

**Volume 34 Number 6**

**Capital Area Service Committee of Narcotics Anonymous (CASNA)**

Donald L, Area Chair opened the 349th meeting of CASNA, on 6/3/18, at 2:00PM, with the Serenity Prayer. Nate S. read the 12 Traditions and Henry J. read the 12 Concepts.

**Agenda**

Serenity Prayer, 12 Traditions, 12 Concepts  
GSR count/Attendance/Welcome new GSR's/New Meetings  
Correction/approval of the minutes  
Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurer's report  
Groups with problems/Group reports  
Subcommittee reports  
RCM and Alternate RCM report  
Old business  
New business  
Discussion Topics  
Closing Treasurer's report

**GSR count:** 20 at 2:10 PM

**Attendance notes:** Unity Vice Treasurer, unity Vice Chair, Alt RCM, Literature Vice Chair, and Public Relations Vice Chair, Marathon Chair, Marathon vice chair, vice secretary positions are open.

**\*\*Next Area is July 1, 2018\*\***

**New GSR's:** Stef R.- New Life Group

**New Meetings:** None

**Corrections to the Minutes:** None

**Orders of the day:** Moved by Chris W; 2nd by Rachelle W.

**Opening Treasurer's report:** \*See attached.

**Groups with Problems:** Cut and Dry discussion meeting needs support or it will be closed. See group report.

**Group reports:**

**Acceptance Group** - Allison UMC 99 Mooreland Ave. Carlisle, Pa. 6-7PM – Literature order of \$32.50. We have two new home group members celebrating anniversaries this month. We have been unable to make Area donations so far this year. Chris W.- Treasurer

**All Are Welcome** - 56 Banks St. Penbrook, Harrisburg Pa. Wed. 7-8PM – Greetings to everyone. We voted to extend our meetings until 8:15PM, effective immediately. Our rent is paid through June and our attendance has been good, We donated \$40.00 to Area today and placed a literature order for \$32.75. Tfilms. Henry Jr.- GSR

**Any Lengths Group** - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – No report.

**Back to Basics** - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa. 7:30-8:30PM. – No Report

**Bottom Line Group** – 6th & Woodbine St. Harrisburg, Pa. Mon-Fri 12-2PM – Group is doing well on a day to day basis. Support is up due to more participation within the home group! Cookout was a success, had over 100 in attendance! Purchased literature order and made a donation to Area. Richard B.

**Breath of Life** - 3 High St. Duncannon, Pa. 17020 7:30-8:30PM. - No report.

**Clean and Free** - 112 State St. Harrisburg, Pa 12-2pm Sat. – Meeting needs support. We are still carrying the message. Yours in service, Jeinette L.

**Commitment to Change** - 1422 Market St, Harrisburg, Pa. 7-8:30PM – No Report

**Cut and Dry** - Epworth United Methodist Church 21st & Derry St. Harrisburg, Pa. 7-8:30PM- No report.

**Desire To Grow** - 300 Market St. Lemoyne, Pa. 8:30-9:30PM- No report.

**Exodus to Genesis** - Wesley Church. 5th and Camp Harrisburg, Pa. 6-7:30PM. – No Report

**Fresh Start**- 7-8pm Fri. Newport, PA- No Report.

**H.A.N.A.** - 6th and Woodbine Harrisburg, PA. 7-8:30PM – Home group is doing okay but is in need of more home group members. We get a nice crowd, the message of recovery is still being spread. Sincerely yours, Christopher P.

**Honesty Group** - 5th & Bridge St, New Cumberland, Pa. 7:30 - 8:30PM. – Attendance has continued to be high. We are in need of home group members. David P.-GSR

**Hope is Alive**- 237 E North St. Carlisle, 7-8PM.- Meeting attendance has been regular every Friday. \$9.00 for key tags and medallion. Steve W.- HGM

**H.O.W. Group** - Grace UMC. Carlisle, Pa. Mon and Thurs 8-9pm – All supplies and literature is stocked! Both meetings are doing well. Chris W.- GSR

**Journey Continues** – 4200 Londonderry Rd. Harrisburg, Pa. 6:30-7:30PM- No report.

**Just for Today** -\_15th and Derry, Harrisburg, Pa. 10-12PM. – Meeting is doing okay. Thanks for allowing us to share! TFLUS, Homegroup

