

Volume 28 Number 03

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Steve B. Area Chair (filled In) opened the 326th meeting of CASNA, on 03/04/12, at 2:01PM, with the Serenity Prayer. Henry read the 12 Traditions and Crystal read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.

2. A member may speak once to an issue.

3. A member must be recognized by the Chair to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.

5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair.

7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 15 at 2:12 PM

Attendance notes: Unity treasurer position is open

*****Next Area is April. 01, 2012*****

New GSR's: Chrissy F- Nothing to Fear

New Meetings: None

Corrections to the Minutes: There was a mistake in the treasury report last month. There was no prudent reserve.

Orders of the day: Moved by Katie K 2nd by Henry J.

Opening Treasurers report: *See attached.

Groups with Problems: Both the Sunday 6-7pm Acceptance and the Friday 7-8pm Hope Station meetings in Carlisle are on the verge of closing and are in need of support. Chris W.

Group reports:

A Gift Called Life - 141 W. Main St, Elizabethville, Pa. 7:30-8:30PM - No report.

Acceptance Group - Allison UMC 99 Mooreland Ave. Carlisle, Pa 6-7PM - Attendance has declined. Could really use some support. Steve W-GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM - Blessings to everyone. We are grateful for the continued support and the newcomers. Our rent is paid. We have ordered literature and donated to area. TFLMS, Henry J. Jr.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa - No Report.

Bottom Line Group - 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM - The group is doing well. Home group members are stepping up and doing what is best for the group. Yolanda A

Clean and Free - 2nd and State 12-2pm Sat. - All is well. Love and Respect, Alphonzo W.

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM - No report

Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM - No Report

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. - No Report

Freedom Group- 6-7pm Mon. 219 Locust St. Steelton - No Report

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 - No Report

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. - Attendance has

been good. No problems to speak of. TFAMTS, Will A.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Only 3-5 members at the meetings this past month. Placed a lit order for \$8.80 Steve W- homegroup member

H.O.W. Group - Grace UMC. Carlisle, PA. Mon, Tues, and Thurs 8-9pm – Literature order of \$16.25.

All meetings are now named H.O.W. (Change for Tues and Thurs on meeting lists) Chris W. - GSR
Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Group is doing well. Attendance has been awesome. We could always use more hg members. We are very happy to say that we have 2 hg members celebrating anniversaries this month. Angie R is celebrating 19yrs on March 6th and Carl S is celebrating 7yrs on the 8th. Both will be sharing on March 11th. We paid rent and purchased literature. TFAMTS, Elaine W.

Life or Death - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, PA. – All is well. Crystal D- GSR

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. -

Attendance has been high, between 30-50 people. A lot of young newcomers. Katie K.- GSR

Living Drug Free - No report.

Lunch Bunch - No Report

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – All good. Thinking about having a camp out this summer... Details in the works. Jim C.

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- March 31st we will have our 7th Annual spaghetti dinner fundraiser. Starts at 6pm followed by the regular 8-9 meeting. \$6.00 donation for dinner, but if you don't have the money, come anyway! Planning our annual Halloween party along with a summer fun day. More to come! Thanks- Steve B.

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA.

Monday 730-830pm, Survivors: Revisited Friday 10-11pm. - No Report.

On Life's Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – All is going well with our group. We do have a lot of newcomers that attend regularly and we would like to thank the older members that come out on Mon nights to support our hg. Thanks for your support. ILS, Ramona B

Only Hams Are Cured – Sat. 7-8:30. 3rd and Harris St- The meeting is going good. We are slowly starting to fill the officer positions, although the business meetings only have about 2 or 3 regulars in attendance. The rent is paid and we are able to make a small donation to area on a monthly basis. We should also be moving our meeting back down to the basement. We are blessed. Lisa N.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – No report

Rae of Hope - 100 West Main St., Corner of Church & Main, New Bloomfield, PA 17068, 7-8PM on Tuesday(s) – No Report

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – All is well. Frank Y.

Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. –

Nothing to report. We still have small attendance most weeks, which translates into small 7th tradition donations. We are holding on as best we can. Rob W- GSR

Step Working Guides - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm – No Report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. - No Report

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday night - No report.

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. –Attendance is great. Sandy F stepped down from GSR and Kristen, the Alt GSR stepped up. Sandy F- Trusted Servant

Subcommittee reports:

Ad HOC Committee- No report

CAPITAL AREA UNITY SUBCOMMITTEE: Our Learner's Day was a success. We have everything in order for our fundraiser/ speaker jam on March 17th. We are finalizing plans for unity day on April 21st. We have no treasures report. Two of our committee members are willing to buy t-shirts to be available for the fundraiser so that we do not have to ask area for money. Also, our vice treasurer has been uninvolved in the committee, has missed all 3 area service meetings, and has only attended one sub committee meetings since her election. Jada B- Vice chair.

UNITY TREASURERS' REPORT: See Attached. - No Report

LITERATURE: Literature committee sold \$118.50 worth of lit at the learners day event. We also purchased \$1054.20 in literature this month. We sold \$529.30 in lit today. TFLMS, Will A- Lit Chair

POLICY: No Report

PUBLIC RELATIONS: Put on a workshop @ learners day on how to best utilize the website. It went well. The website blog was updated to include discussion topics for all steps, traditions, and

concepts. I still need to update it with contacts for the new chair and vice chair positions. Malvern O has joined the PR committee. We still need members. We had someone interested in starting a meeting at the location where learners day took place, however, the contact has not returned any of my calls. Brandon R.

RCM: Hi family, I'd like to thank you all for allowing me to serve this area as your RCM. My experience was enlightening. Effective today, I pass the position to the Alt RCM, Rob W. This years MARLCNA/CAR report was an interesting workshop with the WSB & WSO. I was in attendance with the Alt as well as other members of our area. I personally will keep my thoughts and concerns to a minimum as to how motions and proposals will effect different areas and regions throughout our fellowship. In closing I would like to thank the area for this years learners day. I enjoyed myself and hope that I was able to enlighten some people on what we do. To Rob W, thanks for teaching me how to be open to others. Next regional meeting is march 10, 2012 in Lebanon. I don't have my notes as they were being held by the area vice chair. Once I get my notes, I'll get the other information out. Thanks, Rob W- RCM

MARATHON: No Report

HOSPITALS & INSTITUTIONS: There were 16 members in attendance today. Meetings are being taken into the established facilities. We are proud to announce that Perry Co Prison has been added to our list and a meeting is being taken in weekly on Thurs from 6-7pm. TYFAUTS, Jan A- H&I Chair.

Facility reports:

ARC: All is good. Good attendance. All is good. Marty F.

C-90: 2nd and 4th Thurs. 7-8pm- 2nd and 4th Thurs in Feb there was no meeting bc the house was in lock down and would not let me in. TY, Marty F.

Capital Pavilion: 7-8pm first Mon. of month- All is well. The last meeting was moved to 2nd Monday. Amanda V.

Chambers Hill A/C: No report

Common Ground: 2nd and 4th Tuesday, 7-8pm.- Lit and speaker. All is good. Steve B.

Conewago Place: Women's- No Report

Men's- Steve from Lancaster spoke last Tues. Attendance was low due to the members going to an AA meeting during our meeting. Al is well; good participation. ILS, Sheldon K.

Cumberland County Prison: Womens'-Mon. 630-730pm- All is going well. Attendance varies weekly from 6-18 inmates. Only a few share. IS, Chris W.

Mens'-Thur. 630-730pm and 730-830pm- No Problems. Michael B.

Dauphin County Prison: Women-every Sunday 9-10am- I was not able to take the meeting in one week. The facility was made aware in advance. The other meetings are going well. Attendance is 9-15 women. The women participate and are grateful for the meeting. No issues at the time. Jan A.

Men, every Thurs 6:30- I had 12 @ 1st meeting, 4 @ 2nd. Good turnout and sharing. Linda M had 2/23, Jan took it 3/1 bc I was sick. All is well. Jim C.

