

Volume 35 Number 4

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Rey W., Area Chair, opened the 360th meeting of CASNA on 5.5.19 @ 2:00 pm with the Serenity Prayer, 12 Traditions and 12 Concepts.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. For an item to be placed on the agenda, it must be in motion form with a second.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurers report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

GSR Count: 16 @ 2:04 PM

New GSR's:

- Brian – H.O.W Carlisle

New Meetings: None

Corrections to the minutes:

- Regional motions very blurry on minutes – clear copy will be resent in May minutes

Orders of the day:

Moved by: Don

2nd by: Nancy

Opening Treasurer's Report:

Moved by: Don

2nd by: Henry

Groups with Problems:

Some UMC churches in the area are closing and this may affect some of our homegroups. Some of the groups have already relocated, but there are still some that have not. Those groups were not represented at Area Service today.

GROUP REPORTS

Acceptance – We have not been represented since November 2018. This is not an Alt. GSR and I have had to work or have had medical issues. In Jan. we paid \$120 to the church for 2019 rent. The group has done their monthly business meetings, so all area and regional motions have been discussed. Several new members recently joined the home groups. Attendance has been steady both nights. Chris W. - GSR

All Are Welcome - Hi everyone! Our meeting is going well. We donated \$20 to CASNA and placed a literature order for \$39.75. TYFLMS, Henry

Any Lengths - Meeting running well – usually 25-40 in attendance. Strong rehab attendance. No donation to area this month. TFIMS. ILS – Zach W.

Back to Basics – We will be doing steps 4&5 every 4th week. Last week was step 4 this week step 5 then we will start over with 1,2,3. Ryan B.

Bottom Line – Our meeting is going well. Message is carried using Just for Today reading. We get a lot of newcomers out of treatment and still in treatment, so our income is very small. We use our 7th tradition very prudently so we have money to pay rent so we can keep our doors open. We had a business meeting Friday and discussed all issues. The church will meet with their conference later this month so we will stay where we are until further notice. We discussed all issues from area. We bought literature, paid rent for May and donated to area. We have two upcoming events and flyers are on the table. A speaker jam 5.18 1 pm to 9pm. with the dance to follow at 6th and forester. A Men's and Women's rap and fish fry on May 26 from 1pm to 9m. Nancy U. – Trusted Servant

Breath of Life – NO REPORT

Clean and Free - NO REPORT

Commitment to Change – NO REPORT

Cut & Dry – NO REPORT

Desire to Grow – NO REPORT

Exodus to Genesis – We continue to carry the message our attendance is 30 or more. Our rent is paid. TFAUTBIS, Glenda B.

H.A.N.A. – NO REPORT

Honesty – All is well. HG is actively working to improve our ability to carry the NA message in our meeting. Rachelle W. GSR

Hope is Alive – The group has now been at the new facility for 2 years. There is a donation of \$180 for 2018. Attendance varies weekly. It has been considered to allow the group to die a natural death and then several people show up. Steve W. - Treasurer

H.O.W. – Meeting attendance has been waning in recent weeks but is expected to rebound with new people coming into Drug Court. Home group membership growth has stalled and who chairs the meeting has been changed. Meeting lists are still being taken to Drug Court. Brian W. GSR

Journey Continues – All is well overall. Trouble keeping a consistent GSR however, rotating the position continues to work for the group. Donation of \$46.00 this month. The group vote to increase prudent reserve was yes. Vote to allow subcommittee chair and vice chair make motions related to their committee also yes. Faith W.

Just for Today - NO REPORT

Life or Death – NO REPORT

Linglestown Meeting – NO REPORT

Lunch Bunch – Nothing to report, all is well. Frank T.