**Life or Death** - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, Pa. No report.

**Linglestown Meeting**-5834 Linglestown Rd. Harrisburg, 7-8PM. No report.

**Living Clean** - Calvary United Methodist, 7th & Market St., Lemoyne, Pa. 7:30-8:30PM. – No report.

**Lunch Bunch** – 313 Herman Ave, Lemoyne, Pa. 12-1PM Mon-Sat.- Always looking for committed home group members to serve and help with charing commitments. Otherwise, all is well. Thanks for letting me serve. Nick A.-GSR

**Message of Hope** - Wertzville Rd, Enola, Pa. 8-9PM – No report.

**New Life Group** – 14 State Rd. Mechanicsburg, Pa. 8-9PM- Picnic on August 4th at Kings Kids Camp starting at noon. Bonfire meeting that evening. Flyers will be available next month. Stef R.- GSR

**Non Conformists** - 1099 2nd St. Enola, Pa. 7-8PM. No report.

**Noon Day Serenity**-300 Market St. Lemoyne, Pa. 12-1PM. No report.

**Nothing to Fear** -216 S. Market St. Mechanicsburg, Pa. 7:30-8:30PM Survivors: Revisited Friday 10-11pm. - No Report

**ODOP (One Disease, One Program)** 600 Evergreen Rd., New Cumberland, Pa. 7-8PM. No report.

**On Life's' Terms** - 6th and Forster St. Harrisburg, PA. 6:30-8:15PM. – No report.

**Only Hams Are Cured** – 6th and Forster St. Harrisburg, Pa. 7-8:30PM. – We've discussed our finances, the designated meetings, the things we need for the meetings; literature, supplies, ect. Our rent is paid and we have had good attendance at both meetings. Marlin J.

**Only the Desire Group** - 14th & Market St., Harrisburg, Pa. 7-8:15PM. – No report.

**Saturday at Swatara**-4680 Lindle Rd. Harrisburg, Pa. 7-8PM. No report.

**Share and Care** - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Pa. 7-8:15PM – Meeting attendance has been outstanding. Literature order has been made and supplies have been stocked. Thank you for letting me serve! Heather R.- GSR

**Step and Tradition**-750 S. 29th St. Harrisburg, Pa. 6:30-8:15PM- Our rent is paid. We are still carrying the message! Rochell R.- GSR

**Steps to Freedom** - 2221 N.6th St, Harrisburg, PA, (6th and Woodbine Streets). 630-8PM. – No Report

**The Truth Will Set You Free**-25 S. Penn St. Shippensburg, PA. 8-9PM. No report.

**Twisted Sisters**-32 S. Front St. Wormleysburg, Pa. 7-8PM. No report.

**Value of Life** – 131 Nittany Dr, Mechanicsburg, PA. 7-8PM. -\$25.00 donation to Area. Meeting attendance is good, message is still being carried. All is well!- John F.- GSR

**We Do Recover** - 15th & Derry St, Harrisburg, Pa, 8-9:30PM. – No report.

**Women with a message** - 4th and Reno in New Cumberland, Pa. 6-7PM. No report.

## **Subcommittee reports:**

**CAPITAL AREA UNITY SUBCOMMITTEE:** May monthly dance was small in attendance. The skating party will be held on June 16th. The Unity Committee needs support from the area! Chris A-Unity Chair

**UNITY TREASURERS' REPORT: See Attached.**

**LITERATURE:** Sold \$996.95 in literature. Turned in \$1,006.95 to Area Treasurer. Order for \$842.09. There's been a delay in shipping, sorry for all of the back orders. We discussed ways to minimize this in the future. There are new order forms with updated pricing, both order forms will be accepted next month. New meeting lists will be published in July. Any changes must be submitted immediately. The vice chair has not been in touch and has missed two areas. I propose this position is marked as open. My commitment is complete in 6 months. To ensure this committee continues to

function, literature needs support. It is my intention to step down when my commitment is complete in December 2018. Steve H.- Literature Chair

**POLICY:** Nothing to report due to no minutes being distributed. Rachelle W.- Policy Chair

**PUBLIC RELATIONS:** Nancy U. has resigned from Vice Chair so both vice chair and chair positions are open. Saturday at Swatara is at 4860 Lindle Road. The website has been updated and it will be corrected on the meeting lists. Any groups needing to provide insurance certificate to their facility, please see me. Reminders-every group is to donate each year towards the insurance coverage that MARSCNA carries for Areas in our reach. suggested is \$10-\$15. Art will take it to the regular meeting. All are welcome to attend. Chris W.-Community Member

**RCM:** No report.

**MARATHON:** No report.

**AUDIT:** No activity this month. I will be auditing area within the next three weeks before next area. I will have the audit committee guidelines by next area. Thank you for letting me be of service.

