

**Volume 38 Number 5**

**Capital Area Service Committee of Narcotics Anonymous (CASNA)**

Jan A, Area Chair, opened the 390<sup>th</sup> meeting of CASNA on 05/01/2022 @ 2:00 pm with the Serenity Prayer, 12 Traditions read and 12 Concepts read.

**Agenda:**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9<sup>th</sup> Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

**GSR Count-** 18

**New GSR's-** Ed- Keeping the Hope Alive, Julie-

**New Meetings-** None

**Corrections to the Minutes-** None

**Opening Treasurer's Report-** See Attachment

**Groups with Problems-** Only hams' are cured- Attendance is low because of other meetings and events taking place at the same time as meeting.

**Group Reports:**

**Acceptance-** New Life Community Church, Carlisle 6:00pm Sunday & 7:00pm Tuesday: Attendance has slightly increased.- Alex S

**All Are Welcome-** 51 Banks st 7:00pm-8:15pm: Our meeting has been going very well. We are averaging 40-50 people at every meeting. We donated \$100 this month. Thank you for allowing me to serve.

-Henry J

**Any Lengths-** NO REPORT

**Back to Basics-** NO REPORT

**Bottom Line-** 7 N 14th st 12:00pm-2:00pm: Bottom line is doing well. We have 20-30 people mon-fri. We as a homegroup keep the newcomers interested in enjoying the meeting. Our speaker jam went well.

-Peggy L

**Commitment to Change-** NO REPORT

**Clean and Free-** 118 State st hbg 17101 12:00pm-2:00pm: We continue to carry the message. Our rent is paid. We had a business meeting. Went well. -Randy

**Cut & Dry-**

**Desire to Grow-** JFT 7:30pm-8:30pm: All is well. Attendance is averaging 33 this month. No donation.

**Exodus to Genesis-** 5th & Camp st 6:00pm-7:00pm: group is going well, stable, with attendance of 25 members give or take weekly. Prudent reserve \$25. Supplies are stocked. Rent is paid.- Khadijah D

**Keeping the Hope Alive-** JFT Sunday 7:30pm-8:30pm: Right around 35 to 40 people. The group is very good and everyone is respectful to each other and everything is going well. - Edward C

**H.A.N.A-**NO REPORT

**Honesty-** JFT 7:30pm at JFT: There has been good and steady attendance. Home group is thriving. Thank you for letting me be of service. -David P

**Hope is Alive-** NO REPORT

**H.O.W-** New Life Community 7:00pm Thursdays: Meeting attendance is small but several members are gaining good clean time by becoming homegroup members and getting involved. -Brian W

**Journey Continues-** NO REPORT

**Just for Today-** 14th & Market st 12:00pm-2:00pm Sunday: Meeting is going well. No problems. -Clifton T

**Just for Tonight-** 300 Market st Lemoyne Saturday 8:00pm- 9:00pm: We are all doing well. - John A

**Linglestown Meeting-** NO REPORT

**Lunch Bunch-** 12:00pm-1:00pm: We meet on Mon, Wed, Fri, Sat in person 12pm. We need support in getting the word out. We are also doing zoom 7 days a week. ID- 2693599218 Password- 12345-Charles C

**Message of Hope-** 600 Evergreen rd, New Cumberland PA, 17070 8:00pm to 9:00pm: Overall meeting is going well. Attendance is up and holding steady. 7th tradition is still slightly on the lower side, literature sales were up this month. Homegroup has voted unanimously to move the meeting back to Wertzville.

-Chris T

**New Life Group-** NO REPORT

**Non-Conformist-** NO REPORT

**Noon-day Serenity-** NO REPORT

**Nothing to Fear-** Grace United Methodist Church 216 S Market St, Mechanicsburg 7:30pm-8:30pm Monday & Thursday: Our group is going well. We have been having some newcomers come and have been coming back weekly. We are currently saving money for our homegroup to do some kind of event but we are not sure what exactly we are going to do. Rent is paid. We are carrying the message to the addict who still suffers.- Candice M

**ODOP-**NO REPORT

**Only Hams are Cured-** 6th and Forester Saturday 7:00pm: We are still having our meeting but because other meetings are having other events during the time of our meeting, what should we do?

