Volume 29 Number 9

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Magdalena, Area Chair opened the 344th meeting of CASNA, on 9/8/13, at 2:00PM, with the Serenity Prayer. David W. read the 12 Traditions and David P. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

- 1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
 - 2. A member may speak once to an issue.
 - 3. A member must be recognized by the Chair to speak.
 - 4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
 - 5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
 - 6. Discussion topics must be in written form and given to the Chair.
 - 7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 22 at 2:06 PM

Attendance notes: Vice treasurer, Unity Treasurer, Unity Vice Treasurer, Vice secretary and Policy

Vice Chair position's are open.

Next Area is October 6, 2013

New GSR's: Jennifer- Restored to sanity

New Meetings: Restored to sanity

Corrections to the Minutes: 3 H and I meeting to be removed

Orders of the day: Moved by David P; 2nd by Faith H.

Opening Treasurers report: *See attached.

Groups with Problems: None

Group reports:

A Gift Called Life - 141 W. Main St, Elizabethville, Pa. 7:30-8:30PM - No Report.

<u>Acceptance Group</u> – Grace UMC Carlisle, Pa Sun 6-7PM –Literature order of 32.10. we had to dip into our new prudent reserve to fill this since we now have 2 meetings. We voted on all motions in the minutes. Steve W- GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM -Blessings to everyone. We have new home group members and our meetings are receiving a good attendance. Our rent is paid through september. We were able to order literature and donate to area. We are truly grateful to continue to carry the message. TFLMS Henry JR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group - 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM - No Report

Clean and Free - 2nd and State 12-2pm Sat. - No Report

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM - No Report

Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM - No Report

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. - No Report

<u>Fresh Start</u>- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 – Meeting is going fine. We are still in need of support. Meeting is opening and closing on time. TFAMS Louis

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – attendance is high. Meetings are running smoothly and all are welcome. TFLMS, K.G.

<u>Hope Station</u> - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Attendance is varying each week. Home group member Tom B. celebrated 28 years last friday. We donated our excess money to area since there is nothing the facility really needs. \$320.00 donation. Steve W. home group member

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – We ordered key tags for 10.00. both meetings are well attended. Our yearly donation to area is in september amounting to \$150.00. all regional and area motions discussed then voted on. Chris W.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- All is great about 20 people attending. Gloria W.

<u>Just for Today</u> -_15th and Derry, Hbg. PA. Sun. 10-12pm. – Our meeting is doing OK, still carrying a clear N.A. message. Meeting is opening and closing on time. Attendance is good and all is well. TFLUS, Homegroup

<u>Life or Death</u> - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, PA. – Attendance is good. 1st annual group anniversary speaker jam sept. 28th from 1-11 FREE EVENT w/ speakers, dinner and a dance. Donation to area in the amount of \$20.50. Marianna H.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – The meeting is going well with great attendance. Derek C. will celebrate 2 yrs on september 17th . Chrissy F will celebrate 2 yrs on october 1^{st} . This months literature order \$95.70, donation to area \$129.64. Our group will hold its inaugural bon fire meeting on september 28^{th} at kings kids camp in dillsburg. More informaion to follow. TFAUTS Chrissy F.

Lunch Bunch - Mon-Sat 12-1. Herman Ave, Lemoyne - No Report.

<u>Message of Hope</u> - Wertzville Rd, Enola Pa Fridays 8-9pm – meeting attendance continues to be good. Our format continues to be speaker and step/tradition. Our 2nd annual campout went well with better attendance then last year. There are no problems to report. TFAMTS Steve H

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- All is well. Annual halloween party is our next event. More will be revealed. TFAMTS

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Survivors: Revisited Friday 10-11pm. - No report.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. - No report

Only Hams Are Cured – Sat. 7-8:30. 3rd and Harris St – We have nothing to report at this time. Tflms, Iris N.

