

Volume 35 Number 2

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Ray W., Area Chair opened the 357th meeting of CASNA, on 02/03/19, at 2:00PM, with the Serenity Prayer. Rob G. read the 12 Traditions and Nancy U. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th concept) Extended discussion rests' with the Chair.
2. 2. A member may speak once to an issue.
3. GSR count/Attendance/Welcome new GSR's/New Meetings
4. Correction/approval of the minutes
5. Orders of the day
6. 1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by
7. 3. A member must be recognized by the Chair to speak.
8. 4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
9. 5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
10. 6. Discussion topics must be in written form and given to the Chair.
11. 7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurer's report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

GSR count: 18 at 2:05 PM

Attendance notes: Unity Vice Treasurer, Public Relations Chair and Vice Chair, and Marathon Chair and Vice Chair positions are open.

****Next Area is March 3, 2019****

New GSR's: Clean and Free- Kevin, Life or Death- Mike S.

New Meetings: None

Corrections to the Minutes: Minutes weren't mailed out, HOW group report was incorrect for January.

Orders of the day: Moved by Henry J.; 2nd by Nancy U.

Opening Treasurer's report: Moved by Nancy U.; 2nd by Jeremy V.

Groups with Problems: Living Clean needs support, there is only one home group member.

March 24th is the last meeting for Just for Today, the meeting is relocating.

H.A.N.A. is moving to 6 and Forrester starting February 15th

Group reports:

Acceptance Group - 45 S. West Street Carlisle, Pa. 6-7PM. - No report.

All Are Welcome - 56 Banks St. Penbrook, Harrisburg Pa. Wed. 7-8PM.- Hello everyone. Our meetings are going well. We donated \$25 to area today. TFLMS- Henry Jr., GSR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM. - Meeting is running well, no issues. Average attendance of about 25-30 addicts. Strong rehab attendance. No donation to area this month. Will be co-sponsoring an event with the Swatera group in May. Should have flyers by next month. Thanks for letting me serve.- Zac W., GSR

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa.7:30-8:30PM. - No Report.

Bottom Line Group - 6th & Woodbine St. Harrisburg, Pa. Mon-Fri 12-2PM.- We carry the message every day through our literature and sharing. We are buying literature and our rent is paid. We get a lot of treatment people and newcomers. We carry the message and not the addict. A donation was made to area. -Nancy U., GSR

Breath of Life - 3 High St. Duncannon, Pa. 17020 7:30-8:30PM. - Meeting attendance is low.

Please come share your experience, strength and hope. -Scott W.

Clean and Free - 112 State St. Harrisburg, Pa 12-2PM. Sat. - No report.

Commitment to Change - 1422 Market St, Harrisburg, Pa. 7-8:30PM. – We can use more support. But otherwise meeting is doing good and we had six newcomers for the month of December.

-Selena, GSR

Cut and Dry - Epworth United Methodist Church 21st & Derry St. Harrisburg, Pa. 7-8:30PM.- No report.

Desire To Grow - 300 Market St. Lemoyne, Pa. 8:30-9:30PM.- No report.

Exodus to Genesis - Wesley Church. 5th and Camp Harrisburg, Pa. 6-7:30PM. – No Report

Fresh Start- 7-8pm Fri. Newport, PA- No Report.

H.A.N.A. - 6th and Woodbine Harrisburg, PA. 7-8:30PM.- What up everybody our group is doing okay. We are going to be moving to 6th and Forester Feb 15th. Please come out and share your support, still need home group members. TFLMS.- Chris P., GSR

Honesty Group - 5th & Bridge St, New Cumberland, Pa. 7:30 - 8:30PM.- All is well. We are working on rewriting our format and organizing our business meetings.- Rachelle W., GSR

Hope is Alive- 237 E North St. Carlisle, 7-8PM.- No report.

H.O.W. Group - Grace UMC. Carlisle, Pa. Mon and Thurs 8-9PM.- First business meeting held in over three months.- Stephen R., GSR

Journey Continues – 4200 Londonderry Rd. Harrisburg, Pa. 6:30-7:30PM.- Meeting is going well. Could always use support. Made a donation to area \$66.25. Also made our quarterly donation to world services of \$249.23. Nothing new to report- all is well! -Faith W.

Just for Today -_15th and Derry, Harrisburg, Pa. 10-12PM.- Meeting is opening and closing on time. We are still carrying the message to the addict who still suffers. We need to communicate that March 24th, is our last day in this facility. We are now looking for a facility to hold our Sunday meeting. Thanks for allowing me to serve. -GSR

Life or Death - Sunday-7:30-8:30PM., 2nd & Swatara St, Steelton, Pa.-Meeting has been good. 50-60 people in attendance but we're in need of homegroup members. Walt F. celebrated 30 years this month! We also have a new topic schedule. 1st Sunday, speaker; 2nd Sunday, topic; 3rd Sunday, Open; 4th Sunday, Step and tradition.- Tim N.- GSR

Linglestown Meeting-5834 Linglestown Rd. Harrisburg, 7-8PM.- No report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne, Pa. 7:30-8:30PM. – No report.

