

**Volume 34 Number 11**

**Capital Area Service Committee of Narcotics Anonymous (CASNA)**

Donald L, Area Chair opened the 354th meeting of CASNA, on 11/04/18, at 2:02PM, with the Serenity Prayer. Chris W. read the 12 Traditions and Rachelle W. read the 12 Concepts.

**Agenda**

Serenity Prayer, 12 Traditions, 12 Concepts  
GSR count/Attendance/Welcome new GSR's/New Meetings  
Correction/approval of the minutes  
Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurer's report  
Groups with problems/Group reports  
Subcommittee reports  
RCM and Alternate RCM report  
Old business  
New business  
Discussion Topics  
Closing Treasurer's report

**GSR count:** 20 at 2:06 PM

**Attendance notes:** Unity Vice Treasurer, unity Vice Chair, Alt RCM, Literature Vice Chair, and Public Relations Vice Chair, Marathon Chair, Marathon vice chair, vice secretary positions are open.

**\*\*Next Area is December 2, 2018\*\***

**New GSR's:** Lori O.- Life or Death, Chris- Alternate GSR- Share and Care

**New Meetings:** None

**Corrections to the Minutes:** Date for area was wrong, the address for Acceptance group needs to be corrected

**Orders of the day:** Moved by Henry J.; 2nd by Phil D.

**Opening Treasurer's report:** Complete

**Groups with Problems:** Clean and Free, the meeting needs support, its deteriorating- Virginia, GSR

**Group reports:**

**Acceptance Group** - 45 S. West Street Carlisle, Pa. 6-7PM. - Both meetings have 6-11 people in attendance. Chris W., GSR

**All Are Welcome** - 56 Banks St. Penbrook, Harrisburg Pa. Wed. 7-8PM.- Greetings to everyone. Our meetings are going well. Our rent is paid through december and we ordered \$102.75 in literature. TFLMS- Henry Jr., GSR

**Any Lengths Group** - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM. - No report.

**Back to Basics** - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa.7:30-8:30PM. - No Report.

**Bottom Line Group** - 6th & Woodbine St. Harrisburg, Pa. Mon-Fri 12-2PM.- We bought \$33.05 in literature and made a donation to are of \$30.47. Our rent is paid and we look forward to continuing to carry the message to all addicts. The Halloween speaker at 9am on October 27 was a success. Messages from all over were heard. We had a free dinner and we are grateful to be of service. Nancy U., sitting in for GSR

**Breath of Life** - 3 High St. Duncannon, Pa. 17020 7:30-8:30PM. - No report.

**Clean and Free** - 112 State St. Harrisburg, Pa 12-2PM. Sat. - No report.

**Commitment to Change** - 1422 Market St, Harrisburg, Pa. 7-8:30PM. - No report.

**Cut and Dry** - Epworth United Methodist Church 21st & Derry St. Harrisburg, Pa. 7-8:30PM.- No

report.

**Desire To Grow** - 300 Market St. Lemoyne, Pa. 8:30-9:30PM.- No report.

**Exodus to Genesis** - Wesley Church. 5th and Camp Harrisburg, Pa. 6-7:30PM. – No Report

**Fresh Start**- 7-8pm Fri. Newport, PA- No Report.

**H.A.N.A.** - 6th and Woodbine Harrisburg, PA. 7-8:30PM.- Homegroup is doing okay, could use more homegroup members. Just had a homegroup member celebrate an anniversary. The message of recovery is being shared.- Chris P., GSR

**Honesty Group** - 5th & Bridge St, New Cumberland, Pa. 7:30 - 8:30PM.- Attendance has been strong. We are always looking for new home group members.-David P., GSR

**Hope is Alive**- 237 E North St. Carlisle, 7-8PM.- Literature meetings and key tags cost \$14.40. Still only 1 home group member.- Steve W., Treasurer

