

## **Volume 29 Number 4**

### **Capital Area Service Committee of Narcotics Anonymous (CASNA)**

Magdalena, Area Chair opened the 339th meeting of CASNA, on 4/7/13, at 2:00PM, with the Serenity Prayer. Glenda. read the 12 Traditions and Gerald W. read the 12 Concepts.

#### **Agenda**

Serenity Prayer, 12 Traditions, 12 Concepts

GSR count/Attendance/Welcome new GSR's/New Meetings

Correction/approval of the minutes

Orders of the day

1. Discussion of motions will be limited to GSR's or a Group Representative only. (Supported by the 9th Concept) Extended discussion rests' with the Chair.
2. A member may speak once to an issue.
3. A member must be recognized by the Chair to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. In order for an item to be placed on the Agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once to a discussion topic for a maximum of 5 minutes.

Opening Treasurers report

Groups with problems/Group reports

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurers report

**GSR count:** 24 at 2:05 PM

**Attendance notes:** Vice treasurer, Unity Vice Treasurer, Alt RCM, H&I Vice Chair, Literature Vice Chair, and Policy Vice Chair position's are open.

### ***\*\*Next Area is May 05, 2013\*\****

**New GSR's:** Faith- Share and Care Alt GSR; Jose H- Rise to Freedom Alt GSR; Giovanni- Rebels on the Hill GSR; Misty- HANA Alt GSR; Wanda- Exodus to Genesis Alt GSR

**New Meetings:** The Journey Continues. Monday 6:30-7:30 in Harrisburg

**Corrections to the Minutes:** None

**Orders of the day:** Moved by Chrissy F; 2nd by Malvern O.

**Opening Treasurers report:** \*See attached.

**Groups with Problems:** Recovery First group is still open but is off of the meeting list for now.

#### **Group reports:**

**A Gift Called Life** - 141 W. Main St, Elizabethville, Pa. 7:30-8:30PM - No Report.

**Acceptance Group** - Allison UMC 99 Mooreland Ave. Carlisle, Pa 6-7PM - We are paying rent for Jan-June. Lit. order of \$24.50. This put us below prudent reserve. Meeting attendance varies and still very small. Steve W- Home group member.

**All Are Welcome** - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM - blessings to everyone. We are getting good turnout for our meetings. Our rent is paid thru June, and we were able to get on 82 area. Forever grateful to carry the message. Henry J. Jr.

**Any Lengths Group** - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM - No report.

**Back to Basics** - First United Methodist Church. 135 W. Simpson St. Mechanicsburg, Pa - attendance is great. Meeting going well. No literature order. No donation this month. Bridget H. Alt GSR

**Bottom Line Group** - 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM - meeting going good.

Newcomers in attendance every meeting. Regular attendance by long members with substantial clean time. \$30 donation to area. Tfauts, Tammy B. GSR.

**Clean and Free** - 2nd and State 12-2pm Sat. - attendance is great. Donation is paid for the next month. Unable to donate to area this month. A few new home group members have joined. TFAMTS, Jenny P.

**Commitment to Change** - 1422 Market St, HBG, Pa. Tues 7-8:30PM - meeting is going very well. We had at least 7 newcomers this month. We are in dire need of active home group members. The

predecessors speaker jam that we had went very well. Selena C.

**Cut and Dry** - Epworth United Methodist Church 21st & Derry St. HBG, Pa. 7-8:30PM – No Report

**Exodus to Genesis** - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No Report.

**Freedom Group**- 6-7pm Mon. 219 Locust St. Steelton – No Report

**Fresh Start**- 7-8pm Fri. Newport, PA- No Report

**H.A.N.A.** - 15th and Derry, Hbg. PA, Fri 7-8:30 – meeting is going well. Need more supportive home group members. Lots of newcomers attending. Misty O

**Honesty Group** - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – attendance has been good. No problems to mention. In need of home group members though. Tflms, Will A.

**Hope Station** - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – we now have a new person who will be opening the group, Jess K. No changes, meeting still need support. Steve W. Group member

**H.O.W. Group** - Grace UMC. Carlisle, PA. Mon and Thurs 8-9pm – literature order of \$85.45. Paying rent for the year for both meetings for \$180.00. Several addicts have joined the home group. Avg attendance of 10. Chris W- GSR

**Journey Continues – Mon. 6:30-7:30pm**- No Report

**Just for Today** - 15th and Derry, Hbg. PA. Sun. 10-12pm. – No Report

**Life or Death** - Sunday-7:30-8:30PM, 2nd & Swatara St, Steelton, PA. – hi family, we have had a fair turn out Sunday evenings and are looking forward to having a speaker jam when applicable. Turn out has been 25-30 people. We donated this month and bought literature. Lori O.

