

Volume 39 Number 6

Capital Area Service of Narcotics Anonymous (CASNA)

Heather, Chair, opened the 404TH meeting of CASNA on 06/04/2023 @ 2:00 pm with the Serenity Prayer, 12 Traditions read by Shaun and 12 Concepts read by Hank.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form. 6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count- 16 @ 2:05PM

New GSR's- Kim; We Do Recover / Jessica; Step and Tradition (Alt. GSR) / Shannon; Just For Tonight

New Meetings- None

Corrections to the Minutes- Working on corrections to the minutes format to reflect prior to Covid as well as correct the Motions portion. I apologize for my misunderstanding of the process and any inconvenience caused. I am grateful for the guidance of my predecessors to educate me on the solution to the above mentioned.

Opening Treasurer's Report- See Attachment - Motion by Hank 2nd by JJ

Groups with Problems- Only The Desire, 14th & Market, Thursday PM meeting has closed.

Group Reports:

Acceptance- 64 E. North St., Carlisle 7-8pm Tues: NO REPORT

All Are Welcome- 51 Banks St., Penbrook 7pm - 8:15pm Wed: Our meeting is going very well, we average about 60-70 people every week, This month we donated \$63 to Area. TFAMTS

Any Lengths- 210 W. Main St., Hummelstown 7:30pm - 8:30pm Thurs: NO REPORT

Bottom Line- 7 N. 14th St., HBG 12pm-2pm Daily: NO REPORT

Clean and Free- 750 S. 29th St., HBG 12pm-2pm Sat: Group is doing well, continue to carry the message to the addict who still suffers. Purchased literature.

Commitment to Change- 1422 Market St., HBG 7pm-8pm Wed: NO REPORT

Cut & Dry- 914 S. 21st St., HBG 7-8:30pm Fri: NO REPORT

Desire to Grow- 300 Market St., Lemoyne 7:30pm - 8:30pm Tues: The Desire to Grow will be celebrating 8 years of recovery this December with a speaker meeting and a pizza party. More will be revealed... We continue to grow the home group and spread the message to the addict who still suffers.

Exodus to Genesis- 2219 N. 5th St., HBG 6pm-7:30pm Sun: The group is doing well but could use support. Made a \$10 donation to Area.

H.A.N.A- 901 N. 6th St., HBG 6:30pm - 8pm Fri: Homegroup is doing well. No problems or issues.

Honesty- 5th & Bridge St, New Cumb 7:30pm-8:30pm Thurs: Group continues to have consistent attendance and solid homegroup members.

H.O.W- 201 W. Louthier St., Carlisle 7pm-8pm Mon: NO REPORT

Just for Today- 14th & Market St., HBG 12pm-2pm Sun: Our group is doing ok. We are opening and closing on time. Thanks for allowing us to serve.

Just for Tonight- 300 Market St., Lemoyne 8pm-9pm: The group is doing well, no problems.

Keeping the Hope Alive- 300 Market St., Lemoyne 7:30pm-8:30pm Sun: NO REPORT

Life or Death- 221 S. 2nd St., Steelton 7pm - 8pm Sun: The meeting is going well. About 12-20 members show up to the meeting weekly.

Linglestown Meeting- 5834 Linglestown Rd., HBG 7pm-8pm Wed: Great meeting. 20-25 members strong. We now meet outside under the pavilion.

Lunch Bunch- 309 Herman Ave., Lemoyne M, W, F, S, 12pm-1pm: NO REPORT

Message of Hope- 4685 Mt Zion Rd., Enola, 8pm-9pm Fri: Meeting attendance and 7th tradition is up. All is well.

Non-Conformist- 1099 2nd St., Enola 7pm-8pm Tues: NO REPORT

Nothing to Fear- 216 S Market St, Mech 7:30pm-8:30pm Mon: Group is going well. We have some new people joining our meeting. We are not donating to area this month. We have had to pull from our prudent reserve so we are trying to catch up.

ODOP- 600 Evergreen Rd., New Cumb, 7pm - 8pm Wed: Meeting is getting good attendance and has active homegroup members. No concerns.

On Life's Terms 901 N. 6th St., HBG 6:30pm-8:15pm Mon: NO REPORT

Only Hams are Cured- 901 N. 6th St., HBG 17102 7pm-8:30pm Sat: The group is working together very well. Our meeting attendance has increased and we are able to pay our rent, etc.

