

Volume 32 Number 6

Capital Area Service Committee of Narcotics Anonymous (CASNA)

Crystal D., Area Chair opened the 376th meeting of CASNA, on 6/5/16, at 2:00PM, with the Serenity Prayer. Henry J. read the 12 Traditions and Stef R. read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts
GSR count/Attendance/Welcome new GSR's/New Meetings
Correction/approval of the minutes
Orders of the day

1. A member must be recognized by the chairperson to address the floor.
2. A member may speak once to an issue.
3. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
4. Discussion topics must be in written form and given to the Chair.
5. For an item to be placed on the agenda, it must be in motion form with a second.

Opening Treasurers report
Groups with problems/Group reports
Subcommittee reports
RCM and Alternate RCM report
Old business
New business
Discussion Topics
Closing Treasurers report

GSR count: 20 at 2:05 PM

Attendance notes: Area vice chair, Area vice secretary, Vice treasurer, H&I vice chair, Public Relations vice chair, Unity vice treasurer positions are open

****Next Area is July 3, 2016****

New GSR's:

New Meetings:

Corrections to the Minutes:

Orders of the day: Motion by Henry J., 2nd by Jess. U

Opening Treasurers report: *See attached. Motion Jess U. by 2nd by Don L.

Groups with Problems:

Group reports:

Acceptance Group – Grace UMC Carlisle, Pa Sun 6-7PM, Tues 7-8PM – Attendance is steady. Literature order of \$41.75, area donation of \$9.00. Rey W. has assumed the alternate GSR position. Home group is recognizing and celebrating Chris W. 27th anniversary. Please come out and help us celebrate. Steve W.

All Are Welcome - 56 Banks St. Penbrook, HBG. Pa. Wed. 7-8PM – Our meetings are going well. Our rent is paid through June. We are donating \$15.00 to area and paying \$12 for our group insurance. We are placing a literature order for \$25.00. TFLMS Henry Jr.

Any Lengths Group - Trinity United Methodist. 210 W. Main St. Hummelstown, Pa. 7:30-8:30PM – No report.

Back to Basics - First United Church. 135 W. Simpson St. Mechanicsburg, Pa – No Report.

Bottom Line Group – 6th & Woodbine St. HBG, Pa. Mon-Fri 12-2PM – All is well. We're buying literature & made a \$20 donation. Our speaker jam was a blast on the 27 & 28. God is good. Don L.

Bridge II Recovery – 300 Market St. Lemoyne, PA Tues & Thurs 4:30-5:30 – Needs support – all is well. Art D.

Clean and Free - 2nd and State 12-2pm Sat. – No report.

Commitment to Change - 1422 Market St, HBG, Pa. Tues 7-8:30PM – The meeting is going good and on time. Need home group members to step up and support the group. Thank You Hedy W.

Cut and Dry – Bethany AME Church 21st & Derry St. HBG, Pa. 7-8:30PM – No report.

Desire to Grow – 300 Market St, Lemoyne, PA. Tuesday 8:30-9:30PM – Step and Tradition. No report.

Exodus to Genesis - Wesley Church. 5th and Camp Hbg. PA, Sun 6-7:30PM. – No report

Fresh Start- 7-8pm Fri. Newport, PA- No Report

H.A.N.A. – 1801 N 3rd St, HBG, PA 6:30-8:30PM – No Report

Honesty Group - 5th & Bridge St, New Cumberland. Thursday 7:30 - 8:30pm. – Attendance has been steady. We could always use more home group members though. Other than that everything is going good. David P.

Hope Station - 149 W Penn St, Memorial Park, Carlisle- Friday 7pm-8pm – Attendance is good. Need home group members. Steve W. home group member

H.O.W. Group - Carlisle UMC. Carlisle, PA. Mon and Thurs 8-9pm – Literature order of \$12.25. Our yearly fund flow was taken care of : \$150.00 to area and \$300 to World Service. Meetings have been varying in attendance. Kristen G is now opening both meetings. Chris W.

