

Volume 29 Number 10

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Magdalena, Area Chair opened the 345th meeting of CASNA, on 10/06/13, at 2:00PM, with the Serenity Prayer. Henry J. read the 12 Traditions and Faith H. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.

2. A member may speak once to an issue.

3. A member must be recognized by the Chair to speak.

4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.

5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.

6. Discussion topics must be in written form and given to the Chair.

7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 19 at 2:06 PM

Attendance notes: Vice treasurer, Unity Vice Treasurer, Vice secretary and Policy Vice Chair position's are open.

****Next Area is November 3, 2013****

New GSR's: Nancy U-Alt Gsr for Living clean, Kristyn G-GSR Honesty group, David P- Alt GSR Honesty Group, Ray N-Alt GSR Exodus to genesis

New Meetings:

Corrections to the Minutes: Acceptance- Add tuesday mtg times, Remove Recovery first and Living drug free

Orders of the day: Moved by David P; 2nd by Faith H.

Opening Treasurers report: *See attached.

Groups with Problems: Steps to freedom 3rd and Harris Tuesday needs support

Group reports:

A Gift Called Life - 141 W. Main St, Elizabethville, Pa. 7:30-8:30PM - No Report.

Acceptance Group - Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM -We fund flowed \$37.45 to area. Both meetings are doing well. Steve W- GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM -Blessings to everyone. We have new home group member and our meetings have been full. Our rent is paid through December. We placed a small order literature. TFLMS Henry JR

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

Back to Basics - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa - No Report.

Bottom Line Group - 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM - Group is doing well. Upcoming functions being talked about. Made a donation to area and purchased literature. TFAMTS, Rich B

Clean and Free - 2nd and State 12-2pm Sat. - meeting attendance is good. Rent is paid.

Donation made to area. Ove and Respect, Alphonzo W

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – All are welcome. Meeting going fine, open on time and still need support. Home group members need to step up. Hedy W.
Cut and Dry - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report
Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – Our home group is doing well, we are growing in members and attendance is always great. Please come out and support us. TFAMTS Ray N.

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. - 15th and Derry, Hbg. PA, Fri 7-8:30 – Starting on time, ending on time. Good attendance. TFAMS Louis

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – attendance is high and multiple facilitates participate. All are welcome. TFLMS, K.G.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Group continues as usual. Steve W. home group member

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – The yearly donation to WSO was also made last month- \$300.00. The current literature order is \$50.40. Our business meeting was well attended. Chris W.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- Meeting is going well. 15-20 in attendance each week. We made a donation to area and ordered literature today. We are a book study meeting using the living clean book. Gloria W.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Meeting is going well. No problems to report. Clifton T

Life or Death - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, PA. – No report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Bonfire meeting was a success. Planning another fire meeting in 6 mnths. Meeting attendance is going well. Rachelle W. celebrates 5 years on the 22nd and will be sharing her experience, strength and hope. No other report. David H.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – No Report.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Meeting attendance is good. No problems to report. Our format continues to go speaker meeting alternating with a step/tradition meeting. TFAMTS Steve H

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- Our annual Halloween dance will be held Nov. 2nd 2013. meeting from 8-9pm, dance w/ DJ will follow. \$3.00 donation. Costumes welcome TFAMTS Steve B

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Survivors: Revisited Friday 10-11pm. – No report.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No report

Only Hams Are Cured – Sat. 7-8:30. 3rd and Harris St – No report.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – No report

Rae of Hope - 100 West Main St., Corner of Church & Main, New Bloomfield, PA 17068, 7-8PM on Tuesday(s) – No Report

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No report

Restored to Sanity- 8 S. Hanover st. Room 10, Carlisle PA. Tuesday 12-1pm- No report.

Rise to Freedom- Thurs at 12pm, Cameron St, HBG- No Report.

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – We have remained in the same room since construction is still going on. Look for signs and be aware of any changes until construction is complete. Faith W

Steps to Freedom - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. – No Report

Step Working Guides - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm – No report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. –Still in need of support. Attendance is low. Many newcomers and not many people with time to share experience strength and hope. TFAMTS Bridget H

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday night – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00,

In the Ladies Parlor on the 2nd floor. – Group is going good. Attendance good weekly 20 women.
Sandy F

Sub committee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: The picnic happen. It was good, so did the dance. It was good. Now we are going to have a fundraiser/ speaker jam oct 19th an a spagetti dinner dec 14th. We want to know if park was paid for so we can put in a motion for it.. Desiree J.

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: Today we sold a total of \$633.10 worth of literature. We turned a total of 655.20 into the area treasurer. There was no order received from freestate this mnth. I will be investigating the cause this week. New meeting lists are available. We ask that GSR's only take as many as needed as not to waste NA funds. There is a mistake on the meeting list regarding women w/ a message not being shown above the proper adress and time. New prices will be coming into effect as of jan 2014. We are currently looking into changing the order forms at that time. Due to not receiving the order from freestate there are many backorders. Please bring them next month. TFAMTS Steve H- Lit Chair.

