

Volume 33 Number 7

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rob W area chair opened the 340th meeting of CASNA, on 8/6/2017 at 2:03 PM, with the Serenity Prayer. Henry read the 12 Traditions and Chris read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. A member must be recognized by the chairperson to address the floor.
2. A member may speak once to an issue.
3. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
4. Discussion topics must be in written form and given to the Chair.
5. For an item to be placed on the agenda, it must be in motion form with a second.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 21 at 2:05 p.m

Attendance notes: All positions are filled.

****Next Area is September 10th , 2017****

New GSR's: Sarah-women with a message. Eric-just for today. Kim M. We do recover

New Meetings:

Corrections to the Minutes: Unity committee- The basketball tournament is on August 19th 2017 (not the 15th) at camp curtain starting at 11 a.m to 12 midnight. The 10-12 man teams have to pay 150. (not 1.50). Admission is 5.00

Orders of the day: Motion by angie p , 2nd by Rachelle w

Opening Treasurers report: *See attached. Motion by Ang p. 2nd by Georganna.

Groups with Problems: Clean and free needs support

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – Both of these meetings need support. Literature order of 15.00. Area donation of \$66.25. Steve W GSR.

All Are Welcome – Wed 7pm-8pm 56 banks st. United Church of Christ Penbrook. Hello family. Our meetings are going well, and our rent is paid through september, we have donated 30.00 to area and placed a literature order for 48.50 TFLMS Henry JR.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM- Meeting is good. Well attended strong core of home group members. Men from conawego attend regularly. Michael B

Back to Basics - First United Church. 135 W. Simpson St. Mechanicsburg, Pa. Wed 7:30-8:30 PM- no report

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM – Group is doing well ad attendance is Low. Starting to pick back up. August 26 2017 mens/womens rap from 12p.m til 1 A.m come support your area! Rich B.

Breath of Life – No Report

Bridge II Recovery – 300 Market St. Lemoyne, PA Tues & Thurs 4:30-5:30 – no report

Clean and Free - 2nd and State 12-2pm Sat. – We need support- the group is failing Virginia W

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – Commitment to change is going on time, and we need more home group members show support Hedy W

Cut and Dry – Bethany AME Church 21st & Derry St. HBG, Pa. 7-8:30PM – No report.

Desire to Grow – 300 Market St, Lemoyne, PA. Tuesday 8:30-9:30PM – Attendance has dropped by half still carrying the message and maintaining though. Stephanie W

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No report

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. – 6th & Woodbine Harrisburg PA, 6:30-8:30PM – Home group is doing ok in need of home group members, but we are doing ok. Chris p

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – Attendance has been strong. No problems to report at this time. Dave p

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – No report

Hope is alive - 7-8 p.m fridays Carlisle alliance church. We are struggling to keep the doors open.

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – These meetings vary in attendance mostly on the low end. Supplies are filled. Chris W.

Journey Continues – Mon. & Thurs. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- Both meetings are doing well with good attendance. Ordered 27.45 in literature and made a donation of 60.00. Paid rent and made donation for WSQ. Spaun p.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – All is well. Message is being carried, addicts are staying clean. Eric J

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA- Attendance over 100 people at every meeting. Anniversaries celebrated for Glenda 18 years and Sprinkle 28 years. Reminder to keep smoking limited to the parking lot due to complaints for neighbors of the church. Tim N

Living Clean- 720 Market st. Lemoyne PA 7:30-8:30 All is well. Doors are open and message is being carried. Our homegroup has scheduled our fall bonfire event at Kids King Campground for september 9th @ 6 p.m. There will be a bonfire meeting @ 7.30 p.m Please join us for an evening of fun and fellowship. We will email the flyers to our areas webservant to be put on our area website.TFLUS! ILS Rachele W.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – NO REPORT

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – No REPORT

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- NLG is holding our annua family fun day at Kings KIDs Camp Ground in Dillsburg on August 12, Meeting Attendance is steadt and the message of REcovery is always our utmost priority reporting conditions normal at this time Ray W

Nothing to Fear - Corner of Simpson & Market St. - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. – All is well within the group. Hosting a free pig roast on May 6th @ soldiers amd Sailors memorial park from 12 p.m – 7 p.m. Encouraged to bring covered dish. Steve F.NLG

O.D.O.P.(One Disease, One Program) – Fairview Brethren in Christ Church, 600 Evergreen Rd, New Cumberland, Wed 7-8pm – No Report

Old School Recovery – Grace UMC Simpson & Market, Mechanicsburg, PA. Mon, Tues, Weds, Thurs & Friday 9:30-10:30am – No report

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – no report

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. – Saturday, March 4th, 2017, no report

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – Our home group is doing well we have a good turn out every week. We thank everyone for their support. ANG W

Rise to Freedom- Thurs at 12pm, Friday 5-6PM Cameron St, HBG- No Report

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – No report

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – No report

Step and Tradition – 1524 Walnut St., Hbg, PA. Thurs. 6:30-8:15pm – No Report.