Journey Continues – Mon. & Thurs. 6:30-7:30pm @ 4200 Londonderry Rd. Hbg – Meeting is going well. Monday read and discuss from Living Clean the Journey Continues. Thursday read and discuss from It Works How and Well. TFLMS Jada B.

Just for Today - 15th and Derry, Hbg. PA. Sun. 10-12pm. – Our meeting continues to run smooth averaging 10-15 weekly. TFAMTS Betty W.

Life or Death - Sunday-7:00-8:15PM, 2nd & Swatara St, Steelton, PA. – No report.

Living Clean - Calvary United Methodist, 7th & Market St., Lemoyne Tues 7:30-8:30PM. – Group attendance has stabilized again. It is still small but stable. Group has decided to delay our annual spring bonfire event. We will be having our fall bonfire event in Sept/Oct. Flyers to come. TFLUS, ILS Rachelle W.

Lunch Bunch – Mon-Sat 12-1. Herman Ave, Lemoyne – All is well. No campout this year, not enough home group members to make it happen. Attendance is consistent & good. Currently no one serving as GSR, secretary acting as GSR when necessary. Nick A.

Message of Hope - Wertzville Rd, Enola Pa Fridays 8-9pm – Our home group campout is August 19,20 & 21. Flyers are out. Attendance is good, no problems to report. Olivia N.

New Life Group – 14 State Rd. Mech. Sat. 8-9pm- We are just starting to talk about annual picnic this summer. More to be revealed. All is well. Ozzie

Nothing to Fear - Corner of Simpson & Market St. - Mechanicsburg, PA. Monday 730-830pm, Fifth Tradition Thursday 7:30-8:30pm Survivors: Revisited Friday 10-11pm. – Everything is well. Labor Day picnic coming up Saturday before Labor Day. Had issue with rent to church not being paid for 4 months. Issue will be taken care of on Monday June 6th. Was a result of negligence of new treasurer. Steve P

O.D.O.P.(One Disease, One Program) – Fairview Brethren in Christ Church, 600 Evergreen Rd, New Cumberland, Wed 7-8pm – No report.

Old School Recovery – Grace UMC “Simpson & Market, Mechanicsburg, PA. Mon, Tues, Weds, Thurs & Friday 9:30-10:30am – No report

On Life’s Terms - 6th and Forster St. Hbg, PA, Monday 6:30-8:15pm. – Meeting going good. Mike

Only Hams Are Cured – Sat. 7-8:30. 6th & Forester St. – The group is maintaining an attendance of about 20-30 people. All positions are filled. We are donating \$20.00 to area. TFAMTS Rob W.

Only the Desire Group - 14th & Market St., Hbg, PA. Wed 7-8:15PM. – No report

Rebels on The Hill: 6300 Chambers hill rd., HBG wed 7:30-8:30 – No Report.

Rise to Freedom- Thurs at 12pm, Friday 5-6PM Cameron St, HBG- No Report

Saturday at Swatara – 4680 Lindle Rd. Hbg, Sat 7-8 PM. – Meeting attendance has been very steady with 25-30 people. However, home group membership has dropped and we currently do not have a GSR or alt GSR. Tony A.

Safe harbor – 55 W. King St, Shippensburg, PA. Tues, Thurs, Sund 8-9PM. -

Share and Care - Baughman U.M. Church, 3rd & Bridge St., New Cumberland, Mon-7-8:15PM – Attendance is good. All is well. Jessie F.

Step and Tradition – 1524 Walnut St., Hbg, PA. Thurs. 6:30-8:15pm – No report.\$10.00 to Area this month due to financial hardship (7th Tradition). TFLMS Wanda H.

