

**Volume 35 Number 9**

**Capital Area Service Committee of Narcotics Anonymous (CASNA)**

Rey W., Area Chair, opened the 364<sup>st</sup> meeting of CASNA on 9.8.19 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

**Agenda:**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9<sup>th</sup> Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. For an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

**GSR Count: 23 @ 2:04 PM**

**New GSR's:**

- Heather – Desire to Grow
- Kenny – Just for Today
- Luna – Steps to Freedom
- Alicia – Clean and Free

**New Meetings: -**

- Recovery is Possible – Monday 7-8 pm Millersburg, PA Hillside Christian Fellowship

**Corrections to the minutes:**

- Unity Treasurer report was incorrect in last months minutes. Unity Treasurer to give secretary an updated report for August along with September's report. \*\*\*\*Not received by secretary in time for distribution\*\*\*\*\*

**Orders of the day:**

Moved by: Don

2<sup>nd</sup> by: Rachelle

**Opening Treasurer's Report:**

Moved by: Henry

2<sup>nd</sup> by: Sean

## **Groups with Problems:**

- Desire to Grow changed their meeting time a few months ago, but meeting list still showed old time. Literature will make changes for the next meeting list print.
- Bottom Line group moved to 7 N. 14<sup>th</sup> street beginning tomorrow, Monday 9.9.19

## **GROUP REPORTS**

### **Acceptance – NO REPORT**

**All Are Welcome –** Hi everyone! Our meetings are receiving good support. We donated \$20 to area and placed a literature order for \$54.75. TFLMS Henry Jr.

**Any Lengths –** Meeting running well, usual attendance of about 25 addicts with a strong rehab attendance. No donation to area this month. Zach W.

### **Back to Basics – NO REPORT**

**Bottom Line –** Group is doing well. Maintaining 10-15 people on average. On 9/9/19 the meeting will be at new location. \$18 in literature and \$20 donation to area. TYFAMTS Rich B.

### **Breath of Life – NO REPORT**

### **Clean and Free - NO REPORT**

**Commitment to Change –** All is going well. Thank you, Jeremy G.

### **Cut & Dry – NO REPORT**

**Desire to Grow –** Attendance is well at the home group. Only issue is time needs to be changed on meeting list to 730-830 instead of 830-930. Heather B.

### **Exodus to Genesis: NO REPORT**

### **Friday Night Late Night – NO REPORT**

### **H.A.N.A. – NO REPORT**

**Honesty –** Homegroup is functioning well. We made donation to area. Our homegroup is hosting a bonfire meeting on 10/26 @ Kings Kids Campground in Dillsburg from 5-10 pm. It is a free event, but food donations are welcome. TFLUS! ILS, Rachele W.

### **Hope is Alive – NO REPORT**

### **H.O.W. – NO REPORT**

**Journey Continues –** Meeting is doing well. Great support from our members. Could always use support. All are welcome. We donated \$31.25 to area. Orlando V./Faith W.

**Just for Today –** Group is lacking attendance but we keep the doors open. Kenneth W.

### **Life or Death – NO REPORT**

**Linglestown Meeting –** Regular attendance between 20-25 people. Meeting well – no issues. Donation to area \$300. Ashlei G.

### **Lunch Bunch – NO REPORT**

### **Message of Hope – NO REPORT**

**New Life Group -** No problems, all is good. Stef R.

### **Non-Conformists – NO REPORT**

### **Noon-Day Serenity - NO REPORT**

### **Nothing to Fear - NO REPORT**

### **ODOP – No report**

**Only Hams' Are Cured –** The business meeting started at 8:45 and ended at 10:00. We talked about who has an anniversary and how many medallions we need. We talked about rent and made a donation to area. Overall, we had a great meeting. Marlin J.