David P.- Audit Chair.

**HOSPITALS & INSTITUTIONS:** Small meeting today, only 6 in attendance. Been corresponding with Dauphin County- Received new background check forms and updated rules and requirements. Attendance has been light lately. If you know anyone interested in volunteering or learning about H&I please have them attend our monthly meeting. Otherwise, all is well. Thank you for letting me serve! Nick A- H&I Chair

**Facility reports:**

**ARC:** No Report.

**C-90: 2nd and 4th Thursday. 7-8pm-** 05/10/18 I took an H&I meeting into C-90. There were 36 clients in attendance. I did not have a speaker, We had an open meeting and a lot of the clients participated.

05/31/18 I took an H&I meeting into C-90. Lorain P. was my speaker. We received a lot of feedback and sharing. Thank you for allowing me to serve! Claude- V.S.

**Capital Pavilion: 7-8pm 2nd Tues. of month-** 05/08/18- I was unable to bring a meeting into the capitol pavilion due to work. I finally changed my schedule so i can continue my commitment.

**Chambers Hill A/C:** No report.

**Common Ground: 2nd and 4th Tuesday, 7-8PM.-** No Report.

**Conewago Place: Men+Women 1st and 3rd Tues - (Women)-** No report.

**(Men)-** No Report.

**Cumberland County Prison:**

**Womens'-Tues. 6-7:00PM-** Currently both work release and general population are attending averaging 10-15 participants per meeting. Given out a lot of literature and they appear grateful for the meeting. -Nick A

**Mens'-Thur. 6:30-7:30PM and 7:30-8:30PM-** 04/30- 6 in attendance. Talked about Step One/Powerlessness.

05/14- 4 in attendance- Open discussion.

05/28- 5 in attendance- Read sponsorship pamphlet, talked about hot to get a sponsor and medications in recovery.

Attendance is consistent. Three of the guys have been at every meeting and have gotten literature. They seem to be willing and grateful! Thanks for letting me serve!- Nick A.

**Dauphin County Prison: Women-every Sunday 9-10AM-** Between 3 to 10 women participate weekly. 1st Sunday Just for Today IP. Today, open discussion on how do we get and stay clean.

Limiting my service commitment to two sundays a month, as the prison is not consistent in printing out the list for inmates who are authorized to attend. Tfamts. -Lorain P.

**Men, every Thursday 6:30-7:30PM-** No report.

**DCP Men's Work Release- Wednesday 6-7PM.** -05/09- Had 4 guys in attendance. Topic meeting about writing and helping others. Myself and Nick attended.

05/16-Unable to attend. Family dinner.

05/23-Had 3 guys in attendance. Open topic meeting. Not much feedback.

05/30-Had 7 guys in attendance. Topic was loneliness. Very good feedback and positive meeting.

-Jesse

**DCP Women's Work Release-** 05/09- Good attendance, topic was finding/ utilizing a sponsor. Good feedback, Pezera W. shared her story.

05/16- Life's terms/utilizing prayer. Not many attended, maybe 7.

05/23- 10 girls in attendance, received good feedback. Topic was wreckage of the past and owning it.

05/30- Leigh C. shared her story. Topic was "Trusting the process". About 12 in attendance. -Kristin

G.

**Keystone: Tuesday 6:30-7:30PM** – No Report.

**Perry County Prison- Thursday-6-7PM** -No report.

**SCI Camp Hill**-Mike got a new job and is regularly commuting to Washington D.C. I'm still making it when i can- looking for men interested in serving- Must have either none or minimal criminal record- However, were looking to submit anyone who is interested in trying. -Nick A.

**Salvation Army: 2nd and 4th Sunday 7-8PM**- 05/13- Sam O. shared her experience, strength and hope. Had about 60 in attendance. The group responded very well.

05/27- Nicole K. shared her story. About 50 in attendance. Great group response and a lot of shares. -Jeremy V.

### **OLD BUSINESS: \*\*4 Regional Motions\*\***

1. 03.18.18- To request \$99 for unity committee to help with Learners Day. Intent: to help with Learners Day.
2. 03.18.18- \$100 for unity Committee. Intent: to help with Unity Day in April. Written by: Chris  
a. 2nd by: Janice D.