Only the Desire Group - 14th & Market St., Hbq, PA. Wed 7-8:15PM. - No report

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 - No report

Recovery First - Tues ' 7pm, 8 S. Carlisle UMC, Carlisle PA- No Report

Restored to Sanity- 8 S. Hanover st. Room 10, Carlisle PA. Tuesday 12-1pm- Our meeting started the first tuesday in september. Thus far attendance has been sporadic but we did have a business meeting last week and all positions are filled. We are hoping for better attendance once we're on the meeting list. The other fellowship was upset at the amount of our members at their noon meeting so we know there is a need and im confident attendance will grow. TFAMTS Jennifer P

Rise to Freedom- Thurs at 12pm, Cameron St, HBG- No Report.

<u>Share and Care</u> - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – Construction continues, Please look for signs that direct to meeting, coffee and restrooms. Enterance is well marked. Please park in lot or on the street. Faith W

<u>Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. – No Report</u>

Step Working Guides - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm - No report

<u>Value of Life</u> – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. –Meeting is going well. More support is being shown. Money has been recovered from previous treasurer. TFAMTS Bridget H <u>We Do Recover</u> - 15th & Derry St, Hbq, PA, 8PM to 9:30PM Monday night – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – Group doing well. Patricia M.

Sub committee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: The dance was good. We were able to fry chicken. Rain the night before the picnic caused the picnic to be canceled based on the safety of people coming.

Some NA members went ahead with a picnic anyway and contacted the facilities to come anyway. This makes it difficult for us to get a rain date since the park was used with out permission. 10/19/2013 we are having a speaker jam/dance at 15^{th} and derry st. Desiree J.

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: Liturature sold well this month, we sold a total of \$970.35. We turned in a total of \$920.00 to the area treasurer. There were several large orders causing several backorders. Please remember to bring backorder slips to next area. We spent \$21.50 on copies, the reciept was turned in to the area treasurer. The order from freestate was for \$531.13. We want to remind our members to double check your order before you leave. We will no longer correct previous months orders. Also, the cut off time for orders if 1:30. TFAMTS Steve H- Lit Chair.

POLICY: Since noone has come to us with any changes or revisions finishing touches will be made to update the policy. Final copy will be available in the next month or two. TFAMTS David P- Chair **PUBLIC RELATIONS**: We met today at area we discussed new meeting open in carlisle PA 12:00-1:00 spoke to contact person of the group for returned to sanity. He said 5-10 people attend, meeting needs support. The new meeting in on the phone line. P.R. Still in need of suppot, please contact Glenda-7175571724 or Malvern-7173077342 to join P.R. Malvern O.-chair Glenda B- vice PR chair

RCM: Hi Family. The next regional service meeting is on september 14th 2013 at newberry church of christ in williamsport PA. If unity has any flier that they would like to send to region please provide that. If there is an area donation please present that to Faith W (ALT RCM) as she will be attending region. The votes will go to region for the 3 items in August Minutes. TFAMTS, Crystal D- RCM Faith W.- ALT RCM

MARATHON: No Report

AUDIT: No Report

HOSPITALS & INSTITUTIONS: We had 13 members in attendance with 3 new people. The literature person forgot today was area service so was not present. We did place an order for the 4 facilities that needed materials. The following facilities are in need of members to either take the commitment or at least attend the scheduled meetings as per the sub-committee: Cumberland Co. Prison-Women, Perry Co. Prison, Dauphin Co. Prison-Women & Men, Conewago Place- Men's, Dauphin Co. work release- Men. We will also have an open position on the sub committee for panel coordinator. H and I member each have a sign up sheet that they will be taking to the meetings they attend in order to attempt to fulfill some of these commitments TFLMS, Chris W. Vice Chair

Facility reports:

ARC: No report.

<u>C-90:</u> **2nd and 4th Thurs. 7-8pm-** Mtgs are going well. Great participation 20-40 addicts in attendance. Seemed to be some confusion as to when AA and NA bring H & I to this facility. AA is the 1^{st} and 3^{rd} thursday of the month, NA is the 2^{nd} and 4^{th} thursday. Hopfully this will be cleared up. Went in only once in 08/2013. Life on life's terms. Plan to be there for september. Lorain P.

Capital Pavilion: 7-8pm 2nd Tues. of month- No Report

<u>Common Ground</u>: **2nd and 4th Tuesday, 7-8pm.-** All is well. Schedule issue resolved. Speakers and Literature. Steve B.