POLICY: Updated policy is nearly complete and will be ready to be able to be uploaded to the website by next area.. TFAMTS David P- Chair

PUBLIC RELATIONS: Committee renewed the capitol area subcommittee announcement. We also made a copy for the homegroup's. Also the unity committee gave me a flier for the next even I will be recording it on the phone line. Also I will be recording the new life group annual halloween party. Aslo, rev. mac Granderson from the church at 15th and derry called me about CANA public relations committee speaking at his upcoming events. I told him to write a letter to the CANA sub-committee to read at area. Iris contacted all contacted people from each facility to let them knw that there is only the unity committee contact person who can say if an event has been cancelled or not cancelled. Malvern O.-chair Glenda B- vice PR chair

RCM: Good afternoon, region met on september 14 2013 in williamsport PA. Regional workshops will be held november 9 2013 on the service system project at the allentown nurses college 12:30pm-3:30pm. Flyers are on the table. MARLCNA flyers are out and on the table, they are asking for 3 people from each area for either main speakers or workshops to have all areas represented. There is a meeting the 3rd sunday of every month to get MARLCNA organized being held at the host in lancaster at 1:30 pm. The receipt for the donation of \$399.00 to area was given to the treasurer, faith W requested mileage reimbursment for \$118.80 for the 216 miles @ .55 cents / mile. TFAMTS, Crystal D- RCM Faith W.- ALT RCM

MARATHON: No Report

AUDIT: No Report

HOSPITALS & INSTITUTIONS: We had 14 members in attendance. We received 11 names for speakers interested in being contacted. Several panel leaders were not at the meeting so no report on their commitments. The other facilities are being fulfilled except for these open positions: Perry county Prison, Dauphin County Prison-Women, DCP- work release men's and women's. Also, the literature coordinator is no longer able to make H and I this year. This will be taken care of next month. TFLMS, Chris W. Vice Chair

Facility reports:

ARC: Since there has not been a steady member going into this commitment, the facility just kind of took the meeting over. There is no format and I believe that the facility may need to be refreshed about who we are and what H and I does. I plan to get together a format for my 2nd time in (tomorrow) and will work from there. The attendees actively listen and participate in the meeting. The facilities that come in are very respectful. Rachelle W.

C-90: 2nd and 4th Thurs. 7-8pm- Mtgs attendance and participation are going well. Missed 2nd thursday. Simply forgot. Would like help w/ commitment. TFAMTS Lorain P.

Capital Pavilion: 7-8pm 2nd Tues. of month- Everything is going good. Linda M

Common Ground: 2nd and 4th Tuesday, 7-8pm.- All is well. Speakers and Literature. TFAMTS Steve B.

Conewago Place: Men+Women 1st and 3rd Tues – All is well. We were not able to fulfill our last meeting due to work conflicts.

Cumberland County Prison: Womens'-Tues. 600-700pm- Back in after summer and not

being there because of their renovations. Approx 12 inmates attending. I missed 1 meeting last month because of work.. Chris W

Mens'-Thur. 630-730pm and 730-830pm- All is going well. No problems.

Dauphin County Prison: Women-every Sunday 9-10am- All is well with excellent participation. Jan A

Men, every Thurs 6:30- Everything is going good. I have only been going into DCP every other week. Linda M

DCP Men's Work Release- Weds 6-7pm. – No Report

Keystone: Tues 6:30-7:30pm – No Report.

Perry County Prison- Thurs-6-7pm – Steve W. is no longer able to fulfill commitment. This should be considered an open panel leader position.

Salvation Army: 2nd and 4th Sunday 7pm- Good attendance, good participation. Someone from AA took in an NA meeting on a Sunday, messed up the format and had a Non-addict as a speaker. Krista P & Rob R.

Woodside: 2 meeting missed this month. Commitment will be split between Bridget H and Chrissy F. Bridget H.

OLD BUSINESS:

Motion #1- (Proposed Budget) for upcoming marathon events. Thanksgiving: \$50 rent, \$200 for food, coffee and supplies. Total of \$250. Christmas: \$50 rent, \$200 for food, coffee and supplies. Total of \$250. New Year: \$50 rent, \$50 for coffee and supplies. Total \$100. Intent: To have a ballpark idea of expenses for the 3 upcoming marathon events. Marathon events are to provide unity for members of NA during the holidays. Written by: Jose H. 2nd by: Chrissy F ****TABLED****

Motion #3 – (Policy) Join Unity & Marathon committee together. Intent: So the two groups can raise money together. Written by: Robert H. 2nd by: Jenny P. ****To be voted on 11/03/13****

Motion #5- For Marathon committee to host fundraising events. Intent: To raise money for proposed budget. Written by : Marianna H. 2nd By: David H. ****TABLED****

Motion #6-(Policy) Motion to eliminate 3 month waiting for voting to go back to presented/debate and voted on the following month. Intent: To go back to the way it used to be. Written by: Gerald W. 2nd by: Louis H ****to be voted on 11/03/13****

NEW BUSINESS: **1 New Motion**

Motion #7- (House keeping) That Bright Bill Park be paid from area treasurer. For unity and P.R. Go to park with check in hand. If they don't need check the check to be returned to area treasurer. Intent: This effects NA as a whole. Written by: Nancy U 2nd by: Chris W.