**H.O.W. Group** - Grace UMC. Carlisle, Pa. Mon and Thurs 8-9PM.- Meetings are averaging 10-15 people in attendance. Brian is now chairing and opening the Thursday night H.O.W. meetings. The business meeting is well attended monthly.- Stephen R., GSR

**Journey Continues** – 4200 Londonderry Rd. Harrisburg, Pa. 6:30-7:30PM.- Our group is well attended. We are making a donation to area. Please join us Monday and Thursday, we read from the Living Clean. The Journey Continues book on Monday and It Works How and Why on Thursday. We discuss the reading and the message of recovery is carried.- Marty M., GSR

**Just for Today** -\_15th and Derry, Harrisburg, Pa. 10-12PM. – Our meeting is opening and closing on time and we are still carrying a clear NA message. Attendance is down but we are still opening the door weekly.- Clifton T., GSR

**Life or Death** - Sunday-7:30-8:30PM., 2nd & Swatara St, Steelton, Pa.- Expanded home group members. Attendance has been decent. Some members took new positives and were carrying the message to the newcomer. We also started a step meeting on the 4th Sunday every month.- Lori O., GSR

**Linglestown Meeting**-5834 Linglestown Rd. Harrisburg, 7-8PM.- No report.

**Living Clean** - Calvary United Methodist, 7th & Market St., Lemoyne, Pa. 7:30-8:30PM. – Attendance has been very low and we have been struggling to get donations for our 7th tradition. Otherwise, the doors are open and we are faithfully carrying the message! Ian H., GSR

**Lunch Bunch** – 313 Herman Ave, Lemoyne, Pa. 12-1PM., Mon-Sat.- Need home group members that are willing to take a chair commitment. Otherwise, we're making due as normal. Holiday dinner! December 8th, doors open at 5pm, Dinner is at 6pm, speaker at 7pm. \$5 at the door, come anyway. Tell yo frands! Nick A., GSR

**Message of Hope** - Wertzville Rd, Enola, Pa. 8-9PM.-All is well, attendance is great. -Megan A., GSR

**New Life Group** – 14 State Rd. Mechanicsburg, Pa. 8-9PM- Things are amazing! Group is having a solid meeting attendance. -Stef R., GSR

**Non Conformists** - 1099 2nd St. Enola, Pa. 7-8PM. No report.

**Noon Day Serenity**-300 Market St. Lemoyne, Pa. 12-1PM.- No report.

**Nothing to Fear** -216 S. Market St. Mechanicsburg, Pa. 7:30-8:30PM Survivors: Revisited Friday 10-11pm. - No Report.

**ODOP (One Disease, One Program)** 600 Evergreen Rd., New Cumberland, Pa. 7-8PM- Attendance is low, the group needs support. Rent is paid. -Phil D., GSR

**On Life's' Terms** - 6th and Forster St. Harrisburg, PA. 6:30-8:15PM.- No report.

**Only Hams Are Cured** – 6th and Forster St. Harrisburg, Pa. 7-8:30PM. – We had a great meeting even though a lot of people did not attend. We agreed to get some key tags for the meetings and we're hoping that more people show up in the near future., Marlin J., GSR

**Only the Desire Group** - 14th & Market St., Harrisburg, Pa. 7-8:15PM. – No report.

**Saturday at Swatara**-4680 Lindle Rd. Harrisburg, Pa. 7-8PM. No report.

**Share and Care** - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Pa, 7-8:15PM. -Attendance has been outstanding! Our rent is paid, we donated \$160.00 to area. The message of recovery is being carried and we have a lot of participation! Heather R., GSR

**Step and Tradition**-750 S. 29th St. Harrisburg, Pa. 6:30-8:15PM.- The group is running well. Our rent is paid. Meeting attendance is good and we have about 20-40 people some weeks, overall it varies. Rochelle R., GSR

**Steps to Freedom** - 2221 N.6th St, Harrisburg, PA, (6th and Woodbine Streets). 630-8PM. – Meeting is doing well. We can always use support! Yvette M., GSR

**The Gathering Place**-4th and Reno in New Cumberland, Pa. 6-7PM.- All is fine at the gathering place, "where friends become family". All are welcome, bring a newcomer. Julie L., GSR

**The Truth Will Set You Free**-25 S. Penn St. Shippensburg, PA. 8-9PM.- No report.

**Twisted Sisters**-32 S. Front St. Wormleysburg, Pa. 7-8PM. -No longer reading unapproved literature. All is well., Kristen F.

