

Volume 31 Number 2

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Will A., Area Chair opened the 361th meeting of CASNA, on 2/1/15, at 2:00PM, with the Serenity Prayer. Rachele W. read the 12 Traditions and Dave read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business Discussion

Topics

Closing Treasurers report

GSR count: 26 at 2:05 PM

Attendance notes: Vice Chair, Unity Vice Chair, Policy Vice Chair, and Unity Vice Treasurer positions are open.

****Next Area is March 1, 2015****

New GSR's: Sandy P. (HANA), Kate P. (Honesty Group)

New Meetings: None.

Corrections to the Minutes: None. Motion by Georgeanna W, 2nd by Kathy W.

Orders of the day: Motion by Nancy U., 2nd by Kathy W.

Opening Treasurers report: *See attached. Motion by Marianna H., 2nd by Ramona B.

Groups with Problems: None.

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – Literature order made for \$64.25. Rent donation made to church for the year for both meetings of \$120.00. No fund flow this month. \$30.00 given to Region for liability insurance. Steve W. GSR.

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM – Blessings to everyone. Our rent is paid through March and we were able to order literature and pay insurance for our home group for 2015. I am truly grateful to continue to carry the message. Henry Jr.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM – The group is doing well, attendance is up, the group is donating to Area. Tanya R.

Clean and Free - 2nd and State 12-2pm Sat. – Still need home group trusted servants. Sharing the responsibilities between 3 members. We will be open Saturday February 7th. Rent is paid, supplies are sufficient, no money left for anything else. Still waiting on back order from literature since December. In loving service. Nancy U. GSR

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – No Report.

Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No Report.

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 – We are having some concerns with the pastor, will be addressing these in a week or so. We can always use support from experienced members. TFAMTS. Sandy P.

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – All are welcome. Attendance has been steady. One meeting a month we will be dedicating the first half of the meeting to new comer topics. Kate P.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Meeting very well attended. We have a literature order of \$64.75. There are no problems to report. Tricia M. GSR

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – Attendance is steady. \$30.. forwarded to Region for insurance. \$13.50 for literature order. Our donation for rent to the church for both meetings for 2015 will be \$120.00. We are in need of home group members. Chris W GSR.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- No report.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – The meeting continues to deliver the message of recovery. Two representatives from our group attending the meeting with the minister on 1/19/15. He expressed that the church has appreciated having NA meetings for 20+ years. He did not have any concerns about the “Just for Today,” group. Betty W.

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA. – No Report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Attendance was down last month but we are still a large meeting. The home group is currently planning our semi-annual bon fire event for spring of this year to fall on May 9th with a rain date of the 23rd. Thank you! Have a great day! Mark M.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – All are welcome. Kathy W.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – No problems to report. We are in the planning stages of our summer events. Our camp out will be June 26, 27, and 28th. Flyers will be available soon. Continued meeting format of steps and speakers. Attendance is consistent. Olivia N.

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- Game night was a success. Thanks for coming out. Annual spaghetti dinner fundraiser will be March 28th, 6pm, help us to raise funds for our events throughout the year. Meeting will follow at 8pm. Steve B.

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. – Attendance is steady. Positive and productive relationship with owners of meeting facility. Facility is now handicap accessible. Rebecca M

O.D.O.P.(One Disease, One Program) – Fairview Brethren in Christ Church, 600 Evergreen Rd, New Cumberland, Wed 7-8:15pm – First month of new meeting. Meeting attendance is going well. Working on building prudent reserve and paid agreed upon rent first month from 7th tradition. More support would be welcomed but turn out has been great so far. David H.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No Report.

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. – No Report.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – Our meeting is doing good, as well opening and closing on time. Muhtadi

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No Report.

Restored to Sanity- 8 S. Hanover St. Room 10, Carlisle PA. Tuesday & Wednesday 12-1pm- No Report

Rise to Freedom- Thurs at 12pm, Cameron St, HBG- No Report.

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – Upcoming event – March 21st, 2015 (Saturday) Speaker Jam 12pm-8pm (on Steps and Traditions), Location Lindle Road. Snacks will be provided, along with dinner this is a free event. Tracey M.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – Meeting is going good. A member of our home group passed this last week. The meeting is handicap accessible. Brian B.

Step and Tradition – 15th & Derry St., Hbg, PA. Thur 6:30-8:15pm – No Report.

Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. – No Report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – No Report.

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – Our home group is in need of participation. We are struggling but we thank those who come anyway. Kim M.

