

Volume 30 Number 2

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Frank, Area Chair opened the 349th meeting of CASNA, on 02/02/14, at 2:00PM, with the Serenity Prayer. Nancy U. read the 12 Traditions and Chrystal D. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.

2. A member may speak once to an issue.

3. A member must be recognized by the Chair to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.

5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair.

7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 24 at 2:05 PM

Attendance notes: Vice treasurer, Unity Vice Treasurer, Vice secretary and Policy Vice Chair position's are open.

****Next Area is March 02, 2014****

New GSR's: Colin F- Life or Death, Becca A- Lunch bunch, Angel F- Journey Continues, Dustin W- Back to Basics.

New Meetings:

Corrections to the Minutes: Cumberland county prison H&I time incorrect.

Orders of the day:

Opening Treasurers report: *See attached.

Groups with Problems: None

Group reports:

A Gift Called Life - 141 W. Main St, Elizabethville, Pa. 7:30-8:30PM - No Report.

Acceptance Group - Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM -Each meeting has regular attendance every week. Literature order was \$22.60. Steve W. GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM -Blessings to everyone. We are seeing a lot of new faces, and have more home group members involved. Our rent is paid through march and we were able to order literature. I'm truly grateful to be serving. TFLMS Henry JR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa - Meeting is going well. Attendance is 30-35/week. Rent is paid. Dustin W GSR

Bottom Line Group - 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM - Everything in the group is well. Making donation to area of \$40.00 and purchasing \$43.00 in literature. Have an upcoming function March 15,2014 waiting to be approved! TFAMTS, Richard B

Clean and Free - 2nd and State 12-2pm Sat. - Our group is doing well. All positions are filled. Rent is paid and supplies are sufficient. Literature bought and area donation has been made. We

have had several members celebrating anniversaries & upcoming Alphonso's 20 years, James A 6 years, Virginia W 3 years so we will be hearing their experience, strength and hope. Other Saturdays the message is also in our meeting. TFAMTS, Nancy U. GSR

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – Everything good. Starting on time. Attendance good. Need home group members. Ginger L.

Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No Report.

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 – Meeting is doing good, good turn out. Starting on time and out of the church on time. Louis H.

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. –Meeting Attendance is high. We are asking for more members to be of service, we have few people taking on many commitments. TFLMS, Kristyn G.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Meeting is doing well. Attendance is approx 12-18 members per meeting. Steve W. Group member

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – Literature order placed for \$115.30. Both of the meetings are usually very well attended. Our business session has 10 members and both area & region motions were discussed. Chris W GSR.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- Group is a book study meeting that is going smoothly. Weekly attendance is about 20 people per week. Angelica F. GSR

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Our group is doing ok. Rents paid and we have some literature. We are opening and closing on time and carrying the message of N.A. Thanks for allowing us to serve. Just for Today group

Life or Death - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, PA. – No Report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Meeting attendance is well, no group issues. In Planning stages of April bon-fire mtg. Date and Flyers are in process. Area donation \$23.71. Withheld \$30.00 for bon-fire meeting. David H.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – No Report.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Meeting attendance is good. Our format continues to go speaker meeting alternating with a step/tradition meeting. We are starting to plan our summer events a picnic and a campout. There will be more details in flyers that will be handed out at area in the coming months. TFAMTS Steve H

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- Meeting is going well. Family fun & game night is scheduled for 3/1/14. Following our regular meeting, \$2.00 donation requested. If you dont have it come anyway!! Flyers will follow. Thank you for your support. Wayne S.

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Survivors: Revisited Friday 10-11pm. – No report.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No report

Only Hams Are Cured – Sat. 7-8:30. 3rd and Harris St – Meeting is going very well. We got new members. Home group voted on giving a basic text to a new comer. Also will be a vote on new GSR and other officers. TFLMS Iris N

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – Our home group is doing well. We've picked up three new home group members. Kim M

Rae of Hope - 100 West Main St., Corner of Church & Main, New Bloomfield, PA 17068, 7-8PM on Tuesday(s) – No Report

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No report

Restored to Sanity- 8 S. Hanover st. Room 10, Carlisle PA. Tuesday 12-1pm- No Report.

Rise to Freedom- Thurs at 12pm, Cameron St, HBG- No Report.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – For the last few weeks the pastor has asked the group to meet on the 3rd floor. Please follow signs. The main entrance and elevator are now in use. TYFAMTS. Faith W

Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. Meeting is in need of support. TFAMTS Rita W.

