

Volume 32 Number 3

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Crystal D., Area Chair opened the 373rd meeting of CASNA, on 3/6/16, at 2:00PM, with the Serenity Prayer. Henry J. read the 12 Traditions and Nancy U. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. A member must be recognized by the chairperson to address the floor.
2. A member may speak once to an issue.
3. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
4. Discussion topics must be in written form and given to the Chair.
5. For an item to be placed on the agenda, it must be in motion form with a second.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business Discussion

Topics

Closing Treasurers report

GSR count: 23 at 2:05 PM

Attendance notes: Area vice chair, Area vice secretary, Literature vice chair, H&I vice chair, Policy vice chair and Unity vice treasurer positions are open.

****Next Area is April 3, 2016****

New GSR's: Wayne S. alt GSR Old school recovery, Justin M. ODOP, Justin R. Lunch bunch, Joe C. Fresh start, Cat K. Bailey G. How

New Meetings: Safe harbor – 55 W. King St, Shippensburg, PA. Tues, Thurs, Sun 8-9PM, **The truth will set you free** – 25 S. Penn St, Shippensburg, PA Mon, Weds, Thurs & Sat, **Women on a Journey**- 300 Market St, Lemoyne, PA Thursday 7-8PM. 8-9PM, Friday 12-1pm

Corrections to the Minutes: The following were incorrect at the completion of the January minutes. Public relations vice chair is open, Old School recovery meeting days are Monday-Friday & House Keeping Motion #4 for facility payment for the Christmas Marathon in the amount of \$50 had been omitted. Motion to accept minutes by Jessie F 2nd by Henry J.

Orders of the day: Motion Donald L., 2nd by Nancy U.

Opening Treasurers report: *See attached. Motion by Chris W. 2nd by Jessie F

Groups with Problems: Value of Life group - Before our 1/28/16 meeting it was discovered that our 7th tradition fund was stolen. Home group has taken necessary steps to ensure this does not happen in the future. **Fresh Start** – Our group in Newport is in need of members and support and is looking for speakers for our meetings.

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – Our area fund flow was \$75.25. Rent paid for 2016 of \$120.00. We have very few home group members at this time. Submitted for Steve W. GSR

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM –Greetings toe everyone. We have donated \$20 to area and placed a literature order of \$14. Our home group collected \$43.72 in donations for the month of February. Truly grateful to continue to carry the message. Henry Jr.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – Our meeting is growing which is awesome. With that being said, we've implemented a new format to help keep focus. A donation was made to area this month and we are working to ensure this is done each month. We have a new GSR who is just learning due to this being their first commitment. They are unable to attend this month but will actively be here no next month and moving forward. Sara B.

Back to Basics - First United Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM – Speaker jam coming up March 25th, come support your area. Our group donated \$25. We also bought \$147 in literature. Attendance is up and group is doing well. Don L.

Bridge II Recovery – 300 Market St. Lemoyne, PA Tues & Thurs 4:30-5:30 – All good. Art. D

Clean and Free - 2nd and State 12-2pm Sat. – Rent is paid, we are still in need of members and some support. Yours in service. Rochelle R.

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – No Report.

Cut and Dry – Bethany AME Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

Desire to Grow – 300 Market St, Lemoyne, PA. Tuesday 8:30-9:30PM – Meeting is growing, attendance has been fantastic. Steve L. is the new alternate GSR. Plan on donating to area in the very near future.

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. –There will be no meetings held for the month of April and the first Sunday of May 2016 due to the church's own function.

Fresh Start- 7-8pm Fri. Newport, PA- Struggling to keep attendance up. We have 2 home group members, need more. Placed literature order total \$76.25. Joseph C.

H.A.N.A. – 1801 N 3rd St, HBG, PA 6:30-8:30PM – No Report

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – No report

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Meeting attendance is steady, all supplies are filled. Adrienne B.

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – Literature of \$10.50. All supplies are filled. Attendance varies each week. Bailey G.

Journey Continues – Mon. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg- Monday - meeting is going well. Reading and discussing The Journey Continues book. Thursday, Step & Tradition – meeting is going well. Read and discuss Steps & Traditions from the It Works How and Why. TFLUS Jada B.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Our meeting continues to thrive, we have a core attendance of at least 10 members weekly and currently have no problems/concerns. Betty w.

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA. – No report

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Our home group has dropped in attendance over the last couple weeks. 7th tradition is down but group is still stable. Rent is paid, literature and refreshments are available and prudent reserve is still intact. TFLUS Rachelle W..

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – No longer operating at a loss. Attendance is up. Nothing else to report. Justin R.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Meeting attendance is good and there are no problems to report. We are in the preliminary planning stages of our summer events. TFLUS Steve H.