**Value of Life** – 131 Nittany Dr, Mechanicsburg, PA. 7-8PM. – No report.

**We Do Recover** - 15th & Derry St, Harrisburg, Pa, 8-9:30PM. – No report.

## **Subcommittee reports:**

**CAPITAL AREA UNITY SUBCOMMITTEE:** October monthly dance was cancelled because the church was having an event. In November we will be holding a speaker jam and a dance. -Chris A., Chair

**UNITY TREASURER'S' REPORT:** No report.

**LITERATURE:** Sold \$683.60 in literature. Turned in \$682.05 to Area Treasurer. As a reminder, please check your order before leaving area.- Julie L., Vice Chair

**POLICY:** Policy is updated and is ready to be printed and distributed to service body next month. We put in a motion to receive \$100 to print policy.- Rachele W., Chair

**PUBLIC RELATIONS:** The new regions around the world map is on backorder. Literature order of \$41.80 today replenishes IPs taken at the previous events. Our three events in October were Join the Solution Forum on the 27th and City of Harrisburg Human Tool program. On the 29th we were asked to participate in the third series for them also! They will notify me when it is scheduled and the the Carlisle Area Anti-Heroin Coalition. This sub committee badly needs more help! There are numerous duties that are not getting done. The four year time period on the website calendar has expired. Therefore, the daily list that was posted is no longer available. Please utilize the download of the actual meeting list. Answer first still needs to be updated. The media contract automatically since mail was just picked up today and date past changes. The table cloth need laundered and have not had to contact verizon thankfully. The website hosting contract is through September 2019. -Chris W., Chair

**RCM:** \*\*SEE ATTACHED\*\*

**MARATHON:** No Report.- Muhammad A., Chair

**AUDIT:** We are proud to report that Areas books are reconciled. Will contact unity to set up audit for them. Thank you for letting me be of service!-David P., Chair

**HOSPITALS & INSTITUTIONS:** Small meeting, 7 members in attendance with 1 new person. Voted in several people as Panel Leaders:

Frank T- Salvation Army

Kurt J.-Gaudenzia Concept 90

Mike N., Jason M.- Dauphin County Men's Work Release

There is a suggestion for H&I that dictates potential members need to attend (3) meetings of the Subcommittee in a row in order to join and hold a commitment, among the other guidelines. Cannot locate it anywhere in the policy so it should be brought up at a future meeting as being added officially to the policy, traditionally these decisions have been made on a case by case basis, but the committee is a bit sparse right now – as it stands any new people attending would have to wait 90 days before being able to present a meeting, see below for open commitments, we need members willing to serve. Commitments that are currently filled are doing well. Next month Jeremy V. will be voted in as chair and elections are a great opportunity to learn about the service structure at area, I would encourage all who are curious to attend.

## **Open Facilities:**

Cumberland County Prison Women's

Dauphin County Prison Men's

Dauphin County Work Release Men's

Dauphin County Work Release Women's

Perry County Men's Prison

## **Facility reports:**

**ARC:** Lack of funding via the organization – no contact for several years.

**C-90: 2nd and 4th Thursday. 7-8pm-** Meeting went very well, everyone participated. Sharing was very deep! There were 36 clients and everyone shared!- Claude, Vice Secretary

**Capital Pavilion: 7-8pm 2nd Tues. of month-**

**Womens'**-Soon to be marked inactive, when we were bringing in a meeting no one was attending, and the residents are able to attend outside meeting.