Steps to Freedom, (6th and Forrest), Tuesday 7:00-8:30pm. – No Report

The truth will set you free – 25 S. Penn St, Shippensburg, PA Mon, Weds, Thurs & Sat 8-9PM, Friday 12-1pm -

Value of Life – 131 Nittany Dr, Mechanicsburg, PA. Sunday 7-8 PM. – attendance is normal. \$13 donation to area service was made. We are donating and additional \$12 to help with insurance costs for the area to the RCM. All is well with the group. Jess U.

Women on a Journey- 300 Market St, Lemoyne, PA Thursday 7-8PM. – Still need support & home group members. Linda H.

We Do Recover - 15th & Derry St, Hbg, PA, 8PM to 9:30PM Monday – No report

Women with a message - 4th and Reno in New Cumberland. Church of God Sunday(s) @ 6:00,

In the Ladies Parlor on the 2nd floor. – We made a \$27.87 donation to Area this month. We will be having our annual celebration dinner August 14, 2016. This year Italian Extravaganza. Amber V. from Philadelphia is the speaker, doors open at 4:50, dinner at 5:00 & meeting at 6:00. Donations accepted and appreciated. We are in need of home group members. Thank You. Kathy W.

Subcommittee reports:

Audit: Nothing further has been done regarding the audits. Allen and I will be getting in touch with everyone to set up audit dates sometime this month. Thank you for letting me be of service. David P.
POLICY: Our subcommittee is still looking at our minutes to make sure we have all motions to put together a complete area policy. Thanks for allowing us to serve. Policy subcommittee

Marathon: No Report

HOSPITALS & INSTITUTIONS: 11 attended the meeting. 3 open meetings: capital pavilion men, Cumberland co prison men's & Perry county men's. Had copies made for new panel leader information and copies of "NA Thief" flyers total \$27.40 Mary Ann.

Facility reports:

ARC: -Mondays first of the month – No report

C-90: 2nd Thursday 7-8pm- 36 in attendance, Carrie showed w/me. Bridget shared. Had questions after the meeting. Mary Ann.

Started meeting on the 26th of May. Mike S. shared his experience strength & hope, Will shadowed. 37 in attendance, questions after the meeting. Mike S. was an amazing speaker. Heather B.

Capital Pavilion: Men 7-8pm 2nd Tues. of month – No Report.

Capital Pavilion: Women 7-8pm 2nd Tues. of month – First meeting at the facility. Brought a speaker with me and there was a lot of participation. The women would like the meetings to be switched up between speakers and literature. So every other week do something different. Went great. A lot of participation. Jamie B.

Common Ground: 1st and 3rd Tuesday, 7-8pm. – Will be changing to the first and third Thursday. Will inform the committee when final plans have been made with common ground. They are ok with this, just need to change schedule at facility. Thanks for letting me serve. Steve B.

Conewago Place: Men 1st and 3rd Tues, 5:30-6:30 – No Report.

Cumberland County Prison: Women's'-Mon. 630-730pm- Meeting has been a little more focused. I did miss 1 week – Memorial Day. Please – any women willing to take the message into this prison please fill out an application! Chris W.

Cumberland County Prison: Men's'-Thur. 700-800pm – Facility has still not contacted us to restart group.

Dauphin County Prison: Women-every Sunday 9-10am- 2 in attendance. Both were in recovery and glad for the meeting. Jan went with me. Mary Ann.

Dauphin County Prison: Men, every Thurs 6:30- No report

DCP Men's Work Release- Weds 6-7pm. – Going every other week and most of the time every week. Good participation. It is my busy season with my business and I could use help or someone to chair on Wednesdays, I cannot go. Dean L.

Perry County Prison- 2nd and 4th Weds 7-8pm- No report

Salvation Army: 2nd and 4th Sunday 7pm- Meeting is good. Dean L filled in for me during the 4th Sunday in May. TFLMS Brendan R.

