

Volume 36 Number 10

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rob G., Area Chair, opened the 373rd meeting of CASNA on 10/04/2020 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

| | |
|-----------------------------|--|
| GSR Count: | <u>11</u> |
| New GSR's: | Kevin S - clean and free Erin M - desire to grow Justin J - keeping the hope alive |
| New Meetings: | n/a |
| Corrections to the minutes: | n/a |
| Opening Treasurer's Report: | See attached. |
| Groups with Problems: | N/A |

GROUP REPORTS

| <u>Group</u> | <u>Update</u> |
|---------------------|----------------------|
| Acceptance | |

| | |
|-----------------------------|--|
| All Are Welcome | |
| Any Lengths | |
| Back to Basics | |
| Bottom Line | Group is doing well! Purchasing \$87.00 literature and making donation to area. Thanks for allowing me to serve. Rich B. |
| Breath of Life | |
| Clean and Free | Home group is doing very good. Attendance is picking up as well. |
| Commitment to Change | |
| Cut & Dry | |
| Desire to Grow | |
| Exodus to Genesis | |
| Friday Late Night | |
| H.A.N.A. | |
| Honesty | |
| Hope is Alive | |
| H.O.W. | |
| Journey Continues | |
| Just for Today | Our meeting is open and running. We are sill carrying a clear message of N. A. Thank you for allowing us to serve. |
| Keep the Hope Alive | |
| Life or Death | |
| Linglestown Meeting | |
| Living Clean | |
| Lunch Bunch | |
| Message of Hope | |
| New Life Group | |
| Non-Conformists | |
| Noon-Day Serenity | |
| Nothing to Fear | |
| ODOP | |
| Only Hams' Are Cured | |
| On Life's Terms | |
| Only the Desire | |
| Saturday at Swatara | |
| Share & Care | |
| Step and Tradition | |
| Step writing meeting | |
| The Gathering Place | |
| The Truth Will Set You Free | |
| Value of Life | |
| We Do Recover | |

SUBCOMMITTEE REPORTS

| <u>Sub committee</u> | <u>Update</u> |
|-----------------------------|---|
| Audit | |
| Capital Area Unity | Speaker Jam 10/17/2020 517 front st New Cumberland Change We Must |

| | |
|--------------------------|---|
| Subcommittee | Or Die We Will. Food, fun, and fellowship. From 12 noon to 6pm. Thanks for letting me serve. |
| Unity Treasurers Report | End balance \$290.18. Shirts \$530.00. |
| Literature | |
| Policy | Nothing to report. |
| Public Relations | None |
| RCM | The mental health pamphlet was published and is available at na.org or with your literature order. The spiritual principal a day book is still taking contributions and feedback at na.org/spad. There is a platform for resource sharing involving hybrid virtual meetings, reopening guidelines and assistance at na.org/virtual. NA is now on instagram at instagram.com/narcoticsanonymous. There are various positions open at Region and I have included the list, for anyone who is interested. I turned in the \$800.00 donation to the treasurer today and thanks for allowing me to serve. - Crystal D. |
| Hospitals & Institutions | |
| Marathon | |

| | |
|------------------------|--|
| OLD BUSINESS | None |
| NEW BUSINESS | Marathon Chair nomination – Gerald W. Marathon Vice Chair nomination – Richard B. Vice Chair nomination – Erin |
| HOUSEKEEPING MOTIONS | |
| DISCUSSION TOPICS | Send area meeting list update to na.org. -Chris S. |
| FINAL TREASURER REPORT | |
| Open Positions | |

NEXT AREA SERVICE WILL BE HELD ON 11.1.2020 at JFT in Lemoyne. SUBCOMMITTEES WILL MEET AT 1:00 PM, AND AREA STARTS AT 2:00 PM.