### **On Life's Terms - NO REPORT**

**Only the Desire –** Our homegroup is coming together, still in need of serious homegroup members. TFES Kim M.

**Saturday at Swatara** – Meeting attendance is consistent at 30-40 people with occasional attendance by treatment centers and halfway houses. Homegroup members are consistent at small numbers, some left – we are making a donation of \$500. IS, Tony

**Share & Care** – Group is seeing 40-60 each meeting. We spoke about area and will make effort to donate each area instead of every other. Chris P.

**Step and Tradition** – NO REPORT

**Steps to Freedom** – Meeting is doing well. We can always use additional support. Our format: open, step, tradition, topic meeting. Luna V.

**The Gathering Place** – NO REPORT

**The Truth Will Set You Free** – NO REPORT

**Twisted Sister** – NO REPORT

**Value of Life** – Great meeting attendance and good topics/feedback. Kurt J.

**We Do Recover** – We need support - help please TY, Michael C.

## **SUBCOMMITTEE REPORTS**

**Capital Area Unity Subcommittee** – We had a speaker jam 8/17/19 and dance fundraiser. It went very well. We had a labor day picnic 9/2 that also went well. October 16<sup>th</sup> we will be having area fundraiser and flyers will be at next area.

**Unity Treasurers Report** – report was changed a lot and not legible. Treasurer was going to email secretary clean copy but was not received by submission of minutes.

**Literature** – Sold \$629.65 – turned in \$628.75 (\$535 in cash, \$93.75 in checks) please give me all meeting changes now. New meeting lists come out next month. Julie L.

**Policy** – No policy updates. Policy available for purchase and printable online. Stef R.

**Public Relations** – NO REPORT

**RCM** – There was no regional service meeting since the last area service. Region is this Saturday at St. Stephens Episcopal church 35 S. Franklin Street Wilkes-Barre PA 18701. Sub-committees meet at 10 am Region starts at 12. There are several open positions:

Regional Vice Chair

Regional Vice Secretary

H&I Vice Chair

Insurance Liaison Alternate

Step Writing Vice Chair

Requesting reimbursement in the amount of \$142.68 for travel to July region in the Poconos. (246 miles)

\*\*\*spiritual principle a day project [www.na.org/spad](http://www.na.org/spad)

TYFLMS

Dawn B

**Marathon** – NO REPORT

**Audit** – NO REPORT

**Hospitals & Institutions** – NO REPORT

## **OLD BUSINESS** –

NONE

**NEW BUSINESS**

NONE

**HOUSEKEEPING MOTIONS**

NONE

**DISCUSSION TOPICS**

Faith W. – I would like to discuss creating an ADHOC committee (of which I am happy to participate in) to go the groups during business meetings to discuss the importance of contributing input (concept 2 & 7) and discuss how fund flow works, area and worldwide. This should be done in a loving way, encouraging way, letting groups know that their insight is just as important as financial support. I have gathered some materials and would be happy to help get a presentation prepared for review.

ADHOC FORMED – Rey W., Rob G., Faith W., Orlando V.

