

Volume 34 Number 12

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Donald L, Area Chair opened the 355th meeting of CASNA, on 12/02/18, at 2:02PM, with the Serenity Prayer. Henry J. read the 12 Traditions and Ray W. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts
GSR count/Attendance/Welcome new GSR's/New Meetings
Correction/approval of the minutes
Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurer's report
Groups with problems/Group reports
Subcommittee reports
RCM and Alternate RCM report
Old business
New business
Discussion Topics
Closing Treasurer's report

GSR count: 16 at 2:07 PM

Attendance notes: Unity Vice Treasurer, unity Vice Chair, Alt RCM, Literature Vice Chair, and Public Relations Vice Chair, Marathon Chair, Marathon vice chair, vice secretary positions are open.

****Next Area is January 6, 2019****

New GSR's: Rachelle W.- Honesty Group, Kurt J.- Value of Life

New Meetings: None

Corrections to the Minutes: Treasurer's report was not included.

Orders of the day: Moved by Scott W.; 2nd by Rochelle R.

Opening Treasurer's report: Complete

Groups with Problems: Commitment to Change will be closed on December 25th and January 1st.- Donald L.

The Journey Continues will be closed December 24th and 31st

Group reports:

Acceptance Group - 45 S. West Street Carlisle, Pa. 6-7PM. - No report.

All Are Welcome - 56 Banks St. Penbrook, Harrisburg Pa. Wed. 7-8PM.- Blessings to everyone. We had a good turnout for Thanksgiving eve and our meetings have been good. Our rent is paid through December. TFLMS- Henry Jr., GSR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM. - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa.7:30-8:30PM. - No Report.

Bottom Line Group - 6th & Woodbine St. Harrisburg, Pa. Mon-Fri 12-2PM.- No Report.

Breath of Life - 3 High St. Duncannon, Pa. 17020 7:30-8:30PM. - No report.

Clean and Free - 112 State St. Harrisburg, Pa 12-2PM. Sat. - No report.

Commitment to Change - 1422 Market St, Harrisburg, Pa. 7-8:30PM. - No report.

Cut and Dry - Epworth United Methodist Church 21st & Derry St. Harrisburg, Pa. 7-8:30PM.- No report.

Desire To Grow - 300 Market St. Lemoyne, Pa. 8:30-9:30PM.- No report.

Exodus to Genesis - Wesley Church. 5th and Camp Harrisburg, Pa. 6-7:30PM. - No Report

Fresh Start- 7-8pm Fri. Newport, PA- No Report.

H.A.N.A. - 6th and Woodbine Harrisburg, PA. 7-8:30PM.- Home group is doing okay. We could use

more homegroup members. We have had a mixture of attendance. The message of recovery is being carried. TFLMS.- Chris P., GSR

Honesty Group - 5th & Bridge St, New Cumberland, Pa. 7:30 - 8:30PM.- No report.

Hope is Alive- 237 E North St. Carlisle, 7-8PM.- No report.

H.O.W. Group - Grace UMC. Carlisle, Pa. Mon and Thurs 8-9PM.- Several newcomers have attended this meeting recently. HOW is struggling to obtain regular attendance for business meetings. HOW group had opened a bank account recently for accountability. A vice treasurer was nominated, Jesse.- Stephen R., GSR

Journey Continues - 4200 Londonderry Rd. Harrisburg, Pa. 6:30-7:30PM.- No report.

Just for Today -_15th and Derry, Harrisburg, Pa. 10-12PM. - All is well we are opening and closing on time and still carrying the NA message. Attendance is low, we make due. TFLMS.- GSR

Life or Death - Sunday-7:30-8:30PM., 2nd & Swatara St, Steelton, Pa.- Homegroup has been carrying the message. Attendance has been average. 40 people give or take depending on weather. Trying to get new members to join with experience with holding positions.- Lori O., GSR

Linglestown Meeting-5834 Linglestown Rd. Harrisburg, 7-8PM.- No report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne, Pa. 7:30-8:30PM. - No report.

Lunch Bunch - 313 Herman Ave, Lemoyne, Pa. 12-1PM., Mon-Sat.- Lunch Bunch needs help! We have lots of "homegroup members" but few actual participants. We will probably be in danger of changing the number of meetings if we don't receive help soon. We have non-home group members chairing regularly, other things that aren't acceptable. Our holiday dinner is Saturday December 8th. Doors open at 5, dinner at 6, speaker at 7. \$5 donation at the door, come anyway. All are welcome. Thanks for letting me serve.- Nick A., GSR

Message of Hope - Wertzville Rd, Enola, Pa. 8-9PM.-All is well. Attendance is growing more and more every week. -Megan A., GSR

New Life Group - 14 State Rd. Mechanicsburg, Pa. 8-9PM-Meeting is good! All is well! -Stef R., GSR

Non Conformists - 1099 2nd St. Enola, Pa. 7-8PM. No report.

