

Volume 35 Number 8

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Donald L, Area Chair opened the 351th meeting of CASNA, on 8/5/18, at 2:02PM, with the Serenity Prayer. Kim read the 12 Traditions and Tanya read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts
GSR count/Attendance/Welcome new GSR's/New Meetings
Correction/approval of the minutes
Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurer's report
Groups with problems/Group reports
Subcommittee reports
RCM and Alternate RCM report
Old business
New business
Discussion Topics
Closing Treasurer's report

GSR count: 24 at 2:06 PM

Attendance notes: Unity Vice Treasurer, unity Vice Chair, Alt RCM, Literature Vice Chair, and Public Relations Vice Chair, Marathon Chair, Marathon vice chair, vice secretary positions are open.

****Next Area is September 9, 2018****

New GSR's: Stephen, H.O.W. Group; Tanya R., On Lifes Terms; Ian H., Living Clean; Chris W., Acceptance

New Meetings: None

Corrections to the Minutes: None

Orders of the day: Moved by Scott W.; 2nd by Rachelle W.

Opening Treasurer's report: *See attached*

Groups with Problems: On Lifes Terms says 'No children' on the meeting list, however, they allow children. This needs to be corrected.

Group reports:

Acceptance Group - Allison UMC 99 Mooreland Ave. Carlisle, Pa. 6-7PM - We have one new home gr! Steve W. is no longer GSR since he stopped going o ASC. Chris W. will fill in for now.

All Are Welcome - 56 Banks St. Penbrook, Harrisburg Pa. Wed. 7-8PM - Our homegroup donated \$25.00 to CASNA and placed a literature order for \$76.50. Our meetings are going well and we have a new home group member . TFLMS. -Henry Jr., GSR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa. 7:30-8:30PM. - No Report.

Bottom Line Group - 6th & Woodbine St. Harrisburg, Pa. Mon-Fri 12-2PM - Our homegroup is going well. The speaker jam was a success and we're preparing for the next one on August 18th. Attendance has fell off but we are remaining vigilant! TFLMS. -Rich B., GSR

Breath of Life - 3 High St. Duncannon, Pa. 17020 7:30-8:30PM. - We will not hold our normal meeting on August 7th. The meeting will resume at its normal time on August 14th. This meeting is still in need of support. Please come share your experience, strength and hope! -Scott W.- GSR

Clean and Free - 112 State St. Harrisburg, Pa 12-2pm Sat. - No report.

Commitment to Change - 1422 Market St, Harrisburg, Pa. 7-8:30PM – The meeting is going well but could use more support. -Selena C.

Cut and Dry - Epworth United Methodist Church 21st & Derry St. Harrisburg, Pa. 7-8:30PM- No report.

Desire To Grow - 300 Market St. Lemoyne, Pa. 8:30-9:30PM- No report.

Exodus to Genesis - Wesley Church. 5th and Camp Harrisburg, Pa. 6-7:30PM. – No Report

Fresh Start- 7-8pm Fri. Newport, PA- No Report.

H.A.N.A. - 6th and Woodbine Harrisburg, PA. 7-8:30PM – Good afternoon. Our home group is doing okay but is in need of home group members. The message of recovery is still being carried. We also had a home group member celebrate an anniversary. TFLMS. -Chris P., GSR

Honesty Group - 5th & Bridge St, New Cumberland, Pa. 7:30 - 8:30PM.- Meeting attendance has been steady and good. We are seeking more home group members. -David P., GSR

Hope is Alive- 237 E North St. Carlisle, 7-8PM.- All is well. Chris W. celebrated 24 years clean this past Friday!! -GSR

H.O.W. Group - Grace UMC. Carlisle, Pa. Mon and Thurs 8-9pm – the H.O.O group is actively seeking more home group members. We made a literature order of \$89.25 to replenish. Also, we have nominated a new GSR and alternate GSR and have recently gained a new home group member.

This is a good chance for people to carry the message to newcomers! The majority of the regular attendees have less than 30 days clean. -Stephen R., GSR

Journey Continues – 4200 Londonderry Rd. Harrisburg, Pa. 6:30-7:30PM- No report.

Just for Today -_15th and Derry, Harrisburg, Pa. 10-12PM. – Our group is doing okay. The doors are open and we are carrying a clear message of Narcotics Anonymous. -Gerald W.-GSR

Life or Death - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, Pa. No report.

Linglestown Meeting-5834 Linglestown Rd. Harrisburg, 7-8PM. No report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne, Pa. 7:30-8:30PM. – Doors are open and the message is being carried faithfully.-Ian H., GSR

Lunch Bunch – 313 Herman Ave, Lemoyne, Pa. 12-1PM Mon-Sat.-

Message of Hope - Wertzville Rd, Enola, Pa. 8-9PM – No report.