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – No Report.

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: Learner's Day will be held 2/21/15, 12pm – 12am @ The Armory – flyers are out. Our March dance will be 3/21/15 @ 9pm @ The Armory. Unity Day will be held April 11, 2015 @ The Armory-flyers to be distributed. May monthly dance will be 5/9/15 (2nd Saturday) @ The Armory. It has been some issues at 15th & Derry church that is affecting the Unity committee of having our monthly dances! A meeting with the pastor on 1/19/15 was held due to issues from other members having events at the church. The committee has held meetings with the staff at the Armory, the 2nd Saturdays of each month through September 2015 are available for us to have all day events and dances. Kim P.

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: We started with \$8.60 We sold a total of \$813.65. Betty Jo H.

POLICY: We have completed typing the CASNA policy as written. Although the structure is complete the policy log still needs to be reviewed and verified as being in policy. Once this has been completed, policy will require help reviewing and incorporating changes of recent history, past 6-8 years. Steve H.

PUBLIC RELATIONS: On January 19th, there was a meeting at the facility with the Pastor and representatives from Just for Today group, Beginners Meeting. Issues discussed were – safety, security, smoking, and cleaning facility. If NA has a problem contact church facility only PR, Unity Chair, and Vice chair should be in contact. No roaming around the church. Trash disposed of properly. No 24 hour events. No gathering outside in the parking lot. Smoking on 15th Street side. Literature order submitted. Georgeanna W.

RCM: We have a new Area in our Region, Loch Haven Area. We are also looking to start a Pennsylvania Zone more info to follow next Region, still looking for input and discussion about this. We are looking for flyers from upcoming events to take to Region in Large amounts to be distributed among the Areas. There will be a literature workshop at MARLCNA on Friday from 3pm-6pm, please if interested, attend this workshop. Region will be at the Fairview Township Fire Hall in Fairview PA March 14th the flyers will be online and MARLCNA as soon as available. Nancy U.

AUDIT: No Report

HOSPITALS & INSTITUTIONS: 14 members in attendance. Cumberland Prison, Perry County Prison, Dauphin County Prison Men, Conewago Men, Conewago Women. Always need help. Mary Ann R.

Facility reports:

ARC: No Report.

C-90: 2nd and 4th Thurs. 7-8pm- 1/8/15 – 39 Women and Men in attendance. Open sharing, good participation. Spoke with Darren Masley introduced myself and confirmed dates and times of the meeting. 1/16/15 – 43 Men and women in attendance, Brigit spoke. Mary Ann R.

Capital Pavilion: Men 7-8pm 2nd Tues. of month – OPEN. No Report.

Capital Pavilion: Women 7-8pm 2nd Tues. of month – OPEN. No Report.

Common Ground: 2nd and 4th Tuesday, 7-8pm.- All is well, step and literature meeting. TFAMTS Steve B.

Conewago Place: Men 1st and 3rd Tues , 5:30-6:30 – No Report.

Conewago Place: Women 1st & 3rd Tuesday, 5:30-6:30pm – No Report.

Cumberland County Prison: Womens'-Mon. 630-730pm- Consistent attendance and participation. Must keep focusing them on going to meetings when released. Chris W

Cumberland County Prison: Mens'-Thur. 700-800pm – No problems to report. Wayne S.

Dauphin County Prison: Women-every Sunday 9-10am- DCP is good. Only had 2 visits. Was sick one week and they were on lock down last week. See you next month. Jan A.

Dauphin County Prison: Men, every Thurs 6:30- Position is OPEN. No Report.

DCP Men's Work Release- Weds 6-7pm. – Took in meeting every other Wednesday.

Attendance has been normal 8-10 ppl. Talked to CO's and 6-7pm is best time because of other things (ie. Medications) going on in the evening. People have donated Basic Texts. Meeting is going good. Dean L.

Perry County Prison- 2nd and 4th Weds 7-8pm- No problems with meeting. Still need other members interested in carrying the message into the facility. Steve W.

Salvation Army: 2nd and 4th Sunday 7pm- Meeting attendance is good. Participation is good. TFAMTS Brendan R.

Woodside: Sunday 6-7pm – Things are going well. Averaging 15-20 women per meeting. They require some encouragement to get started. One meeting missed due to a schedule misunderstanding. Chrissy F.