Message of Hope – Message of Hope Annual home group campout will be held at Paradise Stream Family Campground 693 Paradise Stream Road, Loysville, PA 17047. August 9-11. \$20 per person for all weekend. \$8 for the day on Saturday. There will be dinner supplied by the home group on Saturday and bonfire meeting at 9 PM. The campground has a bath house, Wi-Fi, laundry room, pool, arcade,

hiking trails, lakes, mini golf, volleyball, basketball and shuffleboard, dog park and golf carts and canoes for rent. Contact Steve H. (717) 805-1533n or Jan A. (717) 379-7577. Thanks for the support. Megan A. **New Life Group** - Our meeting is going strong. We have a strong commitment from all our homegroup members and attendance is strong and the message is clear. Reynold W.

Non-Conformists – NO REPORT

Noon-Day Serenity - NO REPORT

Nothing to Fear - The group is struggling with home group members and attendance. Please come out and help support the group and to carry the message to the newcomer. Rey W.

ODOP – NO REPORT

Only Hams' Are Cured – NO REPORT

On Life's Terms - NO REPORT

Only the Desire - NO REPORT

Saturday at Swatara – NO REPORT

Share & Care - Meetings continue to have a good turnout. We have had a member get 17 years. Our HG members voted to purchase 20 "Intro guide to NA". We will pass them out when someone collects a white key tag. Jen is our new Alt. GSR.

Step and Tradition – We continue to carry the message. Our rent is paid, and we are donating to area. The name of the church has changed to Journey. Yours in Service, Rochelle R.

Steps to Freedom – NO REPORT

The Gathering Place – Nothing to report all is well. Mike W.

The Truth Will Set You Free – NO REPORT

Twisted Sister – NO REPORT

Value of Life – NO REPORT

We Do Recover - NO REPORT

SUBCOMMITTEE REPORTS

Capital Area Unity Subcommittee – Our Unity event went well. We have flyers for our monthly dance, speaker jam in June and for our July picnic. Asking for a park for Labor Day across the river. TFLUS, Don L.

Unity Treasurers Report – Please see attached report

Literature – Sold \$649.17 – turned in \$647.77 (\$379 in cash, \$268.77 in checks) Please check your orders before you leave. Julie L.

Policy – Corrected typing errors and included things previously missed in the typing of our current policy. 1. From policy log – added to financial policy prudent reserve amount voted on 3.14.04 (\$700). 2. Removed outdated policy from 6/7 unity guidelines New Year's event because of duplicate function responsibility guidelines of 2015. Ryan B.

Public Relations – PR met today with 3 in attendance. *Previous PR chair met with me and passed on pamphlets and rack *2x's previous PR chair returned 3 books and purchased 2 more to replace all PR books *we made a literature order of \$46.70 today *attended the event for NCDAF on 4.29.19. We were able to network in the community and hand out literature/meeting lists *currently updating all submitted flyers to the website *we renewed the website domain for a 3-year period (6/20/22) in the amount of \$66.51. *I held the phone line training on 4/20/19. There were 2 new people added to the volunteer list. 4 total in attendance. *still working w/previous PR chairs to accumulate info for a PR binder. ILS, Rachelle W. PR Chair

RCM – The RCM was unable to attend area service today. The only business that we have is leftover from March's region. Today will have discussions regarding the motions. Please take the motions back to your groups for votes at June's area service meeting. The next regional service meeting is scheduled to take place Saturday June 8th in Tannersville PA. Dawn B. ***Clear copy of motions included in the minutes***

Marathon – NONE

Audit – No report for this month. TYFLMS David P.

Hospitals & Institutions – 12 in attendance Put in an \$86.77 literature order. No meetings with any problems. Made some progress with DCP regarding their guidelines with getting a meeting in there. In the process of bringing a meeting into Conewago.