**Living Clean** - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – the meeting is going well. Very good attendance. All of the meetings are now literature-based. Chrissy F- GSR

**Lunch Bunch** – Mon-Sat 12-1. Herman Ave, Lemoyne – No Report.

**Message of Hope** - Wertzville Rd, Enola Pa Fridays 8-9pm – meeting attendance is good. We continue our format of steps and traditions and speaker meetings. There are no problems with our group. We donated \$109.80 to area this month. Steve H

**New Life Group** – 14 State Rd. Mech. Sat. 8-9pm-our group is having its annual spaghetti fundraiser on 4/20/13. The meeting is going well and is well attended. Wayne S

**Nothing to Fear** - Corner of Simpson & Market St. (Rt. 114), Downtown - Mechanicsburg, PA. Monday 730-830pm, Survivors: Revisited Friday 10-11pm. - No Report

**On Life's Terms** - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – No report

**Only Hams Are Cured** – Sat. 7-8:30. 3rd and Harris St – meeting is going good. We get about 20 to 40 addicts. We have 11 members. I called a business meeting and only two other members and myself showed up to vote. Rents paid until June. Looking for an alt. GSR, treasurer, and secretary. Iris N

**Only the Desire Group** - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – No report

**Rae of Hope** - 100 West Main St., Corner of Church & Main, New Bloomfield, PA 17068, 7-8PM on Tuesday(s) – No Report

**Rebels on The Hill:** no donation but will have one as soon as we get it all together. Need to Rudy regroup. Seems that the meeting has not been to area in a while nor has officers. Things are looking up! I'm now have this responsibility and could use some help. Our group has a video on the steps the last Wednesday of the month. Mike Johnson starts at 6:00 and a meeting after starts at 7:30. There's been a group motion to change the name of the group to Tony K's rebels on the hill, in memory of the brother who started the meeting who passed of cancer. Giovanni O

**Recovery First** - Tues ' 7pm, 8 S. Hanover St, Carlisle- although this group was taken off the meeting list, a few new people have been showing up. Therefore, we will keep the door open for the next 3 months to see if they continue to come. Steve W treasurer.

**Rise to Freedom**- Thurs at 12pm, Cameron St, HBG- No Report.

**Share and Care** - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – we need more home group members and involvement in service from those members. Faith W.

**Steps to Freedom** - 2221 N.6th St, Hbg, PA, (6th and Woodbine Streets), Tuesday 630-8pm. – No Report

**Step Working Guides** - 15th & Derry St. Hbg, PA. Thur 6:30-8:15pm – at this time the step working guide meeting is doing okay. The 7th tradition has only been able to pay rent, purchase literature, and purchase supplies. The step working guide group is looking to put on a fundraiser or speaker jam in June or July. We will let everyone know what is going on as things are being developed. We are sorry that we have not been able to donate a area. TFLMS, Libby L

**Value of Life** – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – meeting attendance is very

good and participation also good. We are interested in having people with a year or more clean speak once a month. If interested please call Josh T: 623-1805 or Matt P: 686-0274. Josh T

**We Do Recover** - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday night - hi family, all is well at the home group. Our daily attendance average is 12 20 recovering people. We are still looking for members who don't have a home group to join ours. In closing, keep coming back. Love and respect Darryl R.

**Women with a message** - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00, In the Ladies Parlor on the 2nd floor. - group is doing good, and attendance is good. The secretary resigned. Sandy F

### **Subcommittee reports:**

**CAPITAL AREA UNITY SUBCOMMITTEE:** attendance at last month dance was low but everything went well at the new facility. We will continue to have our monthly dance there. Today we discussed the final details for unity day. We confirmed the speakers and agreed to set up at 11am on the day of the event. T-shirts are available now for purchase. See Angie how to get one in advance, or you can purchase one at Unity Day. Hope to see you there! TFLUS, Unity Committee.