**Mens'**-Soon to be marked inactive, when we were bringing in a meeting no one was attending, and the residents are able to attend outside meetings.

**Chambers Hill A/C:** No report.

**Common Ground: 2nd and 4th Tuesday, 7-8PM.-**

All is well.

**Conewago Place: Men+Women 1st and 3rd Tues – (Women)-** No report.

**(Men)-** No meeting going in for 2+ years, could most likely be restarted with minimal difficulty.

**Cumberland County Prison:**

**Womens'-Tues. 6-7:00PM-**

\*Open\*

**Mens'-Thur. 6:30-7:30PM and 7:30-8:30PM-**

All is well, averaging 5 or so guys every meeting with the exception of 10/29/18 – no one showed up

**Dauphin County Prison: Women-every Sunday 9-10AM-** All is well! -Lorain P.

**Men, every Thursday 6:30-7:30PM-** \*Open\*-Background check flexible – no violent crimes or crimes involving children. "Residency" of said facility no longer an issue – who better to serve than someone who has been there?

**DCP Men's Work Release- Wednesday 6-7PM.-**

Panel Leader's girlfriend had a baby – unable to attend going forward, back-up Panel Leader working overtime – unable to attend, voted in Jason M. as new panel leader 11/04/18 – will start next week.

**DCP Women's Work Release-**

All is well.

**Keystone: Tuesday 6:30-7:30PM –** No Report.

**Perry County Prison- Thursday-6-7PM** -No report.

**SCI Camp Hill-**\*Open\*

**Salvation Army: 2nd and 4th Sunday 7-8PM-**

10/14/18 – Jen P. told her story – amazing message, lots of positive feedback.

10/28/18 – Ian M. told his story – awesome message, good participation afterwards.

## **OLD BUSINESS: \*\*4 Regional Motions\*\***

10.07.18- Reimbursement for mileage to and from State College

63mi x 2= 126mi x .14= \$17.64.

1. Intent- To pay for gas. -Art D., RCM
2. 2nd by Nate S.

**\*\*PASSED\*\***

11.07.18- Requesting \$75.00 this month

1. Intent- to pay for the use of a facility and refreshments for the upcoming Thanksgiving Marathon.- Muhammad A., Chair
2. 2nd by Stef R

**\*\*PASSED\*\***

## **NEW BUSINESS: \*\*2 New Motions\*\***

\*See attached\*

## **Housekeeping:**

11.04.18- To reimburse PR chair \$15 for parking garage fee from the last attended event.

1. Intent- In keeping with our policy and traditions and concepts.- Chris White
2. 2nd by Henry J.

11.04.18- To be funded \$100 for the printing of policy.

1. Intent- funds to carry out policy committee's responsibility to print and distribute policy to the service body once annually.- Rachelle W.
2. 2nd by Phil. D

11.04.18- Asking for \$100 for the unity committee

1. Intent- To help with an upcoming event on November 17th.- Chris A.
2. 2nd by Gerald W.

**Discussion Topics:**

NOTES: Open positions: Vice secretary, unity vice treasurer, marathon vice chair, alternate RCM and public relations vice chair.

**FINAL TREASURER'S REPORT:** **\*\*See attached\*\***

**Next area is 12/02/2018. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.**

**Heather R. - Area Secretary**

**\*\*\*ATTENDANCE\*\*\***

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
<b>*****POSITIONS*****</b>													
Area Chair					P	/	P	P	P	A			
Area Vice Chair					P	/	P	P	P	A			
Secretary					P	/	P	P	P	P			
Vice Secretary					O	/	O	O	O	O			
Treasurer					p	/	P	P	P	P			
Vice Treasurer					P	/	P	P	A	A			
Unity Chair					P	/	P	A	P	P			
Unity Vice Chair					O	/	O	O	A	O			
Unity Treasurer					P	/	O	O	A	O			
Unity Vice Treasurer					O	/	O	A	O	O			
RCM					P	/	P	O	P	P			
Alt RCM					O	/	O	P	O	O			
H&I Chair					P	/	P	P	P	P			
H&I Vice Chair					P	/	P	A	A	A			
Public Relations Chair					P	/	P	A	P	P			
Public Relations Vice Chair					O	/	O	O	O	O			
Literature Chair					P	/	P	P	P	P			
Literature Vice Chair					O	/	O	P	P	P			