**On Life's Terms-**NO REPORT

**Only the Desire-**NO REPORT

**Saturday at Swatara-**NO REPORT

**Share & Care-**NO REPORT

**Step and Tradition-**NO REPORT

**Steps to Freedom-** NO REPORT

**The Gathering Place-** NO REPORT

**Twisted Sister-** NO REPORT

**Value of Life-** Mechanicsburg 6:00pm Sunday: Meeting is going well. Averaging 10-15 people. Returning to Simpson Park for summer months. -Eric O

**We do Recover-** NO REPORT

**We do Recover Millersburg-** NO REPORT

### **SUB-COMMITTEE REPORTS**

**AD-HOC-** No update from last month.

**Audit-** NO REPORT

**Unity-** Unity day was a success. We want to thank all sub-committees that supported us. We are giving area \$25 for the tee-shirts. Today's meeting was about having a mini speaker jam and talent show. The speaker jam will start 2-6 followed by the talent show. Flyer will be prepared by Tuesday. The day of the event is May 21st at 6th and Forester St. Unity committee is in need of trusted servants. If you are interested come to City Diner on Derry St from 2-4 May 14th

**Unity Treasurer's Report-** SEE ATTACHMENT

**Literature-** NO REPORT

**Policy-** Policy has completed the needed formatting update. The update sought to correct the various fonts used, correct page number, size of text, and to bring consistency to the document as a whole.-Brian W

**Public Relations-** NO REPORT

**RCM-**

**Hospitals & Institutions-** Meeting was opened at 1:02pm by Chris T with a moment of silence followed by the serenity prayer. 12 concepts read by George. New members; George, Kristie, Dave- All welcomed. Currently 6 facilities open and all is going well. Facilities are really using literature so we are keeping tabs to see if \$199 monthly can keep up with orders. Will reach out to jails about Zoom meetings to see which option is best to carry the message into these facilities. We voted Candice into the h&i secretary position. Vote passed 5-0. Look into posting facilities with contacts and panel leader reports on our area website. A lot of interest from new members. Continuing to improve and standardize our process to better carry out our mission. -Chris T

**Marathon-** NO REPORT

**Marathon Treasurer-** NO REPORT

**OLD BUSINESS-** 0322-03- We motion that area service moves back to Bethany AME Church at 914 S. 21st, Harrisburg PA 17104. (21st and Derry) so all sub-committees have space for their meetings. Rent will be 50-75\$

Intent is to have more room for sub-committees to meet without having to talk over each other (Rent will be \$75. The next AREA meeting and all following meetings will be held at this location)

**NEW BUSINESS-** Voted in Kim J. as our Unity Vice Chair and Kaitlin C. as our Vice Literature Chair.

**\*HOUSE KEEPING MOTION\***

0422-01- H&I committee is asking for \$99 for extra literature to carry the message for the addict that still suffers. There are more facilities opening up. We need more literature.

Intent: to carry the message to the suffering addict - Peggy L

(Motion Passed)

**\*POLICY MOTION\***

0322-01- literature is asking that area provides \$99 cash to begin a petty cash fund and will be maintained monthly with literature funds. Update policy to remove 1992 checking account

Intent: to hold a prudent reserve for literature- Sonia

(will be voted on in June)

0422-01- to remove section 3 of Public Relations guidelines from CASNA policy 2022 that is highlighted on page 25.

Intent: the section references a ‘helpline’ position that does not currently exist and is unnamed as of the precious years CASNA policy. Written by- Brian W. 2nd by John A.

(Discussion in June, Voted on in July)

0422-02- Motion for area to vote in the Unity committees Treasure and Vice Treasure.

Intent: Position holds large amounts of money, area body would like to vote servant into that position.