Discussion Topics: Conference Agenda Report: Available Nov 27, 2013. World board members will be at MARLCNA 2014 for information and discussion.

Notes: NONE

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:59PM, Moved by Henry J & 2nd by Chris W.**

Next area is 11/03/2013. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Bridget H. - Area Secretary

*****ATTENDANCE*****

	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Au	Sep	Oct	No	Dec	
*****POSITIONS*****													
Area Chair		P	P	P	P	P	P	P	P	P			
Area Vice Chair	P	P	P	P	P	P	P	P	P	P			
Secretary		P	P	P	P	P	P	P	P	P			
Vice Secretary	P	P		P	P	P	P	P	O	O			
Treasurer	P	P	P	P	P	P	P	P	P	P			
Vice Treasurer	O	O	O	O	O	O	O	O	O	O			
Unity Chair	P	P	P	P	P	P	P	P	P	P			
Unity Vice Chair	P	P	P	P		P	P	P	P				
Unity Treasurer	P	P	P	P	O	O	P	P	P	P			
Unity Vice Treasurer	O	O	O	O	O	O	P	O	O	O			
RCM	P	P	P	P	P	P	P	P	P	P			
Alt RCM		P	O	O	O	O	O	O	P	P			
H&I Chair	P		P					P	P				
H&I Vice Chair		P		O	P		P	O	P	P			
Public Relations Chair	P	P	P	P	P	P	P		P	P			
Public Relations Vice Chair	O		O	P	P	P	P	P	P	P			
Literature Chair	P	P	P	P		P	P	P	P	P			
Literature Vice Chair	O	O	O	O	O	O	O	O	P	P			
Policy Chair	P	P		P		P	P	P	P	P			
Policy Vice Chair	P	P	P	O	O	O	O	O	O	O			
Marathon Chair	P	P	P	P		P	P	P	P				
Marathon Vice Chair	P	P	P	P	P	P	P	P	P	P			
*****GROUPS*****													
A Gift Called Life													
Acceptance Group	P	P	P	P			P	P	P	P			
All Are Welcome	P	P	P	P	P	P	P	P	P	P			
Any Lengths	P							P	P	P			
Back to Basics			P	P	P	P	P	P					

Bottom Line Group			P	P	P	P		P					
Clean and Free	P	P	P	P	P	P	P	P	P	P			
Commitment to Change	P	P		P						P			
Cut & Dry	P	P	P		P	P	P	P	P	P			
Exodus to Genesis			P	P	P	P		P		P			
Fresh Start													
H.A.N.A.				P	P	P	P		P	P			
Honest Group	P	P	P	P	P	P	P	P	P	P			
Hope Station Meeting													
H.O.W. Group	P	P	P	P	P	P	P	P	P	P			
Journey Continues					P			P	P	P			
Just For Today	P	P	P	P		P	P	P	P	P			
	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Au	Sep	Oct	No	Dec	
*****GROUPS*****													
Life or Death	P	P	P	P	P	P	P	P	P	P			
Livina Clean	P	P	P	P	P	P	P	P	P	P			
Lunch Bunch	P	P	P		P	P		P	P				
Message of Hope	P	P		P	P	P	P	P	P	P			
New Life Group		P		P	P		P	P	P	P			
Nothing to Fear							P						
Only Hams' Are Cured	P		P	P	P	P	P	P	P				
On Life's Terms	P	P		P			P	P	P				
Only the Desire	P	P		P		P	P	P		P			
Rae of Hope													
Rebels on the Hill				P	P								
Restored to Sanity									P	P			
Rise To Freedom	P	P	P	P		P	P	P	P				
Share & Care	P	P	P	P	P	P	P	P	P	P			
Steps to Freedom	P	P	P	P									
Step Working Guides	P		P	P		P			P				
Value of Life	P	P	P	P	P		P		P				
We Do Recover		P	P		P								
Women with a Message	P					P	P			P			

Legend:

P = Present

O = Open Position

Updated April 2013

CAPITAL AREA OF NARCOTICS
ANONYMOUS SUBCOMMITTEE
ANNOUNCEMENT

**IF YOU WOULD LIKE TO JOIN THE PUBLIC
RELATIONS SUBCOMMITTEE, OR BE A PHONE LINE
CONTACT, PLEASE CONTACT:**

MALVERN O., CHAIR 717-307-7342

GLENDA B., VICE-CHAIR 717-557-1724

**BEING ON THE PHONE LINE IS SERVICE
WORK YOU CAN DO FROM HOME!**

**DO YOU HAVE THE TIME TO SHARE YOUR
EXPERIENCE, STRENGTH, AND HOPE
WITH OTHERS WHO MAY BE SEEKING
RECOVERY? IF SO, PLEASE CONTACT US
AND LET US KNOW.**

**THE SUBCOMMITTEE MEETS THE FIRST SUNDAY OF
EVERY MONTH, PRIOR TO THE AREA SERVICE
MEETING AT 12:30PM. BETHANY AME CHURCH, 914
S. 21ST STREET, HARRISBURG, PA (21ST & DERRY STS).**