Noon Day Serenity-300 Market St. Lemoyne, Pa. 12-1PM.- No report.

Nothing to Fear -216 S. Market St. Mechanicsburg, Pa. 7:30-8:30PM Survivors: Revisited Friday 10-11pm. - No Report.

ODOP (One Disease, One Program) 600 Evergreen Rd., New Cumberland, Pa. 7-8PM- No report.

On Life's' Terms - 6th and Forster St. Harrisburg, PA. 6:30-8:15PM.- No report.

Only Hams Are Cured - 6th and Forster St. Harrisburg, Pa. 7-8:30PM. - At this meeting we basically talk about the different literature we need to get, following our meeting format and about rent, ect. Rent is paid up for this month and we are doing well as a group. We are growing in our fellowship! -Marlin J., GSR

Only the Desire Group - 14th & Market St., Harrisburg, Pa. 7-8:15PM. - No report.

Saturday at Swatara-4680 Lindle Rd. Harrisburg, Pa. 7-8PM. No report.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Pa, 7-8:15PM. Our meeting still has outstanding attendance! Rent is paid up and we made a big literature order this month! The message is being carried! All is so good! -Heather R., GSR

Step and Tradition-750 S. 29th St. Harrisburg, Pa. 6:30-8:15PM.- Our meeting is going well and we continue to carry the message. Our rent is paid we are donating to area and buying literature!- Rochelle R., GSR

Steps to Freedom - 2221 N.6th St, Harrisburg, PA, (6th and Woodbine Streets). 630-8PM. - Group is doing well, we are still in dire need for new members. Attendance is slow but steady.-Derek C.

The Gathering Place-4th and Reno in New Cumberland, Pa. 6-7PM.- We are going to have our 14th year anniversary celebration the end of March. Date to follow- it will be a Taco Dinner with a Speaker.- Julie L., GSR

The Truth Will Set You Free-25 S. Penn St. Shippensburg, PA. 8-9PM.- No report.

Twisted Sisters-32 S. Front St. Wormleysburg, Pa. 7-8PM. -No report.

Value of Life - 131 Nittany Dr, Mechanicsburg, PA. 7-8PM. - Meeting attendance is good. Message is being carried and we made a \$25 donation to area.- Kurt J., GSR

We Do Recover - 15th & Derry St, Harrisburg, Pa, 8-9:30PM. - No report.

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: No report.

UNITY TREASURER'S' REPORT: No report.

LITERATURE: Sold \$830.60 in Literature. Turned in \$828.75 to Area. Need all meeting list changes

today. Please check your literature orders before you leave.- Julie V., Vice Chair

POLICY: No report.

PUBLIC RELATIONS: No report.

RCM: Region is next week, No report. I will receive the PPP's next region and distribute them at Area in January. I will need them back ASAP.- Art D., RCM

MARATHON: No Report.- Muhammad A., Chair

AUDIT: We are proud to report that Areas books are reconciled. Will contact unity to set up audit for them. Thank you for letting me be of service!-David P., Chair

HOSPITALS & INSTITUTIONS: Awesome meeting today, 16 in attendance, lots of newbies. We had elections! Jeremy V. stepped up to Chair and Ashlei G. took vice chair. Nick A stepped down from chair and into the secretary position, Liz P. joined him as vice secretary. We also voted in Kurt J. as a panel leader. He will be joining Frank T. at Salvation Army. Otherwise, the commitments that are filled are doing well. We still need help as a committee (see attached for open/inactive facilities) Thank you for a great year as chair and for letting me serve!!! -Nick A.

Open Facilities:

Camp Hill SGI

Cumberland County Prison Women's

Dauphin County Prison Men's

Dauphin County Work Release Men's

Dauphin County Work Release Women's

Perry County Men's Prison

Inactive:

Capitol Pavilion Men's

Capitol Pavilion Women's

Conewago Place

Gaudenzia Sienna House

Facility reports:

ARC: Lack of funding via the organization – no contact for several years.

C-90: 2nd and 4th Thursday. 7-8pm- We had 33 clients in attendance. Liz P. was the speaker. She shared her experience, strength and hope. She spoke for about 25 minutes and there was a lot of sharing afterwards.- Claude, Vice Secretary

Capital Pavilion: 7-8pm 2nd Tues. of month-

Womens'- Inactive

Mens'-Soon to be marked inactive, when we were bringing in a meeting no one was attending, and the residents are able to attend outside meetings.