Lunch Bunch – 313 Herman Ave, Lemoyne, Pa. 12-1PM., Mon-Sat.- No report.

Message of Hope - Wertzville Rd, Enola, Pa. 8-9PM.- Message of Hope home group is celebrating our 13th anniversary. A social hour with light snacks will start at 7pm. At 8pm, we will have a meeting with two speakers, sharing their experience strength and hope in the NA program. Friday, March 8th, starting at 7pm. Please come out and support!-Megan A., GSR

New Life Group – 14 State Rd. Mechanicsburg, Pa. 8-9PM- All is well! Sphagetti dinner is in March, date will be shared during area in March. -Stef R., GSR

No Fear- Corner of Simpson Ferry and Market Street, Mechanicsburg, PA. Friday 10-11PM.- "Friday night meeting"- No report.

Non Conformists - 1099 2nd St. Enola, Pa. 7-8PM. No report.

Noon Day Serenity-300 Market St. Lemoyne, Pa. 12-1PM.- No report.

Nothing to Fear -216 S. Market St. Mechanicsburg, Pa. 7:30-8:30PM Survivors: Revisited Friday 10-11pm. - No Report.

ODOP (One Disease, One Program) 600 Evergreen Rd., New Cumberland, Pa. 7-8PM- Everything is alright. Attendance is low, needs support However rent is paid.- Phil D., GSR

On Life's' Terms - 6th and Forster St. Harrisburg, PA. 6:30-8:15PM.- No report.

Only Hams Are Cured – 6th and Forster St. Harrisburg, Pa. 7-8:30PM. – No report.

Only the Desire Group - 14th & Market St., Harrisburg, Pa. 7-8:15PM. – No report.

Saturday at Swatara-4680 Lindle Rd. Harrisburg, Pa. 7-8PM.- Meeting attendance is strong. Average weekly attendance is 40 people. Strong rehab attendance. A good message of recovery is carried. We are co-sponsoring an event with the Any Lengths meeting on May 4th. We will have guest speakers and food will be provided. We will bring a flyer for this event to area in March. -Jeff H., GSR

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Pa, 7-8:15PM.- Meeting is still doing well and attendance is strong. We donated to area and our rent is paid! We're still carrying the message!- Heather R., GSR

Step and Tradition-901 N. St. Harrisburg, Pa. 6:30-8:15PM.- No report.

Steps to Freedom - 2221 N.6th St, Harrisburg, PA, (6th and Woodbine Streets). 630-8PM.- Group doing well, always in need of new members. The meeting should be moving back to the basement

this month. -Derek C., GSR

The Gathering Place-4th and Reno in New Cumberland, Pa. 6-7PM.- Attendance is about 10 people. We donated \$10.45 to area. - Julie L., GSR

The Truth Will Set You Free-25 S. Penn St. Shippensburg, PA. 8-9PM.- No report.

Twisted Sisters-32 S. Front St. Wormleysburg, Pa. 7-8PM. -No report.

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. 7-8PM.- Attendance has been very good. There are no issues and made a \$25 donation to area..- Kurt J., GSR

We Do Recover - 15th & Derry St, Harrisburg, Pa, 8-9:30PM. – No report.

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: We had our unity sub committee meeting today. Today we had 13 in attendance. We're looking for a treasurer. We're looking forward to serving. -Donald L., Chair

UNITY TREASURER'S' REPORT: No report.

LITERATURE: Sold \$659.45 in literature. Turned in \$546.00 in cash, \$116.55 in checks totalling to \$662.55. Please check all orders and pick up the back orders.- Julie V., Chair

POLICY: Distributed copies today at area, sold three copies at cost to members for \$15. Still lots of copies left for groups that have not gotten one. -Stef R.Chair

PUBLIC RELATIONS: In the absence of a chair and vice chair, some PR matters are still being attended to. The website is being updated. Last area, although there was no report, the interactive calendar on the website is up and running again. This month we updated policy online so it is available for download.

I am working towards the goal of using the website as a tool to help unify the east and west shores. It will provide an avenue for event info to be exchanged freely so that everyone is informed.

