

|                                    |          |
|------------------------------------|----------|
| <b>Cut &amp; Dry</b>               | 7-8:30pm |
| Bethany AME Church                 | O, S-T   |
| 914 S. 21st St., Harrisburg 17104  | no w/c   |
| "21st & Derry Sts."                |          |
| <br>                               |          |
| <b>We do Recover( Millersburg)</b> | 7-8pm    |
| 444 Market Street                  | O, D     |
| Millersburg, Pa 17061              | w/c      |
| <br>                               |          |
| <b>Message Of Hope</b>             | 8-9pm    |
| Mt. Zion UMC                       | O, D     |
| 4685 Mt Zion Dr,                   | w/c      |
| Enola, PA 17025                    |          |

**SATURDAY**

|   |         |
|---|---------|
| <b>The Lunch Bunch</b>  | 12-1pm  |
| Grace United Methodist Church   | O, D    |
| 313 Herman Ave., Lemoyne 17043  | w/c     |
| Zoom: <a href="http://us02web.zoom.us/j/2693599218">http://us02web.zoom.us/j/2693599218</a> |         |
| Meeting ID: 269 359 9218  |         |
| Meeting Password: 12345   |         |
| <br>  |         |
| <b>Clean &amp; Free</b>   | 12-2pm  |
| St. Michaels Lutheran Church  | O, BT   |
| 116 State St., Harrisburg 17101   | w/c     |
| <br>  |         |
| <b>Saturday at Swatara (Virtual)</b>  | 7-8pm   |
| Swatara Church of God   | C, D, V |
| 4860 Lindle Rd. Harrisburg 17111  | w/c     |
| Zoom: <a href="http://us02web.zoom.us/j/2693599218">http://us02web.zoom.us/j/2693599218</a> |         |
| Meeting ID: 269 359 9218  |         |
| Password: 12345   |         |

|                              |          |
|------------------------------|----------|
| <b>Only Hams Are Cured</b>   | 7-8:30pm |
| Messiah Lutheran Church      | O, D, SP |
| 901 North 6th St., Hbg 17102 | no w/c   |

|                                |        |
|--------------------------------|--------|
| <b>Just for Tonight</b>        | 8-9pm  |
| Just for Today Recovery Center | O, D   |
| 300 Market St., Lemoyne 17043  | no w/c |

|                                      |       |
|--------------------------------------|-------|
| <b>Living the Dream Group</b>        | 6-7pm |
| Lingelstown Life at Rockville Church | O,    |
| 4386 N 6th St Harrisburg, PA 17110   |       |

**SUNDAY**

|                       |          |
|-----------------------|----------|
| <b>Just For Today</b> | 12p - 2p |
| 7 N. 14th St          | O, D     |
| Harrisburg, PA 17103  | no w/c   |

|                                |            |
|--------------------------------|------------|
| <b>Keeping the Hope Alive</b>  |            |
| Just for Today Recovery Center | 7:30-8:45p |
| 300 Market St, Lemoyne 17043   | O          |
|                                | no w/c     |

|                                    |       |
|------------------------------------|-------|
| <b>The Gathering Place of NA</b>   | 6-7pm |
| 323 Reno St., New Cumberland 17070 | w/c   |
| "4th & Reno Sts."                  |       |

|                                     |        |
|-------------------------------------|--------|
| <b>Acceptance</b>                   | 6-7pm  |
| New Life Community Church           | C, D   |
| 64 E. North St., Carlisle, PA 17013 | no w/c |
| parking Lot off Bedford             |        |

|                                   |           |
|-----------------------------------|-----------|
| <b>Exodus To Genesis</b>          | 6-7:30pm  |
| Wesley Union AME Zion Church      | O, D, JFT |
| 2219 N. 5th St., Harrisburg 17110 | no w/c    |
| "5th & Camp Sts."                 |           |