Woodside: Sunday 6-7pm – No report

UNITY SUBCOMMITTEE: May 21st dance had a low turnout and lost a little bit of money. There was a subcommittee meeting today with 15 people in attendance. We have nominations for 3 out of 4 positions and elected Heather for secretary position. A subcommittee meeting is scheduled for Sunday June 12 to discuss upcoming events. TFLUS Rachelle W.

UNITY TREASURERS' REPORT: See Attached.

PUBLIC RELATIONS: I believed our problems with stericycle were over – but when I contacted them to close/cancel the account, I was told a 30 day notice was required. Asked to speak with a supervisor & got a smart mouth comment. Also resubmitted the email they "lost" on the \$53.93 from remaining patch times in 2015 that were never credited. Finally got a response – 30 days waived but did not start close out process until the 13th even though we had not utilized them since original notification on the 6th. So the situation is : they billed us \$254.85 , deducted \$150.36, leaving \$104.49. Gave treasurer copies of these 2 items with notes to include with the invoice from PO Box to pay them only \$50.46 &

contact me otherwise. New Answering service – Answer First took longer than expected to program us (meeting schedule) when I attempted to provide Verizon the new #. 1st call took 24 minutes then another 52 minutes to get around that I did not have the PIN # on account, confirmation for changing call forwarding was 29 minutes. Both of these #s are now annotated in the Treasury records since PRF info has not always gotten passed along. Our 1st bill for partial month was \$36.96 & their statements are a little confusing with how dates are shown for base rate/usage in advance. This will all be paperless & much better able to manage with client web access, ie. Monthly report on call details. There have been 2 things so far. 1 member on helpline has disconnected # not returned my call. And another asked for helpline caller to be patched thru which we are not to be doing. It is time for subcommittee to have an update training (is supposed to be annually) On May 19th, 3 of us did a PR table at Dauphin County Department of Drug & Alcohol Services Town Hall Meeting. I have a housekeeping motion for reimbursement of 44 miles. Also a motion for groups/policy Chair/Vice mileage reimbursement to events if requested. The next Area, I'd like to look at DEX-media bills; these have been several years now \$16-18 a month. An advertisement on a single Harrisburg cab & I think it has run its course. We can find a more productive PSA – Public Service Announcement. There will be discussion in new business in regard to CANA website. Chris W.

LITERATURE: We sold \$829.35 of literature. Reminder: bring yellow slip in for back orders. Betty Jo H.

RCM: We need a vote on the regional motion for region next Saturday. I really don't have any other business at this time. There is extensive info from WSC but more will be available after region. Please remember donations for regional insurance coverage. I will make sure that I bring insurance info & group paperwork for groups. Nancy U. RCM

OLD BUSINESS:

Open Positions: Area vice chair, Area vice secretary, H&I vice chair, Public Relations vice chair and Unity vice treasurer positions are open.

Motion 4-16-01: To move monthly area service meeting to the Just For Today Center in Lemoyne. **INTENT** More reliable place with more parking and with better acoustics. Written by Chuck K Hope Station, 2nd by Chris W. **Discussion June 2016 Vote July 2016**

NEW BUSINESS:

House Keeping Motions

- 1.To reimburse PR chair person of mileage for May 19th attendance at the Dauphin Co's Department of Drugs & Alcohol Services Annual Town Hall. 44 miles at current rate \$0.54 is \$23.76. **Intent:** In keeping with NA principles that no one person does more than their fair share. Written by Chris W, 2nd by Don L. *****Motion passed 12-0-3*****
- 2.To reimburse the treasurer \$11.97 for the cost of new receipt books. **Intent:** to facilitate the treasurer performance of duties. Written by Brendan R. 2nd by Stef R. *****Motion passed 13-0-0*****
- 3.To be reimbursed for copies of "NA Thief" flyers for H&I for \$27.40. **Intent:** house keeping. Written by Mary Ann, 2nd by Jan A. *****Motion passed 11-0-2*****
- 4.Table Motion 4-16-01, for a new area location. **Intent:** to allow a committee to be formed to find a new location. Written by Barry H, 2nd by Jade B. *****Motion failed 9-7-5*****
- 5.To form an ADHOC committee to select a new area location. **Intent:** to help centralize the information gathering to select a new location for area service. Written by Barry H. 2nd by Chris W. *****Motion passed 13-0-3*****
- 6.To move July Are to the 2nd Sunday in July, July 10th because the 1st Sunday is the 4th of July weekend. **Intent:** To not have area on a holiday weekend. Written by. Nancy U, 2nd by Henry Jr. *****Motion passed 14-0-0*****