Step Working Guides - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm – No report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. –Meeting is still in need of

support. TFAMTS Bridget H

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday night – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – No Report.

Sub committee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: Committee discussed upcoming events: Feb 15th, 2014- Learners day 15th and Derry 11:00-9:00 Dance to follow. March 15th, 2014- Fish fry 122 Geary st New Cumberland PA 1-5pm, April 19th, 2014- unity Day 15th and Derry 12:00-9:00pm Dance to follow. Our monthly dance in January was a success. Committee will be asking Area for T-shirt funds to put order in. Total to date \$450.00. Iris N. Vice Chair

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: We submitted a receipt for \$668.36 for our order from world services. We sold \$1052.65 this month and submitted \$1052.65 to area treasurer. I received a check for \$21.50 as reimbursement for copies of the new literature order form from staples. I adjusted the form to fit on one page and if you have any suggestions or questions feel free to inquire. I would like to remind you that we will not accept orders after after 1:30pm. Also, please be sure that you are ordering from our new form. I would like to thank everyone who assisted in the filling of the orders today, yours service is greatly appreciated, please keep coming. Meeting lists are available. THAMTS, Kristyn G.

POLICY: No report. TYFLMS, Steve H.

PUBLIC RELATIONS: No Report.

RCM: Good afternoon, It is important to region that each area contribute in regards to unseating the 18 members of the world board to be replaced by 18 temporaries serving 2 years. Motion 1213 WSC 2 RD directive (that is currently a proposal from multiple regions). Motions 4,5,6 of the CAR report Pg.22 be tabled until 2016. Please attend Learners day and access NA.ORG for CAR and CAT. The passwords are available to ALL. Insurance forms were attached to the minutes in January donation of \$11.00 or \$12.00 would be appreciated. Next region meeting is March 8th at St. John's united church of christ Fogelsville, PA See attached flyer. Faith W.- RCM

AUDIT: No Report

HOSPITALS & INSTITUTIONS: We had a few new members today. There are 4 open facility commitments currently: Dauphin Co. prison Men, Perry Co. prison Men, Capital pavilion Women and Keystone. Anyone with a year or more clean, please attend the sub-committee mtg. At learners day on Feb 15th, our presentation is 12:00-12:30pm. A volunteer speaker list is being updated. Chris W Chair

Facility reports:

ARC: Last month the facility canceled the H & I commitment, saying it was because of the farm show, so no new news. Rachelle W.

C-90: 2nd and 4th Thurs. 7-8pm- Attendance & participation is going well. Have had good speakers. Thanks for letting us be in service. There was one thursday that we went to bring in a speaker and the house was locked down. TFAMTS, Jen P and Lorain P.

Capital Pavilion: 7-8pm 2nd Tues. of month- Position is OPEN.

Common Ground: 2nd and 4th Tuesday, 7-8pm.- All is well. Speakers and Literature. TFAMTS Steve B.

Conewago Place: Men+Women 1st and 3rd Tues –Men- Meeting is going well, no problems. Alisha H will begin being the contact for females in feb (2014). **Women- See Men's report**.**

Cumberland County Prison: Womens'-Mon. 600-700pm- I fulfill my comittment each week. There are 15-25 inmates. Cat did come in once. Chris W

mens'-Thur. 630-730pm and 730-830pm- No problems. Well attended. All participate. Wayne S.

Dauphin County Prison: Women-every Sunday 9-10am- I have been going in every week after working 3rd shift I stay up and will continue commitment. There are 25-30 inmates attending. Jan A.

Men, every Thurs 6:30- Position is OPEN

DGP Men's Work Release- Weds 6-7pm. – Meeting is Going Well. Great participation, usually 15-20 participants. Facility polite, grateful and receptive. Dean L.

Keystone: Tues 6:30-7:30pm – Spoke to Josh T.- He was unable to take meeting in at all due to working doubles. If there is anyone else available that would be great.

Perry County Prison- Thurs-6-7pm – Chairperson called to inquire about the possibility of changing the meeting day/time. The warden seemed to not even understand who or what I was talking about. He gave me the number of the counselor who does that scheduling but she was off that week. I will call back. Dean will check with men at the Friday NA meeting.

Salvation Army: 2nd and 4th Sunday 7pm- Meeting attendance good. Participation good. Facility receptive. Brendan R. is taking in 4th Sunday, Jen P is taking 2nd Sunday. TFAMTS Jen P/ Brendan R.