Open Facilities:

- 1) Conewago Place
- 2) Dauphin County Men's Prison
- 3) Dauphin County Women's Prison
- 4) Perry County Prison
- 5) Sienna House

Inactive Facilities:

Alternative Rehabilitative Communities (ARC):

Capitol Pavilion Community Corrections Center Men's:

Capitol Pavilion Community Corrections Center Women's:

Facility Reports:

Conewago Place Hummelstown:

Zach W. met with and toured facility this past month, working out the specifics of getting a Presentation started back up this month, just need to figure out days of week and time, but the Monthly Meeting Minutes Form | Created: 12/10/18 | Revised: 03/03/19

Cumberland County Men's Prison:

04/15 – #5 in attendance, talked about vigilance, changing behaviors. Mostly young guys, stressed the importance of making good choices and changing behaviors now before it becomes a cycle of in and out of institutions.

04/29 – Did not attend both Panel Leaders had to attend a Drug and Alcohol Event in the community.

Cumberland County Women's Prison:

04/22 - #4 in attendance, read the "One Addict's Experience with Acceptance, Faith & Commitment." Meeting went well, all but one attendee shared.

Dauphin County Men and Women – OPEN

Dauphin County Men's Work Release Center:

04/03 – #8 in attendance. Shared on gifts of recovery and it went over well with the group, good participation.

04/10 - #12-15 in attendance, topic of growing as men in recovery. We had an overwhelmingly positive response & great participation.

04/17 – Marc G. came in and shared his story, the group had a good connection and related to his story, good participation and the meeting went well.

04/24 - #12-15 in attendance, topic of the benefits of a strong support group. Great participation, one young man asked me to sponsor him & I had to explain that while he is in the facility that is not possible. I gave him a copy of "Behind the Walls" and gave him my phone number for support, and that when he gets out we will discuss sponsorship.

I feel like this is a facility that could benefit from more H&I meetings.

Dauphin County Women's Work Release Center:

04/17 – #6-8 in attendance, Liz P. shared her story.

04/24 - #12 in attendance, Corrin T. shared her story.

05/01 - #12 in attendance, Megan A. shared her story.

Feedback & participation have been good across the board for all the meetings we have brought in thus far.

Gaudenzia Common Ground: No report, all is well.

Gaudenzia Concept 90:

04/11 – The Speaker shared for about half an hour and the remainder of the meeting was open sharing – we had 39 clients in attendance.

04/25 – There were 37 clients in attendance – the speaker shared for about 25 minutes and the remainder of the meeting was open sharing – good attendance, good participation.

Gaudenzia Sienna House: Inactive

Perry County Prison: Open

Salvation Army:

04/14 – Zach W. shared his experience, strength & hope, great message and there was good attendance and good feedback.

04/28 – Did not attend, Kurt J. shared at his homegroup for his anniversary and Frank T. had a family event to attend. Reached out to the facility & they took care of facilitating a house meeting in lieu of an H&I presentation.

OLD BUSINESS –

Motion regarding the prudent reserve being increased to \$1500 was voted on: 15 in favor and 1 abstained ****PASSED****

Motion regarding subcommittee chairs submitting motions for their committees was voted on: 14 in favor and 2 abstained ****PASSED****

NEW BUSINESS

RCM motions will be voted on at June Area!!!! Clear copies of the motion that was blurry on last months minutes is attached!!!!

HOUSEKEEPING MOTIONS

NONE

DISCUSSION TOPICS

What happened to the meetings that were at 15th and Derry? Are they meeting elsewhere? Does anyone know? Have they folded?

Welcome to our new trusted servants:

Marathon Chair – Jose H.

Open Area Positions –

Vice Treasurer

PR Vice Chair

Final Treasurer's Report - see attached report

NEXT AREA SERVICE WILL BE HELD ON 6.2.19 SUBCOMMITTEES WILL MEET AT 12:30 PM, (H&I STARTS AT 12:45PM) AND AREA STARTS AT 2:00 PM.