OLD BUSINESS:

Motion 9-7-14-01 – To eliminate from the orders of the day, #1. All viewpoints will provide more effective communication. Current policy does allow the Chairperson to call on an “observer” at their discretion. **Intent:** Decision making discussions ought to be open for participation to all NA members in attendance at Area. We come together to serve. Reference Concepts: 7, 8, 9, and 12. **Written by:** Chris W. and **2nd by:** Mark M. **Discussion (October 3, 2014) Vote (January 4, 2015) Vote 8-9-5 *****Failed*******

Motion 11-2-14-01- To create a marathon committee. **Intent:** To take some responsibility away from Unity committee. **Written by:** Deborah W. and **2nd by:** Ramona B. **Discussion (January 4, 2015) Vote (February 1, 2015) ***Motion made by Steve W, 2nd by Steve B to table this motion, passed vote of 16-5-2.*****

Motion 11-2-14-02 – Our committee would like to ask that our balance be raised to \$1,000. With asking we are only talking about how much money we can hold in our account, not that the Area has to give us any money but that we are able to hold that much in or account for event and that we don't have to come to Area for help. **Intent:** To help with financial responsibility to the Area. **Written by:** Deborah W. and **2nd by:** Ramona B. **Discussion (January 4, 2015) Vote (February 1, 2015) Vote 3-11-9 *****Failed*******

Motion 1-4-15-03- To change the ASC meeting/administrative orders of the day for the monthly meeting from 3-10-85 to: 1. A member must be recognized by the chairperson to address the floor. 2. A member may speak only once to an issue. 3. Sub-committee reports will be limited to 10 minutes, plus questions and approval. 4. Discussion topics must be in written form and given to the chair. Members may speak on a topic for a maximum of 5 minutes. 5. For an item to be placed on the agenda, it must be in motion form with a second. **Intent:** To update the Area policy reflecting current format. **Written by:** Chris W. and **2nd by:** Tracey M. **Discussion (February 1, 2015) Vote (March 1, 2015)**

Motion 1-4-15-04- To send to the groups a request to additionally over the addition printing cost of \$127.36, that totaled \$227.36 that exceeded the \$100 allowed for subcommittee costs. **Intent:** As per policy all amounts over \$100 need to be voted on by groups. **Written by:** Nancy U. and **2nd by:** Faith W. **Discussion (February 1, 2015) Vote (March 1, 2015)**

NEW BUSINESS:

Motion 2-1-15-1- To amend the contractual obligation for the Unity sub-committee. To make available any and all contracts or agreements they have in place, regarding services rendered on a monthly basis to be included and attached to the treasurer's report each month. **Intent:** To provide better accountability. **Written by:** Rob W. and **2nd by:** Sandy F. **Discussion (March 1, 2015) Vote (April 12, 2015)**

Motion 2-1-15-2(Housekeeping) A motion was made by Steve W, 2nd by Chris W to move April's Area meeting from April 8th to April 12th, due to holiday. *******Passed*******

DISCUSSION TOPICS:

None.

Notes: None

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:37 pm, Moved by Olivia & 2nd by Brian R.****

Next area is 3/1/2015. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Chrissy F. – Area Secretary

Stef R. - Area Vice Secretary

New Life Group	P	P											
Nothing to Fear	P												
ODOP (One disease one prog)	P	P											
Only Hams' Are Cured	P	P											
On Life's Terms	P	P											
Only the Desire	P	P											
Rebels on the Hill													
Restored to Sanity													
Rise to Freedom		P											
Saturday at Swatara	P	P											
Share & Care	P	P											
Step and Tradition													
Steps to Freedom													
Value of Life	P												
We Do Recover		P											
Women with a Message	P	P											

Updated January 2015

SAVE THE DATE

WHEN

Saturday,

March 21, 2015

Noon to 6:00 p.m.

Dinner

NA Meeting at 7:00 p.m.

WHERE

Swatara Church of God

Lindle Road

NARCOTICS ANONYMOUS
SPEAKER JAM

C.A.N.A. UNITY SUB-COMMITTEE

TREASURERS REPORT

EVENT DATE: Jan. 17th 2015

STARTING BALANCE:

Dance
664.97

INCOME

ADMISSION:

470.00

FOOD:

195.00

MISCELLANEOUS ITEMS

0

SUB-TOTAL

665.00

NEW BALANCE

1,329.00

EXPENSES

FACULTY RENT:

160.00

DJ:

225.00

FOOD:

185.56

MISCELLANEOUS ITEMS:

0

SUB-TOTAL

570.56

ENDING BALANCE

759.41

COMMENTS:

- 25.00 Tax shirts
734.41
