

Volume 35 Number 8

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rob G., Area Vice Chair, opened the 363st meeting of CASNA on 8.4.19 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. For an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count: 17 @ 2:03 PM

New GSR's:

- Sean M. – Friday Late Night

New Meetings:

- None

Corrections to the minutes:

- It was brought to the area's attention that last month's group report for We Do Recovery stated it was moved to 1422 Derry Street – it should be 1422 Market Street.

Orders of the day:

Moved by: Don

2nd by: Rachelle

Opening Treasurer's Report:

Moved by: Henry

2nd by: Sean

Groups with Problems:

An announcement was made by Gerald W. that there is meeting space available at 7 N. 14th street if any groups need a new meeting location. You can contact Gerald at 717-805-5987 for more information.

OUR AREA IS LACKING SUPPORT AND WE DESPERATELY NEED OUR GROUPS TO GET INVOLVED IN SERVICE. WE NEED OUR GROUPS TO ATTEND AREA SERVICE AND BE A PART OF THE AREA!!! WE NEED FINANCIAL SUPPORT FROM OUR GROUPS AS WELL AS MEMBERS TO FILL OPEN POSITIONS!

GROUP REPORTS

Acceptance – NO REPORT

All Are Welcome – Hi everyone! We will be celebrating our home groups 20th anniversary September 18th at 6pm. There will be guest speakers, food, refreshments and cake. We have donated \$15 to area and placed a literature order for \$57. TFLMS Henry Jr.

Any Lengths – Group is going really well, strong rehab attendance. No issues. Usually 20-30 addicts in attendance. \$50 donation to area service this month. ILS Zach W.

Back to Basics – NO REPORT

Bottom Line –NO REPORT

Breath of Life – NO REPORT

Clean and Free - NO REPORT

Commitment to Change – NO REPORT

Cut & Dry – NO REPORT

Desire to Grow – Reminder: Meeting has been moved to 7:30 pm. Attendance has been higher, outstanding support and growing homegroup members.

Exodus to Genesis: We have a successful meeting every Sunday. No problems or issues. Glenda B.

Friday Night Late Night – The Friday night late night group has had good attendance in July. We could use more homegroup members. Please help us carry the message of recovery to addicts late night Fridays in Mechanicsburg. Sean M.

H.A.N.A. – Homegroup is doing alright, need members. The message of recovery is being spread. TFLMS Chris P.

Honesty – NO REPORT

Hope is Alive – NO REPORT

H.O.W. – NO REPORT

Journey Continues – Both meetings are doing well. We have trusted servants for all positions. We ordered literature and donated to area today. TFAMTS, Diane R.

Just for Today – Our meeting is lacking attendance but the doors are open on time and we still carry the message by keeping the door open. TFAUTS, Just for Today Group

Life or Death – NO REPORT

Linglestown Meeting – NO REPORT

Lunch Bunch – NO REPORT

Message of Hope – NO REPORT

New Life Group - NO REPORT

Non-Conformists – NO REPORT

Noon-Day Serenity - NO REPORT

Nothing to Fear - NO REPORT

ODOP – No report

Only Hams' Are Cured – NO REPORT

On Life's Terms - NO REPORT

Only the Desire - NO REPORT

Saturday at Swatara – NO REPORT

Share & Care – No updates. Meeting attendance remains typical. Chris P.

Step and Tradition – NO REPORT

Steps to Freedom – NO REPORT

The Gathering Place – NO REPORT

The Truth Will Set You Free – NO REPORT

Twisted Sister – NO REPORT

Value of Life – NO REPORT

We Do Recover – We need support TY, Michael C.

SUBCOMMITTEE REPORTS

Capital Area Unity Subcommittee – Dance went well, looking forward to our next event August 17th – everything is planned also, this is a fundraiser. Don L.

Unity Treasurers Report – Capital Unity Sub-Committee is requesting \$99 for our next function on August 17th which is a speaker jam. See attached report

Literature – Sold \$451.95 – turned in \$449.00 (\$392 in cash, \$57 in checks) New meeting lists are here. Please pick up back orders. Julie L.

Policy – NO REPORT.

