

Volume 32 Number 5

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Crystal D., Area Chair opened the 375th meeting of CASNA, on 5/1/16 at 2:00PM, with the Serenity Prayer. Nancy U. read the 12 Traditions and Dawn G. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. A member must be recognized by the chairperson to address the floor.
2. A member may speak once to an issue.
3. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
4. Discussion topics must be in written form and given to the Chair.
5. For an item to be placed on the agenda, it must be in motion form with a second.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

GSR count: 19 at 2:13 PM

Attendance notes: Area vice chair, Area vice secretary, H&I vice chair, Public Relations vice chair, Unity Chair, Unity vice chair, Unity treasurer and Unity vice treasurer positions are open.

****Next Area is June 5, 2016****

New GSR's: Dale R. – Noon Day Serenity, Nick A. – Alt. Lunch Bunch, Kevin S. – Clean And Free, Barry H. – Alt. ODOP, Rob W. – Only Hams Are Cured.

New Meetings: Noon Day Serenity, Sunday 12:00-1:00pm. 300 Market St. Lemoyne, PA

Corrections to the Minutes: Treasurer, Vice Treasurer and Unity Chair were marked as open positions, positions are not open and all were present at Area in April. Motion to accept minutes by Rachelle W., 2nd by Kathy W.

Orders of the day: Motion by Nancy U, 2nd by Jessie F.

Opening Treasurers report: *See attached. Motion by Nancy U. 2nd by Rachelle W.

Groups with Problems: Clean and Free is in dire need of support to keep meeting open and functioning, having problems having enough funds in 7th tradition to pay rent.

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – \$12.75 for literature and \$54.10 as flow. Two issues with church: the liability insurance had expired and memo to all groups that video surveillance cameras were installed. New certificate obtained from Regional Insurance Liaison. Steve W

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM – Greetings to everyone. Our rent is paid through June. We have a couple of new home group members and we ordered \$75 in literature. Our meetings are going well. TFLMS. Henry Jr.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – No report.

Back to Basics - First United Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM. Group is doing well.

Purchasing literature, meeting attendance is good. Next event 27th & 28th of May. Cookout/Speaker Jam. Come out and support your area. Don L.

Bridge II Recovery – 300 Market St. Lemoyne, PA Tues & Thurs 4:30-5:30 – JFT on Tues. Variety on Thursday. All good-needs support. Art D.

Clean and Free - 2nd and State 12-2pm Sat. – Home group is doing fine. Attendance is doing good. Home group is carrying our primary purpose with carrying the message of NA. Yours in service – Rochelle R.

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – No Report

Cut and Dry – Bethany AME Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

Desire to Grow – 300 Market St, Lemoyne, PA. Tuesday 8:30-9:30PM – Step and Tradition. Meeting attendance is well. Rent is paid, literature ordered and small area donation this month. All is well. Heather B.

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No report

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. – 1801 N 3rd St, HBG, PA 6:30-8:30PM – No Report.

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – Meeting attendance has been light but steady. We have new home group members who help out immensely but we are always looking for more. Other than that everything is going well. David P.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Attendance good. \$22.75 literature order. Chuck

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – Alt GSR relapsed. We will make our yearly donations next month to Area & WSO. There was an issue with the church that the liability insurance expired. The regional liaison did provide me the updated certificate. Church has sent group wide memo to the approx. 18 organizations that meet there that they have installed cameras for video surveillance. It monitors entrances/exits, hallways, worship & gathering areas. Chris W. GSR

Journey Continues – Mon. & Thurs. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- Monday meeting is going well. Book study from Living Clean The Journey Continues. Attendance 10-20 people. Thursday Step & Tradition discussion on from It Works How and Why. Attendance 10-20. TYFLMS – Jada.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Our group continues to run smoothly. We continue to have a good group of attendance and no issues with the facility. TFAMTS. Betty W.

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA. - No Report

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Group is doing well. Attendance is still lower than usual but the message is being carried and our bills are being paid monthly. We are planning our semi-annual bonfire meeting now and will have flyers at the next area. ILS Rachelle W.