In Loving Service,

Sandy F. – Area Vice Secretary

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
*****POSITIONS*****												
Area Chair			P	A	P							
Area Vice Chair			A	P	P							
Secretary			A	O	P							
Vice Secretary			P	P	P							
Treasurer			P	P	P							
Vice Treasurer			O	O	O							
Unity Chair			P	P	P							
Unity Vice Chair			P	P	A							
Unity Treasurer			P	P	P							
Unity Vice Treasurer			O	P	P							
RCM			P	P	A							
Alt. RCM			P	P	P							
H&I Chair			P	P	P							
H&I Vice Chair			A	A	A							
PR Chair			O	P	P							
PR Vice Chair			O	P	O							
Literature Chair			P	P	P							
Literature Vice Chair			P	P	P							
Policy Chair			P	P	A							
Policy Vice Chair			P	P	P							
Marathon Chair			O	O	O							
Marathon Vice Chair			O	O	O							
*****GROUPS*****												
Acceptance			A	A	P							
All Are Welcome			A	P	P							
Any Lengths			A	P	P							
Back to Basics			P	P	P							
Bottom Line			A	P	P							
Breath of Life			P	P	P							
Clean and Free			A	A	A							
Commitment to Change			P	A	A							
Cut & Dry			A	A	A							
Desire to Grow			P	P	P							
Exodus to Genesis			P	P	P							
H.A.N.A.			P	A	A							
Honesty			P	P	P							
Hope is Alive			A	A	A							
H.O.W.			A	A	P							
Journey Continues			P	P	P							
Just for Today			A	A	A							
Life or Death			P	A	A							

Linglestown Meeting			A	A	A							
Living Clean			A	-	-	-	-	-	-	-	-	-
Lunch Bunch			P	P	P							
Message of Hope			P	P	P							
New Life Group			P	P	A							
Non-Conformists			A	A	A							
Noon-Day Serenity			A	A	A							
Nothing to Fear			A	A	A							
ODOP			P	P	P							
Only Hams' Are Cured			P	P	A							
On Life's Terms			A	A	A							
Only the Desire			P	A	A							
Saturday at Swatara			A	A	A							
Share & Care			P	P	P							
Step and Tradition			P	P	P							
Steps to Freedom			A	P	A							
The Gathering Place			P	A	P							
The Truth Will Set You Free			A	A	A							
Twisted Sister			A	P	A							
Value of Life			P	P	A							
We Do Recover			A	A	A							

Legend:

P- Present

A- Absent

O- Open

CASNA MONTHLY TREASURER MAY

		Ck#
Opening Balance	\$1,296.69	
Less Prudent Reserve	\$700.00	
Working Balance	\$596.69	
INCOME		
Group Donations	\$500.31	
Literature Income	\$647.77	
marathon		
Sec. Heather R returned	\$100.00	
unity t-shirt	\$25.00	
Misc		
TOTAL INCOME		\$1,273.08
EXPENSES		
Answer First	\$60.40	
Verizon	\$43.26	
ASC Rent	\$25.00	3226
Literature Expense	\$997.49	3227
H&I	\$86.77	3230
Sec. Sandy F.	\$40.71	3229
P.R lit order	void	3228
dex	\$10.00	
Steve H.3yrDomain name	\$66.51	3231

TOTAL EXPENSES \$1,330.14

Working Balance	\$539.63
PLUS Prudent reserve	\$700.00
Ending Balance	\$1,239.63
Less Reserve to T-Shirts	\$100.00
Balance Available to use	\$1,139.63

Group Donations

		Rcpt #	Ck #
Acceptance Group	\$100.00	7395	
All Are Welcome	\$20.00	7398	
Any Lengths			
Back To Basics			
Bottom Line Group	\$5.42	8253	
Breath Of Life			
Clean And Free			
Commitment To Change			
Cut & Dry			
Desire To Grow	\$65.69	8254	
Exodus To Genesis			
Fresh Start			
H.A.N.A.			
Honest Group	\$10.00	7397	
Hope Is Alive			
H.O.W. Group			
Journey Continues	\$46.00	7400	
Just For Today			
Life Or Death			
Linglestown Meeting			
Living Clean			
Lunch Bunch	\$20.00	7396	
Message Of Hope	\$146.15	7394	
New Life Group	\$69.00	8252	
Non-Conformists			
Noon-Day Serenity			
Nothing To Fear			
ODOP	\$3.05	7399	
Only Hams' Are Cured			
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition	\$15.00	8251	
Steps To Freedom			
The Truth Will Set You Free			
Twisted Sisters			
Value Of Life			
We Do Recover			
Women With A Message			
Total Group Donations	\$500.31		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