Saturday at Swatara- 4860 Lindle Rd., HBG; 7pm - 8pm Sat: Attendance is steady at 15-20 each week.

Share & Care- 228 Bridge St., New Cumb 7pm-8pm Mon: NO REPORT

Step and Tradition- 750 S. 29th St., HBG 6:30pm - 8:15pm Thurs - Group is doing well, rent is paid, donated \$25 to Area.

Steps to Freedom- 901 N. 6th St., HBG 7pm-8:30pm Tues. - NO REPORT

The Gathering Place- 323 Reno St., New Cumb. 6pm-7pm Sun: NO REPORT

Together We Can - 777 W. Harrisburg Pike, Middletown 6:30pm - 7:30pm Thurs - NO REPORT

Twisted Sister-32 S. Front St., Wormleysburg 7pm-8pm Tues: NO REPORT

Value of Life- 2701 S. Market St., Mech 6pm - 7pm Sun: NO REPORT

We do Recover- 1422 Market St., HGB 7pm-8:15pm Wed: NO REPORT

We do Recover Millersburg- 444 Market St., Millersburg 7pm-8pm Wed: NO REPORT

SUB-COMMITTEE REPORTS

Audit- No Report this month. Thank you for letting me be of service.

Hospitals & Institutions - 14 in attendance. Panel leaders that attended have reports of stability or plans for further stability. We nominated 1 new panel leader and welcomed 2 new members. Motion Hank 2nd Heather

Literature- Updated meeting lists 281.78; Lit order 747.95; SPAD Special Edition Hardcover = \$35.

June inventory delay; nothing ordered after June 15 will be delivered until mid July. June 16-30 orders will take long due to back order. Submit orders prior to June 12. \$515.75. Motion Shannon 2nd Heather

Policy- Nothing really new to report. When I went to get copies made, the workers kept running into issues due to time constraints. I did not get them done. I'm planning to get 20 copies made, not sure of the price yet but I'll bring the receipt. Motion Hank 2nd Shaun

Public Relations- Accomplishments: Participated in Learner's Day. Short Term Goals: Survey home groups for locations to put NA pamphlets. Homegroup Homework: tell PR about ideal locations near their meetings to put NA info pamphlets and schedules. Continue to attend homegroup business meetings as requested. Long Term Goals: Build PR subcommittee membership to support upcoming projects. Facilitate homegroup decision making for website host. Continue to support H&I in creating/maintaining facility relationships. Motion Shaun 2nd Brie

RCM- Please see Attached. Motion Shaun 2nd Don

Unity- Speaker Jam "Spiritual Principle A Day" 06/17/2023: 12pm-7pm with dance following. Messiah Lutheran Church 901 N. 6th St., HBG. Contact Fred 717-472-5609 or Donald 717-510-3409. Learner's Day was a success. Also going forward we would like more participation from the area subcommittees. Motion Hank 2nd Heather

Unity Treasurer's Report- Please see attachment. Motion Brie 2nd Don

Marathon- NO REPORT

Marathon Treasurer- NO REPORT

NEW BUSINESS-

- Motion: Update policy to reflect the current rent being paid for area meetings. Currently states rent is \$25 and needs to state \$75 in Expenses B. Intent: To correct policy. Written by Candice M., 2nd by Rob W.
 - Discuss June; Vote July
- Motion: "To change to hosting service for casna.info website. Intent: for more prudent use of Area funds. (Potential to save up to \$70/year) Written by Emily C., 2nd by Malvern O.
 - Discuss June; Vote July
- Motion: Correction to the policy. Change financial policy Section F that states "area donates 50% of our prudent reserve to the region every quarter" Our area is not donating any money to our region anymore. Intent: For policy to reflect our current operations at Area. Written by Candice M. 2nd by Rob W
 - Discuss June; Vote July
- Motion: To find Pre-Covid area minutes and to use this as a template for all Area minutes moving forward. Intent: To align with the pre-Covid practices for reporting on area processes to home groups." Written by Samihah J, 2nd by Angela S. (Discussed and in process of correcting after thorough research and guidance)
 - Discuss June; Vote July
- Motion: Any Lengths group of Narcotics Anonymous moves that Area Service designate \$500 to the H&I subcommittee for the purchase of basic texts to be given to the facilities and institutions at which they host NA meetings. This \$500 is a one time funding for new materials and not a recurring allocation. This funding should be used at the discretion of the H&I subcommittee. Intent: To carry the message of NA to those still sick and suffering in institutions where we serve. Written by Sean 2nd by Hank.
 - Discuss June; Vote July