(Discussion in June, Voted on in July) -Candice M

**DISCUSSION TOPICS-**

1. Briefly discussed what to do with NA funds we are not sending to region anymore. Some ideas were purchasing Basic Text for unity committee to give away at some events, Extra money for H&I to by some Basic Text.
2. Area purchasing a laptop for area treasurer. One Member is going to help treasurer get more info and find a laptop. (tabled until june)

**FINAL TREASURER REPORT- SEE ATTACHMENT**

**OPEN POSITIONS-** Public Relations Vice Chair, Vice Secretary, Marathon Vice Chair

**NOTES-** Area body is still looking for Ideas of what to do with NA funds being withheld from region. We are asking homegroups to bring some ideas to our next area meeting.

<b>***POSITIONS***</b>	<b>Jan</b>	<b>Feb</b>	<b>Mar</b>	<b>Apr</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug</b>	<b>Sept</b>	<b>Oct</b>	<b>Nov</b>	<b>Dec</b>
Area Chair	P	P	P	P	P							
Area Vice Chair	P	P	A	A	P							
Secretary	A	P	P	P	P							
Vice Secretary	P	A	P	O	O							
Treasurer	P	A	P	P	P							
Vice Treasurer	P	A	P	P	A							
Unity Chair	A	P	P	P	P							
Unity Vice Chair	P	P	P	P	O							
Unity Treasurer	A	P	P	P	A							
Unity Vice Treasurer	A	A	P	O	O							
RCM	P	P	P	P	P							
Alt. RCM	P	A	A	P	P							
H&I Chair	A	P	P	P	P							
H&I Vice Chair	P	P	P	P	P							
PR Chair	O	O	A	P	P							
PR Vice Chair	O	O	O	O	O							
Literature Chair	P	P	P	P	P							

Literature Vice Chair	P	P	A	A	O							
Policy Chair	P	P	P	P	P							
Policy Vice Chair	P	A	A	P	P							
Marathon Chair	A	A	A	P	A							
Marathon Vice Chair	A	A	A	O	O							
*****GROUPS*****												
Acceptance	P	A	A	A	P							
All Are Welcome	A	P	P	A	P							
Any Lengths	A	A	A	A	A							
Back to Basics	A	A	A	A	A							
Bottom Line	P	P	P	P	P							
Clean and Free	A	P	P	P	P							
Commitment to Change	A	P	A	P	A							
Cut & Dry	A	P	P	A	P							
Desire to Grow	P	A	A	P	P							
Exodus to Genesis	P	A	A	P	P							
Keeping the Hope Alive	A	P	P	A	P							
H.A.N.A.	P	P	P	P	A							
Honesty	A	A	P	P	A							
Hope is Alive	A	A	A	A	A							
H.O.W.	P	A	A	P	P							
Journey Continues	A	A	A	A	A							
Just for Today	A	P	P	A	P							
Just for Tonight	P	P	P	P	P							
Linglestown Meeting	A	A	A	A	A							
Lunch Bunch	A	A	A	P	P							
Message of Hope	P	P	A	P	P							
New Life Group	A	A	A	A	A							
Non-Conformists	A	A	A	A	A							

Noon-Day Serenity	A	A	A	A	A							
Nothing to Fear	P	P	P	P	P							
ODOP	A	P	P	P	A							
Only Hams' Are Cured	P	A	P	P	P							
On Life's Terms	A	A	A	A	A							
Only the Desire	A	P	A	A	A							
Saturday at Swatara	A	A	A	A	A							
Share & Care	P	A	P	P	P							
Step and Tradition	A	A	A	A	A							
Steps to Freedom	P	A	P	A	A							
The Gathering Place	P	A	P	P	A							
Twisted Sister	P	P	P	P	P							
Value of Life	P	P	P	A	P							
We Do Recover	A	A	A	A	A							
We Do Recover- Millersburg	A	A	P	A	A							