4/20/19

STARTING BALANCE:

\$ 460.39

INCOME

ADMISSION:

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FOOD: water & SODA

\$ 307.51

MISCELLANEOUS ITEMS:
Donations & T-shirts

\$ 119.00 (Donation) + (670.00 T-shirts)

SUB-TOTAL:

\$ 1,096.51

NEW BALANCE:

\$ 1556.90

EXPENSES

FACILITY RENT:

\$ 350.00

D.J.:

\$ 250.00

FOOD:

\$ 388.17

MISCELLANEOUS ITEMS:

SUB-TOTAL:

\$ 988.17

ENDING BALANCE:

\$ 593.73

-25.00 (match for shirts)

end bal.
Σ

568.78

COMMENTS:

I will be giving Area \$25.00 for
match for next year unity Day shirts.

Accountability Statement:

The Northeast Zonal Forum is a service body accountable to its member Regions and ultimately to the final authority within our service structure as stated by our Second Concept—the groups, who retains the final responsibility and authority for all NA services. The Twelve Traditions and Twelve Concepts of Narcotics Anonymous spiritually guide the forum.

Intent: To add a clearly defined statement of accountability in the NEZF guidelines keeping the spirit of A Vision for NA Services

Pocono Mountains Seconded by Serenity in the Mountains RCM

MOTION GOES BACK TO AREAS FOR VOTE DUE AT JUNE REGION



Motion Z2030919

NEZF Decision-Making Proposal:

To strike the following from Section 7- Discussions

~~1.2 The proposals considered at an NEZF business session may relate to our internal guidelines (policies). In order to reach a decision or approve a change to our guidelines, two thirds (2/3) majority of those voting will be required for approval.~~

~~1.3 (f) In elections where a person is running unopposed, a simple majority is required to elect a~~

~~1.3 (g) In the occasion of a multiple candidate election, the candidate with the highest amount of votes is elected. In the case of a tie vote, the chair breaks the tie. Run-off elections may be held in the case of multiple candidate tie elections.~~

And to strike the following from Section 10- Amending the Guidelines

~~Section 10- Amending the Guidelines~~

~~4. Member Regions or NEZF committees may propose amendments to these Guidelines. A formal vote of the NEZF member participants is required in order to amend, delete, or insert new sections into, these Guidelines.~~

~~5. Approval of amendments to these Guidelines requires a two thirds majority of Member Regions present. In keeping with the spirit of consensus, all member participants will have an opportunity to share at least once on any changes to our Guidelines. In addition, if any two Member Participants from different Regions request time for Regional consideration, any decision will be postponed until the next meeting. In matters postponed for regional consideration, each member Region shall have one vote.~~

And to add the following to the NEZF Guidelines, Section 10:

Section 10- Decision Making

Introducing Proposals and Amendments and Measuring Consensus

When a proposal or amendment is presented, the Chairperson will conduct a straw poll to measure the initial level of support for the proposal.

After the initial straw poll of a proposal, but before discussion of that proposal, the body must make decisions about any amendments to the proposal, unless the exception noted below applies.

Consensus will be measured as 80% or more of voting participants in agreement (identified as consensus support), or 80% or more of voting participants not in agreement (identified as consensus not in support).