Lunch Bunch – Mon-Sat 12-1. 313 Herman Ave, Lemoyne – All is well/attendance is good. Trying to figure out if we're having the campout. Home group membership is a tad low. Nick A. filling is as GSR. – Nick A.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Attendance is good. We are working on getting out flyers for our annual campout August 19-21 at Paradise Stream Family Campground. We have also set a date for our annual cook out which we are hoping to have Sept 17th. We are still waiting for approval from the church. We have no problems to report. Olivia N.

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- May 7th Saturday spaghetti dinner. Doors open at 5pm, meal at 6pm Meeting is at regular time 8-9pm. \$6 donation if you have it, if you don't have \$6 you are still welcome. Home group member Sue celebrates 4 years this month. All is well. Ozzie

Nothing to Fear - Corner of Simpson & Market St. - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. - No Report

O.D.O.P.(One Disease, One Program) – Fairview Brethren in Christ Church, 600 Evergreen Rd, New Cumberland, Wed 7-8pm – No report

Old School Recovery – Grace UMC “Simpson & Market, Mechanicsburg, PA. Mon, Tues, Weds, Thurs & Friday 9:30-10:30am – No report

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No report

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. – Rob W. is now our GSR. We have elected all new officers. We have to pay March & April rent so we won't have a donation this month for area. TFAMTS Rob W.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – Meeting open on time. Good attendance. TFLMS Muhtadi

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No Report.

Rise to Freedom- Thurs at 12pm, Friday 5-6PM Cameron St, HBG- No Report

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – No report

Safe harbor – 55 W. King St, Shippensburg, PA. Tues, Thurs, Sun 8-9PM. –No report

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM –

All is well. No problems to report. Jessie F.

Step and Tradition – 1524 Walnut St., Hbg, PA. Thurs. 6:30-8:15pm – Attendance is doing well and members joining the home group. Looking to put on a speaker jam/cookout on August 20th. We communicated with Area Unity Subcommittee informing them about the event. We also made a donation to Area Service in the amount of \$10.00. TFLMS Libby L.

Steps to Freedom - (6th and Forrest), Tuesday 7:00-8:30pm. – Group is doing fine, we do need to get more home group members. We get a lot of new comers and we try to be aware of during our meetings. We do cater to them if the meeting is large. We still want to get the word out. We need more home group members. Derek C.

The truth will set you free – 25 S. Penn St, Shippensburg, PA Mon, Weds, Thurs & Sat 8-9PM, Friday 12-1pm - No report

Value of Life– 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – No problems, meetings are well attended. Literature order placed and \$10 donation to area today. Stef R.

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – No report

Women on a Journey- 300 Market St, Lemoyne, PA Thursday 7-8PM. – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – We could use support. We are in need of home group members. Meeting attendance is also down. All are welcome. Thank You- Kathy W.

Subcommittee reports:

Audit: Now that the business season is over for us we plan on getting caught up on the audits either this month or in June. TFLUS. David P.

POLICY: Our committee is slowly working to continue looking for policy that was passed to get our policy up to date. We will keep our area updated to get a new updated policy.

Marathon: No Report

HOSPITALS & INSTITUTIONS: (1) We had 10 in attendance (2) Open facilities are Conowego, Dauphin County Prison Women, Dauphin Co Work Release Men, Perry County Prison Men. (3) Woodside women is no longer a facility, is in Dauphin Co Work Release. (4) Niki is now Literature Coordinator. Mary Ann

Facility reports:

ARC: -Mondays first of the month – Facility has not had a meeting since Jan due to lack of funds. I reach out every month to see if they have received funds. Nichole M.

C-90: 2nd and 4th Thurs. 7-8pm- 4/14/16 facility on lockdown. 4/26/16 Jamie went in as a speaker, 40 in attendance. Mary Ann

Capital Pavilion: Men 7-8pm 2nd Tues. of month – No Report.

Capital Pavilion: Women 7-8pm 2nd Tues. of month – Met w/Laura the leader of Capital Pavilion to discuss bringing meetings into the facility. Gave her our view on how the meetings work from our view. She wants to bring a meeting into the facility for men and women but the men and women need to remain separate at the facility. But a man can bring a meeting to the women and vice versa. Speakers be of opposite gender. Want to stick with speaker and literature meetings and they want to do the meetings every other week and preferable on Wednesdays. They would need 2 separate panel leaders though because men and women cannot be together. So wee, we would need a panel leader for men and women. Jamie B.