Motion 5-16-01 To reformat areas website to a website management system that can be updated and maintained by the public relations subcommittee. **Intent:** to maintain accountability for the website through the PR subcommittee and open opportunity for more participation. Written by Rachelle W. 2nd by Kathy W. **Discussion July 2016, Vote August 2016**

Motion 6-16-02 To reimburse Public Relations Chair person and/or Vice Chair for mileage when

attending/providing NA literature tables at various events in our Area if they request it. **Intent:** To further our Area's reach as this sub-committee, as per the 9th & 11th traditions. Also, so that trusted servants do not incur excess out of pocket expenses. Written by Chris W. 2nd by Don L. .
Discussion July 2016, **Vote** August 2016

Positions Filled:
Dawn B. – Unity Chair
Scott G. Unity Vice Chair
Jan A. Unity Treasurer

DISCUSSION TOPICS:

Notes:

FINAL TREASURERS REPORT: **See attached**

****Motion to adjourn meeting at 3:40, Moved by Jess U. & 2nd by Nancy U.****

Next area is 7/10/16. Subcommittees meet at 12:30pm, (H&I starts at 12:45pm), and Area Service starts at 2pm.

Stef R. - Area Secretary
Open - Area Vice Secretary

	Ja	Fe	M	Ap	M	Ju	Jul	Au	Se	Oc	N	De
*****POSITIONS**												
Area Chair	P		P	P	P	P						
Area Vice Chair	O		O	O	O	O						
Secretary	P		P	A	P	P						
Vice Secretary	O		O	O	O	O						
Treasurer	P		P	p	P	P						
Vice Treasurer	O		P	P	A	O						
Unity Chair	P		P	P	P	O						
Unity Vice Chair	P		O	O	O	O						
Unity Treasurer	P		P	P	P	O						
Unity Vice Treasurer	O		O	O	O	O						
RCM	P		P	P	P	P						
Alt RCM	P		P	P	P	A						
H&I Chair	P		P	P	P	P						
H&I Vice Chair	O		O	O	O	O						
Public Relations Chair	P		P	P	P	P						
Public Relations Vice	O		O	O	O	O						
Literature Chair	P		P	P	P	P						
Literature Vice Chair	O		A	P	P	P						
Policy Chair	P		A	P	P	P						
Policy Vice Chair	O		O	P	P	A						
Marathon Chair	A		P	P	A	P						
Marathon Vice Chair	A		A	A	A	O						
*****GROUPS***												
Acceptance Group	P		P			P						
All Are Welcome	P		P	P	P	P						
Any Lengths												
Back to Basics												
Bottom Line Group	P		P	P	P	P						
Bridge II Recovery	P		P	P	P	P						
Clean and Free	P		P	P	P							
Commitment to Change	P				P	P						
Cut & Dry												
Desire to Grow	P		P	P	P							
Exodus to Genesis	P		P	P		P						
Fresh Start			P									
H.A.N.A.				P								
Honesty Group	P		P	P	P	P						
Hope Station Meeting	P		P	P	P							
H.O.W. Group	P		P	P	P	P						
Journey Continues	P		P	P	P	P						