Chambers Hill A/C: No report.

Common Ground: 2nd and 4th Tuesday, 7-8PM- No report.

Conewago Place: Men+Women 1st and 3rd Tues – (Women)- No report.

(Men)- Inactive.

Cumberland County Prison:

Womens'-Tues. 6-7:00PM-

Open

Mens'-Thur. 6:30-7:30PM and 7:30-8:30PM-

11/12- Had one person in attendance. Very good meeting, talked about fear.

11/26- Had 2 in attendance, talked about how we got to NA and why we stay clean- Nick A.

Dauphin County Prison: Women-every Sunday 9-10AM- All is well! -Lorain P.

Men, every Thursday 6:30-7:30PM- *Open*-Background check flexible – no violent crimes or crimes involving children. "Residency" of said facility no longer an issue – who better to serve than someone who has been there?

DCP Men's Work Release- Wednesday 6-7PM.-

Good meeting, 5 or so in attendance- Jason M. is the new panel leader for WR- Had him share his story to start his commitment- good message, lots of good participation afterwards. Will be handing the commitment over to him within the next month.- Nick A.

We had about 7 in attendance. Before the meeting opening i heard a lot of "war stories". I opened the meeting with how romanticizing the disease kept me in "relapse mode". I chose the topic of the negative effects of using and how it impacted my life in a negative way. It was an emotional meeting

and a couple of guys ended up in tears and then picked up literature after the meeting. -Jason M.

DCP Women's Work Release-

No Report.

Keystone: Tuesday 6:30-7:30PM – No Report.

Perry County Prison- Thursday-6-7PM -No report.

SCI Camp Hill-*Open*

Salvation Army: 2nd and 4th Sunday 7-8PM-

11/11- Liz P. came to share her experience, strength and hope. Several other women came along to support her. It was a great message which was very well received. The entire meeting was great with a lot of feedback. Approximately 45 in attendance.

11/25- Had Matt O. share his experience, strength and hope. Very good feedback from the facility. Had about 50 in attendance.- Jeremy V.

OLD BUSINESS: **4 Regional Motions**

NONE

NEW BUSINESS: **2 New Motions**

12.02.18- To have area treasurer to allocate \$100.00 to acting marathon chair to purchase coffee and supplies and to pay for the church for the upcoming Christmas marathon.

1. Intent; To fund the Christmas marathon event- Rey W.- Area Vice Chair, Acting Marathon Chair.

Housekeeping:

NONE

Discussion Topics:

1. To combine Marathon and Unity Committee due to lack of support- Rey W.
2. It may be time to dishand the Unity Committee. Until a time this area can fully support this committee at functions that are in policy that this committee has to put on.- Nancy U.

Welcome our new trusted servants:

Area Chair- Rey W.
Area Vice Chair- Rob G.
Alternate RCM- Dawn B.
Literature Chair- Julie V.
Vice Literature- Megan A.
Area Treasurer- Scott W.
Vice Secretary- Sandy P.
Policy Chair- Stef R.
Vice Policy Chair- Ryan B.
Hospitals and Institutions Chair- Jeremy V.

NOTES: Open positions: All unity positions, All Public relations positions, marathon vice chair, Hospitals and institutions vice chair

FINAL TREASURER'S REPORT: **See attached**

Next area is 01/06 /2018. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Heather R. - Area Secretary

*****ATTENDANCE*****

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
*****POSITIONS*****													
Area Chair					P /	P	P	P	P	A	P		
Area Vice Chair					P /	P	P	P	P	A	P		
Secretary					P /	P	P	P	P	P	P		
Vice Secretary					O /	O	O	O	O	O	O		
Treasurer					p /	P	P	P	P	P	P		
Vice Treasurer					P /	P	P	A	A	P			
Unity Chair					P /	P	A	P	P	P			
Unity Vice Chair					O /	O	O	A	O	O			
Unity Treasurer					P /	O	O	A	O	O			
Unity Vice Treasurer					O /	O	A	O	O	O			
RCM					P /	P	O	P	P	P			
Alt RCM					O /	O	P	O	O	O			
H&I Chair					P /	P	P	P	P	P			
H&I Vice Chair					P /	P	A	A	A	P			
Public Relations Chair					P /	P	A	P	P	A			
Public Relations Vice Chair					O /	O	O	O	O	O			
Literature Chair					P /	P	P	P	P	P			
Literature Vice Chair					O /	O	P	P	P	P			
Policy Chair					P /	P	A	P	P	P			
Policy Vice Chair					O /	O	P	P	A	P			
Marathon Chair					O /	O	O	P	A	A			
Marathon Vice Chair					O /	O	O	O	O	O			
*****GROUPS*****													
Acceptance Group					A /	P	A	P	P	A			
All Are Welcome					P /	P	P	P	P	P			
Any Lengths					A /	A	A	A	A	A			
Back to Basics					P /	P	P	A	A	P			
Bottom Line Group					P /	P	P	P	P	P			