Common Ground: 1st and 3rd Tuesday, 7-8pm. – No report

Conowago Place: Men 1st and 3rd Tues, 5:30-6:30 – No Report.

Cumberland County Prison: Women's'-Mon. 630-730pm- The meetings have been smaller lately. I missed 1 week because of working in Chambersburg. It has been hard to keep them from cross talking & side conversations even bringing it up before and during the meeting. It is definitely time for me to pass the torch after 25 years. There are 4 others currently approved but seem to be unavailable anymore on Mondays. Chris W.

Cumberland County Prison: Men's'-Thur. 700-800pm – Currently not having meetings. Chris W.

Dauphin County Prison: Women-every Sunday 9-10am- No report

Dauphin County Prison: Men, every Thurs 6:30- No Report

DCP Men's Work Release- Weds 6-7pm. – No report

DCP Women's Work Release – Tuesday 7-8pm – Attendance is fair and we haven't missed a week thus far. Sarah B.

Perry County Prison- 2nd and 4th Weds 7-8pm- No report

Salvation Army: 2nd and 4th Sunday 7pm- Meeting is good, attendance is good. No issues.

TFLMS. Brendan R.

Woodside: Sunday 6-7pm – No report

UNITY SUBCOMMITTEE: Unity Day went well and was carried out smoothly. We had some great speakers from all over. We also have a small donation back to area from t-shirt sales. There are currently 21 shirts left from Unity Day that will be sold at a discounted rate at area dances. The yearly cycle for Unity Committee ends in May so all positions have been fulfilled. Neither Ramona nor I will be continuing our positions. It is necessary for members to step up for elected positions to keep the committee running. TFLUS. Rachelle W.

UNITY TREASURERS' REPORT: See Attached.

PUBLIC RELATIONS: (1) the update to ongoing Steri Cycle saga – they have now refunded all late fees and May's questionable charges \$129.57 (Jan) & \$318.26 (Mar) for a total of \$447.83. After last 2 payments of \$827.46 we do not owe for April's invoice- \$245.30 and show a credit of \$2.11. There is still %53.93 of patch times not addressed however, if everyone is good at this point, maybe we can just go ahead & cancel using them. (2) The subcommittee chose Answer First as the new service after Kathy W's diligent research. There is no contract, billed every 28 days at \$20.00 & \$1.05 for minutes used. I did the sign up procedure, paid the \$100.00 set-up fee and have their credit application here today to finish since requesting to be invoiced rather than billed to credit card or automatic (EFT) electronic fund transfers. They offer paperless invoices & payments by EFT so I let treasurer know. He thought both are good ideas – maybe we should have discussion topic on getting other accounts like this. (3) We did tables at 2 events in April at JFT on the 14th and Central Dauphin on the 26th. There was a new request at Health Fair for us to participate with another organization. I made a motion for travel reimbursement of 89 miles. (4) I also have housekeeping motion for \$100.00 to answering service as well as \$6.12 (\$2.95 fax to them & \$3.17 lamination of World Region/meeting map) there were several calls in regard to listings of our areas meetings. That The Lunch Bunch wasn't on CASNA info anymore. Taken care of now. Other online websites-do not know all or how to manage. Having said all that the new PR flyer wasn't done. Phone book updates need made. Verizon still has to be contacted. What we planned on for the year has been put on the shelf. We can really use some more help. Chris W.

LITERATURE: we sold \$757.03 of literature today. Please remember to use the new order forms. We take orders from 12:30-1:30pm. Betty Jo H.

RCM: Our Regional Delegates have attended WSC 2016 and I have a report on the Motions. (1) The book passed. (2) WB 18 & 15 passed. Staggering terms passed, 2 terms in a lifetime passed. (3) mental health IP passed (4) WB minutes posted failed (5) convention transparency failed (6) open WB meetings failed (7) open discussions in WB failed (8) low-cost book failed. (9) PDF book didn't get a 2nd and dies. (10) hold conference out of US didn't get a 2nd dies. (11) zonal delegate at conference passed (12) NA service reading failed (13) WB one vote failed (14) no WB motions failed. No new business other than the AR motions, will have a complete report after June region. Motion to be voted on at groups and bring your votes to June area. **1215P2 That all regional officers and subcommittee report at every region, report their financials.** Votes needed at June area. We need a new Alt RCM, let your groups know. Remember all groups are to donate \$12 each year to help pay for the cost of insurance for all the groups that are registered so please pay of your group can. Nancy U.