<u>Conewago Place</u>: Men+Women 1st and 3rd Tues – (Women)- The meetings have been going well and we have had to combine the men and women due to lack of volunteers and summer schedule. Jan A

(Men)- The meetings have been going well and we have had to combine the men and women due to lack of volunteers and summer schedule. Jan A

<u>Cumberland County Prison</u>: Womens'-Tues. 600-700pm- We have finally gotten back into the facility on a regular basis. It is as above but there is not as many inmates coming and they are not participating as much. Hopefully it will grow as previously. Cat comes once in a while. But I do go in every monday. Chris W

mens'-Thur. 630-730pm and 730-830pm- No report.

<u>Dauphin County Prison:</u> Women-every Sunday 9-10am- All is well. Participation is up and sharing is open. Jan A

Men, every Thurs 6:30- Linda M and I alternate. I am just coming back from health issues. I didnt go this week feeling ill. All good, Linda is looking to step down. Otherwise good. Jim C.

<u>DCP Men's Work Release-</u> Weds 6-7pm. – Calvin does this. I fill in on occasion. Haven't been there for a while. Need help. No background check. Just need I.D. Ok for now. Jim C.

Keystone: Tues 6:30-7:30pm – No Report.

<u>Perry County Prison- Thurs-6-7pm</u> – I have been unable to attend this previous month because

of work commitments. They would really like someone to be there. Please see is anyone can apply. Steve W.

Salvation Army: 2nd and 4th Sunday 7pm- No Report.

Woodside: Meeting is going very well. All meetings made this month. Great participation. Bridget H. **OLD BUSINESS:**

Motion #1- (Proposed Budget) for upcoming marathon events. Thanksgiving: \$50 rent, \$200 for food, coffee and supplies. Total of \$250. Christmas: \$50 rent, \$200 for food, coffee and supplies. Total of \$250. New Year: \$50 rent, \$50 for coffee and supplies. Total \$100. Intent: To have a ballpark idea of expenses for the 3 upcoming marathon events. Marathon events are to provide unity for members of NA during the holidays. Written by: Jose H. 2nd by: Chrissy F **TABLED** Motion #3 – (Policy) Join Unity & Marathon committee together. Intent: So the two groups can raise money together. Written by: Robert H. 2nd by: Jenny P. **To be voted on 10/06/13** Motion #5- For Marathon committee to host fundraising events. Intent: To raise money for proposed budget. Written by: Marianna H. 2nd By: David H. **TABLED**

NEW BUSINESS: **1 New Motion**

Motion #6-(Policy) Motion to eliminate 3 month waiting for voting to go back to presented/debate and voted on the following month. Intent: To go back to the way it used to be. Written by: Gerald W. 2nd by: Louis H **to be voted on 11/3/13**

Discussion Topics: **None**

Notes:

FINAL TREASURERS REPORT: **See attached**

**Motion to adjourn meeting at 4:16PM, Moved by David P & 2nd by Chris W.

Next area is 10/06/2013. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Bridget H. - Area Secretary