Breath Of Life					P	/	P	P	A	A	P		
Clean and Free					P	/	A	A	A	P	A		
Commitment to Change					A	/	P	A	A	A	A		
Cut & Dry					A	/	A	A	P	A	A		
Desire to Grow					A	/	A	A	A	A	A		
Exodus to Genesis					P	/	P	P	P	A	A		
H.A.N.A.					P	/	P	A	P	P	P		
Honest Group					P	/	P	P	P	P	P		
Hope Is Alive					A	/	A	A	A	A	A		
H.O.W. Group					P	/	P	A	P	P	P		
Journey Continues					P	/	P	A	P	P	A		
Just For Today					P	/	P	P	A	P	P		
Life or Death					A	/	A	A	A	P	P		
Linglestown Meeting					A	/	A	A	A	A	A		
Living Clean					P	/	P	A	P	A	A		
Lunch Bunch					P	/	P	P	P	P	P		
Message of Hope					P	/	P	P	P	P	P		
New Life Group					P	/	P	P	P	A	P		
Non-Conformists					A	/	A	A	A	A	A		
Noon-Day Serenity					A	/	A	A	A	P	A		
Nothing to Fear					A	/	A	A	A	A	A		
ODOP					A	/	A	P	P	P	P		
Only Hams' Are Cured					A	/	P	A	P	A	P		
On Life's Terms					A	/	P	P	A	A	A		
Only the Desire					A	/	P	A	A	A	A		
Saturday At Swatara					A	/	A	A	A	A	A		
Share & Care					P	/	P	P	P	P	P		
Step and Tradition					P	/	P	P	P	P	P		
Steps to Freedom					P	/	A	A	P	P	P		
The Gathering Place					A	/	P	P	P	P	P		
The Truth Will Set You Free					A	/	A	A	A	A	A		
Twisted Sisters					A	/	A	A	P	P	A		
Value of Life					P	/	P	A	A	P	P		
We Do Recover					A	/	A	A	A	A	A		

Legend:

P- Present
O- Open Position
A- Absent

Updated November 2018- Secretary- Heather R.

CASNA MONTHLY TREASURER

Group Donations

Opening Balance	\$1,548.52
Less Prudent Reserve	\$700.00
Working Balance	\$848.52

INCOME

Group Donations	\$545.57	
Literature Income	\$828.75	
marathon return	\$25.00	169
Unity return	\$97.25	
Policy return	\$8.07	177
Misc		

TOTAL INCOME \$1,504.64

EXPENSES

Answer First	\$118.14	
Verizon	\$37.85	
ASC Rent	\$25.00	3198
Literature Expense		
H&I	\$32.50	3199
Secretary		
PI		
Dex Media	\$10.00	
monthly fee Bank	\$7.50	
Answer First	\$48.16	
Heather R. Sec	\$50.00	3200

TOTAL EXPENSES \$329.15

Working Balance	\$2,024.01
PLUS Prudent reserve	\$700.00
Ending Balance	\$2,724.01
Less Reserve to T-Shirts	\$225.00
Balance Available to use	\$2,499.01

		Receipt #	Check #
Acceptance Group			
All Are Welcome			
Any Lengths			
Back To Basics			
Bottom Line Group	\$3.71	170	
Breath Of Life			
Clean And Free			
Commitment To Change			
Cut & Dry	\$37.30	168	
Desire To Grow	\$7.00	166	
Exodus To Genesis			
Fresh Start			
H.A.N.A.			
Honest Group	\$20.00	176	
Hope Is Alive			
H.O.W. Group			
Journey Continues			
Just For Today	\$10.00	174	
Life Or Death			
Linglestown Meeting			
Living Clean	\$130.10	165	
Lunch Bunch	\$20.00	163	487
Message Of Hope	\$26.91	164	570
New Life Group	\$75.55	172	
Non-Conformists			
Noon-Day Serenity			
Nothing To Fear			
ODOP	\$15.00	167	
Only Hams' Are Cured			
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care	\$165.00	175	
Step And Tradition	\$10.00	171	
Steps To Freedom			
The Truth Will Set You Free			
Twisted Sisters			
Value Of Life	\$25.00	173	
We Do Recover			
Women With A Message			
Total Group Donations	\$545.57		