Steps to Freedom, (6th and Forrest), Tuesday 7:00-8:30pm. – No report

The truth will set you free – 25 S. Penn St, Shippensburg, PA Mon, Weds, Thurs & Sat 8-9PM, Friday 12-1pm – No report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – All is well with the group nothing to report. Donation to area was 25.00 david S

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – Our home group is struggling need home group members and trusted servants, we have alot of positions open

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – Open meeting – Sunday @ 6. We are an open meeting

ALL are welcome. Always in need of Home group members! Ang

Subcommittee reports:

Audit: No activity to report this month. Presently in the works of setting audits up for the month of september. Thank you for letting me be of service. Dave P

POLICY: No report.

Marathon: No Report.

HOSPITALS & INSTITUTIONS: We had 12 in attendance 1 new person joined and voted in Jamie A as a panel leader Open facilities: Cumberland county mens and womens prison. Dauphin county mens applications are in for prisons just waiting on them to be approved. We will be going into camphill prison, just waiting on a start date.

Facility reports:

Camp Hill Prison: No Report.

C-90: 2nd and 4th Thurs. 7-8pm- 2nd Thursday- there were 34 in attendance, we held a topic meeting on acceptance. Many shared, meeting went well 4th Tuesday: no meeting due to personal issues

Capital Pavilion: Men 7-8pm 2nd Tues. of month- no report

Capital Pavilion: Women 7-8pm 2nd Tues. of month – no report

Common Ground: 1st and 3rd Tuesday, 7-8pm. – Meeting held 7/4/17 and 7/25/17 well attended scott shared 7/14/17 relapse and recovery topic 7/25/17

Conewago Place: Men 1st and 3rd Tues, 5:30-6:30 – No report.

Cumberland County Prison: Women's'-Mon. 630-730pm- No report.

Cumberland County Prison: Men's'-Thur. 700-800pm – No report.

Dauphin County Prison: Women-every Sunday 9-10am- Meetings are going well 10-22 women participate weekly. 1st week-jft, 2nd week- what is the na program, 3rd week- 1st step in basic text. 4th-open meeting TFLMS Lorain p

Dauphin County Prison: Men, every Thurs 6:30- no report

DCP Men's Work Release- Weds 7p.m. – Meeting doing well. Well attended We are bringing in speakers this month. We also moved the meeting to 7p.m Michael b and eric

DCP Women's Work Release – Wed 7-8pm – 7/5 beverly s shared story recieved well and had alot of feedback 15 people. 7/12 open meeting good participation and attendance 15 people 7/19 tradition one meeting and ask it basket; 12 ppl positive feedback 7/26 sue r shared her story recieved well and had alot of feedback 15 ppl

Perry County Prison- 2nd and 4th Weds 7-8pm,- No Report.

SCI Camp Hill- No Report.

Sienna House (Gaudenzia) – new contact keisha brown. Doc clearance emailed in. Common ground new address 3740 chambers hill road

Salvation Army: 2nd and 4th Sunday 7pm- Things are good 1st anthony r spoke god engagements afterwards. 2nd week justin b spoke lots of good sharing afterwards. Trying to get more female speakers. TFLUS Jeremy V

Woodside: Sunday 6-7pm – No report.

UNITY SUBCOMMITTEE: Correction to minutes from july 9 2017 basketball tournaments/speaker jam/ dance is on aug 19,2017 starting at 11 a.m to midnight, 10-12 man teams and each team pays 150. There is a 5.00 admission there will be a fish fry, chicken and other food for sale as well as drinks.

UNITY TREASURERS' REPORT: See Attached.

