

Volume 30 Number 9

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Frank Y., Area Chair opened the 356th meeting of CASNA, on 09/07/14, at 2:00PM, with the Serenity Prayer. Henry read the 12 Traditions and Faith W. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business Discussion

Topics

Closing Treasurers report

GSR count: 18 at 2:05 PM

Attendance notes: Vice Secretary and Unity Vice Treasurer positions are open.

****Next Area is October 5, 2014****

New GSR's: Tracey M(Saturday at Swatara); Christian(Restored to Sanity); Nate(Exodus to Genesis); Ellen(Cut and Dry); Keith(HANA)

New Meetings: Restored to Sanity has added a meeting on Wednesday from noon to 1pm.

Corrections to the Minutes: Date of next area was incorrect. Motion by Henry, 2nd by Keith

Orders of the day: Motion by Faith, 2nd by Keith

Opening Treasurers report: *See attached. Motion by Faith, 2nd by Keith

Groups with Problems: The HOW group hasn't had any welcome key tags in months and they remain on backorder. Gladly take any if people have extra ones lying around.

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – Attendance is good. We made a donation of \$104.15. Steve W. GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM – Blessings to everyone. Our home group membership is building and turnout for the meetings are good. Our rent is paid through September. Henry JR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM – Home group is doing well. Attendance is very consistent. Rent has been paid. We have ordered literature and are making a donation to Area. Thank you for allowing me to serve. Alt. GSR. Ahmad A.

Clean and Free - 2nd and State 12-2pm Sat. – No Report.

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – No Report

Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No Report.

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 – Speaker jam from September to November.

Need home group members. Meeting attendance has been improving and packed. Nathan K.
Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – Group attendance is high and steady. We have been able to make regular donations to our Area. Thanks for letting me serve! Kristyn G.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – We now have seven home group members and are working on a GSR. Hopefully we will be represented next Area. We made a literature purchase of \$33.50 and a donation of \$50.00. Attendance is very good. Steve W. Home group member

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm –We have been out of Welcome key tags for two months. Had a literature order of one medallion for H.G. member Thomas G. Celebrating 26 years. A donation of \$100.00 was made to Area. Attendance at both meetings is steady. Chris W GSR.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- The meeting is going good. We get on an average 10-15 people. We are making a donation this month for \$48.10. Thanks for letting me serve. Nichole M.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Our meeting is doing fine. Thanks for allowing us to share.(Just for Today Group)

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA. – No Report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – No Report.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – We continue to have progressive and forward thinking. We are predominately new comer meetings and would like to extend a special welcome to everyone. Kathy W.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Meeting attendance is good. No problems to report. Our camp out had poor attendance due to weather. We are discussing moving the camp out to an earlier date next year. TFAMTS Steve H

New Life Group– 14 State Rd. Mech. Sat. 8-9pm- No Report.

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. – No Report.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No Report.

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. – No Report.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – No Report.

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No report

Restored to Sanity- 8 S. Hanover St. Room 10, Carlisle PA. Tuesday & Wednesday 12-1pm- Restored to Sanity has been re-activated for about a month. Attendance is usually about 8-10 addicts. We would like to add Wednesday to the meeting list info. We have been able to pay rent and made a purchase of key tags at this area (Sept 7, 2014). Treasurer Report: Beginning balance \$0.00; Income(8/12-9/2) \$21.66; Rent \$5.00; Groceries \$9.04; Total expenses \$14.04; Ending balance \$7.62 as of 9/2/14. We currently have three home group members and are looking to increase this. Bridget C.

Rise to Freedom- Thurs at 12pm, Cameron St, HBG- No Report.

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – Group is well attended every week. We have a business meeting every month. Donating \$41.00 to Area on 9/7/14. Tracey M. Alt. GSR.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – The meeting continues to be held in the large main room although we have been unable to retrieve the literature a few times and need to meet with the pastor. Brian B has agreed to take the position of Alt GSR and his service is greatly appreciated. Faith W

Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. – The home group is doing okay. Thanks for allowing me to serve. Rita W.

Step Working Guides - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm – At this time The Step Working Guides has made a group decision to go back to the name **Step and Tradition**. At this time things are looking up a little bit better. This month we were able to purchase literature. Thanks for letting me serve. Libby L.

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – No report

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – No Report.

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – No Report.