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- No report

Nothing to Fear - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. – No report

O.D.O.P.(One Disease, One Program) – Fairview Brethren in Christ Church, 600 Evergreen Rd, New Cumberland, Wed 7-8pm – We began voting on C.A.R. report. We will finish voting at our next business meeting. Justin M.

Old School Recovery – Grace UMC “Simpson & Market, Mechanicsburg, PA. Mon, Tues, Weds, Thurs & Friday 9:30-10:30am – Looking for home group members. Our meeting is well attended. Thanks to all for your support. Wayne S.

On Life's' Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No report

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. –No report

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – All is well, no problems. Meetings start on time and good attendance. Thank you.

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No Report.

Rise to Freedom- Thurs at 12pm, Friday 5-6PM Cameron St, HBG- No Report

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – No report.

Safe harbor – 55 W. King St, Shippensburg, PA. Tues, Thurs, Sun. 8-9PM. – No report

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM –

Everything is going well. No changes. Jessie F.

Step and Tradition – 1524 Walnut St., Hbg, PA. Thurs. 6:30-8:15pm – We are doing much better in our new location with attendance. We made a donation to area service in the amount of \$20. Thank you for being service, thank you for letting me serve. Felicia M.

Steps to Freedom, (6th and Forrest), Tuesday 7:00-8:30pm. – No Report

The truth will set you free – 25 S. Penn St, Shippensburg, PA Mon, Weds, Thurs & Sat 8-9PM, Friday 12-1pm – No report

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – Sunday Jan 28th we discovered that our 7th tradition fund was stolen. Because of this we are not donating to area this month. Attendance is good and all else is well. Jessie U.

Women on a Journey- 300 Market St, Lemoyne, PA Thursday 7-8PM. – We are a new meeting for women but all are welcome. We need support in attendance and home group members. Cat K.

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. – Meeting attendance is down. We would appreciate support. We are also in need of willing home group members. Kathy W.

Subcommittee reports:

CAPITAL AREA UNITY SUBCOMMITTEE: January's event was not very well supported and we lost money on this event. Learner's Day was a great success. It was well attended and ran very smoothly. Committee has some new members stepping up to serve. We met today with 5 in attendance and organized the details for Unity Day. Facility is solidified, meetings are organized and topics assigned, speakers are being recruited. The bowling party on March 19th is a fundraiser event to help fund our areas Unity Day. Please encourage your group members to support this event. Rachelle W.

UNITY TREASURERS' REPORT: See Attached.

LITERATURE: We sold a total of \$1,620.00 in literature today I have a receipt of \$6.33 for paper clips/supplies that I am submitting for reimbursement. Betty Jo H.

POLICY: No report

PUBLIC RELATIONS: Approached by member of Shippensburg groups to get on Capital Area meeting list. Have filled out change info forms & insurance registrations. We have received a letter from Central Dauphin High School to participate in their Health & Wellness fair on April 26th. There will be 3 of us attending and I will probably utilize my home group's literature rack for this event. A literature order of \$32.60 was placed for a new PR handbook and some IP's. The Answering service, Steri Cycle billing was a real problem. In December we owed \$1100.00. Payments of \$410, \$395 and now \$327 have been made. I managed to have the late fees removed & 3 credits that only totaled less than \$150.00. There are 3 more months of bills, I can probably get \$150 credit but that means we still owe them \$522 currently. At MARLCNA, I attended PR workshop & have the names of 4 providers that other areas use. However, they are require a very more hands on "system" will do the research on them. Kathy W.

RCM: Motion voted on today to take to Region next Saturday. **Motion 1215P4** – To rescind motion 0615P1 : That the RD and RDA of the Mid-Atlantic Region when attending the World Conference vote "no" in old business on any group conscience motion in the CAR that is changed in any way from its original wording. **Intent** The passing of motion 0616P1 will most likely cause the RD and RDA to have to vote no on the recently passed regional motion that will be appearing in the next CAR report. Most frequently regional motions have wording changes to them based on friendly amendments at the World Conference. It would be unfortunate to have to vote no to a motion that our region presented. This motion has taken our trusted servants and made them untrusted servants. This motion passing has also crippled our Rd & RDA from carrying our regions conscience to the World Conference based on wording changes that do not affect the intent of the motion and forcing them to vote no. Motion by M-D, 2nd Lock Haven. Vote due today. **Motion passed 18-0-6.** I have tally sheets for groups voting on the CAR they need to have them back after your next home group meeting or April Area so we can get them to the RD & RDA before they leave for conference. Most tally sheets were given out, if I missed anybody please see me. Faith W RCM, Nancy U Alt RCM

AUDIT: No report

Marathon: No Report

HOSPITALS & INSTITUTIONS: We had 11 in attendance. We have 2 new facilities, Dauphin County Womens Work Release and Sieanna House (mens). We have 2 new panel leaders. Sarah who will be panel leader for DCW WR, Nick and we had 1 panel leader leave Jan. We have 3 facilities that need meetings. Sieanna House, Perry County Prison Mens and Dauphin

County Prison Women. We have open positions for secretary & vice secretary, co-chair, Literature Co and a panel leader. Mary Ann R.