OLD BUSINESS-

- Discussion Topic: If web provider changes does website change and do we need daily backup? Should Area Prudent Reserves be in a savings account to make interest. Have the signers been changed on the checking account. Written by Malvern O.
- Discussion Topic: We need a summary of what happened and have no recommendation to move forward with spending the money until we understand what happened to the money since the area body is currently NOT sending money to region. We would like to see the bank statements that show the ACTUAL balance. Written by Samihah J.

FINAL TREASURER REPORT- SEE ATTACHMENT

OPEN POSITIONS- Vice Secretary, Vice Treasurer, Marathon Chair, Marathon Vice Chair

NOTES- Motions have been included with timeline from prior month in order to ensure the best efforts to correct my mistake and humbly abide by the Traditions of Narcotics Anonymous. (1,2,4,9) Anything not included was either "settled" to a null and void conclusion or it would be encouraged/appreciated to re-submit.

Positions	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P						
Area Vice Chair	O	O	O	O	P	P						
Secretary	P	P	P	P	P	P						
Vice Secretary	O	O	O	O	O	O						
Treasurer	P	P	P	P	P	P						
Vice Treasurer	O	O	O	O	O	O						
Unity Chair	P	P	P	P	O	P						

Unity Vice Chair	A	P	O	O	P	P						
Unity Treasurer	P	P	P	P	P	P						
Unity Vice Treasurer	O	O	P	O	O	O						
RCM	A	P	A	P	A	P						
Alt. RCM	P	P	P	O	O	O						
H&I Chair	P	P	A	P	A	P						
H&I Vice Chair	P	P	A	O	P	P						
PR Chair	O	O	P	P	P	P						
PR Vice Chair	O	O	P	P	P	P						
Literature Chair	P	P	P	P	P	P						
Literature Vice Chair	O	O	P	P	P	P						
Policy Chair	P	O	P	A	P	P						
Policy Vice Chair	P	P	P	P	P	P						
Marathon Chair	O	O	O	O	O	O						
Marathon Vice Chair	O	O	O	O	O	O						

Groups	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Acceptance	A	A	A	A	A	A						
All Are Welcome	P	P	P	P	A	P						
Any Lengths	A	A	A	P	P	P						
Bottom Line	A	A	P	P	P	P						
Clean and Free	P	A	A	P	P	P						
Commitment to Change	A	A	P	A	P	A						
Cut & Dry	P	P	P	P	P	P						
Desire to Grow	A	P	A	P	P	P						
Exodus to Genesis	A	P	P	P	P	P						
Keeping the Hope Alive	P	P	P	A	A	A						
H.A.N.A.	A	A	P	P	P	P						
Honesty	P	P	P	P	A	P						
H.O.W.	A	A	A	A	A	A						

Just For Today	P	P	P	P	P	P						
Just For Tonight	P	P	P	A	A	P						
Life or Death	P	P	P	A	P	P						
Linglestown Meeting	P	P	P	P	P	P						
Living the Dream	A	A	A	A	A	A						
Lunch Bunch	P	P	A	P	P	A						
Message of Hope	P	P	P	P	P	P						
New Life Group	A	A	A	A	A	A						
Non-Conformists	A	A	A	A	A	A						
Nothing to Fear	P	P	P	P	P	P						
ODOP	P	P	P	P	P	P						
Only Hams are Cured	P	P	P	P	P	P						
On Life's Terms	A	A	A	A	A	A						
Only the Desire	A	A	P	A	P	A						
Saturday at Swatara	A	A	A	P	P	P						
Share & Care	A	P	A	P	P	P						
Step & Tradition	P	P	P	P	P	P						
Together We Can	*	*	*	P	A	A						
Twisted Sister	P	P	P	P	P	P						
Value Of Life	P	P	A	A	A	P						
We Do Recover	A	A	A	A	A	P						
We Do Recover - Millersburg	A	A	A	A	A	A						

LEGEND: P- Present A – Absent O - Open

**NEXT AREA SERVICE WILL BE HELD ON 07/02/2023 at
Bethany AME Church 914 S 21st Street Harrisburg PA, 17104**

SUBCOMMITTEES MEET AT 1:00 PM, AREA STARTS AT 2:00 PM.