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: On August 16, 2014 the CANA Unity Committee had a speaker jam, talent show, and monthly dance that was successful. There were no incidents. Thanks for allowing me to serve. On September 1, 2014 was our Area Labor Day Cookout it was a success. On September 20, 2014 is our Area monthly dance. On October 18th is our Area fund-raiser (Bowling Party) Ticket sales will start on September 20, 2014. At our monthly dance. At next Area Service flyers will be put out for November and December events. Thanks for allowing us to serve and that we're able to come out and support our Area. Libby L. (Vice Chair)

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: Today we sold a total of \$619.35 of literature and ordered \$598.97 of literature from World Services. I received a reimbursement of \$21.50 for order form copies. I submitted a total of \$622.00 to the Area Treasurer. THAMTS, Kristyn G.

POLICY: The policy committee met Saturday, August 30, 2014 at the Front Street Diner. The committee consisted of Forrest M, David P, Steve H, Kristyn G, and Frank Y. A rough draft is almost complete and will be presented to all groups next area to be taken back to their groups. The areas we are particularly concentrating on updating are the duties of all executive officers and also streamlining the process of presenting motions for voting (ie. Who can submit and who must second the motions). Once the draft is presented they should be taken back to groups for group conscience and discussed next Area and voted on in January since December is a voting month. Thank you for letting me be of service. David P.

PUBLIC RELATIONS: My committee looked over the available plan and made a decision to go with the \$155.00 for 150 minutes plan. I will talk with Deanna Johnson and ask her to make those changes ASAP. Also my number (Glenda B.) has been changed to (717) 307-0539. I will be adding Return to Sanity to the phone meeting list. Glenda B.

RCM: Service committee meeting for Region will be September 13, 2014 at Lewistown Presbyterian Church, 17 E. 3rd St., Lewistown, PA. 10 am sub-committees, 12 noon region meeting. Please attend and consider service at the region level. Votes on 0314P1 Region to buy a printer and 0314P2 region to mail and/or email minutes will be taken back to the Region this month. A donation will be taken from Area with the amount to be determined at this meeting. Region 0314P1 Area vote (9-3-6) passed. Region 0314P2 Area vote (11-0-8) passed. Faith W. RCM

AUDIT: No Report

HOSPITALS & INSTITUTIONS: We had a small committee meeting today but almost all panel leaders did provide reports. The open facilities are: Dauphin County Prison Men and Capital Pavilion Men and Women. There are several other places that have asked for our services – PLEASE announce at meetings, in your H.G. business meeting, and to your sponsees, to give back in this manner if at all possible. Chris W. Chair

Facility reports:

ARC: Art B spoke on 8/4/14, Jenna and Bridget shadowed me into the commitment. 9/1/14 was canceled due to Labor Day and was rescheduled for the following week 9/8/14. TFLMS. Rachelle W.

C-90: 2nd and 4th Thurs. 7-8pm- 8/1/14 Mary Ann shadowed Lorain. 53 men and women in attendance. Meeting held outside. 4 people are leaving C-90 in the next 2 weeks. Good meeting. 8/7/14, Mary Ann 50 in attendance. Meeting held outside. Speaker John was introduced by his wife Dana (Dana worked at C-90 in the past). 8/21/14 Mary Ann 37 in attendance. 15 minutes into the meeting the women were called out of the meeting. Meeting ran till 8:30pm. 9/4/14 Mary Ann 11 in attendance. Women only. AA men had a meeting upstairs. Lorain P resigning as panel leader for the time being.

Capital Pavilion: Men 7-8pm 2nd Tues. of month – OPEN. No Report.

Capital Pavilion: Women 7-8pm 2nd Tues. of month – OPEN. No Report.

Common Ground: 2nd and 4th Tuesday, 7-8pm.- All is well. Speakers and topic/literature. TFAMTS Steve B.

Conewago Place: Men 1st and 3rd Tues, 5:30-6:30 – Hi!! Family, all is well at Conewago place for the month of August. I went the 1st and 3rd weeks. The 1st week we talked about staying clean must come first and the choices we make in our recovery... The 3rd week we talked about the excuses we make and still try to make (for not staying clean in NA). They really enjoyed the topics and I will close saying, Thank you for allowing me to serve/to be in service on the H&I sub-committee...L&R Darryl R.

Conewago Place: Women 1st & 3rd Tuesday, 5:30-6:30pm – No Report

Cumberland County Prison: Womens'-Mon. 600-700pm- Very productive meetings with the regular women attending. All have been in recovery before, personal sharing and seem committed. I missed 1 week last month. Chris W

Cumberland County Prison: Mens'-Thur. 630-730pm and 730-830pm- Meeting is very small, prison must approve inmates to attend. Wayne S. and Thomas G.

Dauphin County Prison: Women-every Sunday 9-10am- All is well with DCP women. I was only able to go two out of four Sundays. There is good participation and the women are grateful for the meeting. Jan A.

Dauphin County Prison: Men, every Thurs 6:30- Position is OPEN. No Report.