**UNITY TREASURERS' REPORT: See Attached.**

**LITERATURE:** we sold a total of \$1113.05 today. We turned in a total of \$1140.00 to area treasurer. We bought \$598.10 from freestate this month. There are many back orders from: Freestate leading too many back orders to home groups. Please check your order and bring back order slips to area next month. New meeting with are available this month. We ask that GSR's only take meeting list, as needed as not to waste NA funds per the 11th concept. We will be at Unity Day selling books, medallions, and misc. literature. Tfamts, Steve H- lit chair

**POLICY:** there is no report this month. I did not have a chance to meet with Katie. She is stepping down as policy chair affective immediately. Katie is still willing to help out the policy committee just not on an official level. I will be meeting with her ASAP to get all policy documents that she has. David P

**PUBLIC RELATIONS:** no new news to report. A new member, Glenda B, and one new hotline volunteer, Bessy W. Belinda H spoke w/ me about starting a morning meeting at Harris AME Church on 17th Street. I told her to contact the church and setup a meeting date that the pastor and PR could meet, so PR could give a presentation. Glenda B stepped up to be PR vice chair.

\*\*Note: to all who are currently on the phone line and those who wish to join the Narcotics Anonymous phone hotline, please come to the next area meeting in May the first Sunday, at 21st and Perry Street at 12:30 p.m.. A mandatory meeting must be held once a year to update all information if you are already a hotline volunteer and can't make next area meeting, please contact PR chair Malvern at [717-307-7342](tel:717-307-7342). Everyone needs to be re-certified to be on the hotline. Thank you in advance. Malvern O- PR chair.

**RCM:** hello family, I attended region in March. New Fliers can be forwarded 2 webchair@marscna. They will go directly to regions web chair and the site will be updated immediately. Special events dates and flyers need to be posted on the website as soon as possible, when events are scheduled. If the website is not updated and an accident happens, our insurance will not cover it. Insurance forms need to be completed every year, and everybody needs to be making sure that all groups are updated on regions website (addresses, meeting times, etc.). Region is in financial trouble and is accepting individual, anonymous donations. Also, region wants to know if we can have a one time event to help generate funds for region. I am trying to coordinate a time to pick up merchandise from the MARLCNA Chair to be sold at our unity day, with all proceeds going to region. I have already spoken to the Unity chair who is aware of the need for an additional table. Question, does the CANA want to host a region for September or December 2013 or March 2014? I have turned in a receipt for our donation to region to the treasurer. TFAMTS, Crystal D -RCM.

**MARATHON:** No Report

**AUDIT:** No Report

**HOSPITALS & INSTITUTIONS:** 21 people attended. All current facilities are going well. Open facilities are arc and men & women's work release. We are currently training new people for those facilities. New business: secretary position vacated by Ilehne L. Chrissy F was voted into the secretary position. TFLUS.

### **Facility reports:**

**ARC:** No Report.

**C-90: 2nd and 4th Thurs. 7-8pm-** No Report

**Capital Pavilion: 7-8pm 2nd Tues. of month-** No Report

**Chambers Hill A/C:** No report

**Common Ground: 2nd and 4th Tuesday, 7-8pm.-** No Report

**Conewago Place: Men+Women 1st and 3rd Tues – (Women)-** Everything is going great. Lately, meetings are small bc of behaviors, but girls that do come, stay and participate. I don't always need a speaker. Tammy P

**(Men)-** All is well. We had a speaker last meeting and we have Justin from Lancaster for this Thurs. Attendance is ample. ILS, Sheldon

**Cumberland County Prison: Womens'-Tues. 600-700pm-** Meeting has been smaller, with an average of 14 inmates. Sharing is very intimate. Chris W

**Mens'-Thur. 630-730pm and 730-830pm-** No Report.

**Dauphin County Prison: Women-every Sunday 9-10am-** All is well. Good attendance and participation. Jan A

**Men, every Thurs 6:30-** I hear that all is good, but I haven't been there. Jim C

**Keystone:** Not many men attended but the ones that do are very appreciative and share openly and honestly about where they are at with their lives. Josh T

**Perry County Prison- Thurs-6-7pm –** No Report

**Salvation Army: 2nd and 4th Sunday-** Iris and Angie are coming with me now. Attendance and participation are good. Krista. All meetings are going well. The staff are grateful for our services. TFAUTS, Rob R.

**Schaffner Detention Center:** No Report

**Siena House:** No report

**Woodsde:** Sunday meeting is going well. Good attendance and participation. The Wed meeting is also going well but one meeting was missed this month. There were 3 meetings covered by Jan in March. Bridget H.