Woodside: Small meetings 4-5 women. Not very interested in participation, so have been reading literature which has helped increase their participation. Bridget has not been in to cover every other Sunday. Chrissy F.

OLD BUSINESS:

MOTION 3- To have a 3 hours dance. INTENT: Eliminate excess cost. Written by: Gerald W., 2nd by: Rich B. **** To be voted on 03/2014**

MOTION 4- To have unity committee pay \$150.00- \$200.00 for DJ services for 3hr dance. INTENT: To better manage area funds. Written by: Gerald W., 2nd by: Rich B. ****To be voted on 03/2014**

MOTION 5- To vote on motions the following month vote is submitted. INTENT: To expedite the voting process to ensure area business is done promptly. Written by: Gerald W., 2nd by: Rich B. ****To be voted on 03/2014**

NEW BUSINESS:

Motion 1 (housekeeping)- To donate 6 Basic texts to the unity Committee for use at Unity day to be distributed to New Comers at this event. **Intent:** ^ basic texts were donated from NAWS to region, distributed to areas in December. As unity day donates books to New comers during the unity day event and they are at a critically low financial place currently, this may help us to continue our primary purpose in a public forum. Written by: Faith W, 2nd by: Bridget H. ***PASSED***

Motion 2 (housekeeping)- I am requesting reimbursement for traveling to MARSCNA to attend the regional assembly in Allentown, PA on Jan 18th 2014. I traveled 72 miles @ 0.55 cent per mile for a total of \$79.20. **Intent:** to comply with policy. Written by: Crystal D, 2nd by: Faith W. ***PASSED***

Discussion Topics: To determine our Area's vote on regional motions. 1213P1 That only NA members contribute to the representation of a design pertaining to NA merchandies for MARLCNA logo. Information in feb 2014 minutes. 1213Wsc1 For wsc to hold a vote to remove all world board members from their positions in accordance with California Corp. code, Article 2, Selection, Removal and Resignation of directors, and replace them with up to 18 temporary WB members, serving a 2 yr term, not to include any removed world board members.

Notes:

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:55pm, Moved by Georgann W. & 2nd by David H.**

Next area is 03/02/2014. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Bridget H. - Area Secretary
Chrissy F. - Area Vice Secretary

Journey Continues	P	P												
Just For Today	P	P												
	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Au	Sep	Oct				
*****GROUPS*****														
Life or Death	P	P												
Living Clean	P	P												
Lunch Bunch		P												
Message of Hope	P	P												
New Life Group	P	P												
Nothing to Fear														
Only Hams' Are Cured	P	P												
On Life's Terms	P													
Only the Desire	P	P												
Rae of Hope														
Rebels on the Hill														
Restored to Sanity	P													
Rise To Freedom	P	P												
Share & Care	P	P								P				
Steps to Freedom	P	P												
Step Working Guides														
Value of Life	P	P												
We Do Recover														
Women with a Message		P												

Legend:

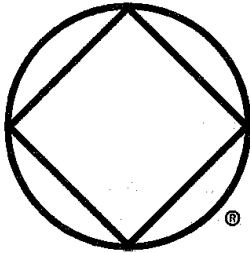
P = Present

O = Open Position

Updated April 2013

Mid-Atlantic Regional Service Committee Meeting

Hosted By the Little Apple Area



WHEN:

March 8th 2014

Subcommittees meet at **10 AM**

Main meeting starts at **Noon**

WHERE:

St. John's United Church of Christ

1027 Church Street

Fogelsville PA 18051

CONTACTS:

Cathy I – (484) 550-3010

Tim F – (484) 767-8275

C.A.N.A UNITY COMMITTEE

TREASURERS REPORT

EVENT DATE		<u>1-18-14</u>
STARTING BALANCE		<u>37.29</u>
	INCOME	
ADMISSION		<u>328.00</u>
FOOD		<u>132.71</u>
MISCELLANEOUS	Pictures	<u>25.00</u>
	SUB-TOTAL	<u>485.71</u>
	NEW BALANCE	<u>523.00</u>

	EXPENSES	
FACILITY		<u>100.00</u>
DJ		<u>220.00</u>
FOOD		<u>95.85</u>
MISCELLANEOUS ITEMS	Tee Shirts	<u>25.00</u>
	SUB-TOTAL	<u>440.05</u>
	ENDING BALANCE	<u>82.95</u>

COMMENTS

Committee would like to ask
if each home group will
donate 1 case of water and
bring to the next area to help
committee
Patricia Treasurer