PUBLIC RELATIONS: We ordered some IP's today- 26.40 A decision was made to not to have a table at the pro-A conference this year. We will participate in dauphin county's annual recovery day event on sept 23rd at the East mall 10 am-3p.m The website recieved and email from the pastor of 29th t united methodist church offering that facility a meeting locations of 29th and derry st. It was rough to my attention a group may be using some literature from another fellowship. Please see pg.31 on a guide to local services in NA on the NA group only NA approved literature is appropriate as to not contradict the 6h tradition

LITERATURE: Today we sold 967.43 worth of literature Back Orders- cut and dry and just for today. Steve f

RCM: (ALT) Rcm could not attend due to his work schedule. Regional minutes have not been put on website yet. So i am available for any info the groups may have for the next regional meet in york on 9-9-17. Received 342.20 In check form donation to the region.

OLD BUSINESS:

Motion 7-17-01: To add into policy that all motions need to be seconded by a GSR.
Intent: To clarify motion submitting policy. Written by Veronica C. 2nd by Marianna H.
Discussion: August 2017. Vote: September 2017.

******Tabled 14-5-02******

NEW BUSINESS:

Housekeeping Motions:

1. The unity committee is asking area for 99.00\$ Intent: To help support the committee fund the event in August.

DISCUSSION TOPICS:

Notes:

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:33pm. Moved by Don I. & 2nd by Will.****

Next area is September 10th 2017. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Jess U. - Area Secretary

Jessie F. – Area Vice Secretary

	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Aug	Sep	Oct	Nov	Dec
*****POSITIONS** ***												
Area Chair	P	P	A	P				p				
Area Vice Chair	A	P	P	P				a				
Secretary	P	A	P	P				a				
Vice Secretary	P	P	A	P				p				
Treasurer	P	P	P	P				p				
Vice Treasurer	P	P	A	P				a				
Audit	P	P	A	P				p				
Unity Chair	P	P	P	A				p				
Unity Vice Chair	A	P	P	P				o				
Unity Treasurer	P	P	P	P				p				
Unity Vice Treasurer	O	O	P	P				o				
RCM	P	P	P	P				a				
Alt RCM	A	P	P	P				p				
H&I Chair	P	P	A	P				p				
H&I Vice Chair	P	P	P	P				p				
Public Relations Chair	P	P	P	P				p				
Public Relations Vice Chair	P	P	P	A				a				
Literature Chair	P	P	P	P				p				
Literature Vice Chair	O	P	P	A				p				
Policy Chair	P	A	P	P				p				
Policy Vice Chair	P	P	P	A				a				
Marathon Chair	A	A	P	A				a				
Marathon Vice Chair	O	O	P	A				a				

*****GROUPS**** **												
Acceptance Group	A AP	A	A	A				a				
All Are Welcome	P	P	P	A				p				
Any Lengths	P	P	A	P				p				
Back to Basics	P	P	P	A				a				
Bottom Line Group	A	P	P	P				p				
Breath of Life	-	-	P	P				a				
Clean and Free	A	P	A	P				p				
Commitment to Change	P	A	A	P				p				
Cut & Dry	P	A	A	P				p				
Desire to Grow	P	P	P	P				p				
Exodus to Genesis	A	A	A	P				p				
Fresh Start	A	A	A	A				a				
H.A.N.A.	P	A	P	A				p				
Honesty Group	P	P	P	P				p				
Hope Station Meeting	P	A	A	A				a				
H.O.W. Group	P	P	P	P				p				
Journey Continues	P	P	P	P				a				
Just for Today	P	P	A	P				p				
Life or Death	P	A	P	P				p				
Living Clean	P	P	P	P				p				
Lunch Bunch	P	P	P	P				p				
Message of Hope	P	P	P	P				a				

New Life Group	P	P	P	P				p				
Nothing to Fear	P	P	P	p				p				
ODOP (One disease one prog)	P	P	P	P				p				
Old School Recovery	A	A	P	A				a				
Only Hams' Are Cured	P	A	P	P				p				
On Life's Terms	A	A	P	A				a				
Only the Desire	P	P	P	P				p				
Recovery and Rugsrats	-	-	A	A				a				
Saturday at Swatara	A	A	A	A				a				
Share & Care	A	P	P	P				a				
Step and Tradition	P	P	A	A				a				
Steps to Freedom	P	A	P	A				p				
Started From the Bottom	-	-	A	A				a				
The truth will set you free	A	A	A	P				a				
Value of Life	P	P	P	P				a				
We Do Recover	P	A	A	A				P				
Women with a Message	P	P	P	p				p				

Updated October 2017

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

July 4th 2017

STARTING BALANCE:

341.72

INCOME

ADMISSION:

Ø

FOOD:

309.00

MISCELLANEOUS ITEMS: donation/
50/50

100.50

SUB-TOTAL:

409.50

NEW BALANCE:

751.22

EXPENSES

FACILITY RENT:

pd. in June

D.J.:

Ø

FOOD:

246.43

MISCELLANEOUS ITEMS:

Ø

SUB-TOTAL:

246.43

ENDING BALANCE:

504.79

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: July 15th
STARTING BALANCE: 637.79

INCOME

ADMISSION: 120
FOOD: 92
MISCELLANEOUS ITEMS: donation / 6.65
1 t-shirt 10.00 116.65

SUB-TOTAL: 228.65
NEW BALANCE: 866.44

EXPENSES

FACILITY RENT: 125.00
D.J.: 150.00
FOOD: 66.92
MISCELLANEOUS ITEMS: 52.67
supplies +
+ = shirt fund 77.67

SUB-TOTAL: 419.59
ENDING BALANCE: 446.85

COMMENTS:

CASNA Treasury Report

Date: 8/6/17

	Debits	Credits	Balance
<u>Opening Balance</u>			\$ <u>783.62</u>
Less-Prudent Reserve			\$ <u>700.00</u>
Working Balance			\$ <u>83.62</u>
<u>Income</u>			
Group Donations		\$ <u>615.55</u>	
Literature Income		\$ <u>967.43</u>	
Misc-_____		\$ <u>25.00</u>	
Misc-_____		\$ _____	
Misc-_____		\$ _____	
Misc-_____		\$ _____	
		\$ _____	
		\$ _____	
<u>Total Income</u>		\$ <u>1607.98</u>	\$ <u>1691.60</u>
<u>Expenses</u>			
AnswerFirst	\$ _____		
Verizon	\$ <u>73.77</u>		
Secretary	\$ _____		
ASC Rent	\$ <u>25.00</u>		
H&I	\$ <u>98.43</u>		
PI	\$ <u>26.40</u>		
Literature Expense	\$ <u>412.11</u>		
Misc- <u>bank fees</u>	\$ <u>7.50</u>		
Misc- <u>Dex Media</u>	\$ <u>15.00</u>		
³¹⁰⁸ Misc- <u>Unsty - Gerald Watt</u>	\$ <u>99.00</u>		
Misc-_____	\$ _____		
<u>Total Expenses</u>	\$ <u>757.21</u>		\$ <u>757.21</u>
Working Balance			\$ <u>934.39</u>
Plus: Prudent Reserve			\$ <u>700.00</u>
<u>Ending Balance</u>			\$ <u>1634.39</u>
Less: Reserve to T-Shirts ^{\$50}			\$ <u>250.00</u>
Balance Available to be Used			\$ <u>1384.39</u>

Less
250 Shirts
~~684~~ 39
346.20
Reason

= 2 for Region
692.20



COME OUT AND HAVE SOME MORE PICNIC FUN
WITH THE CAPITAL AREA OF
NARCOTICS ANONYMOUS WHILE WE BRING
SUMMER 2017 TO A CLOSE

Monday, 9/4 from 12 noon until 7 PM
Brightbill Park – 5000 Commons Dr, Harrisburg

BRING YOUR THINGS AND PLAY SOME BALL -
SOFTBALL, BASKETBALL, ETC...

Food, Fun AND Fellowshiping

HAMBURGERS AND HOT DOGS WILL BE PROVIDED



**Please bring your favorite covered dish to
share**

**** WE WILL HAVE SODA AND WATER FOR \$ALE ****



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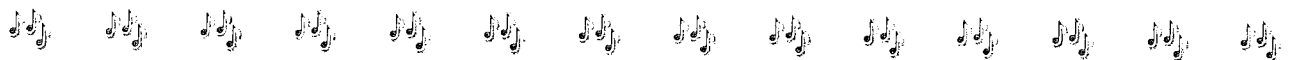


Please bring your favorite covered dish to
share

**** WE WILL HAVE SODA AND WATER FOR SALE ****



Capital Area of Narcotics Anonymous



Monthly Dance

**Join us every 3rd Saturday of the month from
9PM to Midnight**

**Messiah Lutheran Church
901 North Sixth St
Harrisburg, PA 17102**

Come on out and leave it on the floor

Admission is \$5.00

We will have food and drink for sale

