

Volume 36 Number 1

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rob G., Area Vice Chair, opened the 368 meeting of CASNA on 1/5/2020 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count: 21 @ 2:08 pm

New GSR's: Steve – Message of Hope

New Meetings: NONE

Corrections to the minutes: None

Opening Treasurer's Report: Reported by Scott W. Moved by Ryan and 2nd by Don

Groups with Problems: Only the Desire needs support

GROUP REPORTS

Acceptance - No report

All Are Welcome – Hi Everyone, our rent is paid through March and we donated \$15 to area. We have been receiving good support. TFLMS Henry Jr.

Any Lengths – Meeting running well. Regular attendance of 25-30. Rehab attends as well. ILS, Billy C.

Back to Basics – Nothing to report Ryan B.

Bottom Line – Group is doing well. Attendance is growing and more members coming back for commitments. Purchasing literature and making donations. Richard B.

Breath of Life – No report

Clean and Free – No report

Commitment to Change - No report

Cut & Dry - No Report

Desire to Grow – No report

Exodus to Genesis – No report

Friday Late Night – No report

H.A.N.A. – No report

Honesty – Group is going smoothly. We have a few new and active homegroup members in our group that we are grateful for. Other than that, doors are open and message is being carried. TFLUS Rachelle W.

Hope is Alive - No report

H.O.W. – Meeting attendance is up and service response from members is high. Brian W.

Journey Continues – The group has no problems. Thursday remains open as attendance has been low but consistent. Donation made to area and world this month. Faith W.

Just for Today – Our group continues to carry a clear NA message. Our attendance is growing and all are welcome. TFAUTS

Life or Death – Our group is doing fine. Anywhere between 25-30 members every Sunday. TFAMTS Mike T - GSR

Lingelstown Meeting - No report

Living Clean – No report

Lunch Bunch – Meeting attendance is good. Need experienced members to be a part of our home group. Misty D.

Message of Hope – Everything is well with group. We have changed to a non-smoking facility. We are planning our 14 year homegroup anniversary dinner/social event for March 13th to start at 7 pm. Stephen A.

New Life Group – All is well. Attendance is great and group is strong. Brooke T.

Non-Conformists - No report

Noon-Day Serenity - No report

Nothing to Fear - No report

ODOP – No report

Only Hams' Are Cured – No report

On Life's Terms – No report

Only the Desire – Homegroup is doing well. We are always in need of support. LaQuandra (MiMi) G.

Saturday at Swatara - Group attendance is down 25-35 but remaining steady. We had a holiday social in December. Home group membership remains small, but consistent. We have paid our rent with the church for the year and making a \$350 donation. Tony A.

Share & Care – Nothing new, group is well attended. January donation \$62. Chris P.

Step and Tradition - We continue to carry the message to the addict still suffering. Our rent is paid. TFLMS – Rochelle R.

The Gathering Place – Our meeting could utilize support to help carry the message to the still sick and suffering addict. Julie L

The Truth Will Set You Free - No Report

Twisted Sister - No Report

Value of Life - No report

We Do Recover – No report

SUBCOMMITTEE REPORTS

Capital Area Unity Subcommittee – Year calendar is done. Copies at area. Our first event is planned. We are having a meeting next week at Capital Diner at 3:00. Planning for a big fundraiser in June. Happy New Year to our area. Thanks Don L.

Unity Treasurers Report – see attached report

Literature – We sold \$485.90 – Turned in \$484.50 (cash \$422 checks \$62.50). Take new meeting lists. Julie L.

Policy – New policy are available, policy is up to date, the motion that was passed to put groups donations in the minutes and amount was put into policy. Ryan B.

Public Relations – The committee met today with 3 in attendance. We are working on updating Barry W. on the technology aspect of the committee. Our goal for a committee this month is to create an organization cooperation list for Cumberland, Dauphin and Perry counties. We are purchasing a new wire rack for IPs totaling \$22 which we are requesting from the treasurer next month. ILS, Rachelle W. PR Chair

RCM – Hi everyone. We did not have a regional service meeting since last area, so I don't have much to report. I have a copy of the CAR and it will be uploaded to casna.info under downloads. We will discuss this after MARLCNA. The capital area received 7 primary purpose packages.

HOW/New Life/Steps to Freedom/Back to Basics/Step and Tradition/One Disease One Program/Message of Hope received the packages. We will review the motion in old business. ILS, Dawn B.