Facility reports:

ARC: -Mondays first of the month – No report

C-90: 2nd and 4th Thurs. 7-8pm- January 14th Heather shared her story. There were 50 in attendance, many shared after the meeting. January 28th Mark shared his story. There were 40 in attendance, the meeting went well. February 11th Rob shared his story. There were 4 in attendance. Many questions & sharing after the meeting. February 25th the meeting started late, Nick shared his story. There were 43 in attendance with questions & sharing after the meeting. Mary Ann R.

Capital Pavilion: Men 7-8pm 2nd Tues. of month – No Report.

Capital Pavilion: Women 7-8pm 2nd Tues. of month – No Report.

Common Ground: 1st and 3rd Tuesday, 7-8pm. – All is well. Steve.

Conewago Place: Men 1st and 3rd Tues, 5:30-6:30 – No Report.

Conewago Place: Women 1st & 3rd Tuesday, 5:30-6:30pm – No report

Cumberland County Prison: Womens'-Mon. 630-730pm- Attendance has been fluctuating between 8 and 20. I did miss 2 weeks in February because I was sick. The other was since at work in Chambersburg then snow storm took an hour to get back to Carlisle. Have had 3 recent releases that have been coming to meetings. Chris W.

Dauphin County Prison: Women-every Sunday 9-10am- I was able to go to DCP once in February. Jan

Dauphin County Prison: Men, every Thurs 6:30- Nothing to report since I'm still using cane & haven't been there. Jim C.

DCP Men's Work Release- Weds 6-7pm. – Taking in meetings regularly/semi regularly. Have taken in speakers (Tey R. Bill, Jay B.) Dan L.

DCP Women's Work Release- Tuesday 7-8pm. – February was our first month having this meeting. It's been a slow start due to it being new and a requirement for those with drug charges needing to attend. We have been keeping it as a speaker meeting and then opening up after the meeting after the speaker. Starting in March, Mary Ann will be holding a meeting Wednesday from 7-8pm as well. Sara B.

Perry County Prison- 2nd and 4th Weds 7-8pm – No report

Salvation Army: 2nd and 4th Sunday 7pm- Meeting is good. Attendance is good. No issues. Brendan R.

Woodside: Sunday 6-7pm – No report

OLD BUSINESS: Area vice chair, Area vice secretary, Literature vice chair, H&I vice chair, and Unity vice treasurer positions are still open.

Motion 1-16-01 to add to the duties of the treasurer reconciling the Area checkbook to the bank statement every month to Area Policy. **Intent** To minimize bookkeeping errors and omissions ensuing that the Area bank balance is always true and correct. Written by David P. 2nd by Brendan R. **Discussion** February 2016 **Vote** March 2016

NEW BUSINESS: Motion 3-16-01 To make a trusted servants list of GSRs to be contacted in case of emergency. **Intent** better communication. Written by Don L. 2nd by Art D. **Discussion** April 2016 **Vote** May 2016

DISCUSSION TOPICS: None

Notes:

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:59, Moved by Nancy U. & 2nd by Faith W.****

Next area is 4/3/16. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Stef R. - Area Secretary

Open - Area Vice Secretary

Living Clean	P	P											
Lunch Bunch	P	P											
Message of Hope	P	P											
New Life Group	P	P											
Nothing to Fear	P												
ODOP (One disease one prog)	P	P											
Old School Recovery	P	P											
Only Hams' Are Cured													
On Life's Terms		P											
Only the Desire	P	P											
Rebels on the Hill													
Rise to Freedom		P											
Safe Harbor													
Saturday at Swatara													
Share & Care	P	P											
Step and Tradition	P	P											
Steps to Freedom													
The truth will set you free													
Value of Life	P	P											
We Do Recover	P												
Women on a Journey		P											
Women with a Message	P	P											

Updated March 2016

CASNA Treasury Report
Date: 1/3/16

XX
Debit column Credit column Balance column

Opening Balance \$ 1125.53
Less Prudent Reserve \$ 700.00
Working Balance \$ 425.53

INCOME

Group Donations \$ 572.38
Literature Income \$ 645.50
Misc- UMITI TISHA-015 (8TH MATCH) \$ 25.00
Misc- _____ \$ _____
Misc- _____ \$ _____
Misc- _____ \$ _____