**OLD BUSINESS:** \*\*1 Motion Passed\*\*

**Motion #1:** to accept the Policy Guidelines submitted by the Marathon Committee. Intent is to have guidelines for the Marathon Committee. Written by Chrissy F, 2<sup>nd</sup> by Jose H. **\*\*PASSED**

**NEW BUSINESS:** \*\*2 Motions to be voted on 5/5/13\*\*

**Motion #1 (To be Voted on 5/5/13)-** To change the \$5 donation to get into our monthly dance to a \$5 admission, with the exception of members with 90 days or less; they will never be turned away. Intent: To ensure that our committee is fully self supporting and to be able to afford all the costs associated with our monthly events. Written By: Jake N; 2nd By: Karen E

**Motion #2 (To be Voted on 5/5/13)-** To reserve \$25 monthly and have the area match the \$25 monthly, to be held in an account until the time comes to purchase our annual Unity Day t shirts. This money would be used to purchase said t shirts. Intent: To be proactive in ensuring that we can afford our t shirts and not put a financial strain on our area, or our committee. Written By: Jake N; 2nd By: Karen E

**Discussion Topics: None**

**Notes:** To all who are currently on the phone line and those who wish to join the Narcotics Anonymous phone hotline, please come to the next area meeting in May the first Sunday, at 21st and Perry Street at 12:30 p.m.. A mandatory meeting must be held once a year to update all information if you are already a hotline volunteer and can't make next area meeting, please contact PR chair Malvern at [717-307-7342](tel:717-307-7342). Everyone needs to be re-certified to be on the hotline. Thank you in advance. Malvern O- PR chair.

**FINAL TREASURERS REPORT:** **\*\*See attached\*\***

**\*\*Motion to adjourn meeting at 3:18PM, Moved by Frank Y & 2nd by Chrissy F.**

**Next area is 05/05/2013.** Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Rachelle W. - Area Secretary

Bridget H. - Area Vice Secretary



	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
<b>*****GROUPS*****</b>													
Life or Death	P	P	P	P									
Living Clean	P	P	P	P									
Living Drug Free													
Lunch Bunch	P	P	P										
Message of Hope	P	P		P									
New Life Group		P		P									
Nothing to Fear													
Only Hams' Are Cured	P		P	P									
On Life's Terms	P	P		P									
Only the Desire	P	P		P									
Rae of Hope													
Rebels on the Hill				P									
Recovery First			P										
Rise To Freedom	P	P	P	P									
Share & Care	P	P	P	P									
Steps to Freedom	P	P	P	P									
Step Working Guides	P		P	P									
Value of Life	P	P	P	P									
We Do Recover		P	P										
Women with a Message	P												

Legend:

P = Present

O = Open Position

Updated April 2013

# CASNA Treasury Report

Date: 4/7/13

XX

	Debit column	Credit column	Balance column
Opening Balance			\$ 826.00
Less Prudent Reserve			\$ 700.00
Working Balance			\$ 126.00

## INCOME

Group Donations	\$ 583.87	
Literature Income	\$ 1140.15	
Misc <i>Btm funds from Secretary</i>	\$ 25.57	
Misc-_____	\$ _____	
Misc-_____	\$ _____	
Misc-_____	\$ _____	

## TOTAL INCOME

\$ 1749.59    \$ 1875.59

## EXPENSE

Phone Power	\$ 140.95	(2613)
Verizon	\$ 27.72	(2614)
Secretary	\$ 100.00	(2620)
ASC Rent	\$ 25.00	(2615)
H&I (CANNA)	\$ 85.20	(2618)
PI	\$ 8.95	(2616)
<i>PS/CASNA</i> Literature expense	\$ 598.10	(2619)
Misc <i>Super Media</i>	\$ 15.75	(2617)
Misc-_____	\$ _____	
Misc-_____	\$ _____	
Misc-_____	\$ _____	

## TOTAL EXPENSE

\$ 1001.67    \$ 1001.67

Working Balance

Plus Prudent Reserve

Ending Balance

\$ 873.92

\$ 700.00

\$ 1573.92

\*The following Checks were  
paid and not recorded.  
for 3/7/13

- # 2609 - Mid Atlantic Region # 126.00
- # 2610 - Super Media → \$ 10.50
- # 2611 - US Postal Service → \$ 361.00
- # 2612 - Phone Power → \$ 8.10

\*These bills come after Area  
Samahah J.

C.A.N.A. UNITY SUB-COMMITTEE

TREASURERS REPORT

EVENT DATE: 3-16-13

STARTING BALANCE: 837.31

INCOME

ADMISSION : 272.00

FOOD : 55.25

MISCELLANEOUS ITEMS: T-shirts 155.00

SUB-TOTAL 482.25

NEW BALANCE 1319.56

EXPENSES

FACILITY RENT: 125.00

DJ: 250.00

FOOD: 316.20

MISCELLANEOUS ITEMS: 0

SUB-TOTAL 691.20

ENDING BALANCE 628.36

COMMENTS:

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