

**Volume 38 Number 12**

**Capital Area Service of Narcotics Anonymous (CASNA)**

Jan, Chair, opened the 398<sup>th</sup> meeting of CASNA on 12/04/2022 @ 2:00 pm with the Serenity Prayer, 12 Traditions read by Carly and 12 Concepts read by Hank.

**Agenda:**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9<sup>th</sup> Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

**GSR Count- 21**

**New GSR's-** Shawn- Any Length, Candice- Nothing to Fear

**New Meetings-** NONE

**Corrections to the Minutes-** Remove committee from top of page.

**Opening Treasurer's Report-** See Attachment

**Groups with Problems-** Nothing to Fear had to close the Thursday night meeting. Lunch Bunch needs support.

**Group Reports:**

**Acceptance-** NO REPORT

**All Are Welcome-** 51 Banks st Penbrook 7:00pm-8:15pm: Blessings to everyone. Our meetings are going well. We donated \$100 to CASNA, and placed a small literature order. TFLMS

**Any Lengths-** Attendance is solid for the most part. No problems. \$85 donation made.

**Back to Basics-** NO REPORT

**Bottom Line-** 7 N 14th st 12:00pm-2:00pm:

**Commitment to Change-** 1422 Market st Harrisburg, 17104 7:00pm-8:00pm: Meeting going ok. We need more home group member support.

**Clean and Free-** 750 s 29th st, HBG 17111 12:00pm-2:00pm: We had a business meeting. Rent is we continue to carry the message to the addict who still suffer. We bought literature.

**Cut & Dry-** 21st and Derry 7:00pm-8:30pm:NO REPORT

**Desire to Grow-** JFT 300 Market st Lemoyne PA 7:30pm-8:30pm: Our homegroup is still growing. We are spreading the message to the newcomer by offering free literature. We made \$109 donation to area. Tuesday December 6th at 7pm, there will be pizza and soda to celebrate our home group's anniversary.

**Exodus to Genesis-** 5th & Camp st 6:00pm- 7:30pm: Meeting is stable, attendance is 15-20 people a week. Supplies are stocked. Prudent Reserve \$25; equivalent to rent.

**H.A.N.A-** 6th & Forester st 6:30pm-8:00pm-: The homegroup is doing well. All positions are filled, we will be having a game night the second Friday of every month. All are welcome.

**Honesty-** 5th and Bridge st, New Cumberland PA 7:30-8:30pm Thursdays: Attendance has been steady. Could always use more home group members.

**H.O.W-** St. Paul Lutheran Church, 201 w. Louther st Carlisle pa Monday at 7pm: NO REPORT

**Just for Today-** 14th & Market st 12:00pm-2:00pm Sunday: Our meeting is doing ok. We changed our format and now read from the book "A Spiritual Principle A Day" and still are opening and closing on time. Thank you for allowing us to serve.

**Just for Tonight-** 300 Market st Lemoyne Saturday 8:00pm-9:00pm: NO REPORT

**Keeping the Hope Alive-** JFT 300 Market st. Sunday at 7:30pm: Everything is going well with the group. We have two home group members and more people are coming to the meeting and the meeting is going good.

**Life or Death-** 221 s 2nd st Steelton 7:00pm-8:00pm: Group is averaging 20 people and growing. Nothing new to report at this time. We have multiple home group members.

**Linglestown Meeting-** Linglestown Rd 7:00pm-8:00pm Wednesday:

**Living the Dream-** 4386 n 6th st Harrisburg 6:00pm-7:00pm Saturday: Meeting is going well, rent paid, attendance 8-15 people.

**Lunch Bunch-** 12:00pm-1:00pm: Lunch Bunch is on of the oldest meetings in this area. We need support. Our meeting is open on Monday, Wednesday, Friday, Saturday at noon. Please come out and support.

**Message of Hope-** 4685 MT Zion Dr Enola PA, 17025 Friday 8:00pm to 9:00pm: Had a group conscious to send \$100 a month to area for 6 months. Attendance and 7th Tradition is good & holding steady.