OLD BUSINESS:

Open Positions: Area vice chair, Area vice secretary, H&I vice chair, Public Relations vice chair and Unity vice treasurer positions are open.

NEW BUSINESS:

House Keeping Motion

1. To reimburse PR Chairperson for fax of \$2.95 to new answering service (meeting list & helpline volunteers) and for a lamination of \$3.17 for sheet showing World/Region meetings utilized at PR events. Both done at office max. \$6.12 total **INTENT:** So trusted servant does incur out of pocket expenses for sub-committee work. Written by Chris W. PR Chair 2nd by David P. *****Motion Passed 16-0-0*****
2. To reimburse PR Chairperson for mileage to & from the 2 scheduled events in, April. Town Hall meeting on 14th at JFT Center – 40 miles. Central Dauphin Health & Wellness Fair on the 26th – 49

miles... Current rate of \$0.54 for a total \$48.06 **INTENT:** In keeping with NA principals that no one person out do more than their fair share. Written by Chris W. PR Chair, 2nd by Kathy W. *****Motion Passed 13-1-2*****

3. To get \$100 for the set-up fee required to start the new answering service. **INTENT:** In order to change from Steri-cycle to a more cost effective company. Written by Chris W. PR Chair, 2nd by Kathy W. ***** Motion passed 16-0-0*****

Motion 4-16-01: To move monthly area service meeting to the Just For Today Center in Lemoyne. **INTENT** More reliable place with more parking and with better acoustics. Written by Chuck K Hope Station, 2nd by Chris W. **Discussion June 2016 Vote July 2016**

Positions Filled:

Nancy U. RCM

Will A. Alt RCM

DISCUSSION TOPICS: none

Notes:

- Groups please see RCM report for regional motion, group votes due at June's area.

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 4:05, Moved by Henry J. & 2nd by Rachelle W.****

Next area is 6/5/16 Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Stef R. - Area Secretary

Open - Area Vice Secretary

	Jan	Feb	Ma	Apr	Ma	Jun	Jul	Au	Sep	Oct	No	De
*****POSITIONS*****												
Area Chair	P		P	P	P							
Area Vice Chair	O		O	O	O							
Secretary	P		P	A	P							
Vice Secretary	O		O	O	O							
Treasurer	P		P	p	P							
Vice Treasurer	O		P	P	A							
Unity Chair	P		P	P	P							
Unity Vice Chair	P		O	O	O							
Unity Treasurer	P		P	P	P							
Unity Vice Treasurer	O		O	O	O							
RCM	P		P	P	P							
Alt RCM	P		P	P	P							
H&I Chair	P		P	P	P							
H&I Vice Chair	O		O	O	O							
Public Relations Chair	P		P	P	P							
Public Relations Vice Chair	O		O	O	O							
Literature Chair	P		P	P	P							
Literature Vice Chair	O		A	P	P							
Policy Chair	P		A	P	P							
Policy Vice Chair	O		O	P	P							
Marathon Chair	A		P	P	A							
Marathon Vice Chair	A		A	A	A							
*****GROUPS*****												
Acceptance Group	P		P									
All Are Welcome	P		P	P	P							
Any Lengths												
Back to Basics												
Bottom Line Group	P		P	P	P							
Bridge II Recovery	P		P	P	P							
Clean and Free	P		P	P	P							
Commitment to Change	P				P							
Cut & Dry												
Desire to Grow	P		P	P	P							
Exodus to Genesis	P		P	P								
Fresh Start			P									
H.A.N.A.				P								
Honesty Group	P		P	P	P							
Hope Station Meeting	P		P	P	P							
H.O.W. Group	P		P	P	P							
Journey Continues	P		P	P	P							