-Rachelle W., web Servant

RCM: Due to the fact that area minutes came out a little late, i am asking for the votes on the five motions from region be postponed until the next area meeting on 03/03/19. The next regional meeting is on 03/09/19 at Horizon Church, 2613 W. South Street, Allentown, PA. -Art D., RCM

MARATHON: No Report. *All open*

AUDIT: Will be meeting with Area treasurer on Feb 15th at noon to go over finances of area and will have all up to date for the report at the next area meeting. -David P., Chair

HOSPITALS & INSTITUTIONS: Decent attendance, 5 newcomers attended. Billy C., Ryan W., Justin C., Amy M. and John F.

Literature order of \$90.80.

Nick A. was absent.

Open Facilities:

Cumberland County Prison Women's

Dauphin County Prison Men's

Cumberland County Work Release Woman's

Camp Hill SCI

Inactive:

Capitol Pavilion Men's

Capitol Pavilion Women's

Conewago Place

Gaudenzia Sienna House

Facility reports:

ARC: Lack of funding via the organization – no contact for several years.

C-90: 2nd and 4th Thursday. 7-8pm-

01/10- I took a meeting into C90 there were 35 clients in attendance. We had a lot sharing.

01/24- I had to cancel the meeting. My basement was flooded. I called the facility and let them know.

Thank you for allowing me to serve -Claude V.S.

Capital Pavilion: 7-8pm 2nd Tues. of month-

Womens'- Inactive

Mens'- Soon to be marked inactive, when we were bringing in a meeting no one was attending, and

the residents are able to attend outside meetings.

Chambers Hill A/C: No report.

Common Ground: 2nd and 4th Tuesday, 7-8PM.-

01/18- Vick M. was the speaker

01/29- There was no meeting due to weather

Meeting days are moving to the second and third Thursdays -Tim N.

Conewago Place: Men+Women 1st and 3rd Tues – (Women)- No report.

(Men)- Inactive.

Cumberland County Prison:

Womens'-Tues. 6-7:00PM-

Open

Mens'-Thur. 6:30-7:30PM and 7:30-8:30PM-

01/21- Had 9 in attendance. Talked about what recovery means to us

01/07- No one in attendance

Dauphin County Prison: Women-every Sunday 9-10AM- No report.

Men, every Thursday 6:30-7:30PM- *Open*-Background check flexible – no violent crimes or crimes involving children. "Residency" of said facility no longer an issue – who better to serve than someone who has been there?

DCP Men's Work Release- Wednesday 6-7PM.-

01/16- Average attendance of 5- Small meeting with a positive response. Literature was taken in. Discussed relapse and recovery with good participation.

01/30- Had one guy that was really interested. He was defeated by a guy forced to be at the meeting that said it was real "pussy" to admit powerlessness and to need help. He quit on his own many times. He was a real distraction and the first time i came up against active resistance at a meeting. It was difficult, but at the end of the meeting the guy that showed interest came up and got literature and spoke with me privately. -Jason M.

DCP Women's Work Release-

No Report.

Keystone: Tuesday 6:30-7:30PM – No Report.

Perry County Prison- Thursday-6-7PM -No report.

SCI Camp Hill-*Open*

Salvation Army: 2nd and 4th Sunday 7-8PM-

01/06- Wild Bill was the speaker and delivered a good message. Attendance was good and the feedback was good.

01/20- Megan A. and Meredith T. were the speakers and both delivered a good message! Attendance was more the usual and had very good participation and feedback. -Kurt J.

OLD BUSINESS: **4 Regional Motions**

In Jan 2019 minutes

NEW BUSINESS:

02.03.19- The unity committee is new and needs more time to plan events for the month of February and learners day.

Intent: If we take the time to plan a better event we believe we will get more support. We would like to hold learners day on the fourth saturday in March. -Fred B.

2nd by Rochell R.

02.03.19- To add to policy under 1X section 2 motions to allow subcommittee chair or vice chair to write and submit motions that affect their own subcommittee.

Intent: To allow subcommittee chairs the ability to change or update their subcommittee policies. -Stef R.

2nd by Rachele W.

02.03.19- Unity committee needs \$99 so that we can start a bank account. -Alicia H.

2nd by Donald L.

Discussion Topics:

none

Welcome our new trusted servant:

Unity Treasurer- Glinda B.

NOTES: Open positions: Vice treasurer, Public Relations chair, Public Relations vice chair, Marathon chair and Marathon vice chair.