**Open Area Positions –**

Vice Secretary  
Marathon Vice Chair  
Alt. RCM  
Vice Treasurer  
PR Vice Chair

**Final Treasurer's Report** - see attached report

**In Loving Service,**

**Sandy P. – Area Secretary**

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>*****POSITIONS*****</b>												
Area Chair			P	A	P	P	P	A	P			
Area Vice Chair			A	P	P	P	P	P	P			
Secretary			A	O	P	P	P	P	P			
Vice Secretary			P	P	P	A	P	A	O			
Treasurer			P	P	P	P	P	P	P			
Vice Treasurer			O	O	O	O	O	O	O			
Unity Chair			P	P	P	P	P	P	A			
Unity Vice Chair			P	P	A	P	P	P	A			
Unity Treasurer			P	P	P	P	A	P	P			
Unity Vice Treasurer			O	P	P	A	P	P	P			
RCM			P	P	A	P	A	P	P			
Alt. RCM			P	P	P	P	O	O	O			
H&I Chair			P	P	P	P	A	P	A			
H&I Vice Chair			A	A	A	A	A	A	P			
PR Chair			O	P	P	P	P	P	P			
PR Vice Chair			O	P	O	O	O	O	O			
Literature Chair			P	P	P	P	P	P	P			
Literature Vice Chair			P	P	P	P	P	P	P			
Policy Chair			P	P	A	P	P	A	P			
Policy Vice Chair			P	P	P	P	P	P	A			
Marathon Chair			O	O	O	A	A	A	P			
Marathon Vice Chair			O	O	O	O	O	O	O			
<b>*****GROUPS*****</b>												
Acceptance			A	A	P	A	A	A	A			
All Are Welcome			A	P	P	P	P	P	P			
Any Lengths			A	P	P	P	A	P	P			
Back to Basics			P	P	P	P	P	P	A			
Bottom Line			A	P	P	P	A	A	P			
Breath of Life			P	P	P	P	P	P	P			
Clean and Free			A	A	A	A	A	P	P			
Commitment to Change			P	A	A	P	A	A	P			
Cut & Dry			A	A	A	P	A	A	A			
Desire to Grow			P	P	P	P	A	A	P			
Exodus to Genesis			P	P	P	P	P	P	P			
Friday Late Night								P	A			
H.A.N.A.			P	A	A	A	A	P	P			
Honesty			P	P	P	P	P	P	P			
Hope is Alive			A	A	A	A	A	A	A			
H.O.W.			A	A	P	A	P	A	A			
Journey Continues			P	P	P	P	P	P	P			
Just for Today			A	A	A	P	A	P	P			
Life or Death			P	A	A	P	P	A	A			
Lingelstown Meeting			A	A	A	A	A	A	P			

Lunch Bunch			P	P	P	A	P	P	A			
Message of Hope			P	P	P	P	P	P	A			
New Life Group			P	P	A	A	P	A	P			
Non-Conformists			A	A	A	A	A	A	A			
Noon-Day Serenity			A	A	A	A	A	A	A			
Nothing to Fear			A	A	A	A	A	A	A			
ODOP			P	P	P	P	P	P	P			
Only Hams' Are Cured			P	P	A	P	P	A	P			
On Life's Terms			A	A	A	A	A	A	A			
Only the Desire			P	A	A	P	A	A	P			
Saturday at Swatara			A	A	A	A	A	A	A			
Share & Care			P	P	P	P	P	P	P			
Step and Tradition			P	P	P	A	P	A	P			
Steps to Freedom			A	P	A	A	P	A	P			
The Gathering Place			P	A	P	P	P	P	P			
The Truth Will Set You Free			A	A	A	A	A	A	A			
Twisted Sister			A	P	A	P	A	A	A			
Value of Life			P	P	A	P	A	A	P			
We Do Recover			A	A	A	A	A	P	P			

**Legend:**

**P- Present**

**A- Absent**

**O- Open**

# CASNA MONTHLY TREASURER SEPTEMBER

		Ck#
Opening Balance	\$127.76	
Less Prudent Reserve	\$1,500.00	
Working Balance	-\$1,372.24	
<b>INCOME</b>		
Group Donations	\$1,930.38	
Literature Income	\$628.75	
marathon	\$25.00	7867
Misc		
Misc		
Misc		
<b>TOTAL INCOME</b>		<b>\$2,584.13</b>
<b>EXPENSES</b>		
Answer First	\$57.20	
Verizon	\$46.72	
ASC Rent	\$25.00	3246
Literature Expense		
H&I		
Secretary		
region donation	\$311.00	3248
DEX	\$10.00	
Bank fee	\$7.50	
Dawn B Region travel	\$142.68	3247
<b>TOTAL EXPENSES</b>		<b>\$600.10</b>

Working Balance	\$611.79
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,111.79
Less Reserve to T-Shirts	\$300.00
Balance Available to use	\$1,811.79