ATTENDANCE

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| | Jan | Feb | Mar | Apr | Ма | Jun | Jul | Aug | Sep | Oct | Nov | Dec | |
| *****POSITIONS**** | | | | | | | | | | | | | |
| Area Chair | | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Area Vice Chair | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Secretary | | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Vice Secretary | Р | Р | | Р | Р | Р | Р | Р | 0 | | | | |
| Treasurer | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Vice Treasurer | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | |
| Unity Chair | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Unity Vice Chair | Р | Р | Р | Р | | Р | Р | Р | Р | | | | |
| Unity Treasurer | Р | Р | Р | Р | О | 0 | Р | Р | Р | | | | |
| Unity Vice Treasurer | 0 | 0 | 0 | 0 | О | 0 | Р | 0 | 0 | | | | |
| RCM | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Alt RCM | | Р | 0 | 0 | О | 0 | 0 | 0 | Р | | | | |
| H&I Chair | Р | | Р | | | | | Р | Р | | | | |
| H&I Vice Chair | | Р | | 0 | Р | | Р | 0 | P | | | | |
| Public Relations Chair | Р | Р | Р | Р | Р | Р | Р | | Р | | | | |
| Public Relations Vice Chair | О | | 0 | Р | Р | Р | Р | Р | Р | | | | |
| Literature Chair | Р | Р | Р | Р | | Р | Р | Р | Р | | | | |
| Literature Vice Chair | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | Р | | | | |
| Policy Chair | Р | Р | | Р | | Р | Р | Р | P | | | | |
| Policy Vice Chair | Р | P | Р | 0 | 0 | 0 | 0 | 0 | 0 | | | | |
| Marathon Chair | P | P | P | Р | | Р | Р | Р | P | | | | |
| Marathon Vice Chair | P | P | P | P | Р | P | P | P | Р | | | | |
| Transaction vice chair | | • | i . | • | | | | | • | | | | |
| *****GROUPS**** | | | | | | | | | | | | | |
| A Gift Called Life | | | | | | | | | | | | | |
| Acceptance Group | Р | Р | Р | Р | | | Р | Р | Р | | | | |
| All Are Welcome | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Anv Lenaths | Р | | | | | | | Р | Р | | | | |
| Back to Basics | | | Р | Р | Р | Р | Р | Р | | | | | |
| Bottom Line Group | | | Р | Р | Р | Р | | Р | | | | | |
| Clean and Free | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Commitment to Change | Р | Р | | Р | | | | | | | | | |
| Cut & Dry | Р | Р | Р | | Р | Р | Р | Р | Р | | | | |
| Exodus to Genesis | | | Р | Р | Р | Р | | Р | | | | | |
| Fresh Start | | | | | | | | | | | | | |
| H.A.N.A. | | | | Р | Р | Р | Р | | Р | | | | |
| Honest Group | Р | Р | Р | Р | Р | Р | Р | Р | P | | | | |
| Hope Station Meeting | | | | | | | | | | | | | |
| H.O.W. Group | Р | Р | Р | Р | Р | Р | Р | Р | Р | | | | |
| Journey Continues | | | | | P | | | Р | P | | | | |
| Just For Today | Р | Р | Р | Р | | Р | Р | P | Р | | | | |
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Legend:

P = Present

O = Open Position

Updated April 2013

C.A.N.A. UNITY SUB-COMMITTEE

TREASURERS REPORT

| EVENT DATE: | 2013 |
|--|---|
| STARTING BALANCE: | 161.74 |
| INCOME ADMISSION: FOOD: MISCELLANEOUS ITEMS CLARITY TEESTIFTS SUB-TOTAL NEW BALANCE | 305.06 145.91 40.00 490.91 652.67 |
| EXPENSES | |
| FACULTY RENT: DJ: FOOD: MISCELLANEOUS ITEMS: Unity Tee Sings | 72.00 7200 7200 7200 |
| SUB-TOTAL ENDING BALANCE | 4.88,00 163,85 |
| COMMENTS: | |
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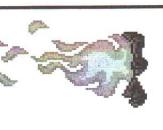
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| | Opening Balan Less Prudent Reserve Working Balance | ce | | | 7.64 0.80 37.64 | |
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| | EXPENSE Phone Power Verizon Secretan (Bridget) ASC Rent H&I PI (Brinden Russ) Literature expense Misc-Phone Pager | \$ 31.30 \$ 100.00 \$ 25.00 \$ 100.00 \$ 3.95 \$ 531.13 | (26.70) # 2663 (26.70) (2664) (2671) 2666) |) \$ 2727 3 | . ७५ | |
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| | Ptus Prudent Reserve Ending Balance | | | \$ 700 \$ 1099. | 88 = 799. | 76 =2= 399.88 |
| | | a | Ē | REGIONAL | DENAMEN = | 399.76 |

LIVING CLEAN GROUP OF NARCOTICS ANONYMOUS

BONFIRE MEETING SATURDAY SEPT. 28TH

7:30 PM-??

MEETING STARTS AT DUSK



145 Glenwood Road

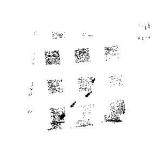
Dillsburg, PA



KINGS
CAMPGROUND



CAPITAL AREA LABOR DAY PICNIC



Brightbill Park
Saturday 9/14/2013
Food, Fun, Fellowship
Noon 'til Dust