New Life Group – 14 State Rd. Mechanicsburg, Pa. 8-9PM- Annual cookout event on August 4th went well. All is good with out group. -Stef R.,-GSR

Non Conformists - 1099 2nd St. Enola, Pa. 7-8PM. No report.

Noon Day Serenity-300 Market St. Lemoyne, Pa. 12-1PM. No report.

Nothing to Fear -216 S. Market St. Mechanicsburg, Pa. 7:30-8:30PM Survivors: Revisited Friday 10-11pm. - No Report.

ODOP (One Disease, One Program) 600 Evergreen Rd., New Cumberland, Pa. 7-8PM. No report.

On Life's' Terms - 6th and Forster St. Harrisburg, PA. 6:30-8:15PM. – Our home group is doing very well. My only concern is to make a change to the meeting list due to it stating that children are not allowed. We do allow children and it is causing conflict within our group. -Tanya R, GSR

Only Hams Are Cured – 6th and Forster St. Harrisburg, Pa. 7-8:30PM. – No report.

Only the Desire Group - 14th & Market St., Harrisburg, Pa. 7-8:15PM. – Our group is in need of support. -Kim M.-GSR

Saturday at Swatara-4680 Lindle Rd. Harrisburg, Pa. 7-8PM. No report.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Pa. 7-8:15PM – Meeting attendance is still incredible. We donated \$40 to CASNA and made a literature order of \$17. We've had a lot of home group members celebrate recently and they have shared their experience strength and hope. Thank you for letting me serve! -Heather R., GSR

Step and Tradition-750 S. 29th St. Harrisburg, Pa. 6:30-8:15PM- Rent is paid. We are still carrying the message. -Rochelle R.- GSR

Steps to Freedom - 2221 N.6th St, Harrisburg, PA, (6th and Woodbine Streets). 630-8PM. – No Report

The Truth Will Set You Free-25 S. Penn St. Shippensburg, PA. 8-9PM. No report.

Twisted Sisters-32 S. Front St. Wormleysburg, Pa. 7-8PM. No report.

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. 7-8PM. – No report.

We Do Recover - 15th & Derry St, Harrisburg, Pa, 8-9:30PM. – Home group is in need of support. Very few people have been attending. -Mike C.-GSR

Women with a message - 4th and Reno in New Cumberland, Pa. 6-7PM.- We're actively looking for new home group members. We need support in general. Our meeting attendance has been low. We are an open meeting and men are welcome. -Julie L.-GSR

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: The skating party and the dance were held in June. We did not have a lot of support. July 4th picnic will be held at Sunshine Park this month. The committee is also setting up a bank account this month! Chris A- Unity Chair

UNITY TREASURER'S REPORT: See Attached.

LITERATURE: We sold \$1048.26 in Literature and turned in \$1056.75 to the area treasurer. We also had an order of \$568.11 from NA World Service. The receipt was submitted to area treasurer. As a reminder I will be vacating my position as literature chair in December 2018. The literature committee is barely functioning. We need support!

Also, I will not be attending area if it falls on September 9th.

POLICY: No report.

PUBLIC RELATIONS: We are having an NA table at the West Shore Community Day in Lemoyne on August 18th from 11AM to 5PM.

I had a problem getting the PR materials back from Nancy U. Donald called her and I got most of it but none of the books, they are somewhere else. I will utilize my own copies for events to see if we get them back before ordering replacements. Also, some of the IPs are missing that we had stocked before handing it over to her. We then had a literature order of \$26.70.

In January and March, the last PR report submitted before June, Nancy reported she had received a lot of dates for future events that PR in the area will be participating in. She did not let me know anything about them so I am unaware if we have made any commitments. I need support in order for this committee to function. -Chris W.- Chair

RCM: **SEE ATTACHED**

MARATHON: No report.

AUDIT: Date of August 18th has been scheduled for the area audit. I will have audit committee guidelines for next area in September. Thank you for letting me be of service. -David P., Chair

HOSPITALS & INSTITUTIONS: Good morning! Today 9 in attendance and 2 newcomers.

Open facilities:

Camp Hill State Prison (Men only)

Dauphin County Men's Prison

Conewago Mens Rehab

Cumberland County Mens and Womens Work Release

Going to reach out to Camp Hill this month- to both of them due to Mike B's passing and get the background check and volunteer training forms.

Voted in Emily S. As a panel leader

Looking into monthly limit for literature purchases

Thanks for letting me serve- Nick A., chair

Facility reports:

ARC: No Report.

C-90: 2nd and 4th Thursday. 7-8pm- No report.

