

Volume 35 Number 11

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rey W., Area Chair, opened the 366 meeting of CASNA on 11/3/19 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count: 15 @ 2:04 pm

New GSR's: John – Value of Life, MeMe – Only the Desire, Brooke – New Life

New Meetings: NONE

Corrections to the minutes: NONE

Opening Treasurer's Report: Reported by Scott W. Moved by Leigh C. and 2nd by Don

Groups with Problems: Only the Desire has a new meeting place – 7 N. 14th Street – same day and time (Thursdays at 7pm).

GROUP REPORTS

Acceptance - No report

All Are Welcome – No report

Any Lengths - No report

Back to Basics - No report

Bottom Line – Group is doing well. Attendance is picking up! Purchasing \$80 in literature. TFAMTS Rich B.

Breath of Life - No report

Clean and Free – Clean and Free is doing well. We welcome any and all to come support our meeting. Rent is paid for November. We ordered literature and donated to area. Alicia H.

Commitment to Change - No report

Cut & Dry - No Report

Desire to Grow – Meeting is going very well. The meeting is growing in numbers. All is well. Heather B.

Exodus to Genesis – We are still carrying the message of recovery. We donated to area. TYFAMTS – Glenda B.

Friday Late Night - No report

H.A.N.A. – No report

Honesty – Our bonfire event was canceled due to rain. We are planning another event for spring. TFLUS Rachelle W.

Hope is Alive - No report

H.O.W. - No report

Journey Continues - Thursday night continues to be poorly attended, however it will continue through November for now. Donation to area \$48.32. Votes were obtained for Region and Area.

Just for Today – No report

Life or Death - The life or death group is doing well, attendance has increased. Keith H.

Linglestown Meeting - No report

Living Clean – No report

Lunch Bunch – Still struggling with business meeting attendance which makes planning and maintaining the meeting difficult, but things are improving. Attendance is still strong. Frank T.

Message of Hope - No report

New Life Group – We have a new GRS, my name is Brooke. All is well. No issues. Brooke

Non-Conformists - No report

Noon-Day Serenity - No report

Nothing to Fear - No report

ODOP - No report

Only Hams' Are Cured - All is well at our homegroup. We have noticed a decrease in attendance, but we have still been able to pay our rent. Come out and support our group please. TFAMTS Chrystal D. (GSR)

On Life's Terms – No report

Only the Desire – Homegroup has moved to new address as of 11/7. The address is 7 Nth 14th Street Hbg. I'm new in service. LaQuandra G.

Saturday at Swatara - No report

Share & Care - Meeting attendance remains strong. No events or anything new. Chris P.

Step and Tradition - We are still carrying the message. We donated to area and we are buying literature also rent is paid. YIS – Rochelle R.

The Gathering Place - No Report

The Truth Will Set You Free - No Report

Twisted Sister - No Report

Value of Life - Meeting attendance is good. Message of recovery is being. We are donating more to area service we donated \$63.80 this month. John F.

We Do Recover - In need of support with homegroup members and more. TY Michael C.

SUBCOMMITTEE REPORTS

Capital Area Unity Subcommittee – Unity committee is growing. As of our unity fundraiser, we the unity committee will be donating \$117. 11/16/19 event is the last speaker jam of the year (Pre-Holiday Speaker Jam) We are planning our events calendar. Don L.

Unity Treasurers Report –

Starting balance \$433.64

Food \$59.93

Building \$75.00

DJ \$150.00

Area Donation \$117.50

Donation \$ 31.39

Bowling and Dance \$567.25

Bowling Lanes \$240.00

Ending Balance \$358.64

TShirt \$25.00 - \$333.64

Literature – We sold \$611.10 – Turned in \$611.10 Megan is stepping down after December elections. Position will need to be filled. All orders must be in by 1:30 pm. All backorders were filled. Please check all orders before you leave. Julie L.

Policy – No current updates. Will be meeting prior to next area to review and make updates to ensure that everything from policy log is in policy. Stef R.

Public Relations – Website has been updated. Flyers have been uploaded. We are exploring avenues for hiring a professional organization to update our area's phone line. The quotes we have received are between \$40-\$70 for all. ILS, Rachelle W.