Just for Today	P		P	P	P	P								
Life or Death	P			P										
Living Clean	P		P	P	P	P								
Lunch Bunch	P		P	P	P	P								
Message of Hope	P		P	P	P	P								
New Life Group	P		P	P		P								
Nothing to Fear	P					P								
ODOP (One disease one	P		P	P	P	P								
Old School Recovery	P		P											
Only Hams' Are Cured					P	P								
On Life's Terms			P	P	P	P								
Only the Desire	P		P		P									
Rebels on the Hill														
Rise to Freedom			P	P		P								
Safe Harbor														
Saturday at Swatara														
Share & Care	P		P	P	P	P								
Step and Tradition	P		P	P	P									
Steps to Freedom					P									
The truth will set you free														
Value of Life	P		P	P	P	P								
We Do Recover	P				P									
Women on a Journey			P	P		P								
Women with a Message	P		P	P	P	P								

Updated March 201

CASNA Treasury Report

Date: 6/5/18

XX

	Debit column	Credit column	Balance column
Opening Balance			\$ 437.50
Less Prudent Reserve			\$ 700.00
Working Balance			\$ -262.50

INCOME

Group Donations	\$ 821.10	
Literature Income	\$ 89.35	
Misc- UMPIA TRIP (1ST MATCH)	\$ 25.00	
Misc- RETURNED from SPENDING	\$ 12.73	
Misc- _____	\$ _____	
Misc- _____	\$ _____	

TOTAL INCOME

\$ 1688.18 \$ 1425.68

EXPENSE

Stericycle	\$ 50.56
Verizon	\$ 36.43
Secretary	\$ 100.00
ASC Rent	\$ 25.00
H&I	\$ 49.25
PI	\$ _____
Literature expense	\$ 899.02
Misc- OXYMETHIA	\$ 18.00
Misc- BRANDON P. WATTS	\$ 39.10
Misc- ANSWER FIRST	\$ 36.93
Misc- BRENNAN	\$ 11.97

CHIRAP W 23.76
PR CHAIR
EXPENSE

MARY ANN 2
H&I EXPENSE 27.40

TOTAL EXPENSE

\$ 1367.42

\$ 58.26

\$ 29.13 ÷ 2

\$ 700.00

\$ 729.13

FOL MEIOW DONATION 29.13

Working Balance
Plus Prudent Reserve
Ending Balance

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: May 21st 2016 Dance
STARTING BALANCE: 800.00

INCOME

ADMISSION: 191.71
FOOD: 68.00
MISCELLANEOUS ITEMS: T-shirts 40.00
Donations from 20.00
Wahpeton
SUB-TOTAL: 339.71
NEW BALANCE: 1,139.71

EXPENSES

FACILITY RENT: 160.00
D.J.: 175.00
FOOD: 86.12
MISCELLANEOUS ITEMS: Ø
SUB-TOTAL: 421.12
ENDING BALANCE: 718.59

+45.00 for shirts
sold @ Area

COMMENTS: New Balance 763.59
Match = 25.00
for T-shirts 738.59

Total \$ 738.59

**MESSAGE OF HOPE ANNUAL
HOMEGROUP CAMP OUT**

**PARADISE STREAM FAMILY CAMPGROUND
693 PARADISE STREAM ROAD, LOYSVILLE, PA 17047
~ AUGUST 19, 20, AND 21 ~**

**\$15/PERSON – ALL WEEKEND
\$7 FOR THE DAY ON SATURDAY
THERE WILL BE DINNER SUPPLIED
BY THE HOMEGROUP ON
SATURDAY AND A BONFIRE
MEETING AT 9 PM**



**THE CAMPGROUND HAS A BATH HOUSE, WIFI,
LAUDRY ROOM, POOL, ARCADE, HIKING TRAILS,
LAKES, MINI GOLF, VOLLEYBALL, BASKETBALL,
SHUFFEL BOARD, DOG PARK, AND GOLF CARTS AND
CANOES AVAILABLE FOR RENT.**

**FOR MORE INFORMATION OR QUESTIONS PLEASE
CONTACT**

OLIVIA N. 717-364-0963 OR CAT 717-275-2693