PLEASE COME OUT AND SUPPORT OUR AREA!

In Loving Service, Megan Rene'e.

CASNA MONTHLY TREASURER JUNE

Group Donations

		Ck#
Opening Balance	\$4,488.22	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$2,988.22	
INCOME		
Group Donations	\$299.41	
Literature Income	\$515.75	
T-shirt match		
TOTAL INCOME	\$815.16	
EXPENSES		
Answer First	\$65.20	
Verizon	\$45.38	
Dex Media	\$10.00	
Area Rent	\$75.00	124
Meeting List	\$281.78	125

TOTAL EXPENSES \$477.36

Working Balance	\$3,326.02
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$4,826.02
Less Reserve to T-Shirts	\$150.00
Balance Available to use	\$4,676.02

		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$49.41	435635	
Any Lengths			
Bottom Line Group			
Clean And Free			
Commitment To Change			
Cut & Dry			
Desire To Grow	\$4.00	435632	
Exodus To Genesis	\$10.00	435629	
Keeping The Hope Alive	\$30.00	435631	
H.A.N.A.			
Honest Group	\$100.00	435630	
H.O.W. Group			
Journey Continues			
Just For Today	\$31.00	435634	
Just For Tonight			
Life Or Death			
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope	\$50.00	435628	
New Life Group			
Non-Conformists			
Nothing To Fear			
ODOP			
Only Hams' Are Cured			
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition	\$25.00	435633	
Steps To Freedom			
The Gathering Place			
Twisted Sister			
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
Total Group Donations	\$299.41		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: 5/20/23

STARTING BALANCE: 637.45

INCOME

ADMISSION: Ø

FOOD: 39.00

MISCELLANEOUS ITEMS: Ø

SUB-TOTAL: 39.00

NEW BALANCE: 676.45

EXPENSES

FACILITY RENT: Ø

D.J.: Ø

FOOD: 165.51

MISCELLANEOUS ITEMS: Ø

SUB-TOTAL: 165.51

ENDING BALANCE: 510.94

COMMENTS:

hearer's Day was a flop. Only two people showed up to share. There was approx 10 people that showed up and we proceeded to hear about Policy, Unity Treasurer the lady from P.R. () showed up and waited two hours before she left. However, the information received and questions were answered for those who attended. Thanks for allowing us to serve Samirah J.

MARLCNA 20-22, 2023

CAR Workshop

The CAR Workshop went well at MARLCNA. The company hired for technical purposes was extremely helpful and they were well prepared for the Workshop. Even with time constraints we were able to get through the CAR and the NAWs Update. This would not have been the case if we had to go over the CAT.

One important detail was the timing of MARLCNA. The convention usually takes place in February for good reason. The CAT comes out at the end of January so we were not able to have the CAT workshop. Moving forward I hope we will go back to having MARLCNA in February so we can better meet the needs of members during a WSC year. Beyond what was mentioned, I need say it was a pleasure working with the committee and from my standpoint they did a wonderful job in putting together the convention. I would like to Thank You. It's only through volunteers that our Region convention was successful.

NEZF 29, 2023

We voted on approving proposed project plans from October 2022 strategic plan. I voted "NO" to all project plans. My decision was based up the discussion we had at Region about the Zone. All were approved except for the Project Plan for an H&I Sub-committee. See project plans below:

- 1) **Zonal Service Symposium Plan** – Project Point Person: Sam L.
 - 2) **Zonal Identity & Function** – [Update Vision, Mission and Purpose to Reflect Current Services Model of Zone] -Assigned to Guidelines Committee -Mike A.
 - 3) **Zonal Identity Outreach** – [Members understand the identity & function of NEZF] -Assigned to FD- Sarah
 - 4) **Zonal H&I Project Plan** – **This project plan failed**
- Accepting Nominations to Future of the WC Workgroup – Adam H., Sandy M., Jim, Wilvena
 - Nominations for Open Positions- PR, IT, Secretary – positions still empty
 - Video submission for WSC? Consider who will update? – Dennis volunteered