**Non-Conformist-** NO REPORT

**Noon-day Serenity-** NO REPORT

**Nothing to Fear-** 216 S Market St, Mechanicsburg 7:30pm-8:30pm Monday & Thursday:

**ODOP-** Reeser Summit, 600 Evergreen rd Wednesday 7:00pm-8:00pm: NO REPORT

**On Life's Terms-**NO REPORT

**Only Hams are Cured-** 6th & Forster st Harrisburg 7:00pm: We are getting along very well. We are able to pay our bills, and buy literature etc. Presently more people are attending or supporting meeting.

**Only the Desire-** 7 N 14th st 7:00pm-8:15pm: Our home group is in need of members and all the positions are open.

**Saturday at Swatara-**NO REPORT

**Share & Care-** 3rd & Bridge st, New Cumberland, Monday at 7:00pm-8:05pm:NO REPORT

**Step and Tradition-**Group is currently going strong. Slow attendance, working on bridging members for meeting schedules in need of other than that, group is steady.

**Steps to Freedom-** Group is doing well, always in need of new members.

**The Gathering Place-** 4th & Reno st New Cumberland 6:00pm-7:00pm: We are pleased to announce we are now allowed to use the play room as long as we clean back up. Also, we have a Ramp for handicapped on side of the church.

**Twisted Sister-** NO REPORT

**Value of Life-** Mechanicsburg 6:00pm Sunday: NO REPORT

**We do Recover-** NO REPORT

**We do Recover Millersburg-** NO REPORT

### **SUB-COMMITTEE REPORTS**

**Audit-** Area audit is scheduled for Saturday 12/10/2022 at Front Street at noon. Will schedule Unity Audit in December as well. Will have full reports at January Area. Thank you for letting me be of service.

**Unity-** Meeting was held and there was discussion about the upcoming unity day. Topics included the creation of t-shirts and logo, also to speak with Sissy about the location (Camp Curtain School).

Committee also discussed the Valentines (love theme.) Speaker Jam which will be tentatively held on 2/18/23. Speaker Jam will be held at 6th & Forster, Unity Committee's calendar was created and will be printed and available January 2023.

**Unity Treasurer's Report-** SEE ATTACHMENT

**Literature-** \$886 took in. \$1885.11 order. Books will rise 12% Medallions Meeting lists; need extra for MARLCNA. Ordered 1,000.

**Policy-** NO REPORT

**Public Relations-** NO REPORT

**RCM-** Donations were \$4138.68, Expenses \$2,823.79, NAWS Donation was \$1,314.89. Question asked what can our area do to support the newcomer at MARLCNA? We have 5 PPP's. According to MARLCNA policy to qualify for a PPP you just have to be new to the program and never have attended MARLCNA. An example of someone who qualifies is someone with 20 years clean but just getting out of prison and new to the program. Example given by MARLCNA Committee. Newcomer package is different. The zones want to do a collaboration of US zones where all US zones meet. The next Northeast Zonal meeting will be held in January 2023. More details at <https://nezf.org> Get involved. If any questions in our area can request a workshop to find out what zones are and do. Delegate Team will be holding a virtual meeting to take questions and provide answers to this region. The next meeting is scheduled on 12/11/2022 at 2pm. ID: 570 972 5149 Password: 683681

**Hospitals & Institutions-** Meeting opened on 12/4/2022 at 13:02 by Chris T with a moment of silence followed by the Serenity Prayer, 12 Concepts read by Charles. 2 newcomers Kevin and Jessa. All current commitments are being filled and all is going well. Continue to work on getting meetings into local jails. Made contact with Perry County Prison and working with contact there to set up dates to come in. DCP and CCP still have no call backs. Will keep working on it. New Business: Megan took the literature position. BJ is vice chair. Chair position is still being tentatively filled by Chris T.

**Marathon-** NO REPORT

**Marathon Treasurer-** NO REPORT

### **OLD BUSINESS-**

- Area Marathon committee will be joining the Bottom Line group to host Holiday events. Please come out and support our Area on the holidays.
- Area needs homegroups to donate money to the area so that bills can get paid. Area will soon be dipping into our prudent reserve if nothing is being Donated. Homegroups aren't donating because "they want to know what Area is going to be doing with the money now that it is not going to the Regional level" but no one is donating anymore, so there is no money to even discuss what to do with it. GSR's please talk to homegroups about donating money so bills are able to get paid.