Public Relations – NO REPORT

RCM – I attended region in the Poconos on Saturday 7/13/19. Region was short and sweet. The only business that was discussed was a housekeeping motion. I believe this was because region just met in June. There are several open positions open:

Regional Vice Chair

Regional Vice Secretary

H&I Vice Chair

Insurance Liaison Alternate

Step Writing Vice Chair

The next regional service meeting will be held on September 14th at St. Stephens Episcopal Church
35 South Franklin Street
Wilkes Barre, PA 18701

TYFLMS

Dawn B

Marathon – NONE

Audit – No report for this month. TYFLMBOS, David P.

Hospitals & Institutions – 11 in attendance. 2 newcomers.

Open Facilities:

1) Conewago Place

2) Dauphin County Men's Prison

3) Dauphin County Women's Prison

4) Perry County Prison

5) Siena House

Received literature from our old literature chair. Didn't put in a literature order in because we need to inventory what we have. Conewago is still not working with us on the time they want the meeting held. Jeremy V.

Facility Reports:

Conewago Place Hummelstown: Having difficulty coordinating the meeting with the facility – the director of the facility is referring us to a contact who's referring us back to the director – they are also unwilling to work with us on a time frame – our current commitment holders are unable to be there before 7:00pm – the facility is unwilling to change it from 6:00pm. Will continue to correspond with them in hopes they become willing to be more flexible.

Cumberland County Men's Prison:

07/08 - #3 in attendance – talked about starting over/accepting we had a problem

07/22 - #2 in attendance – talked about doing things differently upon release – seeking treatment, avoiding people places and things, etc. We have an ongoing theory that they may or may not be announcing our meeting to the inmates – often I only get participants after the church group across the hall lets out at 7:30pm. I usually arrive at 7:00pm, read for half an hour before my first attendee arrives, and as such don't officially start the meeting until 7:30pm and I feel bad only giving them 20ish minutes so I wind up staying until 8:30pm – which isn't a terrible thing, I just feel it's slightly inefficient.

Cumberland County Women's Prison: All is well – attendance could improve, similar issues to the men's prison.

Dauphin County Men's Work Release:

07/03 – 07/17 – 07/31: Average attendance was around 7 people. We talked about problems in early recovery, relapse and common causes of the gifts of recovery. Good participation, good feedback, positive response. The same guy held the meeting hostage twice. He speaks program language, but clearly suffers from some outside issues. I am looking for some feedback from the other H&I members on how to minimize the negative impacts of his mixed message without causing harm.

07/10 – 07/24: Message of recovery being carried and being received well by the inmates. Both meetings this month went well and had people requesting meeting lists, literature etc. and thanking us for coming in. They say the meeting really helps them while they're in there.

Dauphin County Women's Work Release:

07/03 – All is well

07/17 – All is well

07/31 – Spoke about accepting where you're at. Had about 12 in attendance and around 6 or 7 girls shared about how they're learning to accept where they are in the program and to stop resisting it and are learning when you're participating things go much smoother, we also read a passage out of the living clean.

Salvation Army:

Doug P. spoke on 7/21

Meeting is good, attendance is a steady 30-35, no issues to report – Brendan is managing the commitment while Frank is out due to knee surgery.

OLD BUSINESS –

NONE

NEW BUSINESS

NONE

HOUSEKEEPING MOTIONS

NONE

DISCUSSION TOPICS

Alicia H. submitted discussion topic for Unity Committee policy change. Would like to see a change in policy so that the committee has an option of a dance or function the 3rd Saturday of the month. As policy reads, Unity shall host dance on 3rd Saturday. Would like to be able to be flexible with activities for the 3rd Saturday, not always just a dance. This option will allow Unity to be more prudent with funds.

Open Area Positions –

Marathon Vice Chair
Alt. RCM
Vice Treasurer
PR Vice Chair

Final Treasurer's Report - see attached report

NEXT AREA SERVICE WILL BE HELD ON 9.8.19
SUBCOMMITTEES WILL MEET AT 12:30 PM, (H&I STARTS AT
12:45PM) AND AREA STARTS AT 2:00 PM.