### **NEW BUSINESS: \*\*2 New Motions\*\***

1. 03.18.18- Rachelle W.- To add the website expenses to section V (expenses) Article 1-A. Intent: To allow Area Treasurer to pay current web related expenses in case of area's temporary monthly cancellation. To update and clarify current policy.  
a. 2nd by Chris W.
2. 03.18.18- Rachelle W.- To remove the lines "and make sure that all monies are deposited into the sub-committee account as soon as possible" from Unity Guidelines, treasury requirements. Intent: Since the unity bank account no longer exists and has not for years, this guideline is no longer applicable. To update and clarify current policy.  
a. 2nd by Chris W.
3. 03.18.18- Rachelle W.- To remove from policy the budget committee from 05/01/1993. Intent: this committee is no longer in existence. To update and clarify current policy.  
a. 2nd by Chris W.

### **Housekeeping:**

1. 05.03.18- Motion: To be reimbursed for copies of CAR & CAT final decisions. \$18.62. - Art D., 2nd by Rachelle W.

### **Discussion Topics:**

March 2018:

1. Per policy under guidelines for he CASNA 3.2 "Subcommittees" it states all subcommittees must have operational guidelines. There are currently no operational guidelines for the audit committee. -Rachelle W., Policy Chair
2. Regional Motion: to make regional treasurer part of Marlcn budget and reconciliation sub-committee. Intent: forge better communication and accountability between Marlcn and Regional service.-Will A. & Art D. RCM Chair and Vice- Chair
3. To look for a new location for Marlcn? -Gerald W.

April 2018:

1. Value of Life meeting is still not showing up on the NA meetings App. (It shows on CASNA.org website, but NOT on the nearby meetings with the phone App.

NOTES: Open positions: Vice secretary, unity vice chair, unity vice treasurer, marathon chair, marathon vice chair, alternate RCM and public relations vice chair.

**FINAL TREASURER'S REPORT: \*\*See attached\*\***

**\*\*Motion to adjourn meeting at 3:50PM, Moved by Scott W. & 2nd by Rachelle W.**

**Next area is 07/01/2018. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.**

**Heather R. - Area Secretary**





Legend:

P- Present

O- Open Position

A- Absent

Updated June 2018- Secretary- Heather R.

June 2018

# Unity Treasurers' Report

**Opening Balance**  
 Less Prudent Reserve  
**Working Balance**

\$2356.38  
\$ 700.00  
\$1656.38

**Income**

Group Donations \$ 320.32  
 Literature Income \$ 1006.95  
 Misc \_\_\_\_\_ \$ \_\_\_\_\_  
 Misc- \_\_\_\_\_ \$ \_\_\_\_\_  
 Misc- \_\_\_\_\_ \$ \_\_\_\_\_  
 Misc- \_\_\_\_\_ \$ \_\_\_\_\_  
 Misc- \_\_\_\_\_ \$ \_\_\_\_\_  
**Total Income** \$ 1327.27

\$ 2983.65

**Expenses**

AnswerFirst \$ 0  
 Verizon \$ 38.50  
 Secretary \$ 0  
 ASC Rent \$ 25.00  
 H&I \$ 93.10  
 PI \$ 0  
 Literature Expense \$ 842.09  
 Misc \_\_\_\_\_ \$ 5.00  
 Misc- \_\_\_\_\_ \$ 3.50  
 Misc- \_\_\_\_\_ \$ 18.62  
 Misc- \_\_\_\_\_ \$ 978.93

**Total Expenses**

\$ 2004.71

\$ 2004.71

Working Balance  
 Plus: Prudent Reserve  
**Ending Balance**

\$ 978.94  
\$ 700.00  
\$ 1678.94

Less: Reserve to T-Shirts  
 Balance Available to be Used

\$ \_\_\_\_\_  
\$ \_\_\_\_\_





# C.A.U.A.

## CAPITAL AREA UNITY SUB-COMMITTEE Presents

### *4<sup>th</sup> of July Picnic*

**WHEN:** Wednesday July 4th 2018

**WHERE:** Sunshine Park  
12<sup>th</sup> & Herr Street  
Harrisburg, PA 17103

**TIME:** 12 Noon – 8 PM

*Food Fun and Fellowship*

*Come Out and Support Your Area*

*For more information, please contact:*

Chris	717-963-9349
Nikki.	717-379-0367
Janice.	<del>717-614-7822</del>