DCP Men's Work Release- Weds 6-7pm. – Dave H who does Dauphin County work release is out of commission with medical issues for the foreseeable future. So that commitment is not being met. Rob G.

Keystone: Every other Wednesday 8-9pm – Attendance for the past five meetings has been one or zero. Sometimes the facility has a room for us – sometimes they don't. Usually they can give us a room 15-30 minutes late. Which makes the meeting start at 8:20-8:40 pm. I've talked to our point of contact Michelle several times and have gotten little to no response regarding participation in meetings. So the question I pose to the sub-committee is – Do we continue the commitment? Thanks for allowing me to serve. Rob G.

Perry County Prison- 2nd and 4th Weds 7-8pm – Meeting fluctuates in attendance. No problems except for needing another member being able to take this meeting in. Steve W.

Salvation Army: 2nd and 4th Sunday 7pm- Meeting is good, participation is welcoming and enthusiastic. Bridget C and Christian T have been shadowing me and doing an awesome job stepping up. Brendan R.

Woodside: Sunday 6-7pm – The meeting is well attended. We roughly have 12-15 women per meeting. Speakers on several occasions. Kristyn missed one week due to a family commitment. Although we have not had any issues, there have been behavioral issues with other fellowships. Staff offered to chaperon the meeting, although I declined and had no issues. Chrissy F. & Kristyn G.

OLD BUSINESS:

Motion 1 – If a motion fails to pass at the Area level, the topic of that motion may not be present to the Area again for a minimum period of 3 months. **Intent:** To better streamline service to focus on the future of service to focus on the future of service to the NA community. **Written by:** Living Clean home group, **2nd by:** Chris W. **Discussion (June 1, 2014) Vote (July 6, 2014)**

*******A motion was made by Marianna H, 2nd by Kristyn G to table motion #1.**

Passed with a vote of 9-3-8*** Motion tabled on July 6, 2014.**

NEW BUSINESS:

Motion 5 – To have Area discontinue the \$25.00 match for Unity committee T-Shirts. **Intent:** The home group feels this violates tradition 6, “outside enterprise” tradition 11: public relations is based on attraction rather than promotion always maintaining personal anonymity” and Tradition 5: our primary purpose is to carry the message to the addict who still suffers – this in particular because it takes funds from that “primary purpose.” **Written by:** Share and Care, Faith W. GSR, and **2nd by:** Clean and Free, Nancy U. **Discussion (September 7, 2014) Vote (October 5, 2014)**

Motion 9-7-14-01 – To eliminate from the orders of the day, #1. All viewpoints will provide more effective communication. Current policy does allow the Chairperson to call on an “observer” at their discretion. **Intent:** Decision making discussions ought to be open for participation to all NA members in attendance at Area. We come together to serve. Reference Concepts: 7, 8, 9, and 12. **Written by:** Chris W. and **2nd by:** Mark M. **Discussion (October 3, 2014) Vote (November 2, 2014)**

Motion 9-7-14-02 – To change our Thanksgiving and Christmas marathons to 12 hours instead of 24 hours. **Intent:** To reduce our cost on paying rent and other bills. And to respect the officials of the church. **Written by:** Ramona B. and **2nd by:** Muhtadi. **Discussion (October 3, 2014) Vote (November 2, 2014)**

Motion 9-7-14-03 – To increase the current allotment to the H&I sub-committee by \$25.00 each month to purchase literature. **Intent:** Since the price increase this year, H&I has had to curtail their order every month to day within \$100.00, even at literature cost. **Written by:** Chris W. H&I Chair and **2nd by:** Mark M. **Discussion (October 3, 2014) Vote (November 2, 2014)**

Motion 9-7-14-04 – To have Unity committee bring forward all current DJ contracts annually.

Intent: Clarification and resolution of the contractual obligations of the Unity sub-committee.

Written by: Honesty Group Kristyn G and **2nd by:** Message of Hope Steve H. **Discussion (October 3, 2014) Vote (November 2, 2014)**

Motion 9-7-14-05 – To have as policy that motions can only submitted by GSR's but can be 2nd by any home group member. **Intent:** So that the group's voice, concerns, and needs are able to be heard at Area. **Written by:** Steve W. and **2nd by:** Chris. **Discussion (October 3, 2014)**

Vote (November 2, 2014)

DISCUSSION TOPICS: None

Notes: None

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:37pm, Moved by Keith. & 2nd by Ramona B.**

Next area is ~~10/03/2014~~. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Chrissy F. – Area Secretary