RCM – Hi All, there was no regional service meeting since the last time area met, so there is no new information to report. I will be traveling back from a work trip this Saturday, so I will be unable to attend the RSC. Jeremy has volunteered to go and represent the Capital Area. CAR reports will be available 11/26. I will order one to have available. There will be a CAR workshop @MARLCNA and if this area would like to provide a workshop as well, I will be happy to help. FYI – the NEZF is made up of the following regions: ABCD (NY, MA, VT & NH), Connecticut, Eastern NY, Greater NY, Mid-Atlantic, New England, NJ, Northern NY, Tri-State (WV, PA & Ohio) and Western NY. ILS, Dawn B.

Marathon – No report

Audit – No report

Hospitals & Institutions – We had one newcomer working on filling two of our open commitments - Conewago Place and Siena House.

Open Commitments are:

DCP Men and Women, Camphill, Perry Co. Prison

Made a motion to vote three people in as panel leaders. Working on getting literature out to Perry Co. prison and D.C.P.

OLD BUSINESS –

****Regional motions

PASSED

P10914 – That the regional subcommittees start at 12 and region start at 1:00 pm.

Intent: we are meeting bi-monthly now and don't need so much time

Submitted by: PMANA

Second by: Beehive Area

8- in favor, 6 – opposed 4- abstain

Z10914 – Before any new workgroups are formed by the NEZF, a proposal to form the work groups must be sent back to regions for areas to take back to groups for approval. Intent – To fulfill our 9th tradition and allow the groups to guide the zone. The zone should be guided by group conscience.

Submitted by: PMANA

Second by: Beehive Area

******Area Motion**

Discussed this motion – groups to bring their votes at December Area

Leave the group donations on the area treasurer report that is submitted for the area minutes.

Intent: To streamline record keeping as well as helping with accountability of GSR's submitting 7th tradition to the area.

Submitted by: Scott W.

Second by: Sandy P.

NEW BUSINESS - Bring back group votes for Area motion above

HOUSEKEEPING MOTIONS - none

DISCUSSION TOPICS - none

FINAL TREASURER REPORT – See attached report

OPEN AREA POSITIONS –

Vice Secretary

Vice Treasurer

Vice Literature

Alt. RCM

PR Vice Chair

Marathon Vice Chair

NEXT AREA SERVICE WILL BE HELD ON 12.1.19 SUBCOMMITTEES WILL MEET AT 12:30 PM, (H&I STARTS AT 12:45PM) AND AREA STARTS AT 2:00 PM.

In Loving Service,

Sandy P. – Area Secretary

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
*****POSITIONS*****												
Area Chair			P	A	P	P	P	A	P	P	P	
Area Vice Chair			A	P	P	P	P	P	P	A	P	
Secretary			A	O	P	P	P	P	P	P	P	
Vice Secretary			P	P	P	A	P	A	O	O	O	
Treasurer			P	P	P	P	P	P	P	P	P	
Vice Treasurer			O	O	O	O	O	O	O	O	O	
Unity Chair			P	P	P	P	P	P	A	P	P	
Unity Vice Chair			P	P	A	P	P	P	A	P	A	
Unity Treasurer			P	P	P	P	A	P	P	A	P	
Unity Vice Treasurer			O	P	P	A	P	P	P	O	P	
RCM			P	P	A	P	A	P	P	P	P	
Alt. RCM			P	P	P	P	O	O	O	O	O	
H&I Chair			P	P	P	P	A	P	A	P	P	
H&I Vice Chair			A	A	A	A	A	A	P	A	A	
PR Chair			O	P	P	P	P	P	P	A	P	
PR Vice Chair			O	P	O	O	O	O	O	O	O	
Literature Chair			P	P	P	P	P	P	P	P	O	
Literature Vice Chair			P	P	P	P	P	P	P	P	P	
Policy Chair			P	P	A	P	P	A	P	A	P	
Policy Vice Chair			P	P	P	P	P	P	A	A	P	
Marathon Chair			O	O	O	A	A	A	P	A	P	
Marathon Vice Chair			O	O	O	O	O	O	O	O	O	
*****GROUPS*****												
Acceptance			A	A	P	A	A	A	A	A	A	
All Are Welcome			A	P	P	P	P	P	P	P	P	
Any Lengths			A	P	P	P	A	P	P	A	A	
Back to Basics			P	P	P	P	P	P	A	A	P	
Bottom Line			A	P	P	P	A	A	P	P	P	
Breath of Life			P	P	P	P	P	P	P	P	P	
Clean and Free			A	A	A	A	A	P	P	A	P	
Commitment to Change			P	A	A	P	A	A	P	A	A	
Cut & Dry			A	A	A	P	A	A	A	A	A	
Desire to Grow			P	P	P	P	A	A	P	P	P	
Exodus to Genesis			P	P	P	P	P	P	P	P	P	
Friday Late Night								P	A	A	A	
H.A.N.A.			P	A	A	A	A	P	P	P	A	
Honesty			P	P	P	P	P	P	P	P	P	
Hope is Alive			A	A	A	A	A	A	A	A	A	
H.O.W.			A	A	P	A	P	A	A	P	A	
Journey Continues			P	P	P	P	P	P	P	P	P	
Just for Today			A	A	A	P	A	P	P	P	A	

