND SUPPORT OUR AREA!**

**In Loving Service, Megan Rene'e.**

# CASNA MONTHLY TREASURER JULY

		Ck#
Opening Balance	\$4,826.02	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$3,326.02	
<b>INCOME</b>		
Group Donations	\$365.27	
Literature Income	\$520.00	
T-shirt match	\$25.00	5644
<b>TOTAL INCOME</b>	<b>\$910.27</b>	
<b>EXPENSES</b>		
Answer First	\$76.80	
Verizon	\$45.19	
Dex Media	\$10.00	
Area Rent	\$75.00	126
Meeting List		
literature Order#107982	\$747.95	127
policy copies	\$63.18	128
Secretary reimbursement	\$30.87	129
<b>TOTAL EXPENSES</b>	<b>\$1,048.99</b>	

Working Balance	\$3,187.30
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$4,687.30
Less Reserve to T-Shirts	\$200.00
Balance Available to use	\$4,487.30

<b>Group Donations</b>		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$78.91	435643	
Any Lengths			
Bottom Line Group			
Clean And Free			
Commitment To Change	\$10.00	435642	
Cut & Dry			
Desire To Grow			
Exodus To Genesis			
Keeping The Hope Alive	\$30.00	435639	
H.A.N.A.			
Honest Group			
H.O.W. Group			
Journey Continues			
Just For Today	\$15.00	435646	
Just For Tonight	\$75.36	435638	
Life Or Death			
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope	\$50.00	435636	
New Life Group			
Non-Conformists			
Nothing To Fear			
ODOP			
Only Hams' Are Cured	\$20.00	435640	
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition	\$25.00	435637	
Steps To Freedom	\$5.00	435641	
The Gathering Place			
Twisted Sister			
Value Of Life	\$56.00	435645	
We Do Recover-HBG			
We Do Recover-Millersburg			
<b>Total Group Donations</b>	<b>\$365.27</b>		

C.A.N.A UNITY SUB-COMMITTEE  
TREASURES REPORT

EVENT DATE: July 4, 2023  
STARTING BALANCE: \$ 715.14

INCOME

ADMISSION: Ø  
FOOD: \$ 170.00  
MISCELLANEOUS ITEMS: Donations \$ 100.00  
SUB-TOTAL: \$ 270.00  
NEW BALANCE: \$ 985.14

EXPENSES

FACILITY RENT: \$ 99.00  
D.J.: \$ 100.00  
FOOD: \$ 340.91  
MISCELLANEOUS ITEMS: T-shirt match \$ 25.00  
SUB-TOTAL: \$ 564.91  
ENDING BALANCE: \$ 420.93

COMMENTS: Thanks for allowing us to  
serve Jamilah G.



# Capital Area Narcotics Anonymous Calendar of Events 2023

**JUNE 17TH**  
**SPAD**  
**SPEAKER JAM**



**JULY 15TH**  
**GAME DAY**



**JULY 4TH**  
**COOK OUT**



**AUGUST 19TH**  
**SKATING PARTY**



**SEPTEMBER 4TH**  
**COOK OUT**



**OCTOBER 21ST**  
**BOWLING FUNDRAISER**



**DECEMBER 16TH**  
**GAME DAY**



**SEPTEMBER 16TH**  
**GAME DAY**



**NOVEMBER 18TH**  
**SPEAKER JAM & DANCE**



**UNITY**  
**FRED—717-472-5609**  
**DONALD—717-510-3409**