Capital Pavilion: 7-8pm 2nd Tues. of month- Held a meeting on 07/10/18. No one shared. - Jeremy V.

Capital Pavilion Woman's Facility is open

Chambers Hill A/C: No report.

Common Ground: 2nd and 4th Tuesday, 7-8PM.-

There has been good attendance and participation

07/10- had a speaker, Dave

07/17- My life story

07/24- Topic, Newcomers and Q&A on Narcotics Anonymous. -Tim N.

Conewago Place: Men+Women 1st and 3rd Tues - (Women)- No report.

(Men)- No Report.

Cumberland County Prison:

Womens'-Tues. 6-7:00PM-

06/11- Good meeting, lots of participation

06/24- Did not make it

07/9- Did not make it

07/30- Pushed meeting back a week because of scheduling issues. Going back to normal in August.

Mens'-Thur. 6:30-730PM and 7:30-8:30PM-

06/11- 5 in attendance, talked about step 1

06/25- Could not attend, Doctors appointment

07/9- Small meeting, 3 in attendance- talked about staying in the moment/obsessing

07/23- Jeremy V. got approval to start coming in. Good meeting, 11 in attendance. Talked about living differently/changing their lives.

Thanks for letting me serve! - Nick A.

Dauphin County Prison: Women-every Sunday 9-10AM- All is well. Lorain P.

Men, every Thursday 6:30-7:30PM- Mens is open- looking for men to send. Minimal record in the last 10 years via John Addison

Minimum 1 year clean via H&I policy

DCP Men's Work Release- Wednesday 6-7PM.-

07/4- No meeting- holiday

07/11- Open topic meeting, 7 in attendance- talked about trust

07/18- Open topic meeting, 6 in attendance- talked about openmindedness

07/25- Vegas, Nick A. Took the meeting in. Had a speaker, Steve A., 4 attended.

08/01- Meeting on guilt. 1q guys in attendance. Very emotional meeting. -Jesse D.

DCP Women's Work Release-

07/04- did not attend- holiday.

07/11- Discussed support groups- good attendance and participation.

07/18- Discussed the "gift of desperation" good attendance and participation.

07/25- Read a story from the basic text, discussed the story and personal stories, 10 in attendance.

-Kristin G, Eems S.

Keystone: Tuesday 6:30-7:30PM – No Report.

Perry County Prison- Thursday-6-7PM -No report.

SCI Camp Hill-No report.

Salvation Army: 2nd and 4th Sunday 7-8PM-

06/24- Rob G. Shared his experience, strength and hope and knocked it out of the park!

06/10- Matt shared his story and had great feedback

07/22- Jamie F. Was the speaker, great story and lots of participation

07/08- Doug Fresh shared his story- it was amazing

Thanks for letting us serve! - Nick A., Jeremy V.

*Camp Hill State Prison commitment is open. Looking for men to serve. Mike B. Has passed away suddenly- I'll reach out to facility this month to get background check forms and inform them of the circumstances.- Nick A.

OLD BUSINESS: **4 Regional Motions**

1. 03.18.18- Rachele W.- *PASSED* To add the website expenses to section V (expenses) Article 1-A. Intent: To allow Area Treasurer to pay current web related expenses in case of area's temporary monthly cancellation. To update and clarify current policy.
 - a. 2nd by Chris W.
2. 03.18.18- Rachele W.- *PASSED* To remove from policy the budget committee from 05/01/1993. Intent: This committee is no longer in existence. To update and clarify current policy.
 - a. 2nd by Chris W.

NEW BUSINESS: **2 New Motions**

NONE

Housekeeping:

1. 08.05.18- Chris A.- To ask for \$99 for event: the Speaker Jam and Dance on August 18th, 2018.
Intent: To help host the event and spread the message of Narcotics Anonymous.
 - a. 2nd by Gerald W.
1. 2. 08.05.18- Stef R.- To move area service to the 2nd week in September, 09.09.18. First Sunday is on a holiday weekend
 - a. 2nd by Ian H.

Discussion Topics:

1. 08.05.18- Rachelle W.- There has been several months worth of attempts made, by multiple different area members, to contact Sarah F. She still has at least \$100 of areas money since April. She also has a jump drive with all area paperwork and print outside. As well as the briefcase will all of the secretary materials. What are the next steps to reacquire our secretary money?

NOTES: Open positions: Vice secretary, unity vice chair, unity vice treasurer, marathon chair, marathon vice chair, alternate RCM and public relations vice chair.