**LEGEND: P- Present A – Absent O - Open**

**NEXT AREA SERVICE WILL BE HELD ON 06/05/2022 at Bethany AME Church 914 S 21st street Harrisburg pa, 17104**

**SUBCOMMITTEES WILL MEET AT 1:00 PM, AND AREA STARTS AT 2:00 PM.**

**In Loving Service, Candice M.**



*C.A.N.A.*

*Capital Area Unity Sub-Committee  
Present  
MINI SPEAKER JAM & TALENT SHOW*

*Cash Prizes*

*3<sup>rd</sup> place \$25*

*2<sup>nd</sup> Place \$50*

*1<sup>st</sup> Place \$100*

**WHEN:** Saturday May 21, 2022

**WHERE:** Messiah Lutheran Church  
901 N 6<sup>th</sup> Street (6<sup>th</sup> & Forster Street)  
Harrisburg, PA 17102

Doors open at 2:00 PM

**TIME:** Speakers  
Talent Show

2:00 PM- 6:00 PM

6:00 PM- Until

***If you want to participate in the show....***

*Please contact:*

*Rochelle R. 570- 560-3149  
Kim J. 717-551-9291*

# CASNA MONTHLY TREASURER ~~DECEMBER~~ MAY 2022

Opening Balance	\$2,796.22	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$1,296.22	

INCOME		
Group Donations	314.66	
Literature Income	745.80	
T-shirt match	25.00	407

**TOTAL INCOME** \$1,085.46

EXPENSES		
Answer First	60.30	auto
Verizon	41.24	auto
Dex Media	10.00	auto
Area Rent	25.00	3335
Meeting List		
Treasurer Supplies	19.04	cash
Policy copies	50.00	cash
Sec. expenses	19.00	cash
Literature MAWS	844.23	3337
PR monthly allot	100.00	cash

**TOTAL EXPENSES** \$1,168.74

Working Balance	\$1,212.90
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,712.90
Less Reserve to T-Shirts	\$500.00 200.00
Balance Available to use	\$2,212.90

## Group Donations

	Rcpt #	Ck #
Acceptance Group		
All Are Welcome	100.00 435404	
Any Lengths	50.00 435403	
Back To Basics		
Bottom Line Group		
Clean And Free		
Commitment To Change		
Cut & Dry		
Desire To Grow		
Keeping The Hope Alive	20.00 435402	
H.A.N.A.		
Honest Group		
Hope Is Alive		
H.O.W. Group		
Journey Continues		
Just For Today	15.00 435405	
Just For Tonight	9.36 435408	
Lingelstown Meeting		
Lunch Bunch		
Message Of Hope	44.30 435409	643
New Life Group		
Non-Conformists		
Noon-Day Serenity		
Nothing To Fear		
ODOP	46.00 435406	
Only Hams' Are Cured		
On Life's Terms		
Only The Desire	30.00 435401	
Saturday At Swatara		
Share & Care		
Step And Tradition		
Steps To Freedom		
The Gathering Place		
Twisted Sister		
Sunday Night Meeting		
Value Of Life		
We Do Recover		

**Total Group Donations** ~~\$200~~  
\$314.66



C.A.N.A UNITY SUB-COMMITTEE  
TREASURES REPORT

EVENT DATE: 4/16 unity day

STARTING BALANCE: \$ 957.06

INCOME

ADMISSION: \_\_\_\_\_

FOOD: sodas & water T-shirts 1,237.00

MISCELLANEOUS ITEMS: \_\_\_\_\_

SUB-TOTAL: \_\_\_\_\_

NEW BALANCE: 1,237.00

EXPENSES

FACILITY RENT: \$ 500.00

D.J.: \$ 300.00

FOOD: \$ 475.00 T-shirts extra shirts

MISCELLANEOUS ITEMS: Food → \$ 289.45

SUB-TOTAL: \_\_\_\_\_

ENDING BALANCE: \$ 519.61

COMMENTS:  
coffee pot \$ 110.00

\_\_\_\_\_

\_\_\_\_\_