In Loving Service,

Sandy P. – Area Secretary

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
*****POSITIONS*****												
Area Chair			P	A	P	P	P	A				
Area Vice Chair			A	P	P	P	P	P				
Secretary			A	O	P	P	P	P				
Vice Secretary			P	P	P	A	P	A				
Treasurer			P	P	P	P	P	P				
Vice Treasurer			O	O	O	O	O	O				
Unity Chair			P	P	P	P	P	P				
Unity Vice Chair			P	P	A	P	P	P				
Unity Treasurer			P	P	P	P	A	P				
Unity Vice Treasurer			O	P	P	A	P	P				
RCM			P	P	A	P	A	P				
Alt. RCM			P	P	P	P	O	O				
H&I Chair			P	P	P	P	A	P				
H&I Vice Chair			A	A	A	A	A	A				
PR Chair			O	P	P	P	P	P				
PR Vice Chair			O	P	O	O	O	O				
Literature Chair			P	P	P	P	P	P				
Literature Vice Chair			P	P	P	P	P	P				
Policy Chair			P	P	A	P	P	A				
Policy Vice Chair			P	P	P	P	P	P				
Marathon Chair			O	O	O	A	A	A				
Marathon Vice Chair			O	O	O	O	O	O				
*****GROUPS*****												
Acceptance			A	A	P	A	A	A				
All Are Welcome			A	P	P	P	P	P				
Any Lengths			A	P	P	P	A	P				
Back to Basics			P	P	P	P	P	P				
Bottom Line			A	P	P	P	A	A				
Breath of Life			P	P	P	P	P	P				
Clean and Free			A	A	A	A	A	P				
Commitment to Change			P	A	A	P	A	A				
Cut & Dry			A	A	A	P	A	A				
Desire to Grow			P	P	P	P	A	A				
Exodus to Genesis			P	P	P	P	P	P				
Friday Late Night								P				
H.A.N.A.			P	A	A	A	A	P				
Honesty			P	P	P	P	P	P				
Hope is Alive			A	A	A	A	A	A				
H.O.W.			A	A	P	A	P	A				
Journey Continues			P	P	P	P	P	P				
Just for Today			A	A	A	P	A	P				

Life or Death			P	A	A	P	P	A				
Linglestown Meeting			A	A	A	A	A	A				
Lunch Bunch			P	P	P	A	P	P				
Message of Hope			P	P	P	P	P	P				
New Life Group			P	P	A	A	P	A				
Non-Conformists			A	A	A	A	A	A				
Noon-Day Serenity			A	A	A	A	A	A				
Nothing to Fear			A	A	A	A	A	A				
ODOP			P	P	P	P	P	P				
Only Hams' Are Cured			P	P	A	P	P	A				
On Life's Terms			A	A	A	A	A	A				
Only the Desire			P	A	A	P	A	A				
Saturday at Swatara			A	A	A	A	A	A				
Share & Care			P	P	P	P	P	P				
Step and Tradition			P	P	P	A	P	A				
Steps to Freedom			A	P	A	A	P	A				
The Gathering Place			P	A	P	P	P	P				
The Truth Will Set You Free			A	A	A	A	A	A				
Twisted Sister			A	P	A	P	A	A				
Value of Life			P	P	A	P	A	A				
We Do Recover			A	A	A	A	A	P				

Legend:

P- Present

A- Absent

O- Open

CASNA MONTHLY TREASURER AUGUST

		Ck#
Opening Balance	\$704.84	
Less Prudent Reserve	\$1,500.00	
Working Balance	-\$795.16	
INCOME		
Group Donations	\$338.94	
Literature Income	\$449.00	
unity t-shirt	\$25.00	7852
Misc		
Misc		
Misc		
TOTAL INCOME		\$812.94
EXPENSES		
Answer First	\$196.05	
Verizon	\$45.83	
ASC Rent	\$25.00	3241
Literature Expense	\$998.92	3242
H&I		
Secretary Sandy P	\$38.99	3244
Rachelle W. QR code	\$67.73	3245
DEX	\$10.00	
Bank Fee	\$7.50	

TOTAL EXPENSES \$1,390.02

Working Balance	-\$1,372.24
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$127.76
Less Reserve to T-Shirts	\$250.00
Balance Available to use	-\$122.24

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: 7/19/19
STARTING BALANCE: 374.00

INCOME

ADMISSION: 146.60
FOOD: 52.00
MISCELLANEOUS ITEMS: Ø

SUB-TOTAL: 198.60
NEW BALANCE: 572.60

EXPENSES

FACILITY RENT: 100.00
D.J.: 200.00
FOOD: 24.04
MISCELLANEOUS ITEMS: Ø

SUB-TOTAL: ~~424.04~~

ENDING BALANCE: 248.56
- 25.00 T-shirt
223.56

324.04

COMMENTS:
I will be giving away \$25.00 for
match for T-shirts.