Policy Chair					P	/	P	A	P	P			
Policy Vice Chair					O	/	O	P	P	A			
Marathon Chair					O	/	O	O	P	A			
Marathon Vice Chair					O	/	O	O	O	O			
<b>*****GROUPS*****</b>													
Acceptance Group					A	/	P	A	P	P			
All Are Welcome					P	/	P	P	P	P			
Any Lengths					A	/	A	A	A	A			
Back to Basics					P	/	P	P	A	A			
Bottom Line Group					P	/	P	P	P	P			
Breath Of Life					P	/	P	P	A	A			
Clean and Free					P	/	A	A	A	P			
Commitment to Change					A	/	P	A	A	A			
Cut & Dry					A	/	A	A	P	A			
Desire to Grow					A	/	A	A	A	A			
Exodus to Genesis					P	/	P	P	P	A			
H.A.N.A.					P	/	P	A	P	P			
Honest Group					P	/	P	P	P	P			
Hope Is Alive					A	/	A	A	A	A			
H.O.W. Group					P	/	P	A	P	P			
Journey Continues					P	/	P	A	P	P			
Just For Today					P	/	P	P	A	P			
Life or Death					A	/	A	A	A	P			
Linglestown Meeting					A	/	A	A	A	A			
Living Clean					P	/	P	A	P	A			
Lunch Bunch					P	/	P	P	P	P			
Message of Hope					P	/	P	P	P	P			
New Life Group					P	/	P	P	P	A			
Non-Conformists					A	/	A	A	A	A			
Noon-Day Serenity					A	/	A	A	A	P			
Nothing to Fear					A	/	A	A	A	A			
ODOP					A	/	A	P	P	P			
Only Hams' Are Cured					A	/	P	A	P	A			
On Life's Terms					A	/	P	P	A	A			
Only the Desire					A	/	P	A	A	A			
Saturday At Swatara					A	/	A	A	A	A			

Share & Care					P	/	P	P	P	P			
Step and Tradition					P	/	P	P	P	P			
Steps to Freedom					P	/	A	A	P	P			
The Gathering Place					A	/	P	P	P	P			
The Truth Will Set You Free					A	/	A	A	A	A			
Twisted Sisters					A	/	A	A	P	P			
Value of Life					P	/	P	A	A	P			
We Do Recover					A	/	A	A	A	A			

Legend:

P- Present

O- Open Position

A- Absent

Updated September 2018- Secretary- Heather R.

*The lunch bunch home group is proud to present:*

# THE LUNCH BUNCH HOLIDAY DINNER 2018

*December 8<sup>th</sup>, 2018*

**Location:** *Grace United Methodist Church*

313 Herman Avenue, Lemoyne, PA 17043

The doors will open promptly at **five o'clock** in the evening for fellowshiping and seating.

**Dinner** will be served at approximately **six o'clock**, one hour later. Menu items include typical holiday items, such as turkey, potatoes, vegetables, etc. Dessert will be provided but any additional contributions for dessert will be graciously accepted.

Following dinner there will be a **speaker meeting**, beginning at **seven o'clock** and afterwards the doors shall remain open for all those who wish to remain until nine o'clock in the evening, when the church requests we conclude for the night.

There will be a **five-dollar fee** at the door, however if one finds themselves without sufficient funds, **please do come anyway** as we would all love to have you there. If one so desires additional donations can be made, but are not required.

*From all the members of the Lunch Bunch, we wish you a safe and healthy recovery this holiday season.*