Open - Area Vice Secretary

*****ATTENDANCE*****

	Jan	Feb	Ma	Apr	Ma	Jun	Jul	Au	Sep	Oct	No	De	
*****POSITIONS*****													
Area Chair	P	P	P	P	P	P	A	P	P				
Area Vice Chair	P	P	P	P	P	P	P	P	P				
Secretary	P	P	P	A	P	A	A	P	P				
Vice Secretary	P	P	P	P		P	P	O	O				
Treasurer	P	P	P	P	P	P	P	P	P				
Vice Treasurer	O	O	O	O	O	O	O	P	P				
Unity Chair	P	P	P	P	O	P	A	A	A				
Unity Vice Chair	P	P	P	A	P	P	A	P	P				
Unity Treasurer	P	P	P	P	O	P	P	P	P				
Unity Vice Treasurer	O	O	O	O	P	O	O	O	O				
RCM	P	P	P	P	P	P	P	P	P				
Alt RCM	P	P	P	O	P	P	P	P	A				
H&I Chair	P	P	P	P		P	P	P	P				
H&I Vice Chair	P	A	A	P	P		P	A	A				
Public Relations Chair	P	A	P	P	P	P	P	P	P				
Public Relations Vice Chair	O	O	O	O	P	P	P	P	A				
Literature Chair	P	P	P	P		P	P	P	P				
Literature Vice Chair	O	O	O	O	P		A	P	A				
Policy Chair	P	A	P	P	P		A	A	P				
Policy Vice Chair	P	P	P	P		P	P	P	P				
*****GROUPS*****													
Acceptance Group	P	P	P	P		P	P	P	P				
All Are Welcome	P	P	P	P	P	P	P	P	P				
Any Lengths		P											
Back to Basics		P		P	P								
Bottom Line Group	P	P	P	P			P	P	P				
Clean and Free	P	P	P	P	P	P	P	P					
Commitment to Change	P	P		P	P		P						
Cut & Dry	P	P	P	P	P	P	P	P	P				
Exodus to Genesis	P	P	P	P	P	P	P		P				
Fresh Start													
H.A.N.A.	P	P	P	P				P	P				
Honesty Group	P	P	P	P	P	P	P	P	P				
Hope Station Meeting													
H.O.W. Group	P	P	P		P	P	P	P	P				
Journey Continues	P	P	P	P		P		P	P				
Just For Today	P	P	P	P	P	P	P	P	P				
Life or Death	P	P	P	P		P	P	P	P				
Living Clean	P	P	P	P	P	P	P	P	P				

Lunch Bunch		P	P	P	P	P	P	P	P				
Message of Hope	P	P	P	P		P	P	P	P				
New Life Group	P	P	P		P	P	P	P					
Nothing to Fear				P		P	P						
Only Hams' Are Cured	P	P	P	P	P								
On Life's Terms	P			P	P	P	P		P				
Only the Desire	P	P	P	P	P	P	P	P	P				
Rebels on the Hill													
Restored to Sanity	P								P				
Rise To Freedom	P	P	P	P		P	P						
Saturday at Swatara							P		P				
Share & Care	P	P	P	P	P	P	P	P	P				
Steps to Freedom	P	P	P	P	P				P				
Step Working Guides						P			P	P			
Value of Life	P	P	P		P	P							
We Do Recover													
Women with a Message		P	P	P		P	P	P	P				

Legend:

P = Present

O = Open Position

Updated April 2013

C.A.N.A. UNITY SUB-COMMITTEE

TREASURERS REPORT

EVENT DATE: Speaker Jan / Dance Aug. 16th 2014
STARTING BALANCE: 405.18

INCOME

ADMISSION: 441.00
FOOD: 598.16
MISCELLANEOUS ITEMS: ∅

SUB-TOTAL 1,039.16
NEW BALANCE 1,444.34

EXPENSES

FACULTY RENT: 160.00
DJ: 200.00
FOOD: 285.20
MISCELLANEOUS ITEMS: Equipment etc 25.00

SUB-TOTAL 670.20
ENDING BALANCE 774.14

COMMENTS:

C.A.N.A. UNITY SUB-COMMITTEE

TREASURERS REPORT

EVENT DATE: Labor Day Picnic Sept. 1st 2014
STARTING BALANCE: 774.14

INCOME

ADMISSION: Donations 25.00
FOOD: Sodas' Waters 232.10
MISCELLANEOUS ITEMS 50/50 32.50

SUB-TOTAL

289.60

NEW BALANCE

1063.74

EXPENSES

FACULTY RENT: Rental of Park 65.00
DJ: ϕ
FOOD: Included Charco, Lighter 516.00
MISCELLANEOUS ITEMS: ~~Food + Ice~~ ϕ

SUB-TOTAL

581.00

ENDING BALANCE

482.74

COMMENTS:

- 25.00 Tee Shirts
457.74