Marathon – No report

Audit – No report

Hospitals & Institutions – We met today with a robust attendance. We had 16 members present, 3 of them new members interested in learning what the subcommittee is tasked with. 8 facilities currently being filled. We have 4 facilities we are currently working on filling. No problems with facilities currently being attended. As a subcommittee we voted to waive the 3-month requirement of attendance at subcommittee for a member, as she shadowed the current chair of a facility and they need an H&I chair meeting there on Sundays. We felt that the need to fill the commitment outweighed the policy requirement, especially since the newer member was already shadowing and prepared. Sean M.

OLD BUSINESS –

Motion Z1-110919 - 10 in favor, 3 opposed, 4 abstain

Motion: To develop a Fellowship Development Coordinator at the NEZF

Intent: To be a Mechanism aka Coordinator who will be a resource to have a “pool” of individuals with fellowship development experience to support & help regions, areas & groups.

Motion Submitted by RD, Seconded by Pocono Mountain Area

NEW BUSINESS - Members voted into following positions:

Chrystal D – Alt. RCM, Darlene E. – Vice Chair of Area, Emily S. Vice Literature, Chris S. Vice Secretary

HOUSEKEEPING MOTIONS - none

DISCUSSION TOPICS - none

FINAL TREASURER REPORT – See attached report

Open Positions

Vice Treasurer
Marathon Vice Chair

NEXT AREA SERVICE WILL BE HELD ON 2.2.2020 SUBCOMMITTEES WILL MEET AT 12:30 PM, (H&I STARTS AT 12:45PM) AND AREA STARTS AT 2:00 PM.

In Loving Service,

Sandy P. – Area Secretary

Life or Death	P												
Linglestown Meeting	A												
Lunch Bunch	P												
Message of Hope	P												
New Life Group	P												
Non-Conformists	A												
Noon-Day Serenity	A												
Nothing to Fear	A												
ODOP	P												
Only Hams' Are Cured	P												
On Life's Terms	A												
Only the Desire	P												
Saturday at Swatara	P												
Share & Care	P												
Step and Tradition	P												
Steps to Freedom	P												
The Gathering Place	P												
The Truth Will Set You Free	A												
Twisted Sister	A												
Value of Life	A												
We Do Recover	A												

Legend:

P- Present

A- Absent

O- Open

CASNA MONTHLY TREASURER JANUARY

		Ck#
Opening Balance	\$2,153.31	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$653.31	
INCOME		
Group Donations	\$1,170.40	
Literature Income	\$484.50	
T-shirt	\$25.00	7773
Misc		
Misc		
Misc		
TOTAL INCOME		\$1,679.90
EXPENSES		
Answer First	\$53.65	
Verizon	\$45.57	
ASC Rent	\$25.00	3263
Literature Expense		
H&I		
Secretary		
Region donation	\$900.00	3266
Dex	\$10.00	
Minutemen Press	\$292.00	3264
Policy Printing	\$14.62	3265
unity	\$99.00	3267

TOTAL EXPENSES \$1,439.84

Working Balance	\$893.37
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,393.37
Less Reserve to T-Shirts	\$500.00
Balance Available to use	\$1,893.37

Group Donations

		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$15.00	7781	
Any Lengths	\$100.00	7779	
Back To Basics	\$30.00	7770	
Bottom Line Group	\$12.75	7774	
Breath Of Life	\$10.00	7782	
Clean And Free			
Commitment To Change			
Cut & Dry			
Desire To Grow			
Exodus To Genesis			
Fresh Start			
H.A.N.A.			
Honest Group	\$20.00	7769	
Hope Is Alive			
H.O.W. Group			
Journey Continues	\$41.85	7775	
Just For Today	\$35.00	7780	
Life Or Death			
Linglestown Meeting			
Living Clean			
Lunch Bunch	\$20.00	7785	209
Message Of Hope	\$259.48	7784	595
New Life Group	\$87.54	7771	
Non-Conformists			
Noon-Day Serenity			
Nothing To Fear			
ODOP	\$31.25	7786	
Only Hams' Are Cured	\$20.00	7768	
On Life's Terms			
Only The Desire	\$5.00	7787	
Saturday At Swatara	\$350.00	7776	
Share & Care	\$62.00	7783	
Step And Tradition	\$15.00	7772	
Steps To Freedom	\$11.00	7778	
The Truth Will Set You Free			
Twisted Sisters			
Value Of Life	\$44.53	7777	
We Do Recover			
Women With A Message			
Total Group Donations	\$1,170.40		