### **NEW BUSINESS-**

- The Marathon Committee requested two \$99 payments for holiday events. (PASSED)

- Area body voted in Scott G in a ALT GSR.
- Area body voted in Candice M as Vice Policy Chair.

**FINAL TREASURER REPORT- SEE ATTACHMENT**

**OPEN POSITIONS-** Vice Area Chair, Vice Secretary, Vice Treasure, Vice Literature Chair, PR Chair, PR Vice Chair, Unity Vice Treasure, Marathon Chair, Marathon Vice chair

**NOTES-**

- Bank accounts have officially been switched to members first and Santander bank account has been closed.
- Area started with 21 GSR's present, by the end of Area when it came time to vote on new servants we only had 11 GSR's. WE NEED GSR'S TO SHOW UP AND STAY!

<b>***POSITIONS***</b>	<b>Jan</b>	<b>Feb</b>	<b>Mar</b>	<b>Apr</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug</b>	<b>Sept</b>	<b>Oct</b>	<b>Nov</b>	<b>Dec</b>
Area Chair	P	P	P	P	P	A	P	P	P	P	P	P
Area Vice Chair	P	P	A	A	P	P	A	O	P	P	P	A
Secretary	A	P	P	P	P	P	P	A	P	P	P	P
Vice Secretary	P	A	P	O	O	O	P	P	P	P	P	P
Treasurer	P	A	P	P	P	P	P	P	P	P	P	P
Vice Treasurer	P	A	P	P	A	P	P	P	P	P	O	O
Unity Chair	A	P	P	P	P	P	P	P	P	P	P	P
Unity Vice Chair	P	P	P	P	O	A	P	P	A	P	P	P
Unity Treasurer	A	P	P	P	A	O	A	P	P	P	P	A
Unity Vice Treasurer	A	A	P	O	O	O	O	O	O	O	O	O
RCM	P	P	P	P	P	P	P	P	P	P	P	P
Alt. RCM	P	A	A	P	P	P	A	O	O	O	O	O
H&I Chair	A	P	P	P	P	P	P	A	A	A	P	P
H&I Vice Chair	P	P	P	P	P	O	O	P	A	O	O	A
PR Chair	O	O	A	P	P	P	P	A	P	A	P	O
PR Vice Chair	O	O	O	O	O	O	O	O	O	O	O	O
Literature Chair	P	P	P	P	P	A	A	P	P	P	P	P
Literature Vice Chair	P	P	A	A	O	P	P	P	P	P	P	P
Policy Chair	P	P	P	P	P	P	P	P	P	P	P	P
Policy Vice Chair	P	A	A	P	P	A	A	O	O	O	O	O
Marathon Chair	A	A	A	P	A	O	O	O	O	O	O	O



Saturday at Swatara	A	A	A	A	A	A	A	A	A	A	A	A
Share & Care	P	A	P	P	P	A	P	P	P	A	A	A
Step and Tradition	A	A	A	A	A	A	A	A	A	A	A	P
Steps to Freedom	P	A	P	A	A	P	P	P	A	A	A	P
The Gathering Place	P	A	P	P	A	P	A	P	A	A	P	P
Twisted Sister	P	P	P	P	P	P	P	P	P	P	P	P
Value of Life	P	P	P	A	P	A	A	A	A	A	A	A
We Do Recover	A	A	A	A	A	A	A	A	A	A	A	A
We Do Recover- Millersburg	A	A	P	A	A	A	A	A	A	A	A	A

**LEGEND: P- Present A – Absent O - Open**

**NEXT AREA SERVICE WILL BE HELD ON 01/08/2022 at Bethany AME Church  
914 S 21st street Harrisburg PA, 17104**

**SUBCOMMITTEES WILL MEET AT 1:00 PM, AND AREA STARTS AT 2:00 PM.**

**PLEASE COME OUT AND SUPPORT OUR AREA!**

**In Loving Service, Candice M.**

# CASNA MONTHLY TREASURER DECEMBER 2022

		Ck#
Opening Balance	\$1,104.84	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$-395.16	
<b>INCOME</b>		
Group Donations	998.59	
Literature Income	887.00	
T-shirt match	0	
<b>TOTAL INCOME</b>	<b>1,885.59</b>	
<b>EXPENSES</b>		
Answer First	54.65	AP
Verizon	41.48	AP
Dex Media	10.00	AP
Area Rent	75.00	102
Meeting List	140.89	104
NAWS Literature	1885.11	101
Treasurer supplies	2.36	Cash
Donald Watt Sr <sup>Matt</sup>	99.00	105