**In Loving Service,
Chris S. – Area Secretary**

| | Jan | Feb | Mar | Apr | May | June | July | Aug | Sept | Oct | Nov | Dec |
|----------------------------|-----|-----|-----|-----|-----|------|------|-----|------|-----|-----|-----|
| *****POSITIONS***** | | | | | | | | | | | | |
| Area Chair | P | P | P | | | | P | p | p | p | | |
| Area Vice Chair | O | A | P | | | | O | o | o | o | | |
| Secretary | P | P | P | | | | P | p | p | p | | |
| Vice Secretary | O | P | P | | | | O | o | o | o | | |

| | | | | | | | | | | | | |
|-------------------------|---|---|---|--|--|--|---|---|---|---|--|--|
| Treasurer | P | P | P | | | | A | p | p | p | | |
| Vice Treasurer | O | O | O | | | | A | o | o | o | | |
| Unity Chair | P | P | P | | | | P | p | p | p | | |
| Unity Vice Chair | P | P | P | | | | A | a | a | p | | |
| Unity Treasurer | A | P | P | | | | A | a | a | a | | |
| Unity Vice Treasurer | P | P | P | | | | A | a | p | p | | |
| RCM | P | P | P | | | | P | p | p | p | | |
| Alt. RCM | O | P | P | | | | O | o | o | o | | |
| H&I Chair | P | P | P | | | | P | a | p | p | | |
| H&I Vice Chair | A | A | P | | | | P | p | o | a | | |
| PR Chair | P | A | P | | | | P | a | p | p | | |
| PR Vice Chair | P | P | P | | | | A | a | o | o | | |
| Literature Chair | P | P | P | | | | P | p | p | a | | |
| Literature Vice Chair | O | P | P | | | | O | p | o | p | | |
| Policy Chair | P | P | P | | | | A | a | p | p | | |
| Policy Vice Chair | P | P | P | | | | A | p | p | p | | |
| Marathon Chair | A | A | P | | | | A | o | o | o | | |
| Marathon Vice Chair | O | O | O | | | | A | o | o | o | | |
| | | | | | | | | | | | | |
| *****GROUPS***** | | | | | | | | | | | | |
| Acceptance | A | A | P | | | | p | a | p | a | | |
| All Are Welcome | P | P | A | | | | a | a | a | a | | |
| Any Lengths | A | A | p | | | | a | a | a | a | | |
| Back to Basics | P | P | p | | | | p | a | p | p | | |
| Bottom Line | P | A | p | | | | a | a | p | p | | |
| Breath of Life | P | P | p | | | | a | p | p | p | | |
| Clean and Free | P | P | a | | | | p | p | p | p | | |
| Commitment to Change | A | A | p | | | | a | a | a | a | | |
| Cut & Dry | A | P | p | | | | a | a | a | a | | |
| Desire to Grow | A | P | p | | | | a | a | a | p | | |
| Exodus to Genesis | P | A | p | | | | a | a | a | a | | |
| Friday Late Night | P | P | p | | | | a | a | a | a | | |
| Keeping the Hope Alive | | | | | | | | p | p | p | | |
| H.A.N.A. | A | P | p | | | | a | a | a | a | | |
| Honesty | P | P | P | | | | p | p | p | a | | |
| Hope is Alive | A | A | A | | | | p | a | a | a | | |
| H.O.W. | P | P | P | | | | p | a | a | a | | |
| Journey Continues | P | P | P | | | | a | a | a | a | | |
| Just for Today | P | P | P | | | | p | p | p | p | | |
| Life or Death | P | P | A | | | | a | a | a | a | | |
| Lingelstown Meeting | A | A | P | | | | a | a | a | a | | |
| Lunch Bunch | P | P | P | | | | p | p | p | a | | |
| Message of Hope | P | P | A | | | | p | p | p | a | | |
| New Life Group | P | P | P | | | | p | p | a | a | | |
| Non-Conformists | A | A | A | | | | a | a | a | a | | |
| Noon-Day Serenity | A | A | A | | | | a | a | a | a | | |
| Nothing to Fear | A | A | A | | | | a | a | a | a | | |