Life or Death			P	A	A	P	P	A	A	P	A	
Linglestown Meeting			A	A	A	A	A	A	P	A	A	
Lunch Bunch			P	P	P	A	P	P	A	P	A	
Message of Hope			P	P	P	P	P	P	A	P	P	
New Life Group			P	P	A	A	P	A	P	P	P	
Non-Conformists			A	A	A	A	A	A	A	A	A	
Noon-Day Serenity			A	A	A	A	A	A	A	A	A	
Nothing to Fear			A	A	A	A	A	A	A	A	A	
ODOP			P	P	P	P	P	P	P	P	P	
Only Hams' Are Cured			P	P	A	P	P	A	P	P	P	
On Life's Terms			A	A	A	A	A	A	A	A	A	
Only the Desire			P	A	A	P	A	A	P	A	P	
Saturday at Swatara			A	A	A	A	A	A	A	A	A	
Share & Care			P	P	P	P	P	P	P	P	P	
Step and Tradition			P	P	P	A	P	A	P	P	P	
Steps to Freedom			A	P	A	A	P	A	P	A	A	
The Gathering Place			P	A	P	P	P	P	P	P	P	
The Truth Will Set You Free			A	A	A	A	A	A	A	A	A	
Twisted Sister			A	P	A	P	A	A	A	A	A	
Value of Life			P	P	A	P	A	A	P	A	P	
We Do Recover			A	A	A	A	A	P	P	A	A	

Legend:

P- Present

A- Absent

O- Open

CASNA MONTHLY TREASURER NOVEMBER

		Ck#
Opening Balance	\$2,801.15	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$1,301.15	
INCOME		
Group Donations	\$678.93	
Literature Income	\$611.10	
bowling	\$117.50	7897
unity tshirt	\$25.00	7898
Misc		
TOTAL INCOME	\$1,432.53	
EXPENSES		
Answer First	\$38.90	
Verizon	\$45.21	
ASC Rent	\$25.00	3254
Literature Expense	\$645.54	3255
H&I	\$91.00	3256
Secretary		
Region donation	\$750.00	3258
rowes print shop	\$186.00	3253
Bank fee	\$7.50	
Dex media	\$10.00	
marathon rent	\$99.00	3257

TOTAL EXPENSES \$1,898.15

Working Balance	\$835.53
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,335.53
Less Reserve to T-Shirts	\$375.00
Balance Available to use	\$1,960.53

Group Donations

	Rcpt #		Ck #
\$35.00	7753		136
\$40.00	7895		
\$20.13	7885		
\$14.00	7893		
\$30.00	7896		
\$71.25	7891		
\$48.32	7899		
\$20.00	7889		
\$115.68	7887	592	
\$83.00	7892		
\$20.00	7752		
\$1.00	7888		
\$60.00	7900		
\$15.00	7884		
\$20.20	7890		
\$16.55	7894		
\$63.80	7751		
\$5.00	7886		
\$678.93			

Total Group Donations