|                            |               |
|----------------------------|---------------|
| <b>Value of Life</b>       | 6-7pm         |
| St Peter's Lutheran Church | ,AB,CA,D,SP,G |
| 130 Nittany Dr.            | w/c           |
| Mechanicsburg, 17055       |               |

|                                |             |
|--------------------------------|-------------|
| <b>Life Or Death</b>           | 7-8:15 pm   |
| 221 S. 2nd St., Steelton 17113 | C, T, SP,   |
|                                | D,CL,BT,L,B |

|   |           |
|---|-----------|
| <b>Keeping the Hope Alive 7:30-8:45</b> | 7:30-8:45 |
| Just for Today Recovery Center          | O         |
| 300 Market St Lemoyne 17043             | no w/c    |

**LEGEND:**

- |                         |                       |
|-------------------------|-----------------------|
| C - Closed              | O - Open              |
| D - Discussion          | L - Literature        |
| B - Beginners           | BT - Basic Text       |
| IT - It Works           | IP - Pamphlets        |
| S - Step                | CL - Candlelight      |
| T - Tradition           | SP - Speaker          |
| CT - Concept            | G- Gratitude          |
| SM - Smoking            | JC- Journey Continues |
| AB - Ask-it Basket      | CA - California Style |
| w/c - wheelchair access | V - Virtual           |

**TELEPHONE NUMBERS**

**NARCOTICS  
ANONYMOUS**

**of the  
CAPITAL  
AREA**

**August 2022**

**Helpline Number:  
(717) 233 - FREE**

**717-233-3733**

**P.O. Box 61046**

**Harrisburg, PA**

**17106-1046**

**WWW.CASNA.INFO**

*"To assure that no addict seeking recovery need ever die without having had a chance to find a better way of life."*

**AREA SERVICE:**  
1st Sunday of Every Month  
Bethany AME Church, 21st and Derry Sts

Sub-Committees 1:00 PM  
ASC 2:00 PM, Reminders:  
Treasury Donations until 2:00 pm  
Place Literature Orders by 1:30PM  
(please check back to pick it up)

All GSR's... Please Attend  
Area Service. We need your Support!

**MONDAY**

**The Lunch Bunch** 12-1pm  
 Grace United Methodist Church O, D, V  
 313 Herman Ave., Lemoyne 17043  
 Zoom: <http://us02web.zoom.us/j/2693599218>  
 Meeting ID: 269 359 9218  
 Meeting Password: 12345  
 w/c

**Bottom Line Group** 12-2pm  
 7 N. 14th St. O, D  
 Harrisburg, PA 17103

**On Lifes Terms** 6:30-8:15p  
 Messiah Lutheran Church C, D  
 901 N. 6th St. Harrisburg 17102  
 w/c

**We do Recover (Millersburg)** 7-8pm  
 444 Market Street O, D  
 Millersburg, PA 17061  
 no w/c

**Share & Care** 7-8:15pm  
 Baughman Memorial United Methodist C, D  
 228 Bridge St., New Cumberland 17070  
 "3rd & Bridge Sts." w/c

**Nothing To Fear** 7:30-8:30p  
 Grace United Methodist Church O, D  
 216 S. Market St., Mechanicsburg 17055  
 "Simpson & Market Sts." w/c

**We Do Recover** 7-8:15pm  
 Cifelli Recovery, Inc., House O, B, D  
 1422 Market St., Harrisburg 17103  
 no w/c

**TUESDAY**

**The Lunch Bunch** 12-1pm  
 Zoom Only O, D, V  
 Zoom: <http://us02web.zoom.us/j/2693599218>  
 Meeting ID: 269 359 9218  
 Meeting Password: 12345  
 w/c

**Bottom Line Group** 12-2pm  
 7 N. 14th St. O, D  
 Harrisburg, PA 17103

**Acceptance** 7-8pm  
 New Life Community Church 7-8pm  
 64 E. North St., Carlisle, PA 17013 C, D  
 Parking Lot off Bedford Street w/c