| | | | | | | | | | | | | |
|----------------------|---|---|---|--|--|--|---|---|---|---|--|--|
| ODOP | P | P | P | | | | p | p | p | p | | |
| Only Hams' Are Cured | P | P | P | | | | p | a | a | a | | |
| On Life's Terms | A | A | A | | | | a | a | a | a | | |
| Only the Desire | P | P | A | | | | a | a | a | a | | |
| Saturday at Swatara | P | P | A | | | | a | a | a | a | | |
| Share & Care | P | P | P | | | | p | p | p | p | | |
| Step and Tradition | P | P | P | | | | p | a | p | a | | |
| Steps to Freedom | P | A | P | | | | p | a | a | a | | |
| Step writing meeting | | | P | | | | a | a | a | a | | |
| The Gathering Place | P | P | P | | | | a | p | a | a | | |
| Value of Life | A | P | P | | | | p | a | p | p | | |
| We Do Recover | A | A | A | | | | a | a | a | a | | |

Legend:

P- Present

A- Absent

O- Open

**ALL POSITIONS THAT ARE OPEN FOR
NOMINATIONS/ELECTIONS IN NOVEMBER 2020**

REGIONAL VICE CHAIR

REGIONAL VICE TREASURER

REGIONAL VICE SECRETARY

REGIONAL PR CHAIR

REGIONAL PR VICE CHAIR

REGIONAL H&I VICE CHAIR

REGIONAL POLICY VICE CHAIR

INSURANCE LIASON

INSURANCE LIAISON ALTERNATE

CASNA MONTHLY TREASURER OCTOBER

| | | Ck# |
|-----------------------|-----------------|------|
| Opening Balance | \$1,628.19 | |
| Less Prudent Reserve | \$1,500.00 | |
| Working Balance | \$128.19 | |
| INCOME | | |
| Group Donations | \$202.79 | |
| Literature Income | \$323.50 | |
| T-shirt | | |
| Misc | | |
| Misc | | |
| TOTAL INCOME | \$526.29 | |
| EXPENSES | | |
| Answer First | \$84.00 | |
| Verizon | \$45.40 | |
| ASC Rent | \$25.00 | 3284 |
| Literature Expense | \$275.74 | 3283 |
| H&I | | |
| Secretary | | |
| PI | | |
| bank fee | | |
| dex | \$10.00 | |
| TOTAL EXPENSES | \$440.14 | |

| | |
|--------------------------|------------|
| Working Balance | \$214.34 |
| PLUS Prudent reserve | \$1,500.00 |
| Ending Balance | \$1,714.34 |
| Less Reserve to T-Shirts | \$400.00 |
| Balance Available to use | \$1,314.34 |

Group Donations

| | Rcpt # | Ck # |
|------------------------------|-----------------|------|
| Acceptance Group | | |
| All Are Welcome | | |
| Any Lengths | | |
| Back To Basics | | |
| Bottom Line Group | \$8.79 813438 | |
| Breath Of Life | | |
| Clean And Free | \$20.00 813441 | |
| Commitment To Change | | |
| Cut & Dry | | |
| Desire To Grow | \$11.00 813436 | |
| Exodus To Genesis | | |
| Fresh Start | | |
| H.A.N.A. | | |
| Honest Group | | |
| Hope Is Alive | | |
| H.O.W. Group | | |
| Journey Continues | | |
| Just For Today | | |
| Life Or Death | | |
| Lingelstown Meeting | | |
| Living Clean | | |
| Lunch Bunch | | |
| Message Of Hope | \$119.00 813439 | 605 |
| Message Of Hope | \$23.50 813440 | 606 |
| Non-Contormists | | |
| Noon-Day Serenity | | |
| Nothing To Fear | | |
| ODOP | \$0.50 813442 | |
| Only Hams' Are Cured | | |
| On Life's Terms | | |
| Only The Desire | | |
| Saturday At Swatara | | |
| Share & Care | | |
| Step And Tradition | | |
| Steps To Freedom | | |
| Value Of Life | | |
| We Do Recover | | |
| Women With A Message | | |
| keeping the hope alive | \$20.00 813443 | |
| Total Group Donations | \$202.79 | |