Perry County Prison- Thurs-6-7pm – Held 2nd meeting this week. Have 3 people approved. Mike G.

Salvation Army: 2nd and 4th Sunday- All is good. Good attendance. All is good. Marty F.

Schaffner Detention Center: No Report

Siena House: No report

Woodside: The facility has moved to its new location on Gibson St. The meetings are going well w/ good participation and grateful for the meetings. No Issues at this time. Jan.

OLD BUSINESS: No Old Business

NEW BUSINESS: **2 New Motions, 2 positions voted into Office**

Motion #1: (Housekeeping) To reimburse the HOW group for a Conference Agenda Report for \$13.50. Intent: As per policy. Written By: Chris W, 2nd by Steve W. **PASSED

Motion #2: (Back to Groups) As the current policy stands the secretary has 2 weeks to get the minutes mailed out. . I would like to submit an addendum which states that the secretary must also email the website admin the minutes within 7 days. Intent: to be able to more effectively dispense the area minutes to the community. Written By: Brandon R, 2nd by Katie K.

Crystal was voted in as Alt RCM, and Malvern was voted in as Public Relations Vice Chair. Thank you for your service!!!

Discussion Topics: **3 New Discussion Topics

DT #1: How do we now go about the secretary expenses of \$100.00 per month now that we have minutes online. Written By: Nancy U.

DT #2: Has anyone contacted the area chair about sending the key back from Florida. I had to go to Middletown to the pastors house to get his key to open up the church for literature to get material for learners day and had to return the key to the pastor. Written By: Malvern O.

DT #3: Last year this area voted to save money on mailing out the minutes only to those who don't have computers, but the cost to the area has remained the same with the secretary still receiving a \$100.00 for mailing. Can someone explain why this is still going on. Why are we still spending \$100.00 a month on mailing out minutes. Written By: Malvern O.

Notes: Both the Area-Chair and the Area Vice-Chair were absent, so the GSRs present nominated Steve B to fill in as area chair.

Area appointed the Area Vice Chair as acting, temporary Unity Treasurer until a trusted servant steps up to take the commitment and fill the position. Also, Vice-chair will be contacting Patricia W. to find out her intent with the position.

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:43PM, Moved by Frank Y & 2nd by Katie K.**

Next area is 04/01/2012. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Rachelle W. - Area Secretary

Sandy P. - Area Vice-Secretary

\$ 724.19
 700.00-PR
 \$ 24.19 Balance
 Bank statement
 + \$ 7.14 adjustment

CASNA Treasury Report
Date: 3-4-12

XX
 Debit column Credit column Balance column

Opening Balance		\$ 731.33
Less Prudent Reserve		\$ 700.00
Working Balance		\$ 31.33

INCOME

Group Donations	\$ 351.87	
Literature Income	\$ 529.30	
Misc- <i>Learners Day Kit income</i>	\$ 118.50	Deposited 2-24-12
Misc- <i>return from Sec</i>	\$ 35.99	
Misc-	\$	
Misc-	\$	
TOTAL INCOME	\$ 1035.66 \$ 1,066.99	

EXPENSE

Phone Power	\$ 153.95	CR# (2482)	
Verizon	\$ 23.30	(2483)	
Secretary	\$ 100.00	(2485)	
ASC Rent	\$ 25.00	(2480)	
H&I	\$ 94.00	(2484)	
PI	\$ 40.16	(2490)	
Literature expense	\$ 1054.20	(2486)	
Misc- <i>phone ad</i>	\$ 14.75	(2481)	
Misc- <i>supplies</i>	\$ 69.30	(2488)	
Misc- <i>meeting</i>	\$ 16.88	(2487)	
Misc- <i>Will A kit</i>	\$ 2014.40	(2489)	
Misc- <i>supply</i>	\$ 13.50	(2491)	
TOTAL EXPENSE	\$ 1625.18		
Working Balance		\$ (-558.19)	
Plus Prudent Reserve		\$ 700.00	
Ending Balance		\$ (141.81)	