**TOTAL EXPENSES** \$2,308.49


Working Balance	\$-27.74
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$1472.26
Less Reserve to T-Shirts	\$450.00
Balance Available to use	\$1022.26

## Group Donations

		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	100.00	5460	
Any Lengths	50.00	5464	
EXODUS TO GENESIS	15.00	5467	
Bottom Line Group	24.00	5461	
Clean And Free			
Commitment To Change	14.00	5465	
Cut & Dry			
Desire To Grow	109.00	5459	
Keeping The Hope Alive	300.00	5468	
H.A.N.A.			
Honest Group	30.00	5469	
H.O.W. Group			
LIFE OR DEATH	10.00	5466	
Just For Today			
Just For Tonight	35.00	5470	
Linglestown Meeting			
Lunch Bunch			
Message Of Hope	100.00	5458	
Non-Conformists			
Nothing To Fear	339.00	5463	
ODOP	72.00	5472	
Only Hams' Are Cured			
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition	21.00	5471	
Steps To Freedom			
The Gathering Place			
Twisted Sister			
Value Of Life	49.59	5462	
We Do Recover HBG			
WE DO RECOVER MBG			
<b>Total Group Donations</b>	<b>998.59</b>		

# WANA ACTIVITIES COMMITTEE

presents

Glow into a new year 

**OLD LYCOMING FIRE HALL**

**1600 DEWEY AVE.**

December 31st 2022

7pm.til 1am.

Tickets 20.00 per person

30.00 per couple

Contacts:

Candace 267 600 8077

Amber 717 808 9416

Sakina 267 973 9907

food fun music party favors provide

# The Gathering Place of NA

Every Sunday 6:00pm to 7:00pm 4<sup>th</sup> & Reno Sts. New Cumberland PA 17070

## Handicap/Wheelchair accessible

1<sup>st</sup> Sunday – Step Meeting

2<sup>nd</sup> Sunday – Tradition Meeting

3<sup>rd</sup> Sunday – IP Pamphlet

4<sup>th</sup> Sunday – Journey Continues/Speaker

5<sup>th</sup> Sunday – Speaker

Homegroup Members Anniversary is Celebrated Sunday after the Anniversary Date

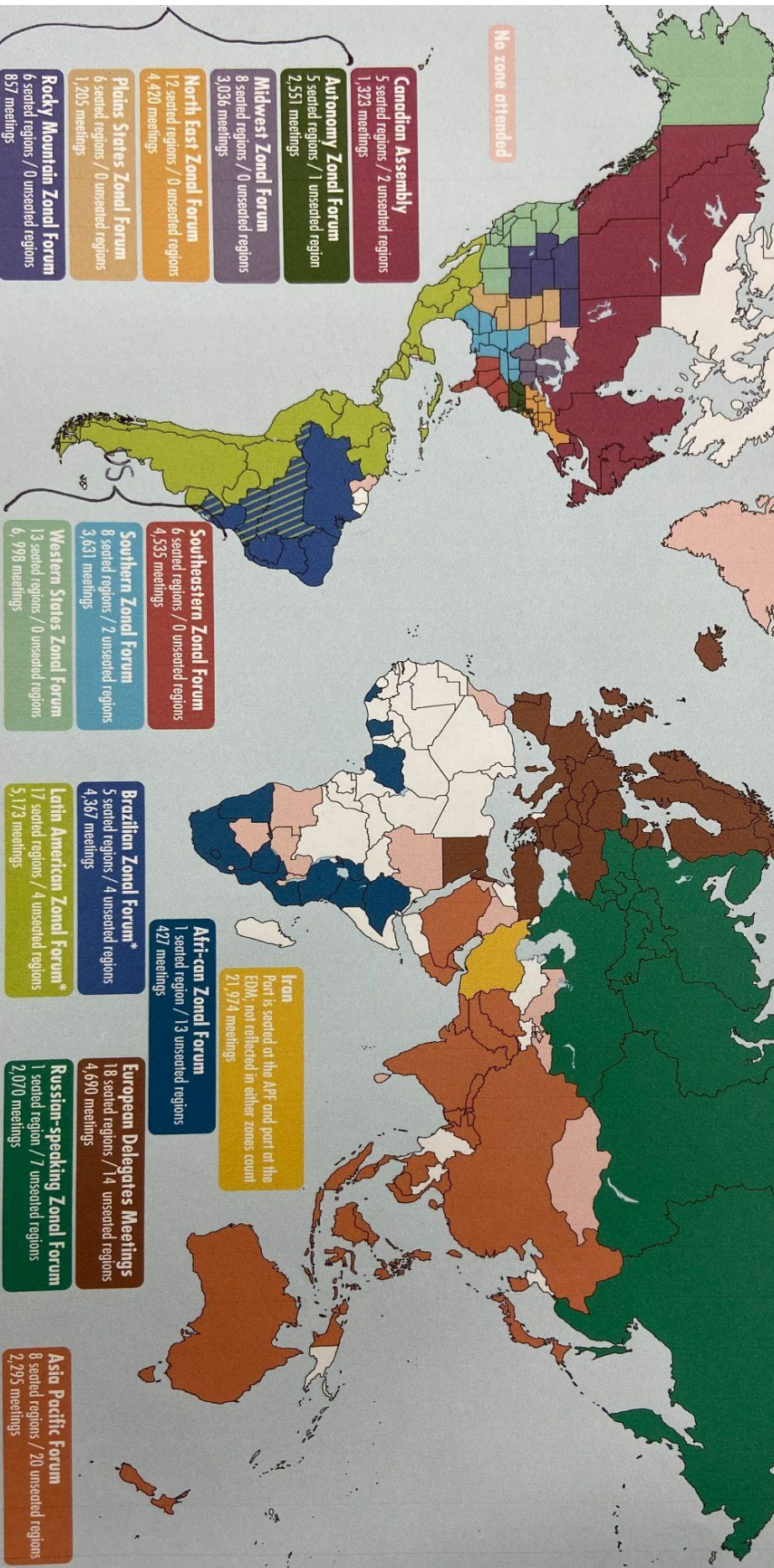
Come out and support our meeting, bring a newcomer

**All are Welcomed**

Mom and/or Dads a Nursery is available for the KIDS

# ZONES OF ICF

Locations and Number of Regions/Communities  
(Draft based upon information provided by zones in spring 2018 and updated after 2018 MSQ)



\*For the purpose of this graphic all Brazilian regional and meeting data was included in the Brazilian Zonal Forum.

**UNITY COMMITTEE CANA IS  
HAVING A SPEAKER JAM**

## AGAPE LOVE



**SATURDAY, FEBRUARY 18TH, 2023**

**2P.M.—7P.M.**

**MESSIAH LUTHERAN CHURCH**

**6TH & FORSTER ST.**

**DANCE FOLLOWING LAST SPEAKER**

**FOOD, FUN, FELLOWSHIP**

**CONTACTS**

**ROCHELLE R.—570-560-3749**

**KIM—7175519291**

# Capital Area Narcotics Anonymous Calendar of Events 2023

FEBRUARY 18TH  
SPEAKER JAM/DANCE



MARCH 18TH  
LEARNERS DAY



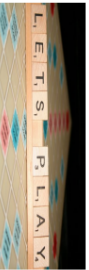
APRIL 15TH  
UNITY DAY



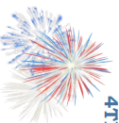
MAY 20TH  
TALENT SHOW



JUNE 17TH  
GAME NIGHT



JULY 4TH  
4TH OF JULY PICNIC  
JULY 15TH  
DANCE



AUGUST 19TH  
SKATING PARTY



SEPTEMBER 4TH  
LABOR DAY PICNIC  
SEPTEMBER 16TH  
DANCE



OCTOBER 21ST  
BOWLING FUNDRAISER



NOVEMBER 18TH  
DANCE



DECEMBER 16TH  
DANCE



UNITY CHAIR  
ROCHELLE R.—570-560-3149