FINAL TREASURER'S REPORT: **See attached**

Next area is 09/09/2018. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Heather R. - Area Secretary

*****ATTENDANCE*****

	Jan	Feb	Mar	Apr	Ma y	Jun	Jul	Au g	Se p	Oct	No v	De c	
*****POSITIONS*****													
Area Chair					P	/	P						
Area Vice Chair					P	/	P						
Secretary					P	/	P						
Vice Secretary					O	/	O						
Treasurer					p	/	P						
Vice Treasurer					P	/	P						
Unity Chair					P	/	P						
Unity Vice Chair					O	/	O						
Unity Treasurer					P	/	O						
Unity Vice Treasurer					O	/	O						
RCM					P	/	P						
Alt RCM					O	/	O						
H&I Chair					P	/	P						
H&I Vice Chair					P	/	P						
Public Relations Chair					P	/	P						
Public Relations Vice Chair					O	/	O						
Literature Chair					P	/	P						
Literature Vice Chair					O	/	O						
Policy Chair					P	/	P						

Policy Vice Chair					O	/	O							
Marathon Chair					O	/	O							
Marathon Vice Chair					O	/	O							
*****GROUPS*****														
Acceptance Group					A	/	P							
All Are Welcome					P	/	P							
Any Lengths					A	//	A							
Back to Basics					P	/	P							
Bottom Line Group					P	/	P							
Breath Of Life					P	/	P							
Clean and Free					P	/	A							
Commitment to Change					A	/	P							
Cut & Dry					A	/	A							
Desire to Grow					A	/	A							
Exodus to Genesis					P	/	P							
Fresh Start					A	/	A							
H.A.N.A.					P	/	P							
Honest Group					P	/	P							
Hope Is Alive					A	/	A							
H.O.W. Group					P	/	P							
Journey Continues					P	/	P							
Just For Today					P	/	P							
Life or Death					A	/	A							
Linglestown Meeting					A	/	A							
Living Clean					P	/	P							
Lunch Bunch					P	/	P							
Message of Hope					P	/	P							
New Life Group					P	/	P							
Non-Conformists					A	/	A							
Noon-Day Serenity					A	/	A							
Nothing to Fear					A	/	A							
ODOP					A	/	A							
Only Hams' Are Cured					A	/	P							
On Life's Terms					A	/	P							
Only the Desire					A	/	P							
Saturday At Swatara					A	/	A							

Share & Care					P	/	P						
Step and Tradition					P	/	P						
Steps to Freedom					P	/	A						
The Truth Will Set You Free					A	/	A						
Twisted Sisters					A	/	A						
Value of Life					P	/	P						
We Do Recover					A	/	A						
Women with a Message					A	/	P						

Legend:

P- Present

O- Open Position

A- Absent

Updated August 2018- Secretary- Heather R.

Unity Committee Treasures Report

Dance:

Starting balance \$170.00

Balance Income \$170.00

We made 4223.00 from the door/ water and sodas

Total: \$373.00

Expenses:

\$50- Building

\$200-DJ

\$20- Sodas

Total: \$270.00

Income: \$393.00

Expenses: \$270.00

Total: \$123.00

Cookout:

Starting Balance \$120.00

We made \$170.00 from waters/sodas

Total: \$290.00

Expenses:

Food, Ice, drinks, charcoal- \$120

Income: 290.00

Expenses: \$120.00

Total: \$170.00

Thank you for allowing the Unity Committee to Serve!

-Chris A-Unity Chair

Opening Balance
 Less Prudent Reserve
Working Balance

\$ 811.⁶⁵
 \$ 700.⁰⁰
 \$ 111.⁶⁵

Income

Group Donations
 Literature Income
 Misc _____
 Misc- _____
 Misc- _____
 Misc- _____

\$ 669.⁹⁷
 \$ 1056.²⁹
 \$ _____
 \$ _____
 \$ _____
 \$ _____
 \$ _____
 \$ _____

Total Income

\$ 1726.²²

Expenses

AnswerFirst
 Verizon
 Secretary
 ASC Rent
 H&I
 PI
 Literature Expense
 Misc- Dex
 Misc- Region donation
 Misc- Unity
 Misc- _____

\$ 83.⁰⁸
 \$ 40.⁸¹
 \$ 100.⁰⁰
 \$ 25.⁰⁰
 \$ 90.³⁰
 \$ 26.⁷⁰
 \$ 568.⁸¹
 \$ 10.⁰⁰
 \$ 334.⁶⁹
 \$ 99.⁰⁰
 \$ _____

Total Expenses

\$ 1378.¹⁹

\$ 1378.¹⁹

Working Balance

\$ 459.⁶⁸

Plus: Prudent Reserve

\$ 700.⁰⁰

Ending Balance

\$ 1159.⁶⁸

Less: Reserve to T-Shirts
 Balance Available to be Used

\$ 125.⁰⁰

\$ 1034.⁶⁸