**The Non-Conformists** 7-8pm  
 St. Marks Lutheran Church 7-8pm  
 1099 2nd Street, Enola 17025 O, D  
 Sm, no w/c

**Steps to Freedom** 7-8:30pm  
 Messiah Lutheran Church 7-8:30pm  
 901 N. 6th St. Harrisburg PA 17102 O, S, T  
 no w/c

**Twisted Sister** 7-8pm  
 Corner Stone Fellowship Asembly 7-8pm  
 32 S. Front Street JC, O  
 Wormlesyburg 17043 no w/c

**Desire To Grow** 7:30-8:30p  
 JFT Recovery & Veterans Services 7:30-8:30p  
 300 Market St., Lemoyne 17043 O, S, T  
 no w/c

**WEDNESDAY**

**The Lunch Bunch** 12-1pm  
 Grace United Methodist Church 12-1pm  
 313 Herman Ave., Lemoyne 17043 O, D, V  
 Zoom: <http://us02web.zoom.us/j/2693599218>  
 Meeting ID: 269 359 9218  
 Meeting Password: 12345  
 w/c

**Bottom Line Group** 12-2pm  
 7 N. 14th St. O, D  
 Harrisburg, PA 17103

**All Are Welcome** 7-8:15pm  
 Penbrook United Church of Christ O, S, T, P  
 54 Banks Street Hbg, 17103

**Commitment To Change** 7-8pm  
 Cifelli Recovery House O, D  
 1422 Market St., Harrisburg 17103  
 no W/C  
 nonsmoking

**One Disease, One Program** 7-8pm  
 Fairview Brethren in Christ IT  
 600 Evergreen Rd., New Cumberland 17070  
 no w/c

**Linglestown Meeting** 7-8pm  
 5834 Linglestown Rd., Harrisburg 17112 C, D  
 Across from Firehouse  
 no w/c

**Back To Basics** 7:30-8:30p  
 First United Methodist Church O, S  
 135 W. Simpson St., Mechanicsburg 17055  
 Entrance on Alley Side w/c

**THURSDAY**

**The Lunch Bunch** 12-1pm  
 Zoom Only O, D, V  
 Zoom: <http://us02web.zoom.us/j/2693599218>  
 Meeting ID: 269 359 9218  
 Meeting Password: 12345

**Bottom Line Group** 12-2pm  
 7 N. 14th St. O, D  
 Harrisburg, PA 17103

**Step and Tradition** 6:30-8:15p  
 The Journey C, D, S, T, L  
 750 S 29th St, Harrisburg, PA 17111  
 w/c

**Only The Desire** 7-8:15pm  
 7 N 14th Street O, D  
 Harrisburg 17103  
 no w/c

**H.O.W.** 7-8pm  
 New Life Community Church S, T, O, D  
 64 East North St., Carlisle PA 17013  
 Basement, Parking Lot entrance off Bedford  
 no w/c

**Nothing To Fear** 7:30-8:30p  
 Grace United Methodist Church C, D  
 216 S Market Street, Mech 17055  
 w/c

**Any Lengths** 7:30-8:30p  
 Trinity United Methodist Church C, D  
 210 W. Main St.- Rear, Hummelstown 17036  
 w/c

**Honesty** 7:30-8:30p  
 St. Paul's Lutheran Church C, D, CL  
 530 Bridge St., New Cumberland 17070  
 w/c

**FRIDAY**

**The Lunch Bunch** 12-1pm  
 Grace United Methodist Church O, D, V  
 313 Herman Ave., Lemoyne 17043  
 Zoom: <http://us02web.zoom.us/j/2693599218>  
 Meeting ID: 269 359 9218  
 Meeting Password: 12345  
 w/c

**Bottom Line Group** 12-2pm  
 7 N. 14th St. O, D  
 Harrisburg, PA 17103  
 no w/c

**H.A.N.A.** 6:30-8pm  
 Messiah Luthern Church S, T, CT  
 6th & Forster St., Harrisburg 17110  
 no w/c