FINAL TREASURER'S REPORT: ****See attached****

Next area is 03/03 /2018. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Heather R. - Area Secretary
Sandy F- Area Vice Secretary

*****ATTENDANCE*****

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
*****POSITIONS*****													
Area Chair	P	P									P	P	
Area Vice Chair	P	P									P	P	
Secretary	P	P									P	P	
Vice Secretary	P	A									O	P	
Treasurer	P	P									P	P	
Vice Treasurer	O	O									P	O	
Unity Chair	O	P									P	O	
Unity Vice Chair	O	P									O	O	
Unity Treasurer	O	O									O	O	
Unity Vice Treasurer	O	O									O	O	
RCM	P	P									P	P	
Alt RCM	P	P									O	P	
H&I Chair	P	P									P	P	
H&I Vice Chair	O	A									P	O	
Public Relations Chair	O	O									A	O	
Public Relations Vice Chair	O	O									O	O	
Literature Chair	P	P									P	P	
Literature Vice Chair	P	P									P	P	

Share & Care	P	P									P	P	
Step and Tradition	P	P									P	P	
Steps to Freedom	P	A									P	P	
The Gathering Place	P	P									P	P	
The Truth Will Set You Free	A	A									A	A	
Twisted Sisters	A	A									A	A	
Value of Life	P	P									P	P	
We Do Recover	A	A									A	A	

Legend:

P- Present

O- Open Position

A- Absent

Updated December 2018- Secretary- Heather R.

CASNA MONTHLY TREASURER FEBRUARY

		Ck#
Opening Balance	\$3,150.46	
Less Prudent Reserve	\$700.00	
Working Balance	\$2,450.46	
INCOME		
Group Donations	\$572.75	
Literature Income	\$662.55	
marathon		
policy	\$5.00	2543
Misc		
Misc		
TOTAL INCOME	\$1,240.30	
EXPENSES		
Answer First	\$65.32	
Verizon	\$43.90	
ASC Rent	\$25.00	3206
Literature Expense	\$978.76	3207
H&I	\$90.80	3208
Secretary	\$100.00	3209
PI		
Dex	\$10.00	
unit	196..25	
TOTAL EXPENSES	\$1,313.78	

Working Balance	\$2,376.98
PLUS Prudent reserve	\$700.00
Ending Balance	\$3,076.98
Less Reserve to T-Shirts	\$275.00
Balance Available to use	\$2,801.98

Group Donations

		Rcpt #	Ck #
Acceptance Group	\$70.15	2544	
All Are Welcome	\$25.00	3200	122
Any Lengths			
Back To Basics			
Bottom Line Group	\$8.52	3197	
Breath Of Life			
Clean And Free	\$16.42	3195	
Commitment To Change	\$11.47	2538	
Cut & Dry	\$69.07	2541	
Desire To Grow			
Exodus To Genesis			
Fresh Start			
H.A.N.A.			
Honest Group	\$20.00	3192	
Hope Is Alive			
H.O.W. Group			
Journey Continues	\$66.29	2537	
Just For Today	\$30.00	2542	
Life Or Death			
Linglestown Meeting			
Living Clean			
Lunch Bunch	\$20.00	3198	
Message Of Hope	\$155.65	3191	575
New Life Group	\$6.60	2540	
Non-Conformists			
Noon-Day Serenity			
Nothing To Fear			
ODOP			
Only Hams' Are Cured	\$18.14	3196	
On Life's Terms	\$5.00	3199	
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition	\$15.00	3194	
Steps To Freedom			
The Truth Will Set You Free			
Twisted Sisters			
Value Of Life	\$25.00	3193	
We Do Recover			
gathering place	\$10.44	2539	
Total Group Donations	\$572.75		



**THE GATHERING PLACE OF NA
(FORMERLY KNOWN AS WOMEN WITH A MESSAGE)**

4TH AND RENO STR, NEW CUMBERLAND

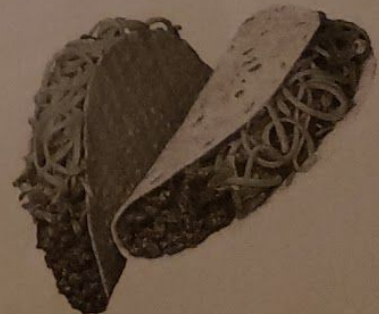
SUNDAY, MARCH 31, 2018

DOORS OPEN AT 4:30 PM

DINNERS AT 5:00 P.M.

MEETING AT AT 6:00PM

SPEAKERS: RICHARD W / SHELBY S





MESSAGE OF HOPE

HOMEGROUP ANNIVERSARY

FRIDAY, MARCH 8TH, 2019
STARTING AT 7PM

MT. ZION UMC
4685 MT ZION DR, ENOLA, PA 17025
(WERTZVILLE RD & US ROUTE 81)

The Message of Hope Homegroup of NA is celebrating our 13th anniversary. A social hour with light snacks will start at 7pm. At 8pm, we will have a meeting with two speakers, sharing on their experience, strength and hope in the NA program.

FOR MORE INFORMATION: STEVE H @ (717) 805-1533 OR JAN A (717) 379-7577