- If there is a consensus not in support of the proposal, the body has the option to decide on that proposal without any changes (amendments) if participants wish.
- The Chairperson will select up to two members who are not part of the consensus, to comment on the proposal.
- The Chairperson will then conduct a second straw poll.
 - If consensus not in support remains, discussion ends. The straw poll will be considered a vote, and the proposal will have failed. The Chairperson will make it clear to all participants when the body is making a final decision.
- If there is consensus support for the proposal, the body will have the option to discuss and decide on that proposal without any changes (amendments) if participants wish.
- The Chairperson will select up to two members who are not part of the consensus to comment on the proposal.
- The Chairperson will then conduct a second straw poll.
 - If consensus support remains, discussion ends. The straw poll will be considered a vote, and the proposal will have passed. The Chairperson will make it clear to all participants when the body is making a final decision.
- The same process applies when there is consensus support or consensus not in support of an amendment: The Chairperson will select up to two members who are not part of the consensus to comment on the amendment. Then a

second straw poll will be taken. If consensus remains, the second straw poll will be considered a vote; the decision will have been made on the amendment.

- If the proposal or amendment receives more than 20% but less than 80% support in the first or second straw poll, the Chairperson will allow for discussion of the proposal or amendment, as discussed in A Guide to World Services and using these tools. A Guide to World Services in NA 11

Managing Discussions

The following are our current approaches for use in all Business and Sharing sessions. They should be viewed as tools to assist in discussing business rather than policy or restrictions. The Chairperson has the ability to manage the discussion by using the following approaches:

- The Chairperson may conduct intermediate straw polls to measure any change in support for the proposal.
- The Chairperson may declare that discussion will end after a specific speaker, or the Chairperson may close the discussion queue.
- If there is an objection, the Chairperson will conduct a vote to determine support for the Chairperson's decision. Two-thirds support for the Chairperson's decision is required for the decision to prevail. Members may speak for a maximum of two minutes each time they are recognized by the Chairperson.

Decision-making Thresholds

All decisions at the NEZF, including elections, changes to the NEZF guidelines, changes to proposals and other procedural decisions, require a two-thirds (2/3) majority of those present and voting to vote in the affirmative to be adopted.

Straw Polls

Straw polls can give a sense of where the body is on a particular issue and can be used in a variety of ways in addition to the above described. The following terms may be used by the Chairperson when announcing the results of a straw poll:

Unanimous support	
Consensus support	(meaning 80% or greater support)
Strong support	(meaning 2/3 majority support)
Support	(meaning simple majority support)
Lack of support	(meaning less than simple majority support)
Strong lack of support	(meaning less than 1/3 support)
Consensus not in support	(meaning 20% or fewer support)
No support	

A straw poll can help to determine if any or further discussion is indeed necessary, to frame issues while discussion is occurring, and to determine if the body is ready to make a decision. These are not binding decisions and are simply a tool to aid in the consensus-based process. It may be helpful to remember that an item must have at least "strong support" to pass. If a proposal or amendment has already received adequate discussion during the current or prior Business or Sharing Sessions, the body may choose to have no further discussion at this time. As a body that only meets every two months, it is important that the body be able to make decisions. When discussion on each proposal or amendment is finished, the body makes a decision about that item, usually through a vote.

Intent: To add a clearly defined statement of accountability in the NEZF guidelines keeping the spirit of A Vision for NA Services

Intent: To more effectively serve our member regions by clarifying the guidelines for decision-making and voting thresholds; allowing us to make decisions efficiently.

Motion introduced by RD

MOTION GOES BACK TO AREAS FOR VOTE DUE AT JUNE REGION

New Business from RD – Environmental Scan, due March 15th, only two areas submitted feedback.

New Business from RD – Treasurer position at NEZF, authorize opening a Tax ID number and checking account, new information brought to regional body for discussion

New Business from RD – decision making proposal at NEZF, not using Roberts Rules of Order

New Business from RD – East Coast Convention of NA, encourage members to serve on the board (3 years clean), more info www.eccna.org Volunteers to be chosen by regional body (Nancy, Pam, or Matt)

New Business Recommendations from MARLCNA – if policy is changed these must be sent back to groups for vote. RSC Chair