Budget RD/RDA: (April 2023-March 2024)

Printing Expenses – Draft Summary post WSC, Zonal, & RD Report with attachments	\$200.00
Zonal Room, Board, Travel (Oct 2023) Only includes 1 room shared (Will need additional room if not shared) (was estimated \$700 back in 2016)	\$800.00
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	\$1000
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To: Interested Regions of Narcotics Anonymous

From: The Northern California History Project Workgroup, a Workgroup of the Northern California Regional Service Committee of Narcotics Anonymous

Re: Accessing the NA Fellowship's Archival Material, including the Jimmy K. Archive

Greetings Interested Regions of Narcotics Anonymous,

The Northern California history project grew out of interest in understanding our Region's development. Mindful of other successful history projects around the Fellowship, members began work to collect our veteran members' recollections in the form of interviews and other source gathering. The Northern California Region's history dates to the mid-1960s (though we have discovered some fascinating material that suggests earlier activity!). The Fellowship of NA was small at that time and for years to come, growth was sporadic. But in Northern California, NA had a consistent presence in Berkeley and Santa Rosa since the 1960s and spread to San Jose and San Francisco soon after. It is from this era that gaps exist in both anecdotal and archival material that could aid us in understanding the Northern California Fellowship's early growth. After gathering dozens of interviews (still in progress) and thousands of documents, we became aware that the brunt of missing archives mainly stemmed from our first ten years. It was then that we turned to Narcotics Anonymous World Services (NAWS) for help.

One of the most complete personal archives of Narcotics Anonymous is housed at the NA Fellowship's main service center, the World Service Office. NA World Services was given the opportunity to purchase Jimmy K.'s archive in the mid-1990s—and of course did so! It was from that archive that the coffee table book, *Miracles Happen: The Birth of Narcotics Anonymous in Words and Pictures*, was created. Since that time, little else has been done with the archive. Our Workgroup hoped to gain information from the collection to determine if more of our history was part of it. We know that Jimmy and one of our founding members, Sylvia M., communicated during this time. What might we learn from their correspondence?

When we asked NAWS for help, we were turned down. We have heard that other Regions sought the same assistance and faced the same result. What must we do to gain access to our history? And what of your Region's history that may be housed at the WSO or in Jimmy's archive?

Hence this appeal to your service bodies. Through a multi-regional effort to engage the World Board, we request a solution to allow the Fellowship of Narcotics Anonymous access to its own history purchased, gathered, and maintained with the Fellowship's funds. We are not suggesting members be allowed to go to the WSO to handle the archive. We are seeking access to what is in the archive to better understand our local development so that we can tell the story of our local history. Without this understanding, we move forward with an incomplete view of our pasts.

Will you join us? If interested, please respond via email by 3/31/2023 and we will include your delegates in a collaborative discussion about how best to move forward that we will schedule soon after. We hope to engage the World Board early in the new year.

With sincerest gratitude,
The Northern California History Project Workgroup
norcalnahistory@ncrsc.org

UNITY COMMITTEE CANA IS HAVING A SPEAKER JAM
THEME: SPIRITUAL PRINCIPLE A DAY



SATURDAY, JUNE 17TH, 2023

12P.M. – 7P.M.

FOOD, FUN, FELLOWSHIP!

DANCE FOLLOWING LAST SPEAKER!

MESSIAH LUTHERAN CHURCH

901 N. 6TH ST. HARRISBURG, Pa 17102

(6TH AND FORSTER ST.)

CONTACTS:

FRED – 717-472-5609

DONALD – 717-510-3409

Capital Area Narcotics Anonymous Calendar of Events 2023

JUNE 17TH
SPAD
SPEAKER JAM



JULY 15TH
GAME DAY



JULY 4TH
COOK OUT



AUGUST 19TH
SKATING PARTY



SEPTEMBER 4TH
COOK OUT



OCTOBER 21ST
BOWLING FUNDRAISER



DECEMBER 16TH
GAME DAY



SEPTEMBER 16TH
GAME DAY



NOVEMBER 18TH
SPEAKER JAM & DANCE



UNITY
FRED—717-472-5609
DONALD—717-510-3409