Just for Today	P		P	P	P								
Life or Death	P			P									
Living Clean	P		P	P	P								
Lunch Bunch	P		P	P	P								
Message of Hope	P		P	P	P								
New Life Group	P		P	P									
Nothing to Fear	P												
ODOP (One disease one prog)	P		P	P	P								
Old School Recovery	P		P										
Only Hams' Are Cured					P								
On Life's Terms			P	P	P								
Only the Desire	P		P		P								
Rebels on the Hill													
Rise to Freedom			P	P									
Safe Harbor													
Saturday at Swatara													
Share & Care	P		P	P	P								
Step and Tradition	P		P	P	P								
Steps to Freedom					P								
The truth will set you free													
Value of Life	P		P	P	P								
We Do Recover	P				P								
Women on a Journey			P	P									
Women with a Message	P		P	P	P								

Updated March 2016

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: Unity Day April 9th 2016
STARTING BALANCE: 1023.26

INCOME

ADMISSION: Donations 62.76
FOOD: Soda's / Water 128.39
MISCELLANEOUS ITEMS: shirts 447.00
SUB-TOTAL: 638.15
NEW BALANCE: 1661.41

EXPENSES

FACILITY RENT: 300.00
D.J.: 200.00
FOOD: 339.63
MISCELLANEOUS ITEMS: Ø
SUB-TOTAL: 839.63
ENDING BALANCE: 821.78

21.78
a Donation to AREA
shirts that were sold @ Area 72.15

COMMENTS:

Capital Area of Narcotics Anonymous

Step & Tradition Group

Presents

Speaker Jam / Cookout

Date: August 20th 2016

Time: 1:00 P.M- 8:00 P.M

Location: 1524 Walnut Street Harrisburg, Pa.17103

Recovery, Fun & Fellowship / Food Will Be Sold

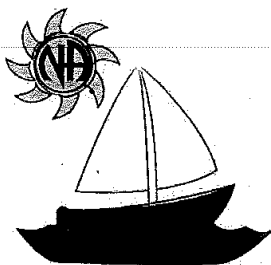
For More Information **Please Contact**

Wanda H. (717) 370-3741

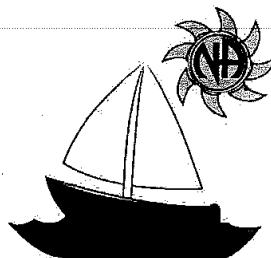
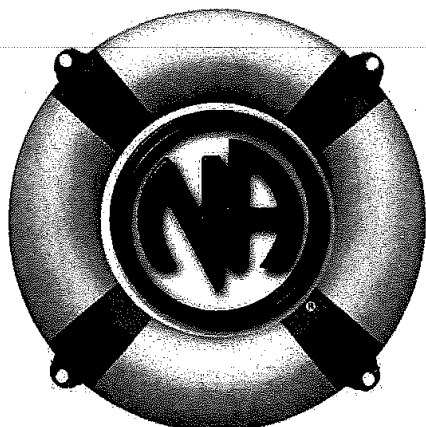
Eric B. (215) 239-7831

Avis w. (717) 799-9619

Libby L. (717) 782-1303



Fundraising & Entertainment
Greg W (937) 581-3507
Convention Information
Jenise T (937) 304-3934



Convention Chair
Steve H (937) 367-4999
Programming Chair
Kirk R (937) 829-6622
Hotel & Hospitality
Gwen P (937) 830-2473

DASCNACC XI

"Out of The Darkness, Into the Light"

A Lifeboat in a Sea of Isolation

July 1-3, 2016

Holiday Inn - Fairborn
2800 Presidential Drive
Fairborn OH 45324
888-465-4329 or 934-426-7800
Room Rates: \$94.00 + taxes
(Mention DASCNACC XI for Convention Rate)

REGISTRATION

Blue Light Special Registrations available at our Fundraising Events!

- * Basic Registration (includes dance): \$30
- * Full Registration: \$65 (includes dance, Banquet & Breakfast)
- * Dance Tickets: \$5 each night
- * Banquet Ticket: \$30
- * Sunday Breakfast: \$15
- * Fashion Show \$15
- * Comedy Show \$10

Send To:

DASCNACC XI Registration Committee
P.O. Box 3165
Dayton OH 45401-3156

Contact: Andre B (937) 367-0885

Register Online at <http://dasena.org/convention/online-registration>