TOTAL INCOME \$ 1242.88 \$ 1668.41

EXPENSE

2938) Stericycle(2938) \$ 410.40
2936) Verizon (2936) \$ 35.58
Secretary \$ _____
2939) ASC Rent(2939) \$ 25.00
H&I \$ _____
PI \$ _____
2942) Literature expense \$ 898.46
2937) Misc- DEK MEDIA \$ 16.25
2940) Misc- WEBSITE \$ 10.95
2943) Misc- GRACE VMK \$ 150.00
2944) Misc- NANCY U \$ 46.00

TOTAL EXPENSE \$ 1592.64 \$ 75.77

Working Balance \$ 75.77
Plus Prudent Reserve \$ 700.00
Ending Balance \$ 775.77

CASNA Treasury Report

Date: 3/6/16

XX
 Debit column Credit column Balance column

Opening Balance		\$ 170.42
Less Prudent Reserve		\$ -700.00
Working Balance		\$ -529.58

INCOME

Group Donations		\$ 827.02
Literature Income		\$ 1620.00
Misc- <u>UNIT TESTS 9TH+10TH MATCH</u>		\$ 50.00
Misc- _____		\$ _____
Misc- _____		\$ _____
Misc- _____		\$ _____

TOTAL INCOME		\$ 2497.02	\$ 1967.44
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EXPENSE

Stericycle	\$ 500.00
Verizon	\$ 86.43
Secretary	\$ _____
ASC Rent	\$ 25.00
H&I	\$ _____
PI	\$ 22.60
Literature expense	\$ 898.76
Misc- <u>DEX MEKA</u>	\$ 17
Misc- <u>PO BOX RENT</u>	\$ 85
Misc- <u>BETTY JOH</u>	\$ 6.35
Misc- <u>BRANDON R</u>	\$ 21.90

TOTAL EXPENSE	\$ 1873.02	\$ 344.42
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Working Balance	\$ 197.21	→ 2 FOR REFUND
Plus Prudent Reserve	\$ 200	→ \$197.21
Ending Balance	\$ 697.21	

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: Dec. 19th 2015 Dance

STARTING BALANCE: 205.84

INCOME

ADMISSION: 332.00

FOOD: 150.88

MISCELLANEOUS ITEMS: 0

SUB-TOTAL: 482.88

NEW BALANCE: 688.72

EXPENSES

FACILITY RENT: 160.00

D.J.: 200.00

FOOD: 69.86

MISCELLANEOUS ITEMS: 0

SUB-TOTAL: 429.86

ENDING BALANCE: 258.86

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: Dec. 31st 2015 New Year's Eve
STARTING BALANCE: 258.86

INCOME

ADMISSION: 354.00
FOOD: 76.80 (Kitchen ^{soda +} _{Water})
MISCELLANEOUS ITEMS: Ø
SUB-TOTAL: 430.80
NEW BALANCE: 689.66

EXPENSES

FACILITY RENT: 50.00
D.J.: 200.00
FOOD: 192.83
MISCELLANEOUS ITEMS: Ø
SUB-TOTAL: 442.83
ENDING BALANCE: 246.83
- 25.00 Match for T. shirts
221.83 Balance

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: Dance / Leavers Day Feb. 20th 2016
STARTING BALANCE: 103.50

INCOME

ADMISSION: 354.00
FOOD: 389.54
MISCELLANEOUS ITEMS: pictures 40.00
SUB-TOTAL: 783.54
NEW BALANCE: 887.04

EXPENSES

FACILITY RENT: 160.00
D.J.: 200.00
FOOD: 129.83
MISCELLANEOUS ITEMS: ~~489.83~~ 0
SUB-TOTAL: 489.83
ENDING BALANCE: 397.21

- 25.00 Match T. shirts
372.21

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: Jan. 16th 2015
STARTING BALANCE: 221.83

INCOME

ADMISSION: 275.00
FOOD: 112.85
MISCELLANEOUS ITEMS: ∅
SUB-TOTAL: 387.85
NEW BALANCE: 609.68

EXPENSES

FACILITY RENT: 166.00
D.J.: 200.00
FOOD: 121.18
MISCELLANEOUS ITEMS: ∅
SUB-TOTAL: 487.18
ENDING BALANCE: 128.50
- 25.00 Match for
103.50 1. shirts

COMMENTS:

CANA UNITY DAY

**COME CELEBRATE THE "WE" OF THE
PROGRAM!!!**

*Speakers from around the state
Free Dinner and Dance*

Saturday

April 9th

12 PM – 9 PM

Dance from 9 - Midnight

Where: Camp Curtain School

2900 N 6th St, Harrisburg, PA 17110



For More Information, Please Contact

Rachelle W (717)608-6113 or Ramona B (717)342-8607